



National Youth Leadership Training

Laurel Highlands Council - Camp Twin Echo – Twin Arrow Course



WELCOME!

Dear Youth Leader;

Congratulations on being nominated by your Scoutmaster to attend the LHC Twin Arrow National Youth Leadership Training Conference. The conference will be held at Camp Twin Echo, from June 10–16, 2018.

During the week you and other youth leaders from all over our council (and other councils) will be living, camping and working together as members of a patrol and a Troop.

These pages will provide you with important information that you will need to prepare for the course.

IMPORTANT! Bring the following items with you for Registration:

- BSA Personal Health and Medical form** - Bring a COPY (not the original) of your form to the course. DO NOT mail it to the Scout office. This BSA medical form **must** be signed by a physician and dated **after** June 17, 2017.
- A copy of your **medical insurance card**.
- The “**Supplemental Medication Form**” that is part of this packet.

COURSE OVERVIEW

Location: Camp Twin Echo, 155 Twin Echo Drive, New Florence, PA 15944

Camp Phone: (724) 238-6939

Arrival: Sunday, June 10, 2018 12:00pm, Main Parking Lot, Camp Twin Echo

Departure: Saturday, June 16, 2018 9:00am, Main Parking Lot, Camp Twin Echo

PARENTS: YOU ARE THE SECRET TO YOUR SCOUT'S SUCCESS AT TWIN ARROW

Please know: **Parents WILL be contacted in the event of an emergency.** If you do not hear from your Scout, you can rest safe in the knowledge that he or she is safely participating in the Twin Arrow program.

Please understand that there are no visitor nights, this is a training course, not a summer camp.

We strongly recommend that you do not send cell phones, CD players, iPods, gaming devices, GPS devices, etc with your Scout to camp. If cell phones or other electronics become a distraction to the Scout or others and interfere with full participation in the program, the devices will be held by the Course leaders and returned at departure time. We believe that you did not send your son to sit at camp texting his friends or playing video games.

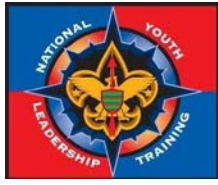
Mail is a welcome event for the Scouts. The U.S. Postal Service still makes daily deliveries to Camp Twin Echo and parents are welcome to send letters or packages. Packages of cookies may be inspected by the Course Director and Advisor. (They prefer chocolate chip, Snicker Doodles are good, too!).

We're excited about this conference! After seeing the list of youth leaders who will be attending this course, I know we'll have a great week of fine Scouting. If you have any questions, feel free to call me at (724) 225-1016 or Charlie Huse, our Council Professional, at (412) 325-7950. We're looking forward to meeting you at Camp Twin Echo, June 10, 2018. Remember, registration begins at Noon.

Very Sincerely,

Greg Tokar

Twin Arrow NYLT Course Director



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Key Logistical Details

ARRIVAL:

Date: Sunday, June 10, 2018

Time: 12:00pm

Place: Main Parking Lot, Camp Twin Echo.

Arrival on time is crucial, the course activities begin at 1:00pm sharp.

REGISTRATION:

- Finalize any fees due
- Review Medical Forms
- Review Personal inventory
- Assignment to a Patrol

When your Scout has completed registration, he or she will be assigned to a patrol. This is when the Scout will tell the parents good-by. The Scout will be escorted to the assigned patrol and the parents can depart.

DEPARTURE:

Date: Saturday, June 16, 2018

Time: 9:00am

Place: Main Parking Lot, Camp Twin Echo.

Parents, please do not come to the camp parade field or any camp sites until the troop is dismissed.



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WHAT YOU SHOULD BRING

In general, bring typical camping equipment that you would take on a weeklong Scout camping trip.

Bring a durable outdoor tent for you to live in for the week. Tents will NOT be provided by the camp, you will need to bring your own.

You will be going on a one-night backpack campout and need a backpack for the overnight. You may want a smaller backpacking tent as well and ground cloth for the overnight camping experience.

