



Swift Venturing Menu Week 1 June 11-17, 2017



Sunday 6/11/2017	Monday 6/12/2017	Tuesday 6/13/2017	Wednesday 6/14/2017	Thursday 6/15/2017	Friday 6/16/2017	Saturday 6/17/2017
	Egg Patty Sausage Patty Biscuit Shredded Hashbrowns Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk Chocolate Milk	French Toast Sausage Patties Butter/Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Biscuits Sausage Gravy Hashbrown Patties Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Pancakes Sausage Links Butter/Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Cheesy Scrambled Eggs Bacon Coffeecake Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk Chocolate Milk	French Toast Sticks Maple Links Butter Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk
Staff Lunch:	Italian Sub Tortellini Salad Sugar Cookies Fruit & Salad Bar Punch, Milk & Water	Chicken Sandwich Ranch Pasta Salad Cherry Delight Fruit & Salad Bar Punch, Milk & Water * Pack Out	Meatball Sub Macaroni Salad Oatmeal Raisin Cookies Fruit & Salad Bar Punch, Milk & Water	Pizza Italian Pasta Salad Banana Pudding Fruit & Salad Bar Punch, Milk & Water *Pack Out	Hot Dogs Macaroni & Cheese Rice Krispie Treats Fruit & Salad Bar Punch, Milk & Water	Fruit & Salad Bar Punch, Milk & Water
Spaghetti Meat Sauce Green Beans Rolls/Butter S'more Bars Salad Bar Punch, Milk & Water	Beef Tacos Mexican Rice Refried Beans Chips/Salsa Peach Cobbler Salad Bar Punch, Milk & Water	Pulled Pork on Bun Baked Beans Corn on Cob Yellow Cake-White icing Salad Bar Punch, Milk & Water	<u>Hucks Cove Dinner</u> Hamburgers Potato Salad Watermelon Fixings Tray Cherry Orchard Bars Punch, Water	Turkey Mashed Potatoes/Gravy Glazed Carrots Sweet Rolls/Margarine Juice Bar Salad Bar Punch, Milk & Water	BBQ Chicken Au gratin Potatoes Broccoli Rolls/Margarine Jello Cake Salad Bar Punch, Milk & Water	

Fruit is available on the Salad Bar



Swift Venturing Menu Week 2 June 18-24, 2017



Sunday 6/18/2017	Monday 6/19/2017	Tuesday 6/20/2017	Wednesday 6/21/2017	Thursday 6/22/2017	Friday 6/23/2017	Saturday 6/24/2017
	Pancakes Maple Links Butter/Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Egg Patty Sausage Patty Biscuit Shredded Hashbrowns Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk Chocolate Milk	French Toast Sticks Bacon Butter Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Sausage Gravy Biscuits Hashbrown Patty Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Scrambled Eggs Sausage Patties Cinnamon Rolls Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk Chocolate Milk	French Toast Sausage Links Butter/Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk
Staff Lunch:	Corn Dogs Macaroni & Cheese Sugar Cookies Fruit & Salad Bar Punch, Milk & Water	Sloppy Joe Coleslaw Corn Chips Chocolate Chip Cookies Fruit & Salad Bar Punch, Milk & Water * Pack Out	Chicken Strips Macaroni Salad Rice Krispies Fruit & Salad Bar Punch, Milk & Water	Italian Sub Italian Pasta Salad Carnival Cookies Fruit & Salad Bar Punch, Milk & Water * Pack Out	Pizza Ranch Pasta Salad Rice Krispie Treats Fruit & Salad Bar Punch, Milk & Water	
Spaghetti Meat Sauce Green Beans Rolls/Butter S'more Bars Salad Bar Punch, Milk & Water	Pulled Pork on Bun Sidewinders Corn on Cob Jello Cake Salad Bar Punch, Milk & Water	Sausage Penne Pasta Broccoli Breadsticks Peach Cobbler Salad Bar Punch, Milk & Water	<u>Hucks Cove Dinner</u> Hamburgers Potato Salad Watermelon Fixings Tray Brownies Salad Bar Punch, Milk & Water	Italian Chicken Roasted Red Potatoes Glazed Carrots Dinner Rolls/Margarine Oreo Dream Fruit & Salad Bar Punch, Milk & Water	Country Fried Steak Mashed Potatoes/Gravy Peas Sweet Rolls/Margarine White Cake Fruit & Salad Bar Punch, Milk & Water	

Fruit is available on the Salad Bar



Swift Catholic Menu Week 3 June 25- July 1, 2017



Sunday 6/25/2017	Monday 6/26/2017	Tuesday 6/27/2017	Wednesday 6/28/2017	Thursday 6/29/2017	Friday 6/30/2017	Saturday 7/1/2017
	French Toast Sausage Patties Butter/Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Biscuits Sausage Gravy Hashbrown Patties Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Cheesy Scrambled Eggs Bacon Coffeecake Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk Chocolate Milk	Pancakes Sausage Links Butter/Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Egg Patty Biscuits Sausage Patty Shredded Hashbrowns Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk Chocolate Milk	French Toast Sticks Maple Links Butter Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk
Staff Lunch:	Italian Sub Tortellini Salad Chocolate Chip Cookies Fruit & Salad Bar Punch, Milk & Water	Chicken Sandwich Macaroni Salad Brownies Fruit & Salad Bar Punch, Milk & Water	Meatball Sub Ranch Pasta Salad Sugar Cookies Fruit & Salad Bar Punch, Milk & Water	Pizza Italian Salad Carnival Cookies Fruit & Salad Bar Punch, Milk & Water	Hot Dogs Macaroni & Cheese Rice Krispie Treats Fruit & Salad Bar Punch, Milk & Water	Fruit & Salad Bar Punch, Milk & Water
Spaghetti Meat Sauce Green Beans Rolls/Butter S'more Bars Salad Bar Punch, Milk & Water	Beef Tacos Mexican Rice Refried Beans Chips/Salsa Banana Pudding Salad Bar Punch, Milk & Water	Pulled Pork on Bun Baked Beans Corn on Cob Jello Cake Salad Bar Punch, Milk & Water	Chicken Alfredo Peas Breadsticks Ice Cream Sandwich Salad Bar Punch, Milk & Water	Turkey Mashed Potatoes/Gravy Glazed Carrots Sweet Rolls/Margarine Cherry Orchard Bars Salad Bar Punch, Milk & Water	BBQ Chicken Augratin Potatoes Broccoli Rolls/Margarine Chocolate Cake Salad Bar Punch, Milk & Water	

