

SUMMER CAMP 2018

LEADERS GUIDE



Hello Summer Camp Leader!

Welcome to the 2018 Camp La-No-Che Leader Guide. In the coming months leading up to your summer camp stay, there will be many meetings, new Scouts, new skills learned, and a build-up of excitement. All of this will lead to the highlight of many of your Scout's year – a week at summer camp with their friends making memories that will last a lifetime.

"A week of camp life is worth six months of theoretical teaching in the meeting room."

- Lord Robert Baden-Powell

To help you prepare your Scouts and leaders for this great experience, we have put together this leader guide to help you prepare for camp, inform you of important dates, let you know what to expect while at camp, and help prepare you to get the most out of your stay with us.

This year, our schedule of Merit Badge and activity classes will be put out in a separate Program guide around December/January time. An overview of each program area and a listing of merit badges and activities planned to be offered is included in this leader guide. This can be used as a guide for Scouts to start thinking about what they will participate in during Summer Camp.

Every summer, we work to recruit a great summer camp staff and we want your best scouts to be a part of the La-No-Che summer camp staff. Encourage your best scouts to apply for a position this upcoming summer. We will be accepting applications starting September 1 and going through January 15th, 2018. Applications are online this year - [click here to apply](#).

We look forward to providing unparalleled experiences for your unit here at Camp La-No-Che during our 68th summer season where our theme is 'Summer Camp 2018: A Hero's Story'.

See you at camp!



Mark Spencer
Summer Camp Director

Mike Evano
Director of Camping Services

2018 CAMP HIGHLIGHTS

NEW Three Tier Advanced Sailing Program

A brand new program with progressive levels of skills and challenges for those interested in sailing

Level 1 - Mates

Level 2 – Boatswains

Level 3 – Captains

More spaces in the ATV program

Scoutmaster's Lounge is coming back!

Native American Area will be back!

2 Newly renovated campsites with new Adirondack camping

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The Leonard and Marjorie Williams Family Scout reservation has earned a reputation over the past 68 years as the premier Scout camp in the Southeast. Camp La-No-Che offers many diverse programs, such as a Native American museum/ experience, a unique Adventure Camp, and off road ATV courses. La-No-Che is an increasingly popular choice among scouts from across the world including Curacao, Scotland, Canada, and Saudia Arabia due to its close proximity to Central Florida theme parks, reknowned staff and state of the art facilities. Camp La-No-Che thrives to bring outstanding service and a week long experience like no other to you and your scouts.

LEADERSHIP

Matt Ragan

Director of Support Services

Matt.ragan@cflscouting.org

Mike Evano

Director of Camping Services

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Mark Spencer

Council Program Director for Boy Scouts

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Activities Coordinator

Pam@camplanoche.com

Sending Mail

Parents are encouraged to send a letter or package to their son at Camp La-No-Che. Allow a minimum of 3 days delivery time. Items arriving after Scout's departure will be returned to sender. To ensure delivery please list the address in the following manner:

First Class Mail

(Scout's Name)

(Provo Troop or Troop #)

Camp La-No-Che

P.O. Box 489

Paisley, FL 32767

UPS/ Fed-Ex

(Scout's Name)

(Provo Troop or Troop #)

Camp La-No-Che

41940 Boy Scout Rd

Paisley, FL 32767

Contact Us!

Website: www.camplanoche.com

Phone: 352-669-8558

Fax: 352-669-7636

CAMP FEES

Weeks of Summer

Week 1	June 3-9
Week 2	June 10-16
Week 3	June 17-23
Week 4	June 24-30
Week 5	July 1-7
Week 6	July 8-14

2018 Summer Camp Fees

	Early Bird	Regular
Site Reservation	\$150 (Paid once per troop)	
In-Council Scouts	\$320	\$345
Out of Council Scouts	\$320	\$345
Provisional Scout	\$345	\$370
Leaders	\$125 (after 2 free Leaders up to 30 scouts)	

RESERVATION

Reservations are done online only through the camp [website](#). To hold a reservation on a campsite a \$150 non-refundable campsite deposit is required at registration. Troops may have to share a campsite with another troop if they are unable to fill the entire campsite.

2nd Week at Camp Discount

Bring your troop back to Camp La-No-Che for a 2nd week of Summer Camp and pay only \$ 295.00 each. If you come back as Provisional your second week is 320.00

CAMPERSHIPS

We do not want any Scout to miss out on the opportunity to attend summer camp due to financial need. We have funds available to assist families in need in Central Florida Council. Campership applications are available online ([hyperlink](#)) . Applications must be recieved on or before May 1, 2018 for consideration. If a Scout is provided a campership and does not attend, the campership will not be refunded, but will be returned to the campership fund.

LEADER FEE

5-29 Scouts = 2 Free Adults
 30-39 Scouts = 3 Free Adults
 40-49 Scouts = 4 Free Adults
 50-59 Scouts = 5 Free Adults

PROGRAM FEE

Horsemanship	75.00
Poseidon's Odyssey	125.00
Primitive Cooking	25.00
Scuba Certification	200.00

FINAL PAYMENT

The balance of all early bird fees and a complete troop roster are due May 1st. All fees must be paid with cash, check or online. If the final payment is missed by the troop, they will be charged the regular camp fee.

REFUNDS

Partial refunds will be granted per the Central Florida Council's Refund Request Form that can be found online. Approved refunds may only be granted for up to 80% of the camp fee. Part of a Scout or leader's fee will be refunded only under one of the following circumstances:

- Individual illness or injury with physician's note
- Death or serious illness in the immediate family
- Relocation of the family outside of Central Florida Council or outside of home Council.

PROVISIONAL

Camp La-No-Che provides a Provisional Troop with a Scoutmaster and assistant scoutmaster for all six weeks of camp. The Scoutmaster and Assistant Scoutmaster are hired by the Central Florida Council and will not hold any other camp positions. This provides an opportunity for boys to attend camp who are unable to attend camp with their troop. Any troop sending four or more boys to the provisional troop or a specialty week will be expected to provide an adult to assist with leadership. Questions concerning this issue may be directed to the camp office.

Thursday night is parents' night. For a \$7 charge, you are welcome to have dinner with your son and see a special program, additional information will be provided on the family night section. Thank you for letting your son have the opportunity to attend camp.