Do not bring a hand ax or any other ax yard equipment. This will be supplied by the Quartermasters as needed. Patrol equipment such as tarps and cookware will also be provided.

Pack your gear in a backpack, you must be able to carry your gear to your campsite. Note: All gear is subject to inspection by the adult staff during the course.

Suggested Personal Equipment Checklist

A COURSE HAT WILL BE PROVIDED

A COURSE T-SHIRT WILL BE PROVIDED
(Additional t-shirts can be purchased: \$13.00 each)

REQUIRED ITEMS

Medications, if any (labeled with name and dosage in a zip lock bag)

BSA Uniform shirt***

BSA Uniform shorts and/or pants
(No blue jeans)

Knife, fork, spoon, and cup

Canteen/water bottle

Sleeping bag/blankets (liner/sheets)

Flashlight (spare batteries & bulbs)

Class “B” Scout or plain T-shirts

Shoes suitable for hiking

Raincoat, poncho, or rain suit

Light jacket or jac-shirt

Ground cloth (waterproof)

Scout knife (no belt clips, folding blades only, bring your Totin’Chip)

Personal first aid kit

Ball point pen or a pencil

Official Boy Scout Handbook

Watch

Insect repellent

Compass

Towel and Soap

HIGHLY RECOMMENDED ITEMS

Backpack-You will carry everything you bring with you to your campsite yourself, so...

Uniform socks (multiple)

Neckerchief slide

OPTIONAL ITEMS

Battery-powered lantern

Small backpack (for overnight campout)

Backpacking tent (for overnight campout)

NOTE: ***Official Uniform—SCOUTS SHOULD BE IN FULL UNIFORM BEFORE REGISTERING.

Proper uniforming consists of a “Class A” or Field Uniform (khaki shirt, Scout/Olive green shorts, Scout socks) and a “Class B” or Activity Uniform (Scout shorts & T-shirt; Scout-related only, or a plain color). You will be in your “Class A” uniforms for a good part of the course. It will always be worn for Opening Assemblies and for meals. You will be advised by your Troop Senior Patrol Leader or your Troop Guide when you may switch to your Activity Uniform (Class B).

DO NOT BRING ANY FOOD ITEMS, SNACKS, CANDY OR SOFT DRINKS to camp. We will provide a well-balanced menu for you. You will be camping in a rural setting and there are animals that also enjoy snack foods.



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TWIN ARROW OUTPOST

You will go on an overnight campout for one night during the course. You should bring the items you need to hike to a new campsite and spend one night. Some suggestions for equipment for the overnight:

DO BRING:

- Light-weight backpacking tent

Bring a backpacking tent intended for outdoor, woods use (perhaps you can borrow a troop tent). Please do **not** bring a backyard tent, toy tent, cartoon character play tent, etc.

- Sleeping bag, ground cloth

You will be carrying your gear up to the outpost. Be sure you can roll up your sleeping bag and attach it to your pack.

- Backpack

You will need a backpack for the outpost/overnight. Please don't plan on carrying your sleeping bag, etc in a garbage bag, it's been done but it is very uncomfortable. You will only be carrying enough for one night, you will not need to carry all of your stuff.

- Boots/Walking shoes

You will be hiking up to the outpost carrying everything you will need. Comfortable, broken-in walking or hiking shoes will be a real plus.

- Compass

You will need a compass to find your campsite for the outpost.

- Knife, fork, spoon, cup

You will need these all week.

- Knife, fork, spoon, cup

- Flashlight with spare batteries, bulb

DO NOT BRING:

- Stove (a backpacking stove will be provided for the overnight).

- Ax, saw, and other woods tools will be supplied.

- iPod, Game Boy, cell phone, TV, radio, and similar items are not appropriate for this course.