Fruit is available on the Salad Bar



Swift Boy Scout Menu Week 4 July 2-8, 2017



Sunday 7/2/2017	Monday 7/3/2017	Tuesday 7/4/2017	Wednesday 7/5/2017	Thursday 7/6/2017	Friday 7/7/2017	Saturday 7/8/2017
	Pancakes Maple Links Butter/Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Egg Patty Sausage Patty Biscuit Shredded Hashbrowns Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk Chocolate Milk	French Toast Sticks Bacon Butter Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Sausage Gravy Biscuits Hashbrown Patty Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Scrambled Eggs Sausage Patties Cinnamon Rolls Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk Chocolate Milk	French Toast Sausage Links Butter/Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk
Staff Lunch:	Corn Dogs Macaroni & Cheese Sugar Cookies Fruit & Salad Bar Punch, Milk & Water	Sloppy Joe Coleslaw Corn Chips Chocolate Chip Cookies Fruit & Salad Bar Punch, Milk & Water * Pack Out	Chicken Strips Macaroni Salad Rice Krispie Treats Fruit & Salad Bar Punch, Milk & Water	Hamburgers Potato Salad Carnival Cookies Fruit & Salad Bar Punch, Milk & Water * Pack Out	Pizza Ranch Pasta Salad Brownies Fruit & Salad Bar Punch, Milk & Water	
Spaghetti Meat Sauce Green Beans Rolls/Butter S'more Bars Salad Bar Punch, Milk & Water	Pulled Pork on Bun Sidewinders Corn on Cob Jello Cake Salad Bar Punch, Milk & Water	Sausage Penne Pasta Broccoli Breadsticks Peach Cobbler Salad Bar Punch, Milk & Water	Burrito Casserole Mexican Rice Cowboy Salsa Chips Fruit Juice Bar Salad Bar Punch, Milk & Water	Italian Chicken Roasted Red Potatoes Glazed Carrots Dinner Rolls/Margarine Oreo Dream Fruit & Salad Bar Punch, Milk & Water	Country Fried Steak Mashed Potatoes/Gravy Peas Sweet Rolls/Margarine White Cake Fruit & Salad Bar Punch, Milk & Water	

Fruit is available on the Salad Bar



Swift Venturing Menu Week 5 July 9-15, 2017



Sunday 7/9/2017	Monday 7/10/2017	Tuesday 7/11/2017	Wednesday 7/12/2017	Thursday 7/13/2017	Friday 7/14/2017	Saturday 7/15/2017
	French Toast Sausage Patties Butter/Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Biscuits Sausage Gravy Hashbrown Patties Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Cheesy Scrambled Eggs Bacon Coffeecake Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk	Pancakes Sausage Links Butter/Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk Chocolate Milk	Egg Patty Biscuits Sausage Patty Shredded Hashbrowns Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk Chocolate Milk	French Toast Sticks Maple Links Butter Syrup Oatmeal Bar Yogurt Fresh Fruit Cereal Coffee, Juice, Milk
Staff Lunch:	Italian Sub Tortellini Salad Chocolate Chip Cookies Fruit & Salad Bar Punch, Milk & Water	Chicken Sandwich Ranch Pasta Salad Brownies Fruit & Salad Bar Punch, Milk & Water * Pack Out	Meatball Sub Macaroni Salad Sugar Cookies Fruit & Salad Bar Punch, Milk & Water	Pizza Italian Pasta Salad Carnival Cookies Fruit & Salad Bar Punch, Milk & Water *Pack Out	Hot Dogs Macaroni & Cheese Rice Krispie Treats Fruit & Salad Bar Punch, Milk & Water	Fruit & Salad Bar Punch, Milk & Water
Spaghetti Meat Sauce Green Beans Rolls/Butter S'more Bars Salad Bar Punch, Milk & Water	Beef Tacos Mexican Rice Refried Beans Chips/Salsa Banana Pudding Salad Bar Punch, Milk & Water	Pulled Pork on Bun Baked Beans Corn on Cob Jello Cake Salad Bar Punch, Milk & Water	<u>Hucks Cove Dinner</u> Hamburgers Potato Salad Watermelon Fixings Tray Cherry Orchard Bars Salad Bar Punch, Milk & Water	Turkey Mashed Potatoes/Gravy Glazed Carrots Sweet Rolls/Margarine Ice Cream Sandwich Salad Bar Punch, Milk & Water	BBQ Chicken Au gratin Potatoes Broccoli Rolls/Margarine Chocolate Cake Salad Bar Punch, Milk & Water	

Fruit is available on the Salad Bar