

Lewis & Clark Council, BSA



Camp Participant Guide

Camp Do-Your-Best (aka Camp Warren Levis)

June 9-12, 2016

June 16-19, 2016

June 23-26, 2016

July 7-10, 2016

July 14-17, 2016

Cub Scout Adventure Camps 2016

Welcome and Thanks!

Welcome to Cub Scout Adventure Camp 2016! Thank you for your commitment to Cub Scouts and Camp. Your Camp Directors and Staff have developed an exciting and fun-filled program certain to keep your Scouts coming back for more. Whether this is your first Cub Scout Camp experience or you are an experienced camper, your guidance will ensure that youth participants enjoy all of the activities offered by our camps. We appreciate your time and effort towards this purpose.

Unit Leaders, thank you for your commitment to Scouting and for bringing your Scouts to camp. Please share the information in this guide with your parents and your Scouts so everyone knows what to expect at summer camp.

At the conclusion of camp, you will be asked to complete an evaluation. Evaluations are a critical tool used by Directors and the Council to constantly improve our programs. Your time and thought are greatly appreciated as we strive to provide the best possible program for your Scouts.

Thank you,

Your 2016 Cub Scout Camping Committee and Cub Adventure Camp Staff

What is different from last year?

- Campers' Campfire will be Saturday night
- Rodeo will be held after lunch on Sunday
- No swim checks will be done on Thursday evenings.
 - There will be an opportunity to complete pre-camp swim tests at Edwardsville High School. Watch the website, the Council Facebook page and GPS for more information and times.
 - If swim tests are not completed before camp, the first session of swimming will be used to complete them.
- A 3-mile hike is part of the Webelos/AOL program.
- This year's theme is Wild, Wild West!!!

PROMOTING CAMP IN YOUR UNITS

Camp promotions start at the beginning of the Scout year. A great place to start is having Scouts who previously attended camp talk to their peers about all their great adventures. Photo displays from prior years are a great way to show Scouts and their parents what a great experience summer camp can be for a boy. Displays of projects completed at camp are also a great promotion tool.

In January – March, information about summer camp is available each month at each District Roundtable. Having a unit leader (or more than one) at Roundtable insures all the latest information gets to your unit. Since presentations at Roundtable are typically given by a representative from the Cub Scout Camping Committee, it's a great opportunity to have questions answered straight from the experts. Parents can come too!

Members of the Cub Camping Committee are available to come to unit Pack Meetings, Blue and Gold Banquets, Pinewood Derbies or other events to make promotion presentations to Scouts and their parents. Contact Phil Reis at the Council Office (234-9111) to set up a presentation.

CAMPERSHIPS

Camperships are available for those who may need financial assistance to attend summer camp. You may apply online at <https://www.scoutingevent.com?16LCCCAMPERSHIP>

WHO CAN ATTEND CUB ADVENTURE CAMP

Registered Cub Scouts entering grades 1-5 in fall 2016 can attend Cub Adventure Camp in 2016. Absolutely no siblings are allowed at Cub Adventure Camp.

Den Chiefs (registered Boy Scouts assigned as Den Chiefs with a specific Den) may attend Cub Adventure Camp with their Den. Den Chiefs pay the same fee as Leaders and stay with the Den during camp. Den Chiefs duties are assigned by the Den or Pack Leader. Den Chiefs are not a part of the camp staff. Do not count Den Chiefs as adults or Scouts when computing required adult supervisory ratios shown below.

SUPERVISORY RATIO

Each Pack must provide at least 2 adults for every 8 Scouts with a minimum of 2 adults per Pack (or a 1:4 ratio). For example, if 7 Scouts attend from a Pack, then 2 adults are required; if 10 Scouts attend from a Pack, then 3 adults are required. This applies to Wolves-Webelos-AOL (Arrow of Light, previously known as Webelos II). Tiger Cubs (those entering 1st grade in Fall 2016) must attend with an adult partner in addition to the required adult leadership for the Pack.

Units with boys in more than one age group in the Wolves – AOL age groups are requested to apportion their adults between their groups for the daytime program rotation. The Wolves and Tigers have the same rotation; the Bears a different rotation, and the Webelos and AOL have different programs. Two-deep leadership and the 1:4 ratios will be maintained when Dens from different Packs are combined into groups for the program rotation.

HOW TO REGISTER FOR CAMP

Registration is available online at www.scoutingevent.com?16LCCCAC

Each Unit must designate a primary point of contact for the unit while at Adventure Camp. The unit point of contact must be **an adult who is going to attend the camp with the unit.** The unit point of contact will be the primary means of communication between the Council Office, Camp Leadership and Unit Leadership before, during and after camp; therefore it must be **an adult who is going to attend the camp with the unit.**

ADULT PARTICIPANT INFORMATIONAL MEETING

There is an informational meeting on **Wednesday, May 11, 2016 at 7:00 pm at the Council Office** for all **Unit Leaders and parents** attending Cub Adventure Camp. Even those who have attended Adventure Camp in the past should attend this meeting to obtain all the current information regarding camp.

