

# Course Descriptions

50 Minute Sessions	
12 Core Values (New)	Do you know the 12 core values of Cub Scouting? Did you know that they align to the Boy Scout Law. We will talk about the core values and how to use them in your program to help build character and enhance your program.
Ages and Stages	Explore the emotional, social, physical and intellectual stages of growing boys and how the Cub Scouting program changes as they grow.
A Practical Guide to Working with Other People's Children	Being a den leader and having to manage other people's children can be a challenge ... for you and them. We will talk about some of the concepts about the dynamics that can help you and your scouts feel successful in the Cub Scout journey.
Camp Synder: A Program Resource	Let our Camp Synder expert give you great ideas on how you can use the Camp to enhance your Pack or Den activities and create lifetime memories
Ceremonies	There can be more to an opening ceremony than just the Pledge of Allegiance. Let us give you a lesson on why ceremonies are important and how to plan and execute great ceremonies.
Cub Mastering	Is it a Science or an art? Is it a skill or a Talent? Putting on great Pack Meetings takes planning, Organization and execution. We explore lot of ideas to help you become a master at Cub Mastering
Cub Scout Awards	There are lots of awards and patches Cub Scouts can earn: the BSA Crime Prevention Award, the BSA Family Award, the World Conservation Award, just to name a few. Learn how to integrate the supplemental awards into your den program
Cub Scout First Aid (New)	From minor cuts to severe bleeding, from broken bones to choking to bug bits and bee stings, let our expert teach you how to react to help you help the injured.
Cub Scout Mental Health (New)	This overview course will prepare you to understand some of the mental health issues impacting our youth today. While this course is not designed to teach you how to be a mental
Cub Scout Uniforming	Is it a Class "A"? Class "B"? Field or Activity Uniform? Having difficulties figuring out where The pins and patches go. What to build a "uniform closet"? Our uniforming expert will cover all these things and more!
Cubs Can Go Climbing	Cub Scout boys like to climb! They climb ladders, fences, trees ... and even a climbing wall, if you take them to one. If you go climbing as a den/pack activity, our expert climber will give you an overview of what to look for in a climbing facility, the dos and don'ts when they climb and things you must do to keep climbing boys BSA safe.
Dealing with Difficult Parents (New)	Parents ... they can be a great help or a great hindrance. Parent management is one of the most unenviable jobs of any den leader, new to the job or not. Whether it is interacting with an angry or hostile or aggressive parent, we will discuss strategies on how to defuse the situation so that they realize you have their Cub Scout's best interest at heart.
Den Dynamics	.What makes a good den? Along with the basics of den structure, we will focus on how a successful den starts off and bonds the scouts. We will show you how to help your scouts take ownership of the den and some of the successes and failures along the way.
Duty to God	.Learn how to plan an Interfaith Service for your pack overnigher or Webelos den campout. We will show you the resources available for putting together a simple interfaith program and have it led by your cub scouts. Learn about the Religious Emblems program offered by P.R.A.Y. and the "Duty To God" programs
Evaluating your Pack	Is your Pack the best it can be? Have you always wondered what changes you should be making to be better at doing Cub Scouting? Come and we will discuss how to do a self -assessment of your Pack's operations.
Event Planning (New)	So, you have been asked to plan a pack or District Cub Scout event. Where do you start? Who can you call? What do you consider? We will show you the ABCs of event planning...for 35 or 350!
Family Scouting	Changes! They are happening all around us. This year families can choose to sign-up their sons and daughters for Cub Scouts. Confused about the process? Do you hear different things on the same topic. We will give you the answers to your questions about family scouting and in the process help dispense with the misinformation.