Recommended items to bring to camp

- Enough clothes for a week at camp, including plenty of socks. Lots of walking and blisters are common.
- Closed-toe shoes are to be worn at all times, and a spare pair of shoes is important!
- Field ("Class A") uniform, A Scout should travel in field uniform, wear it to dinner each night, and photo taken.
- Swim suit and towels
- Cotton Pants/shorts for Adventure Camp and/or long pants, long sleeve shirt and leather boots for welding class
- Toilet articles: soap, toothbrush, toothpaste, comb, etc.
- Raincoat or poncho, Flashlight
- Compass, Insect repellent, Pocket knife
- Sleeping bag or sheet and blanket. We will sleep on cots. For his sleeping comfort, bring a mosquito net.
- Scout handbook, merit badge books, paper, and pens
- If taking the Big Stump hike, your child should bring clothes and shoes that can be thrown away afterward.
- Spending money (No large amounts of cash)
- Locked trunk to store everything (or at least valuables)

Please DO NOT send unnecessary items to camp that might get broken, lost, or stolen. Label everything he does bring. Thank you for allowing your son to come spend the week with us at Camp La-No-Che!

Yours in Scouting,
Camp La-No-Che Management

FAMILY NIGHT

Family Night has been planned to provide parents of campers an opportunity to visit program areas, camp-sites and camp facilities. Families are also invited to pre-purchase dinner Tickets at the Family Night check in kiosk located in our front office. Our Family Night showcase program is our Pow-Wow in the Native American Village. During our Pow-Wow you will be able to enjoy all that Native American Village has to offer and watch a Native American Pow-Wow!



Family Night will be on Thursday evening. You can arrive at camp anytime after 4:30 P.M. Attend evening flag and eat dinner with your son, then participate in the evening Pow-Wow program at 7:00. The cost for the meal will be \$7.00 per person. Tickets can be purchased upon arrival. Cub Scouts and girl scouts in uniform eat free.

2017 Family Night Schedule		
Time	Activity	Location
4:00 - 6:00 pm	check in/buy meal tickets	Camp Office
4:45 - 7:00 pm	Tour Camp with troop	Camp
4:50- 5:50 pm	Dinner	W.T. Bland Dining Hall/Campsites
5:30 - 8:00 pm	Tour Native American Village	Native American Village
7:00 pm	Pow-Wow*	Dance Arbor
After Pow Wow	Cracker Barrel	W.T. Bland Dining Hall

*If weather becomes an issue, and we are unable to hold our scheduled program, we will hold an abridged Pow-Wow in the Dining Hall.

POLICIES

Scouts, Scouters, and visitors will be expected to exemplify the Scout Oath and Law while in camp.

Adult Leadership: Unit Leaders should arrange for qualified leadership from your troop to accompany the Scouts to camp. Each troop must have a 21 year old registered leader present at camp and that leader must be current on the Boy Scouts of America Youth Protection Training while at camp. All adults must have completed the BSA Youth Protection Training and have a copy of their training card. At least two adults must be at camp at all times.

Smoke-Free Policy: Boy Scouts of America is to provide a smoke-free environment for all Scouting participants. Therefore, smoking is not allowed at La-No-Che in the presence of youth or in buildings. You may smoke only in the designated adult break area behind the trading post. **This includes Vaping.** Thank you for your assistance!

Alcohol & Drugs: Possession or use of any alcoholic beverages, illegal drugs or the misuse of any prescribed drug is expressly prohibited. Groups or individuals found in violation of this will be asked to leave camp immediately.

Visitors: Safety is paramount at La-No-Che! We ask that every parent or family member must check in at the Administration Building upon arrival.

Vehicles: To protect our camp and the Scouts, we ask that all vehicles be parked in the main parking lot. Only on Sunday and Saturday, vehicles will be allowed to transport gear to and from the campsite. Troops will be permitted to park their equipment trailer in their campsite, but no other vehicles are allowed at the campsite, including motor homes. Only the Camp Director can authorize vehicles in campsites. No exceptions, please!

Cell Phones/Electronic Devices: Scouts should not have a cell phone out in Merit Badge/program Sessions. If your Scouts want to bring their electronic devices they are more than welcome. They will be able to charge them at their campsite pavilion. They will have access to wifi for email, Facebook, Twitter and other social media sites.

Armbands: As part of the youth protection and camp identification policies all Scouts and Scouters that are staying must have an armband at all times. If your armband is lost you may replace at the admin building.

Damaged Equipment: Scouts are expected to take care of all equipment they use. Sometimes, however, equipment is damaged and it needs to be replaced or repaired. If equipment is misused by the troop, the cost of any damaged equipment will be settled before the troop leaves camp on Saturday. Damages to equipment should be reported to the Camp Commissioner.

CHECK IN

Check-in begins at 11:30 am on Sunday on Boy Scout Road in the parking area. Please stay in your vehicles in line and we will check you in from your vehicle. No troops will be checked in before 11:30 am. If you are unable to arrive by 2:00pm, please notify the camp office to make other arrangements.

Please have the following forms ready at check-in:

- Check in will be on Boy Scout Rd. Please line up as you arrive to camp.
- We will need to know all names of youth and adults coming to camp at check in as it will be done electronically
- Completed medical form for each youth and adult, properly signed. (Do not send Medicals in binders or plastic sheet protectors. Only bring the forms for the youth and adults that are at camp. Do not attach any other signed forms to medical. Those need to go to the class with scout.)

You will then be assigned a staff guide to assist you in the following check-in process from start to finish:

- Troop will then go to campsite to unload (not set-up campsite), Inspectors will inspect camp with unit leaders.
- Troop will change into full field uniform "Class A", with bathing suits tucked underneath
- Troop will then walk to take troop photo at Dining Hall
- If you are new to camp and want a general tour around La-No-Che, please ask your guide
- Troop will then be taken to Pool Pavilion to take swim check (if Swim checks were done prior to camp, Leader needs to bring form to pool to verify)
- Troop will return to your campsite to unpack and get ready for a fun-filled week

ORIENTATION MEETING

There will be a meeting for all Senior Patrol Leaders and Scoutmasters on Sunday evening at 7:10pm in the Williams Family Pavilion. If the Orientation Meeting is missed make sure to attend daily Senior Patrol Leader and Scoutmaster meetings for information.

SUPPLIES/QUARTERMASTER

Supplies including brooms, plungers, hoses, and coffee pots will be in your campsite upon arrival. Your guide will inspect and inventory the supplies to ensure that everything is present. If you need anything else, visit the Quartermaster Hut. Hours and additional information will be provided at the SM/SPL meeting Sunday Evening.



Sunday Schedule

Time	Activity	Location
11:30 - 3:00 pm	Check In	Camp La-No-Che
4:50/5:05 pm	Red Wave Dinner/Green Wave Dinner	W.T. Bland Dining Hall
5:15/5:30 pm	Blue Wave Dinner/White Wave Dinner	W. T. Bland Dining Hall
6:30 pm	Religious Service	Franklin Cappleman Memorial Chapel
7:10 pm	SPL/ SM orientation meeting	Williams Family Pavilion
8:30pm	Campfire gathering (please bring troop flag)	Council Ring
8:45 pm	Campfire Show	Council Ring
10:30 pm	Camp taps/lights out	Campsites

CHECK OUT

Breakfast will be served at the dining hall between 7:00am - 8:00am Saturday morning. Troops can pack up equipment before and after breakfast. Remember that another troop will be using the campsite after you have left, so please be courteous to your fellow Scouts and leave the campsite in excellent condition. Units will need to complete the following tasks listed below.