WHAT TO BRING TO CAMP

Completed BSA Health History Parts A and B

Everyone attending camp must have a tetanus shot within the last 10 years

Medication (if required)

Tent

Ground cover

Pillow

Sleeping bag

Lawn Chair (if desired)

Field or Class A Uniform (for flag ceremonies)

Camp or Class B Uniform or any other Scout t-shirts

Closed toed athletic shoes or hiking boots (no crocs, sandals, flip flops or Healys) – 2 pair

Socks – 2 pair per day minimum (more if it will be raining)

Clothing – One complete change per day

Bathing suit (Ladies: no bikinis)

Water Shoes (mandatory for creek activities and Webelos Safety Afloat activities)

Towel

Toiletries

Sunscreen

Non aerosol insect repellent

Rain gear

Money for Trading Post

Backpack or Day Pack

Pocket Knife (to be carried by Unit Leader or Parent if Scout does not have Whittling Chip)

Additional Items for Webelos (* indicates AOL (Webelos II) only)

Backpack or Daypack

Flat Sheet*

ARRIVAL AND CHECK-IN AT CAMP

On the first day of camp, **participants should plan to arrive at the time indicated in the pre-camp email to unit leader.** (Check in starts at 5:00 pm on the first day of the camp). This email will be sent to the unit point of contact listed in the registration. The unit point of contact is responsible to notify other participating adults in the unit. If the Pack cannot arrive at the scheduled time, contact the Camp Director as far in advance as possible. **It's best if the Pack arrives together, as the registration process was designed with this in mind.**

Park in the designated area. Do not unload camping gear at this time.

The Unit Leader will proceed to the designated area to check-in. Unit Leaders should have the following ready when approaching the check-in table:

1. Completed Unit Roster (part of pre-camp package handed out at May meeting or emailed).
2. Health Forms for **all** youth and adults.

Note: These health forms will NOT be returned.

HEALTH FORMS

The Unit Leader should bring all Health Forms to check-in. Those with allergies, medications, or serious health conditions will be screened by the Health Officer only if asked, so only the Unit Leader needs to check-in. Insuring Health Forms are complete (**Parts A and B** for all Cub Scout Adventure Camps) and signed will expedite the check-in process. **All registered participants, including adults, must have a completed Health Form.** A doctor's physical (Part C/D) is NOT required for Cub Adventure Camp.

Historically, there are four main issues with Health Forms. The review process is expedited if Unit Leaders insure the following:

1. **Use only the current BSA form.** You may go online to print the form at: http://www.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf
2. Parent/guardian must sign the form at the end. If a person will be taking medication at camp (even over the counter), the medication area on page 2 must be signed as well, including adults.
3. Immunizations must have the date (month and year). The annotations “all up to date”, “per school”, current, etc. are not acceptable.
4. Everyone attending camp must have had a tetanus shot within the last ten years.
5. Copies of insurance cards are required for each individual. Even if it is the same card for parent and child, one copy must be attached to the parent’s form and one copy attached to the child’s form.

MEDICATIONS

In accordance with BSA Camp Standards, medications must be in the control of a responsible adult at all times. This can be a parent, unit adult, Unit Leader, Camp Health Officer, or Camp Director/Program Director. “In control” means not accessible to unauthorized persons, either by being in a locked container, a locked vehicle, or on the person at all times. Parents and Unit Leaders are NOT required to turn in medications. However, parents and Unit Leaders are welcome to turn medications in during check-in for storage in the Health Lodge or Camp Office. Medications that require refrigeration can be stored in the Health Lodge or Camp Office.

SWIM TESTS

All participants, youth and adult, require a BSA swim test annually. Swim tests may be accomplished prior to camp at Edwardsville High School. Please check our website, www.lewisandclarkbsa.org, the Council Facebook page or the GPS for more information on times. If taking swim tests at camp, these swim tests will be done during the first session of Swimming.

During the course of activities, if a person does not demonstrate swimming ability at camp that matches their level as shown on the Swim Roster, the Aquatics Director reserves the right to insist upon a retest at camp. If swim tests are completed in advance, Buddy Tags will be issued during check-in based on swim levels shown on the form.

“Buddy Tags” identify the swimming level of every individual in the aquatics area and are required for anyone in the aquatics area. Each participant (youth and adult) will have two Buddy Tags, one for the pool and one for the lake. If taking swim tests at camp, blank Buddy Tags will be issued to Unit Leaders **after Health Forms are reviewed**. Names must be on the tags prior to taking the swim test (it is helpful if other adults in the group help the Unit Leader in filling in names on Buddy Tags). Examples and Sharpie markers will be available. The Buddy Tag is each participant’s “ticket” to take the swim test. Adults must swim test if they plan to go into the water, or they will be issued a non-swimmer tag. Turn in the completed Buddy Tags and swim roster to the Aquatics Director at the pool.