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TWIN ARROW NYLT CONFERENCE
Supplemental Medical Screening Questionnaire
This form **MUST** accompany the Annual BSA Health and Medical Record

PART I – TO BE COMPLETED FOR ALL PARTICIPANTS, YOUTH STAFF & ADULT STAFF

NAME: _____ AGE _____

Circle one: PARTICIPANT YOUTH STAFF ADULT STAFF

Do you have any medicine, food, or environmental allergies? NO YES - please list them

Are you taking any medications prescribed by a doctor? NO YES

If you answered YES, please verify that all prescription medications that you plan to bring to the course have been listed at the bottom of "Part A" of the Annual BSA Health and Medical Record by signing below:

UNDER AGE 18 PARTICIPANT OR YOUTH STAFF:

Signature of Parent/Guardian (under age 18) _____ Date _____

ADULT STAFF:

Signature of Adult Staff _____ Date _____

PART II – TO BE COMPLETED BY PARENT/GUARDIAN OF SCOUTS UNDER AGE 18

As the parent/guardian for the Twin Arrow participant named above, I acknowledge that he is currently taking the prescribed medication(s) listed on his Annual BSA Health and Medical Record as verified above. I understand that taking these medications as prescribed is the responsibility of the Twin Arrow participant named above. I also acknowledge and understand that all medication, including any over-the-counter medication, must be turned in at check in and will be held by the Camp Medical Officer in locked storage. Refrigeration, if needed, will be provided.

Signature of Parent/Guardian _____ Date _____

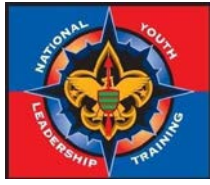
PART III – TO BE COMPLETED BY PARENT/GUARDIAN OF SCOUTS UNDER 18

Which of the following over-the-counter medications do you give permission for Twin Arrow Medical Officer to give to your Scout, should it be needed during the week? All medications will be dosed according to package instructions for the Scout's age/weight.

acetaminophen (Tylenol)	YES NO	ibuprofen (Advil/Motrin)	YES NO
Diphenhydramine (Benadryl)	YES NO	pseudoephedrine (Sudafed)	YES NO
Pepto-Bismal	YES NO	TUMS	YES NO
Maalox	YES NO	Milk of Magnesia	YES NO
loperamide (Imodium AD)	YES NO	Robitussin	YES NO
tolnaftate (Tinactin)	YES NO	Oragel	YES NO

Signature of Parent/Guardian: _____ Date: _____

FOR MEDICAL STAFF USE ONLY: Screening date: _____ Screener's initials: _____



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Proper Uniforming

1. Class A (khaki shirt, Scout shorts/Olive green shorts, Scout socks)
2. Activity Uniform (class B) (Scout shorts & T-shirt)
3. Neckerchief slide (neckerchief will be provided)
4. Do **not** bring a Hat (a course hat will be issued and is to be worn properly-not backwards)
5. T-shirts (Scout related only – or plain color)
6. One course t-shirt will be provided, additional course t-shirts may be purchased.

Accoutrements

Patrol Assignment—You will be assigned to a patrol on course. This will most likely be a different patrol than the one you are in at your Home Troop. You will be issued a patrol patch that will become part of your uniform for the course. **THIS IS PART OF YOUR UNIFORM AND MUST BE WORN ON YOUR CLASS-A UNIFORM AT ALL TIMES.**

You will also be issued a course notebook that you must have with you at all times. **THIS IS PART OF YOUR UNIFORM.**

A stave will be issued to you. This is a Scout walking stick only, and that is the only purpose it is to be used for. If for some reason you decide to use it for something else, it will be taken away from you and you will not get it back. Therefore, you will be out of uniform for the rest of the course, and what kind of example will you be setting to others in your patrol and to your course Scoutmaster?

You will be in your Class A uniforms for a good part of the course. It will always be worn for Opening Assemblies and for meals. You will be advised by your Troop Senior Patrol Leader or your Troop Guide when you may switch to your Activity Uniform (Class B). A good rule of thumb is to observe what the staff is wearing.