Check-out Process:

- Pick up health forms from the Health Lodge after 1:00pm Friday afternoon
 - Pick up your check out packet from the Handicraft Pavilion at 7:30pm Friday evening
 - Saturday morning **Clean** your campsite and bathroom/ showers
 - Move personal and troop equipment to trailer / vehicle
 - Campsite inspection with camp staff
 - Receive Camp patches after campsite inspection is complete
- Hope you had a great week at Camp La-No-Che!

Check-out packet will contain the following:

- Upcoming camp information
- Merit Badge completion report
 - *Note- each troop should review all records, discrepancies are best corrected now by the Area Directors, rather than once you are home.
- Scoutmaster Merit Badge patches (if earned)
- Any certification cards for merit badges



Saturday Schedule

Time	Activity	Location
7:00-8:00am	Breakfast	W.T. Bland Dining Hall
7:30am	Send 2 Scouts to office courtyard for site inspection	Office Courtyard
7:30-9:00am	Check-out	Camp Wide

FACILITIES

The Leonard and Marjorie Williams Family Scout Reservation provides programs and easy access to facilities for people with special needs and disabilities. We will make every reasonable effort to meet the needs of all campers. Advance notice of special requirements is greatly appreciated. For assistance or further information, please contact the Camp Office.

CAMP SERVICE CENTER (FRONT OFFICE)

The Camp Service Center is located at the gateway entrance it houses the Program Office and Admin Office. Here you can get answers to any questions you might have about camp, settle any financial differences, register for summer camp and receive information on future events at Camp La-No-Che. Business hours during camp operations are as follows:

Sunday: 12:00pm to 8:00pm
Monday: 8:30am to 5:00pm
Tuesday: 8:30am to 5:00pm
Wednesday: 8:30am to 5:00pm
Thursday: 8:30am to 5:00pm
Friday: 8:30am to 5:00pm
Saturday: Closed

QUARTERMASTER HUT

The quarter master hut is located directly on the south side of the dining hall. Here is where you can pick up ice, toilet paper, trash bags, brooms, coffee supplies and other tools that might be needed here at camp. All tools are checked out to the troop and are charged to the troop if not returned. Contact the Camp Commissioner for project ideas that may be completed around camp.

FL HOSPITAL HEALTH LODGE

The staff at Camp La-No-Che takes the safety of its campers very seriously. Our Health Lodge is located in Dr. Philip's Park, just a few steps away from the Dining Hall. We are committed to providing friendly, helpful service to Scouts and Scouters with all kinds of health and safety needs. Whether it's cleaning a cut or scrape, lifting a camper's spirits after a rough day, or tending to more serious injuries, our fully-trained health officer takes great strides to make Scouts feel comfortable with any health needs they may have. To facilitate this care, the health officer is available in the Health Lodge 24 hours a day during your stay at camp.

LA-NO-CHE DINING

The W.T. Bland Dining Hall is a full service food facility located at the center of Dr. Philips park that is capable of feeding 1000+ Scouts and leaders a week. A licensed dietitian has reviewed the menus for balanced nutrition and portions for every scout and leader. The camp is divided into four color waves, each of which will eat together every day. Your group will go directly to the W.T. Bland dining hall during your assigned time and enjoy your meal in air-conditioned comfort.



SPECIAL DIETARY NEEDS

We want your stay at camp to be enjoyable. If Scouts and leaders need special meal substitutes because of dietary restrictions, please e-mail our dining hall operations directly at foodservice@camplanoche.com and on your camp registration at least 2 week before you arrive at camp so we can make necessary purchases.

TRADING POST

The Jack Jennings Trading Post. One section of the trading post is a store that features a complete stock of craft items, uniforms, Scouting t-shirts, souvenirs, Scouting materials and much more! You can also purchase numerous Camp La-No-Che memorabilia and take home souvenirs. Another section is the Concession Stand, which offers an assortment of refreshments such as pizza, hot dogs, ice cream, popcorn, candy, cookies, slushies and other new surprises. Store hours will be posted on the Trading Post. Cash, Credit card (min. \$5 purchase necessary) and checks are accepted.



La-No-Che

The Leonard & Marjorie Williams Family
Scout Reservation

Central Florida Council

41940 Boy Scout Road / Mail: P.O. Box 489

Paisley, Florida 32767

Phone: 352-669-8558

camplanoché.com




Campsites

Main Roads

Other Roads

Trails

Facilities



Hedrick's
Camp

stine Camp

Lake Norris

WEEK AT CAMP

Monday - Friday Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Location
6:00 am	Wake up					Campsite
6:50/7:05 am	Red Wave Breakfast/Green Wave Breakfast					W.T. Bland Dining Hall
7:20/7:35 am	Blue Wave Breakfast/ White Wave Breakfast					W.T. Bland Dining Hall
8:10 am	Camp Flag					Tipisa Flag Pole
8:30am - 11:25am	Merit Badge Classes					Camp
11:30/11:45 am	Red Wave Lunch/Green Wave Lunch					W.T. Bland Dining Hall
12:05/12:25 pm	Blue Wave Lunch/White Wave Lunch					W.T. Bland Dining Hall
1:30pm - 4:25pm	Merit Badge Classes					Camp
4:30pm				Native Village Opens		Native American Area
4:50/5:05pm	Red Wave Dinner/Green Wave dinner					W.T. Bland Dining Hall
5:20/5:35pm	Blue Wave Dinner/White Wave Dinner					W.T. Bland Dining Hall
6:20pm	Camp Flag					Tipisa Flag Pole
6:30pm	Troop Time and Camp Challenges				Super Hero In-ter-Troop •Activities •Metal Detecting •Troop Games •OA Ice Cream	Dr. Philips Park/ Seneff Plaza
7:00pm				Pow Wow Bring Troop flags Cracker Barrel		Native American W.T. Bland Dining Hall
7:30pm					Merit Badge Q&A	Handicraft Pavillion
8:00pm	Movie in W.T. Bland Dining Hall					W.T. Bland Dining Hall
	Native Story Telling	Man Hunt	Night Hike			Native American Area
8:30pm					8:30 PM Closing Campfire Cracker Barrel to follow	Council Ring

MERIT BADGE OVERVIEW

Merit badges are important at Camp La-No-Che, but keep in mind there are many other activities in camp that are beneficial for Scouts. At camp, the staff is committed to delivering quality merit badge sessions where Scouts complete the requirements as stated. Our goal is that Scouts have fun and learn at the same time. Some of our pre-requisites are written work or items that can be completed at home prior to camp.