If you have completed the BSA swim test within the past 12 months, turn in your Buddy Tag with the rest of the Unit’s Tags and swim roster. Those with a buddy tag dated within a year are not required to swim test again unless the person wishes to move up to the next level or requested by the Aquatics Director.

BSA Swim Levels:

Non-swimmer (White): Anyone who has not completed the Beginner or Swimmer test.

Beginner (Red): Jump feet first into water over the head in depth, level off, and swim 25 feet on the surface. Stop, turn sharply, resume swimming and return to the starting place.

Swimmer (Blue): Jump feet first into water over the head in depth. Level off and swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

WRISTBANDS

During check-in, a wristband will be handed out to each paid participant. **All persons, regardless of age, must wear this as identification at all times on camp property.** Anyone without his or her identification will be asked to leave the camp property. Wristbands are checked by Dining Hall staff at every meal. Anyone without a wristband will not be served at mealtimes. Camp staff will be wearing a distinctive t-shirt at all times or a class A (field) uniform.

PARKING AND UNLOADING

The parking area generally is not adjacent to the campsites. Due to safety and other concerns, **there will be no driving to campsites allowed.** A limited number of carts are available to carry gear to campsites and camp staff will be available to help haul gear to campsites. However, pack light and plan to carry all gear to the campsite. A child's wagon can be very useful for carrying camp gear. Units with special needs, contact the Health Officer for a driving pass.

CAMPSITE ASSIGNMENTS

Units will be assigned a campsite by the Camp Director. Campsite assignments will be distributed at check-in. Campsite assignments will be based on unit size, camper age distribution, and current campsite conditions. Most units will share a campsite with one or more units. Activities are scheduled by rank, i.e., Webelos I is separate from AOL is separate from Bears. Tigers and Wolves are combined into one group

Campsites, including latrines, should be clean and stocked when units arrive. During the camp session, keeping the campsite clean and supplies stocked is the responsibility of the units occupying the campsite. A blank duty roster will be provided in the check-in package. Additional toilet paper, trash bags, soap, etc. are available as specified in the opening Leader's Meeting (see below). One of the purposes of Cub Adventure Camp is to prepare Scouts for the shared responsibilities of Boy Scout Camp. Unit campsite duties should be shared among the boys with adult supervision. Campsite duties will include, but are not limited to:

1. Sweeping latrines
2. Cleaning latrine stools and washbasins
3. Stocking toilet paper, soap, and trash bags
4. Refilling and cleaning campsite water cooler
5. Policing the area for trash
6. Emptying campsite trash into dumpster (must be done nightly due to "critters" in camp)

Campsites will be inspected for cleanliness by the Campsite Host prior to check-out.

CAMPSITE HOST

Each campsite will have an assigned staff member who will act as “host”. The responsibilities of the campsite host include guiding units to the campsite if they are unfamiliar with its location, assisting with transporting gear to campsite, assisting with tent set-up for those not familiar with how to set up a tent, answering general questions, assisting with pack-up and check-out, inspecting the campsite to insure it is cleaned up prior to departure.

RELEASE OF CAMPERS

Pack and Den Leaders are responsible for knowing who may pick up campers in their care. All participants (adult and child) must sign out when departing camp property, whether at the end of the camp session or earlier. At the end of camp, the Pack or Den Leader may sign out all participants in their care – each adult does not have to come to the office to sign out individually at the end of camp.

If the camper’s parent/guardian is also a registered camper, that person may sign the camper out at any time. If the camper’s parent/guardian is not a registered camper, the Pack or Den Leader will be notified to come to the camp office to verify the identity and authorization for that adult to pick up the child.

No child will be released unless the Pack or Den Leader and Camp Director have determined the authorization and identity of that person, even if the child knows the person.

LEADER MEETINGS

There are several Leader Meetings throughout each camp session. The first night of camp, there is a Leader Meeting after dinner to highlight information not contained in this guide or to update information that has changed since its publication. If possible, one adult per unit should attend this meeting. If that is not possible, a minimum of one adult per campsite must attend and relay information to the other units in that campsite.

Each full program day, there is also a Leader Meeting right after lunch. The purpose of this meeting is to disseminate information to the adults and also for the adults to provide feedback to the staff. If possible, one adult per unit should attend this meeting. If that is not possible, a minimum of one adult per campsite must attend and relay information to the other units in that campsite.

MEALS

All meals will be eaten in the camp Dining Hall with the exception of those in the Webelos/AOL program. During the first meal, all participants will complete a Dining Hall orientation. **It is very important for all participants to attend this orientation.**

The menu at Adventure Camp is designed with nutrition in mind. Plenty of healthy choices are available at every meal.

