Suggested Equipment List for the Weekend

Personal Equipment

* Section A and B of BSA Medical form
* head-lamp with new batteries (and spare batteries)
* hot spot kit (moleskin, small scissors, foot powder, body-glide, band-aids)
* pocket knife
* compass
* one quart/liter water bottle
* rain suit
* hiking boots
* BSA Field Uniform pants
* BSA Field Uniform shirt
* bandana
* hat
* Polypro jacket 🡺 something heavier if cold weather expected
* Long underwear 🡺 if cold weather expected
* knit cap or head-over
* gloves
* sleeping bag in double protected stuff sack
* sleeping bag liner (personal preference)
* sleeping pad
* sleep clothes
* hygiene kit
* mess kit – **no paper or disposable plastic** (shallow plastic/metal bowl, plastic mug, metal spoon will do)
* tent with ground cloth
* lighter or waterproof matches
* personal toilet paper in a Ziploc bag
* camp chair
* whatever spices you like to use
* whatever drink mix (coffee, tea, etc.) you like to use