The online camp registration system is used for class signups and rosters. This is the best way to get your scouts signed up for the merit badges that they want to take. Camp management will be using this system, and making schedule adjustments where necessary. "Online Registration"

Scoutmasters note: Merit Badges are age specific. Younger Scouts should not enroll in Merit Badge sessions until they are academically and physically ready to succeed in completing them. Some examples are Environmental Science, Shotgun, Water Sports, or the Citizenship Merit Badges.

MERIT BADGE COMPLETION REPORTS

At the end of your camp week, La-No-Che will provide your unit with a printed, individual summary report of all merit badge classes attended and the status of completion. We do not issue "MB-Blue Cards".

SCOUT PREPARATION FOR MERIT BADGES

Learning and retention of information and probability of successfully completing a Merit Badge is significantly improved if scouts prepare prior to camp as follows:

- 1) Obtain the Merit Badge Pamphlet and bring it with you to camp. We do maintain a limited library of MB Pamphlets in the trading post for purchase.
- 2) Scan the pamphlet for key concepts and to see what's in it
- 3) Read in detail, taking notes on the things to be remembered. At camp, the material will be discussed, questions answered, and skills practiced. Proper preparation will result in more fun time at camp and foster good study habits for your scouts.

MERIT BADGES SESSIONS

Merit badge sessions are primarily held during 3 morning periods at 8:30, 9:30, & 10:30 and 3 afternoon periods at 1:30, 2:30, & 3:30. Session sizes vary based on safety requirements and the effective size for the skills to be learned. See website for actual class times.

ADVENTURE CAMP

At La-No-Che, we know that as boys grow and change, so do their interests. That is why we are continuing an exciting program for older Scouts called Adventure Camp. The Adventure Camp program is designed to expose Scouts to a higher level of camping adventure with everything from ATVs, Ziplining, climbing, and much more.

Climbing

ATV

Alpine Tower

Ziplining

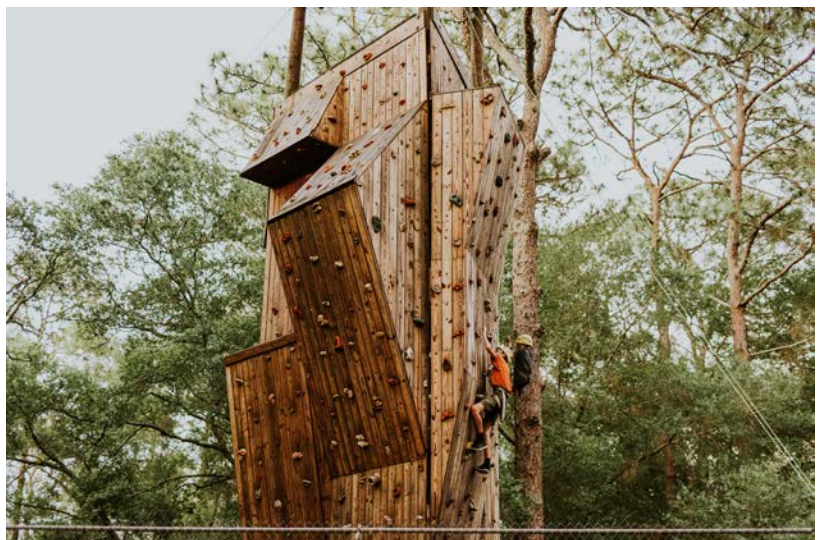
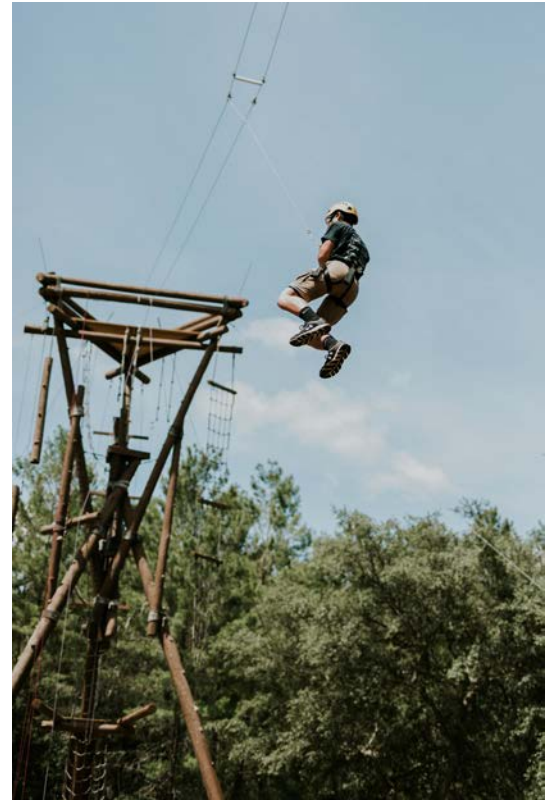
Horsemanship

COPE

Adventure Tower

Notes:

- Age restrictions do apply for some of these courses



AQUATICS

The Aquatics Area is one of the most popular areas in camp and features many activities other than the merit badge program. The aquatics area is proud to have a lake front that sits on our 2,352 acre Lake Norris and 2 swimming pools that feature a diving board and a 70ft long water slide.

Notes:

- All aquatic merit badges require Scouts to pass the BSA Swim test
- Shoes that can get wet are required for scouts wishing to take any Aquatics merit badges/ courses



Advanced Sailing*

Aquatic Supervision*

Canoeing

PWC

Instructional Swim

Kayaking

Lifesaving

Scuba

Motorboating

Rowing

Small Boat Sailing

Snorkeling

Swimming

Watersports*

*age restrictions see page () for more info



ECOLOGY

The Ecology Lodge's approach allows scouts to earn nature related merit badges while experiencing nature not sitting in a classroom. Scouts explore and learn about the diverse environment at Camp La-No-Che and at home.

Animal Science	Fish & Wildlife	Mammal Study	Soil &
Astronomy	Fishing	Weather	Water Conservation
Dog Care	Forestry	Oceanography	Veterinary Medicine
Environmental Science	Pulp & Paper	Reptile & Amphibian Study	

Notes:

- Most of these merit badges do have Pre requisits please refer to



HANDICRAFT

The merit badges offered in handicraft are a good start for many 1st year Scouts. The pride and satisfaction of making something with your own hands is a good lesson for a young Scout to learn. New Scouts always find success with the merit badges taken here; encourage them to pick at least one activity from this area.