General Dining Hall Etiquette:

- Gather outside the Dining Hall for a group grace prior to entering.
- Enter the dining hall when directed.
- Remove hats prior to entering the Dining Hall.
- When the Head Cook or Dining Hall Steward calls “Seconds”, you may go up for seconds.
- Take all you want, but eat all you take.
- Sit at your assigned table.
- Participants bus and clean their own tables and sweep the floor under their own tables.
- Participants must be dismissed from the Dining Hall by the Dining Hall Steward after tables are clean.

SPECIAL DIETARY NEEDS

- Special dietary needs (food allergies, diabetic, gluten free, etc.) must be noted **on the health form and on the registration form.**
- **Lewis & Clark Council cannot guarantee an allergen-free environment in the kitchen or dining hall** but the camp staff will do their best to accommodate special dietary needs as long as they are noted on the **registration form and the health form.**
- There will be a designated “Allergen Free Table” available in the Dining Hall when required. This is for participants who cannot eat at the same table with nuts, eggs, or other common food allergens.
- **Anyone with special dietary needs must complete a Food Allergies and Dietary Restrictions form and meet with the Head Cook during registration to discuss specific needs.**

Dining Hall Servers

- Unit adult volunteers are requested to help serve meals in the Dining Hall. At pre-meal assembly, the number of servers will be announced and adults can volunteer at this time.

TRADING POST

A camp store, known as the Trading Post, will offer snack items and sodas. Camp T-shirts and other Scout items will also be available. The Trading Post accepts cash, checks, and credit cards.

GENERAL CAMP RULES

- Always have a buddy, including visits to the latrine.
- Youth must remain with their group. If a youth must leave the group, such as to use the latrine, an adult must be informed. Always have a buddy.
- Adhere to the Cub Scout Promise and Law of the Pack at all times.
- Be courteous at all times, especially when others are speaking or when waiting in line.
- Obey all “off limits” signs and announcements.
- Abide by the quiet time listed in the schedule.

RULES FOR SPECIAL ACTIVITY AREAS:

- Special Activity Areas are: Archery Range, BB Range, Horse Corral, Bouldering Wall, Pool
- Do not use the area unless a staff member is present.
- Use only marked entrances and exits into and out of perimeter of area.
- Always ask for and receive permission to enter area from camp staff member at that activity area before entering.
- Camp staff at these areas will explain other safety rules.

ADDITIONAL CAMP RULES FOR UNIT LEADERS/PARENTS

- Unit Leaders/Parents must follow the General Camp Rules.
- **Adults may only smoke in their cars in the parking lot, out of sight of youth.** Place cigarette butts in vehicle ashtrays. If adults leave to smoke, insure youth are adequately supervised prior to departure.
- No alcoholic beverages, drugs or fireworks are allowed in camp.
- No firearms, knives or other weapons are allowed in camp other than those brought by staff for specific activities. Adults may have a small pocketknife. Cub Scouts with a Whittling Chip may have a small pocketknife.
- No swearing or abusive language will be allowed in camp.
- Camp staff will wear class A uniforms or this year’s camp staff t-shirts.

UNIT LEADER/PARENT EXPECTATIONS

- Lead Scouts from one camp activity to the next according to the camp schedule.
- Assist Station Leaders with planned activities as requested.
- Assist station leaders with behavior management as needed.

OFF LIMITS AREAS

- Camp Maintenance Areas
- Ranger's Home
- Roped or Fenced Off Areas
- Kitchen (unless authorized by **Head Cook**)
- Staff Quarters
- Sinkholes
- Climbing Tower
- Lake may not be used for swimming (Webelos/AOL Safety Afloat, fishing and boating are ok)
- Fishing is permitted from the dock if an adult is present **on the dock**. Do not fish from the "u" shaped area of the dock where Webelos Safety Afloat is conducted.

GROUP ASSIGNMENTS AND PARTICIPATION

Group assignments are distributed during check-in. Campsite assignments are also distributed during check-in. Packs will camp together as a unit but will be **split into Dens by age for the daytime program rotation**. Do not change groups or campsites without Camp Director approval.

During the daytime program rotation, there will be distinct programs in progress. **Tiger/Wolf, Bear, 1st Year Webelos, and AOL (2nd Year Webelos) will each have a separate program rotation during the day.** Dens from different Packs or towns will be grouped together. As much as possible these groups will correspond with campsite assignments so the boys learn how to come together as a team with new boys from other towns and units.

Units with boys in more than one age group are requested to apportion their adults between their groups. Two-deep leadership and the 1:4 ratios will be maintained when Dens from different Packs are combined into groups for the program rotation. New Tiger Cubs (those entering 1st Grade in the fall) must have their adult partner with them for the daytime program rotation.

Adults are encouraged to participate in activities with the youth where the situation allows; youth will enjoy seeing adults shoot BB's or play games with them. However, if time becomes an issue at a station, give priority to the youth participants.

WEBELOS/AOL OUTBACK PROGRAM

The Webelos Outback is a separate program specifically for Webelos Scouts (boys entering 4th or 5th grade in fall). All Webelos will participate in a special afternoon and evening program away from the main campsite, at a "remote site".

First year Webelos (entering 4th grade) will return to their Unit campsite before lights out to stay with their unit. 1st year Webelos and adults should bring all supplies (water bottles, bug spray, jackets, etc) to the first Outback activity as there will not be an opportunity to return to the campsite to retrieve jackets, bug spray, etc.

AOL or 2nd year Webelos (entering 5th grade) will camp separately from younger Scouts and have the option to "sleep under the stars" (no tent). Sleeping bags will be transported to the "remote" site by camp staff if required (make sure sleeping bags are labeled with Scout's full name!!). All other personal equipment (clothing, jackets, mugs, bug spray, etc) will be transported by the those participating in daypacks. A ratio of 1 unit leader per 4 2nd year Webelos must also camp at the "remote" site. Units can pool adults to meet this requirement.

It is highly recommended that youth and adults participating in the Outback wear long pants for the evening. If sleeping under the stars a flat sheet to sleep under is very welcome (sleeping bag is too hot). Ground covers will be provided for those spending the night at the "remote site".

BOATING

Paddleboats, rowboats, and canoes will be offered at Camp Warren Levis. All boats must have one person who has passed the BSA “swimmer” test. Youth who are “non-swimmers” may boat as long as their boat has an adult in it.

The ratio of adults to youth in the boating area is 1 adult for each 5 youth boating. There will be one Lifeguard staff member at the lake for all boating activities. However, to meet the 1:5 supervision requirement, assistance from adult “swimmer” unit leaders and parents is requested to supplement the supervision provided by the Lifeguard. **These adult “swimmers” must complete “Safety Afloat” on MyScouting.org and bring a copy of the completion certificate to camp and be prepared to show it on request.**

EMERGENCY PROCEDURES

All staff members, including youth staff, are trained in camp-specific emergency procedures. There will be an exercise for the emergency procedures. Parents may be asked to assist staff, but need to follow staff directions at all times.

FIRST AID

There is a Camp Health Officer on site. The Health Officer will be at the Health Lodge, Camp Headquarters, or can be reached by radio or cell phone. For a minor injury, beyond the scope of what a parent or unit leader can handle, an adult should bring the injured person to the Health Lodge or Headquarters, after insuring other campers under his/her care will be adequately supervised.

If the injured person cannot be moved, the Health Officer should be notified by radio or cell phone (if available) or by sending an adult messenger to camp headquarters.

The Camp Health Officer will inform the Camp Director of all injuries or illness at camp. If necessary, notification and transportation to a local hospital will be arranged by the Camp Health Officer and Camp Director. When required, the Camp Director will inform the Scout Executive. Notification of parent, guardian, or nearest relative is the responsibility of the Scout Executive or designate. Local authorities (fire, police, etc) will be notified by the Camp Director when dictated by the situation.

SEVERE WEATHER

Most camp activities will continue in light to moderate rain. In case of heavy or continuous rain, rainy day activities may be substituted. Station Leaders will have alternative activities ready.

The Camp Director and Program Director are equipped with severe weather radios and have alternate weather resources available. In case of inclement weather, they will closely monitor the situation and if severe thunderstorm, tornado watch or warning, or other severe weather is approaching, they will take appropriate action to insure all personnel have time to take shelter.

The central camp alarm will only be sounded for Tornado Warning or Severe Thunderstorm Warning.

The central alarm will not be sounded for “garden variety” thunderstorms. The Dining Hall will always be unlocked and is available at any time participants or staff are not comfortable in their tents or program areas due to inclement weather.

In the event of severe weather, upon hearing one long bell or horn, all adults and Scouts will proceed to the designated assembly area.

LOST CHILD

If it is determined that a child is not with his or her group and is nowhere in the general area of the group, send an adult or two older youth to notify the Camp Director or Program Director immediately. The Director will implement lost child procedures for the specific camp facility. Each camp has a specific written plan for lost children. The Director may request the assistance of parents.

FIRE

A fire in or near an activity area should be reported immediately to the Camp Director or Staff Advisor so firefighters can be called. The parent's primary responsibility is to escort youth safely out of danger, checking attendance to insure all group members are present. If anyone is not accounted for, an adult should quickly search the immediate area, while other parents return to the camp assembly area with their group. If the missing person is found, he/she should be led to rejoin his/her group. If the missing person is not immediately found, the Lost Child Plan is put into effect. If the camp assembly area is not safe, an alternate location will be announced. In case of fire, it is critical to have a complete accounting of all persons on camp property.

CAMP WARREN LEVIS

The Emergency Assembly Area for Camp Warren Levis is the flagpole in front of the Dining Hall. The Emergency Shelters are the basement of the Dining Hall and the restrooms under the Trading Post.

If out in the open, lie flat in a ditch or depression. The area below the dam spillway (creek, nature trail, and shooting range) is prone to flooding in heavy rain. If below the dam, get to higher ground if it is raining or has rained.