Art	Journalism	Moviemaking	Sculpture
Animation	Leatherwork	Music & Bugling	Public Speaking
Basketry	Woodcarving	Pottery	Theatre

Notes:

- Animation, Leather Work, Woodcarving, Pottery, and Sculpture require kits to be purchased at the trading post.



HEALTHCRAFT

Athletics & Sports
Disabilities Awareness
& Public Health

Emergency Preparedness
Fire Safety & Safety
First Aid

Medicine
Personal Fitness



LIFE SKILLS

Automotive
Maintenance
Chess

Electricity
Electronics
Home Repairs

Painting
Photography
Plumbing

Radio
Welding



Notes:

- Electronics and electricity require kits from trading post

NATIVE AMERICAN VILLAGE

Come experience the only Native American Village in the Southeast at Camp La-No-Che, featuring Jim Sawgrass. Immerse yourself into Native American culture by walking through a Southeastern Native encampment complete with a Native Trading Post, Dance Arbor, Chickees, Weapon grounds, Primitive Cooking Hut, Native American Museum, Chickee Teaching Shelters, and much more. The Native American village staff will take you on a journey back into history before European settlement throughout your stay at Camp La-No-Che.

American Culture
American Heritage

Archeology
Indian Lore

Tracking*
Wilderness Survival

Woodsmen*
Primitive Cooking*

**Only offered at La-No-Che*



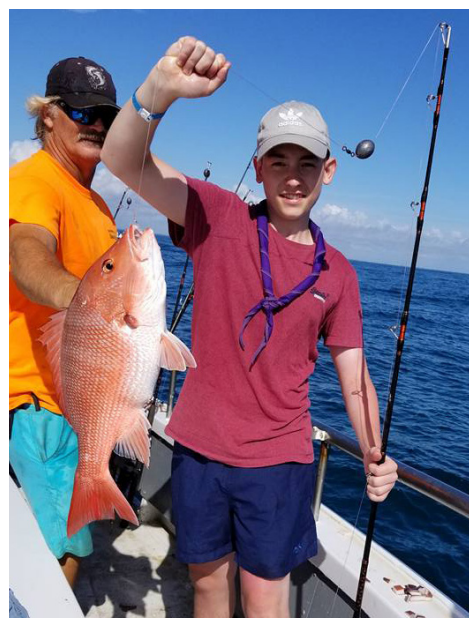
POSEIDON ODYSSEY

Poseidon Odyssey is a week long off site adventure program that gives you a taste of floridas hidden treasures. It is intended for those boys who have completed most activities offered at camp, but still want to attend summer camp for the week. Poseidon gives you the ability to return to camp and support your troop, while still participating in a fun and exciting week long program.



Suggested Gear

- swim suits
- towel
- sunglasses
- water bottle
- sunscreen
- back pack
- hat
- tennis shoes/ sandals



SCOUTCRAFT

Backpacking
& Hiking

Camping
Cooking

Orienteering
Pioneering



SHOOTING SPORTS

Archery

Pistols

Rifle

Shotgun



LEADERSHIP ACADEMY

Citizenship in the Community
Citizenship in the Nation

Family Life
Citizenship in the World

Personal Management
Scouting Heritage



S.T.E.M.

The Science Technology Engineering and Math (STEM) center encourages scouts to further their interests in STEM. The area offers activities ranging from environmental science to robotics. It continues to be a focus of current camp growth.

Nova Module Shoot
Nova Module Whoosh

Nova Module Start your Engines
Engineering
Signals & Codes

Digital Technology
Game Design
Space Exploration

Programing
Robotics



Notes:

- Space Exploration require rocket kits from trading post

TRAILBLAZER

Camp La-No-Che is excited to welcome Scouts who are at Summer Camp for the first time, and offer a place to jump start their basic Scouting skills required for Scout, Tenderfoot, Second, and First Class ranks. Using the Patrol Method, Scouts are introduced to the fundamentals of being a Boy Scout, and will leave Camp with more knowledge of that Rank. How much each Scout completes is up to him, and it is possible that different Scouts may complete more requirements than others.

There are three (3) stages to the redesigned program:

Pathfinder - Scout and Tenderfoot Rank

Voyager - Second Class Rank

Vanguard - First Class Rank

Notes:

- Not all rank requirements will be completed



ADVANCED PROGRAMS

At La-No-Che, we know that as boys grow and change, so do their interests. That is why we are always continuing to create new and exciting advanced programs for older Scouts to take during camp. These Advanced Programs are designed to expose Scouts to a higher level of camping adventure with everything from ATVs, Sailing, Primitive Cooking, and more.



La-No-Che Yacht Club Sailing (13+)

This course is designed to review concepts learned in the Small Boat Sailing Merit Badge, as well as introduce two-sail sailing and racing concepts. Participants will sail JY-15s and catamarans.

Project C.O.P.E. (14+)

Exciting and fun challenges are in store, as scouts 14 and up experience riding ATV's, climbing the Alpine Tower and attempting to conquer the new adventure Tower. Max class is 8. Only two 14-15 year old participants slots. Participants must meet age, height and weight limit requirements for appropriate sized ATV. All participants must complete and show proof of the on-line course at www.atvsafety.org. Click the ATV Safety E-course, once completed print the certificate and bring to camp.

ATV Adventure (14+)

This is a week long ATV safety class offered Monday-Friday 1:30-3:20 with a maximum of 8 participants. Participants must be at least 14 years of age or older to participate.

Participants must meet age, height and weight requirements for appropriate sized ATV. Age 14 to 15 years old will be riding 90cc ATV's with the max weight limit of 187lbs and 5'7", 16 years and up will be riding 250cc ATV's with the maximum weight of 231lbs. to 386 lbs. depending on the manufacture.

REQUIRED: *ALL participants must have long sleeve shirts, long pants and over the ankle boots. Participants must have valid proof of age either a copy of birth certificate or state issued ID card. ATV hold harmless form and rider rules form (found in 'forms' section of this guide) must be completed by parents prior to attending camp. No exceptions

Aquatic Supervision, BSA (15+)

Training for BSA Swimming & Water Rescue provides leaders with information and skills to prevent, recognize, and respond to swimming emergencies during unit swimming activities. Persons completing the training should be able to assess their preparation to supervise unit swimming events. The BSA recommends that at least one person with this training is present to supervise whenever a unit is at a location that does not have lifeguards. This training is open to any adult leader, Scout, Venturer, or Explorer who is age 15+ years old. The course takes approx. 8 hours and is valid for 3 years.