EMERGENCY PHONE NUMBERS

Position

Camp Director
Program Director
Council Program Director

Emergency

Lewis & Clark Council Office
Camp Warren Levis Office

Phone

618-604-3607 (Josiah Accola)
618-779-2916 (Alex Idoux)
618-207-6415 (Phil Reis)

911

618-234-9111
618-781-8195

Email

josiahaccola@yahoo.com
A_idoux@yahoo.com
Phil.reis@scouting.org

Note: Camp phones are answered when camp is in session.

YOUTH PROTECTION

All Leaders; including Camp Director, Program Director, Station Leaders and Assistants, Trading Post, Kitchen Staff and Health Officer; must have completed BSA Youth Protection Training within the past two years. Youth Protection Training is not required for parents but is highly recommended.

In accordance with BSA Youth Protection Guidelines, all adults (whether registered with BSA or not) will abide by the following:

Note: Youth staff members under the age of 18 are considered youth for the purposes of this section.

Two-deep leadership is required at all times

- Two adults must be present with youth at all times
- At least one adult must be at least 21 years old

No one-on-one contact between youth and adults

- If a private conference is required, such as for disciplinary reasons, conduct the conference in full view of other adults and youth

Respect the privacy of youth and adults

- No adults are allowed in youth restrooms or changing areas; no youth are allowed in adult restrooms or changing areas
- **If health or safety require an adult to enter a restroom or changing area (ex. boys fighting in shower), then two adults are required to enter the area**
- If there is a person with special needs that requires assistance, a family changing area will be provided only for the parent/guardian/attendant and the person requiring assistance. Other family or group members must change in their appropriate areas.

Separate accommodations

- No adult is permitted to be in the tent of a youth other than his/her own family

Appropriate attire

- All youth and adults must wear clothing appropriate to the activities

Constructive Discipline

- Discipline should be constructive and reflect Scouting values
- No corporal punishment

If at **any** time abuse or neglect is suspected, notify the Camp Director who will immediately notify the Scout Executive.

TIPS FOR NEW AND EXPERIENCED PARENTS AND UNIT LEADERS

- Dehydration and heat injury are 100% preventable
 - Everyone should have a water bottle or cup with them at all times
 - As a guide, each person should urinate about every 2 hours and urine should be clear to light straw colored
 - Sugary and caffeinated drinks dehydrate so they should be consumed sparingly, and always followed by water
 - Rest in the shade periodically when it is hot
 - Adults often get so wrapped up in making sure the boys stay hydrated, they forget about themselves. Typically at camp there are more heat issues with adults than youth.
- When getting out of the pool, dry off completely and change into dry shorts/pants – do not wear a wet bathing suit around camp – it will be regretted later
- Homesickness is very common but with a little prevention, can be minimized
 - It is recommended that every boy attending Adventure Camp without a parent have already spent at least one night in a tent on a Unit campout without a parent present
 - If a boy is homesick, it is recommended that he not call home, this generally makes the homesickness worse, especially if Mom or another family member says “I miss you”.
 - Prepare parents for the camp experience and explain the perils and pitfalls of dealing with homesickness. Children generally have a tough time if a parent says, “If you are homesick, call anytime and I will come pick you up”.
 - The Camp Director and Program Director are familiar with dealing with homesickness and are available at any time to assist Unit Leaders
 - It is recommended that boys not be allowed to have cell phones in camp, not only due to the distraction, but also so the boy is not calling home constantly. Boys having personal cell phones generally makes homesickness worse.
- Cub Adventure Camp is designed to be a stepping stone to Boy Scout Camp, especially for the Webelos/AOL ranks.
 - Part of the experience of Boy Scout Camp is being away from home on their own
 - Having the experience of being away for 3 nights at Cub Adventure Camp is a great preparation before Boy Scout Camp, when the boy will be away for 6 nights
 - To facilitate the gradual development of the ability to separate from parents at camp, when parents do attend camp with their sons, a great transition is having the boys sleep in their own tents or with friends, rather than the parent, especially for Webelos. If the youth: adult ratio for the unit will allow, it might also facilitate the process to split the adults up so that during the daytime program rotation parents are supervising groups other than the one their own child is in. This is also especially important for Webelos.
- Camp is a rural environment so there are critters. Some tips to minimize encounters:
 - Don't eat in tents or store food in tents, not even in coolers, critters have good noses
 - Empty campsite trash into the dumpster nightly right before bedtime
 - Close the dumpster lid after dumping trash
 - Keep tents zipped up when not using the door
 - Make sure doors to buildings are completely closed and latched when entering or exiting
 - Don't feed any animals
- Camp is not a good time to start, discontinue, or change a medication (for youth or adults)
- Label everything, even socks and underwear – Sharpie marker works well for this
- Some extra useful things for parents/unit leaders to bring
 - Rope for a clothesline to hang dry towels, bathing suits, etc.
 - Clothespins
 - Sharpie markers
 - Pocket knife or multi-tool