SCUBA Certification (14+)

Scuba programs at La-No-Che are brought to you through a partnership with Underwater Adventures. The Scuba program is a full certification program providing the Scout and adult leader an opportunity to experience a different sort of high adventure. Providing that the participant completes all the course requirements, they will have a P.A.D.I. Open Water Certification, and memories that will last them a lifetime. The participants are required to have their own set of mask, snorkel, fins, and booties of Scuba quality. (Sets purchased at Wal-Mart or Sports Authority are not suitable for Scuba diving.) The scuba participant will be required to have the State Park access fees of \$12.50 for each day of diving at week end. There will be two days in which the scuba participants will be diving at local State Parks. At times the scuba participants may want to eat off camp so please plan accordingly for these two days.

Woodsman (13+)

This program is an advanced outdoor survival class for Scouts who have completed Wilderness Survival Merit Badge. Learn Native American survival skills and practices, primitive weapons history, fire making, history of Seminoles, hide tanning, and flint napping. If you love the Native American Village you will love this class, and appreciate the Native way of life much more. In this program you will learn to make your very own survival sticks that you can take with you anywhere. If you are new to Camp La-No-Che and are unsure about taking this class, don't be it is one of camps most popular program and fills up quickly.

Primitive cooking (13+)

This program will let you dive right into traditional Native American cooking, farming techniques and the history of these meals. This class will meet every afternoon Monday-Friday 2:30-4:20 pm cooking and eating primitive treats. Additional cost of \$25.00 to register and pay online.

Personal Watercraft (14+)

Camp La-No-Che is an approved site for the Boy Scouts of America's National P.W.C. Program. Scouts will learn care and proper maintenance of safety equipment, P.W.C.'s, P.W.C. safety procedures, stewardship to the marine environment, basic operation and handling of a P.W.C. and navigational "rules of the road". **Scouts must be at least 14 years old, have earned the Florida Boater Education Card, have a Photo ID, with name, date of birth, and home address, and have the parent guardian sign a Hold Harmless Agreement to participate in the P.W.C. Program.**

TROOP ACTIVITIES

(Troop Time Scheduling will open on May 1st for on line sign ups)

Adventure Tower/Zip Line

Adventure Tower (Static Rope Course) is a new program area that has 18 challenges and 3 levels of Rappelling. Unlike any other event in Adventure Camp this will get your blood pumping.

Bouldering Wall

Can you make it around the wall? Camp La-No-Che sports a bouldering wall of varying difficulty. Challenge yourself or your friends to a competition, and enjoy this open-event throughout the week!

Troop Climbing

This activity is offered during each evening. For all climbing activities, shoes must be capable of being tied securely. Come work together and climb as a troop as you learn team building.

Horseback Riding

This great activity is fun for everyone! Learn the basics of horseback riding and take a real horse for a short trail ride around Camp Rybolt. Additional fee of \$10.00 per person .

Native American Museum Tour

A museum tour is great way to learn more about the artifacts that are on exhibit in the Native American Village. Set up a tour with the Native American Village, and sit back and be catapulted to a time long ago.

Stick Ball Demonstration

Ever wonder how La-Cross began, well come to the Native American Village and learn all about this game that is very similar to several Native American variations.

Bean Shooter War

Come battle it out and shoot beans out of a bean shooter at all your fellow scouts and scoutmasters.

Weapons

Come shoot actual blow guns, throw spears and tomahawks during this troop time activity. See what kind of shot you really are.

Pottery Class

The Native American Village brings you pottery at 7:00pm on Monday. For only \$.50 you can make something out of clay, and take it home to your parents as a souvenir.

Man-Hunt

Come put your Native American stalking and tracking skills to work in a game of Man- Hunt. Compete against your best friends and see who really is the hide and go seek master.

Native Dwelling Building

Bring with you materials that you find around camp, and we will provide the glue. Make a model dwelling of a Native American Structure. Some suggested building materials are sticks, rocks, and pine cones.

Soccer

Camp La-No-Che has a night sports program for Scouts and adult leaders on Monday nights at 7:00pm on the sports field. Staff will compete against Scouts and adults interested in playing soccer. **No cleats allowed**

Big Stump Trail

This trail is a tradition at La-No-Che. Expect a muddy two hour walk through the Blackwater Swamp to view an old first growth cypress stump and many natural areas of interest. To take this hike, report to the Ecology Lodge with two leaders and ample time to complete the hike before dark. Weekly changes in times may be invoked as water levels, and weather require. Wear old clothes and closed-toe shoes, preferably items to throw away after the hike. Nobody comes back in clean clothes and the mud usually won't wash out completely.

Cat Eye Trail

The Cat Eye Red Trail is an hour long trail that is marked with red reflectors and the Cat Eye Blue Trail with blue reflectors which the Scouts follow. The route uses existing roads and trails through the east side of camp to provide a challenge for everyone. Remember to bring your flashlights, look up and keep a sharp eye out for the red cat eyes.

Sulfur Springs Trail

Sulfur springs is a unique natural wonder of La-No-Che which is being preserved and protected. Because of this protection, you can experience this wonderful ecosystem which unfolds before you. Please do not damage any plants and trees along the way, but take lots of pictures. Please, remember that the spring is not a swimming hole.

Trapper Creek Nature Trail

This is an adventure in wetland forests and creeks that sometimes flow under two bridges. The wood ticks and mosquitoes may be a problem, so bring your repellent and spray your ankles. Hikers may see close to half of Camp La-No-Che's plant species on this trail along with many different types of animals. This trail will focus on identification, making it an ideal resource for Nature and Forestry Merit Badges and Trailblazer requirements.

Camp Wide Movie

Camp La-No-Che will be playing a movie in the Dining Hall Mon-Wed. A concession stand will be available for scouts and units to purchase snacks, including candy bars, nachos, popcorn, and soda. Units may also sign up for troop time pizza and ice cream socials online with troop time sign ups.

Pizza Social / Ice Cream Social

Pizza and Ice Cream are a great cracker barrel item for an evening snack. Both socials are available at the W. T. Bland Dining Hall Mon-Wed nights from 8:00pm until 9:30 pm. **There is an additional fee.**

Conservation Projects/ Service Project

If your troop is interested in doing a conservation project at camp, contact the Ecology staff for assistance. If your troop wants to plan a conservation project prior to coming to camp and would like to bring items to accomplish this task, please contact the camp at least one week before arriving.

Flag Etiquette & Retirement

How do you correctly hold a flag, fold a flag, raise/lower a flag, and retire a flag? Is your troop doing a flag ceremony for camp this week? Well come and see the correct way to practice all of these at this troop time activity put on by the Scoutcraft Area. You will leave confident and well informed.

Mile Run, BSA

In order to earn the Mile Run award, you must meet Wednesday night at 7:00 pm at the Healthcraft Pavilion. To complete mile run, it is suggested to prepare in advance as a unit prior to camp. The patch may be purchased at the trading post.

Orienteering Course

Need to brush up on your orienteering skills or just explore camp. Visit the camp office and go on the Buffalo Challenge Orienteering Course. It goes all through camp and will be an adventure you remember.

Troop Swim

Cool down at the coolest spot in camp, camp offers two pools equipped with a diving board and water slide.

Canoeing/ Kayaking

Enjoy paddling canoes and kayaks around beautiful Lake Norris. Unit size may be limited by the number of canoes available.

Totin' Chip/Firem'n Chit

These great programs are available during troop activity time at the Trailblazer Area.

Troop Shoots

Troop shoots in Archery, Rifle Shooting, and Shotgun Shooting are available during troop activity time. The ranges can handle a limited number of participants at a time.

ADULT ACTIVITIES

Camp La-No-Che offers many opportunities and activities for adults. We understand the sacrifice every adult makes to be at camp with their Scouts and we do what we can to help make their stay enjoyable and productive as possible.

TRAINING

Aquatic Supervision, Safe Swim Defense, Safety Afloat, Scoutmaster and Assitnat Scoutmaster Specifics, Intro to ourdoor leadership Skills, Troop committee Challenge, Merit badge Counselor training, Nova Counselor and Super Nova Mentoring, Dutch Oven Cooking.

ACTIVITIES

Dutch Oven Class, Night Owl Program, Scoutmaster/SPL Rifle Competition, Scoutmaster/SPL Splash and Dive, Tracking, Woodsman, Primitive Cooking, Elite Woodsman, Board games etc. available at quartermaster.



SCOUTMASTER LOUNGE

We are proud to offer our Air Conditioned Scoutmaster lounge as a place for adults to relax, use our Wi-Fi, or play a game of cards. Be sure to pack your laptop or iPad!

SCOUTMASTER STEAK DINNER

Each troop's Scoutmaster is invited to attend a dinner hosted by the Central Florida Council President and Scout Executive. You'll be able to ask questions and give suggestions on camp and council activities. The dinner will be held Wednesday at 5:00 pm at the Williams Family Pavilion (Scoutcraft). 1 Leader per unit. Additional leaders will be \$5.00 extra. Remember there needs to be adults with your scouts.

COFFEE WITH THE COMMISSIONER

Every morning right after breakfast (Mon-Fri), all Scoutmasters and Leaders are invited to Coffee with the Camp Commissioner in the W.T. Bland Dinning Hall at 8:45am. This meeting will provide a chance to gain information about camp as well as provide input about your troop's summer camp experience at Camp La-No-Che.

OA Night

Scouts and Scouters are encouraged to bring their sashes to OA Night. Tipisa Lodge will host an ice cream social each Friday evening featuring an ice cream fellowship for all Arrow men and campers. Tour the OA museum and participate with camp La-No-Che area challenges and Fun!

SAFETY & EMERGENCY

SAFETY RULES

- Closed shoes must be worn at all times. Open shoes, flip flops, or sandals may be used between campsite and Latrine.
- No fireworks or privately owned firearms are permitted on council-owned property.
- One fire is permitted per campsite in the fire ring. Do not use pine cones, pine needles, Spanish moss, kerosene, or gasoline in the fire. While burning, the fire must be attended at all times. Before leaving the fire, water must be used until the fire is completely out and the ashes are cool. No flames or fires of any kind are permitted in tents.
- Cooking must be done at least twenty feet away from tents and buildings. Propane and liquid fuels may only be used under supervision of adults. No gasoline is to be used. Fuel is to be stored away from tents and buildings. Since raccoons can lift lids and open simple latches, food should be stored in containers with secure lids.
- All bicycle riders must wear safety helmets, and extension cords may be used only inside buildings.
- Camouflage is highly discouraged at Camp La-No-Che.

VALUABLES

The Leonard and Marjorie Williams Family Scout Reservation management and staff will not be responsible for individual camper or troop valuables while at Camp La-No-Che. Use these tips to avoid any losses:

1. Advise Scouts to bring as few valuables as possible and encourage Scouts to use locked trunks.
2. Organize a troop bank system with the leader as the banker. DO NOT carry large amounts of money.
3. The camp leader should bring a lock box with them.
4. Move your unit to activities as a group. Never leave one or more Scouts at the campsite alone.
5. Advise your Scouts not to walk through another unit's campsite.
6. When using the pool or boats, lock all valuables in the campsite or in vehicles to ensure their safety.

EMERGENCIES/MEDICAL SERVICES

In case of a medical emergency of any type, go directly to the Florida Hospital Health Lodge. All Scouts and adults must complete the official Annual BSA Health and Medical Record (form #680-001, parts A, B, C), part B requires parent signature and part C a physician's signature. They must be completed within 12 calendar months before arrival. These forms must accompany all Scouts and leaders to camp, including all adults staying one or more nights. Please make copies of the appropriate forms for all boys/adults in your troop, it is required that you include a copy of the Scouts health insurance card with medical form. Failure to comply with health form requirements will cause the person to be sent home. A resident Health Officer is available at all times to deal with accidents and sickness. He or she is not a medical doctor but is qualified to administer first aid and deal with emergencies and minor sickness.

The Central Florida Council does not provide sickness and accident insurance for out of council units.

WEATHER

The weather in Central Florida is usually sunny and temperatures are usually in the mid 90s. During the summer, we get a number of short, severe thunderstorms. These thunderstorms frequently produce dangerous lightning. Please remind Scouts of the danger of lightning and discuss precautions to take during the storm. All outdoor programs are canceled during lightning storms. Arrangements are made to make up work missed due to canceled classes.

WATER AND ICE

Scoutmasters are encouraged to stress the importance of drinking plenty of water during the day. This helps to avoid heat exhaustion. There will be water available in each of the program areas. Units are encouraged to bring a cooler and may get ice from the Quartermaster Hut ice maker. No coolers are provided by The Leonard and Marjorie Williams Family Scout Reservation.