GENERAL SCHEDULE

DAY 1 – THURSDAY

5:30 pm – 7:30 pm	Check-in	As Assigned in Pre-Camp Email
	Campsite Setup, Dining Hall Orientation	
7:45 pm	Closing Flags	
8:00 pm – 9:00 pm	Campfire Performed by Staff	Campfire Ring
9:00 pm – 9:30 pm	Cracker Barrel/Leader Meeting	Dining Hall
9:30 pm – 10:00 pm	Free Time	
10:00 pm	Lights Out	

DAY 2 – FRIDAY

7:00 AM	Reveille	
7:30 am – 7:45 am	Opening Flags	Flagpole
7:50 am – 8:35 am	Breakfast	Dining Hall
8:45 am – 9:35 am	Activity 1	See Rotation
9:50 am – 10:40 am	Activity 2	See Rotation
10:55 am – 11:45 am	Activity 3	See Rotation
12:00 pm – 12:45 pm	Lunch	Dining Hall
12:45 pm – 1:15 pm	Leader Meeting	Dining Hall
1:00 pm – 1:50 pm	Activity4	See Rotation
2:05 pm – 2:55 pm	Activity 5	See Rotation
3:10 pm – 4:00 pm	Activity 6	See Rotation
4:15 pm- 5:05 pm	Activity 7	See Rotation
5:05 pm – 5:45 pm	Free Time	
5:45 pm – 5:55 pm	Closing Flag Ceremony	Flagpole
6:00 pm – 6:45 pm	Dinner	Dining Hall
7:00 pm – 8:00 pm	Open Areas	As Announced
8:30 pm – 10:00 pm	Camp Site Fires	
10:00 pm	Lights Out	

DAY 3 –SATURDAY

7:00 AM	Reveille	
7:30 am – 7:45 am	Opening Flags	Flagpole
7:50 am – 8:35 am	Breakfast	Dining Hall
8:45 am – 9:35 am	Activity 1	See Rotation
9:50 am – 10:40 am	Activity 2	See Rotation
10:55 am – 11:45 am	Activity 3	See Rotation
12:00 pm – 12:45 pm	Lunch	Dining Hall
12:45 pm – 1:15 pm	Leader Meeting	Dining Hall
1:00 pm – 1:50 pm	Activity4	See Rotation
2:05 pm – 2:55 pm	Activity 5	See Rotation
3:10 pm – 4:00 pm	Activity 6	See Rotation
4:15 pm- 5:05 pm	Activity 7	See Rotation
5:05 pm – 5:45 pm	Free Time	
5:45 pm – 5:55 pm	Closing Flag Ceremony	Flagpole
6:00 pm – 6:45 pm	Dinner	Dining Hall
7:00 pm – 8:00 pm	Open Areas	As Announced
8:30 pm - 9:15 pm	Campers Camp fire	Ampitheater
9:15 pm – 10:00 pm	Free Time	
10:00 pm	Lights Out	

DAY 4 –SUNDAY

7:00 am	Reveille	
7:30 am – 7:45 am	Opening Flags/Announcements	Flagpole
7:50 am – 8:40 am	Breakfast	Dining Hall
9:00 am – 9:15 am	Scout's Own Service	Chapel
9:30 am – 10:20 am	Activity 1	
10:30 am – 11:20 am	Activity 2	
11:30 am – 12:20 pm	Activity 3	
12:30 pm – 1:15 pm	Lunch	
1:30 pm – 3:00 pm	RODEO	Pioneer Field
3:00 pm – 3:30 pm	Clean-up/Check-out	Camp Office

Note: one activity session will be a Service project.

CAMP WARREN LEVIS

Address: 5500 Boy Scout Lane
Godfrey, IL. 63035
Phone: 618-781-8195

Location and Directions

From the intersection of I-270, I-255, and IL-255 between Glen Carbon and Pontoon Beach, proceed north on IL-255 for 16 miles. Take exit 16 for Seminary Road. Proceed approximately 2.4 miles to IL-111N/IL-3N/Homer Adams Parkway and turn right. Proceed 3.2 miles on Homer Adams Parkway until it comes to a t-intersection at Delmar Ave. Turn right at Delmar Ave/IL-3N and proceed 1.4 miles to Boy Scout Lane. There is a BP gas station on the corner of IL-3 and Boy Scout Lane. Turn right at Boy Scout Lane and proceed 0.6 miles to camp entrance. Park in the grassy field just to the right after entering the camp. Do not proceed beyond the parking lot without a vehicle pass.