POINTS OF INTEREST

Dollar General

24959 County Rd 42
Paisley, FL 32767
(2 Miles)

Save-A-Lot

933 North Central Avenue
Umatilla, FL 32784
(8 Miles)

GROCERY

Publix

18955 US Highway 441
Mount Dora, Florida 32757
(11 Miles)

Walmart

U.S. 441
Mount Dora, FL 32757
(12 Miles)

Lowe's

18795 U.S. 441
Mount Dora, FL 32757
(11 Miles)

HARDWARE

Home Depot

10825 U.S. 441
Leesburg, FL 34788
(17 Miles)

Pizza Hut

939 North Central Avenue
Umatilla, FL 32784
(8 Miles)

PIZZA

Nicky D's Pizza

356 N. Central Ave.
Umatilla, FL 32784
(8 Miles)

Paisley Mart

24937 CR-42,
Paisley, FL 32767
(2 Miles)

GAS

Kangaroo Express

42404 Florida 19
Altoona, FL 32702
(8 Miles)

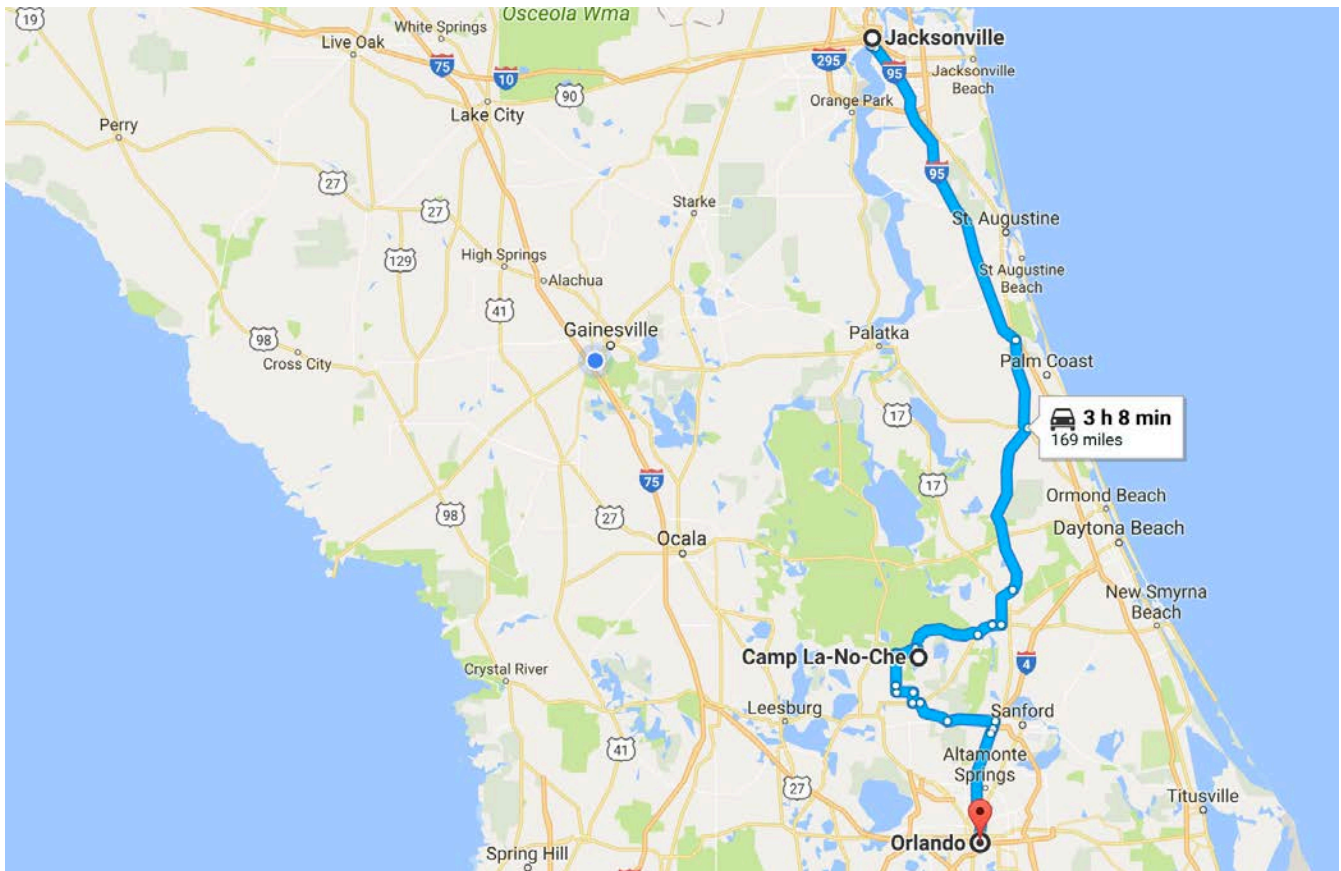
Florida Hospital Deland

701 W Plymouth Ave
Deland, FL 32720
(15 Miles)

HOSPITAL

Florida Hospital Waterman

Waterman Way
Tavares, FL 32778
(21 Miles)



Directions From Orlando to Camp La-No-Che

1. Ramp forks, keep left to Mount Dora(SR-46) (EXIT 101C)
 2. Turn left on W State Road Sr-46
 3. Road forks, keep right to County Road 46A
 4. Turn left continuing on State Road 44
 5. Turn right on County Road 439
 6. Turn right on County Road 42
 7. Turn right on Maggie Jones Rd
 9. Take right onto Boy Scout Rd
- 41940 Boy Scout Rd, Paisley, FL 32767, US

Directions from Jacksonville to Camp La-No-Che

- Follow signs for 1-95 S and merge onto 1-95 S 1.
- Exit onto SR 92 West (exit 261B) toward Deland 2.
- Turn left onto N Spring Garden Ave 3.
- Turn right onto FL-44 W 4.
- Turn Right onto Co Rd 42 W. 5.
- Turn Left onto Central Ave. 6.
- Turn left onto Maggie Jones Rd. 7.
- Turn right onto Boy Scout Rd 8.
- 41940 Boy Scout Rd Paisley, FL 32767 9.

#LANOCHE



In addition to our traditional website, Camp La-No-Che is keeping up with the times and we are on Facebook, Twitter, and Instagram! Make sure you like or follow us on all three to always stay on top of what is going on at camp, whether you're here or not!

During the summer, we'll use our twitter account to help keep you updated on program alerts. Our official hashtag for the summer will be #LaNoChe2018 (if you're not sure what this means, just ask your scouts) and we hope that you'll use it to share all the pictures you take with us!

We recognize the importance of keeping our scouts involved with what is going on at camp and not glued to their phones the whole time but, like at Jamboree, we ask that you consider allowing your more responsible scouts (who won't lose or damage their phones) to bring and use their phones to share their camp adventures with their friends back home. Depending on your cell carrier there is limited cell coverage around camp, frequently better coverage around the lakefront and Dr. Phillips Park. There is public Wi-Fi at the dining hall and a few other places around downtown camp. A password and usage policies for the Wi-Fi will be shared with you at the Sunday afternoon leaders meeting.

Along with the Camp La-No-Che accounts, Central Florida Council is online too! Our council has an official Facebook and Twitter page, along with various other accounts for our districts. Make sure to check out all of our official accounts below!

	Camp La-No-Che	Central Florida Council
Facebook	fb.com/camplancoche	fb.com/CFLscouting
Twitter	twitter.com/CampLaNoChe	Twitter.com/CFLscouting
Instagram	instagram.com/camplancoche	