History of Camp Warren Levis

Camping and outdoor activities have been a main part of the program at Camp Warren Levis since its beginning 80 years ago. Camp Warren Levis was originally owned by the Piasa Bird Council. The Piasa Bird Council's first camping area was called Camp Hawley, and was located just north of Route 100 in Godfrey, IL. Camp Hawley was established in May 1921 at Rocky Fork on Grafton Road. The camp was on a site that was used many years before as a slave refugee station. The first summer camp was held on July 11, 1921 and thirty scouts attended. Camp Hawley became the sole property of the Boy Scouts when deed was transferred by Andrew T Hawley on April 1, 1924. 160 acres of land in Godfrey, IL, was added by Mr. And Mrs. George Levis in memory of their son, Warren, who died in 1906. The council named the camp in his honor. Dedication of Camp Warren Levis and the first summer camp took place on July 7, 1924. In 1945, a capital development plan was initiated for the camp, and a lake was built along with other facilities. Today, Camp Warren Levis is on 285 acres and is home to Boy Scout and Cub Scout programs in the Lewis & Clark Council.



Lewis & Clark Council

FOOD ALLERGIES AND DIETARY RESTRICTIONS

Submit this form to the Camp Director, Business Manager, or Health Officer 2 weeks prior to arrival or during Medical Check-In.

Phil.reis@scouting.org or
Dee.jerashen@scouting.org

Personal Information

First Name _____

Last Name _____

Unit # _____

Campsite _____

Date of Activity _____

Medical Restriction	Religious Restriction	Food Allergy
<input type="checkbox"/> Diabetic	<input type="checkbox"/> Buddhist	<input type="checkbox"/> Milk
<input type="checkbox"/> Lactose Free / Non-Dairy	<input type="checkbox"/> Hindu	<input type="checkbox"/> Eggs
<input type="checkbox"/> Gluten Free	<input type="checkbox"/> Jewish	<input type="checkbox"/> Peanuts / Tree Nuts
<input type="checkbox"/> Vegetarian	<input type="checkbox"/> Muslim	<input type="checkbox"/> Wheat
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Other: _____	<input type="checkbox"/> Other: _____

Special Instructions

Appropriate food alternative are being provided for this individual

Parent / Guardian Signature _____

Date _____

Unit Leader Signature _____

Below This Line for Kitchen Use Only

Lewis & Clark Council

SPECIAL ACCOMODATIONS

Submit this form to the Camp Director, Business Manager, or Health Officer 2 weeks prior to arrival or during Medical Check-In.

Phil.reis@scouting.org or
Dee.jerashen@scouting.org

Personal Information

First Name

Last Name

Unit #

Campsite

Date of Activity

Mobility		Other Accommodations
<input type="checkbox"/>	Campsite Access	
<input type="checkbox"/>	Wheelchair	
<input type="checkbox"/>	Walker	
<input type="checkbox"/>	Motorized Transportation	
<input type="checkbox"/>	Other: _____	

Personal ATV usage at camp other than for program has to be cleared with the camp director. Usage should be primarily for medical reasons. Medical documentation should be noted in the scout physical form. The use of the vehicle is limited to the person with the medical need.

Reason / Condition

Participant

Date

Parent / Guardian Signature

Date

Unit Leader Signature

Date

Below This Line for Office Use Only

PRE-CAMP SWIM TEST

If your Pack Conducts a Pre-Camp Swim Test, please fill out this form or one similar. Signature of a qualified BSA, Red Cross, or YMCA Lifeguard is required and the Scoutmaster/Adult Leader who was present during the swim check. We can honor pre-camp swim tests only if the required paperwork is properly completed.

REQUIREMENTS FOR PRE-CAMP SWIM TESTS

Tests must be performed in accordance with BSA Swimming test standards.
Must be supervised by a certified BSA, Red Cross, or YMCA Lifeguard.

Bring a list of youth and adults who took the test showing the skill level they earned in the test: Swimmer, Beginner, or Non-Swimmer. The list must be signed by the unit leader and the certifying lifeguard and include a note attesting that the swim test was conducted according to the BSA requirements listed below.

SWIMMERS TEST

The swimmer test demonstrates the minimum level of swimming ability required for safe deep-water swimming. The various components of the test evaluate the several skills essential to this minimum level of swimming ability: Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy, resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

BEGINNER TEST

Jump feet-first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before, and return to starting place. The entry and turn serve the same purpose as in the swimmer test. The swimming can be done with any stroke, but no underwater swimming is permitted. The stop assures that the swimmer can regain a stroke if it is interrupted. The test demonstrates that the beginning swimmer is ready to learn deep-water skills and has the minimum ability required for safe swimming in a confined area in which shallow water, sides, or other support is less than 25 feet from any point in the water.



Pre-Camp Swim Check

Date	Location		
Adult Leader Present			Pack/Troop/Crew
Lifeguard		Type	Expiration Date

	Name Of Scout	Non-Swimmer	Beginner	Swimmer
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

I hereby confirm that the Scouts whose names are listed above have been tested in accordance to the BSA swimming test standards. I have read and understood the BSA Swim Test classification and attest that all Scouts whose names are listed above are marked accordingly to their swimming ability.

Lifeguard Signature	Date	Scoutmaster/Adult Leader	Date
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