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Flag Ceremonies	How much do you know about displaying Old Glory? Let us show you how the proper way to show respect for our nation's flag. We will even show you a few great flag opening and closing ceremonies.
Games with a Purpose	You'll participate in and learn to facilitate team building games. These initiative games focus on communications, problem-solving, trust, planning, leadership, goal setting, and cooperation. These are not physically strenuous games but they are certainly challenging
Gathering Activities	Get your den or pack meeting off to a great start by using a gathering activity. Gathering activities are one of the little things you can use to put PUNCH into your meetings and give a touch of spice that adds to everyone's enjoyment.
Geocaching with Cub Scouts	We will show you how to use the growing sport of Geocaching to enhance your Cub Scout program. This course introduces you to the fundamentals of Geocaching and how to apply it in your Cub Scout Den or Pack to promote membership, retention, advancement, and public relations
Give Your Leader Recognition	What are the Scouter square knot awards all about? Come learn about the square knot award requirements for each and how you can apply for the square knot award to recognize the leaders in your pack.
How to Plan a Cub Scout Campfire!	Learn the steps for planning a successful campfire program with songs, skits, stories, and run-ons. What if you can't have an open flame? Don't let that stop you from having a campfire! Learn how to create an exciting outdoor and indoor campfire program, and gain firsthand experience being part of a campfire program.
International Scouting	Did you know that by 2023 Scouting will be the world's leading educational youth movement, enabling some 100 million young people to be active citizens creating positive change in the communities and in the world based on shared values. Impressive, huh! Come learn more about International Scouting.
Keep Those Leaders Motivated	Understanding the reasons why people volunteer are keys to keeping them motivated and productive. Our motivational expert will help you discover the techniques to get the best from your leaders and parents involved, while meeting their expectations as volunteers.
Knots Knots Knots!!	Wondering what KNOT is that KNOT? Come grab a piece of rope and learn to teach your scouts the knot requirements to fulfill the achievement and elective requirements in the Webelos, Bear, and Wolf handbooks. Learn how to make knot tying FUN!
Lands of Goshen Scout Reservation	PMI and Ross is the place to be with your Webelos Scouts for a week in the summer. Let our expert tell you all the adventures that are available for Webelos Scouts or a week's stay during the summer.
Menu Planning From Food for Scouting	Gain an understanding of how food allergies, religion and auto-immune diseases can cause scouts and their families to be separated from their units. We will talk about how to accommodate their menus at events and while camping.
Outdoor Ethics for Cub	The Leave No Trace Award for Cub Scouts is designed to introduce Cub-age boys to the Principles of Leave No Trace. We teach you the LNT principles and how to present LNT Principles to Cub Scout aged boys.
Pack Communications	What information should be communicated within the Pack? What's the best way to communicate? Are there any tips on how better to communicate? What about emails and websites? Are there rules and guidelines concerning communication? Come find out as we explore together how we can improve and expand Pack Communications.
Pack Dynamics	The next step in planning the pack program. Not just the activities that make a pack succeed but the structure; leadership planning; guidelines of behavior....and more.
Pack Pizzaz	Raise the roof and your Pack spirit with cheers, skits, songs, and run-ons. Come learn how you can put PIZZAZZ in your pack program!
Planning the Webelos Program	How a Webelo Scout spends his last months as Webelos Scout determines his success as a Boy Scout. We discuss program planning and pacing, outdoor activities, and other Webelos activities that can improve his success.
Put'n on a Blue and Gold	Have you been asked to be Chairman of your Pack's Blue and Gold Banquet, but haven't the foggiest idea where to start or what to do. Well, we'll explore the mechanics and logistics of a Blue and Gold together: from meal options to entertainment ideas, from site selection considerations to

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Revitalize your Pack	Is your "Pack Pooped"? Is your membership dropping and your program drooping? We'll show you how to give your unit a "shot in the arm" with lots of ideas on how to "Pep Up Your Pack".
Scout Book: An Introduction (New)	Get a bird's eye view of a valuable tool and resource that will help you with the day-to-day management of your unit and give you what you need most: TIME.
Spring into Spring Recruiting	When we think about Spring, we think about Spring recruiting and what it can offer your unit in attracting new boys, eyeballing potential new leaders for the fall, get families excited about scouting...just to name a few. But it is more than that! We will talk about YEARROUND RECRUITING and how to turn events and activities into successful Recruiting Campaigns and the resources to grow and strengthen your unit's recruiting efforts.
STEM Scouts, a NCAC Pilot Program (NEW)	STEM Scouts is a new pilot BSA program to help young people develop leadership and communications skills that will help them in school and in future careers in a fun, fast-paced weekly hands-on lab sessions.
Tips and Tricks	This course has something for leaders of every stripe. Intended especially for those seeking to motivate den, pack, committee, and parent meetings. Course instructors identify resources, highlight techniques, and give Scout Leaders a compendium of helpful hints and likely methods to energize their charges whether they be scouts or parents. Course covers scouting traditions and history, den discipline and enough general "how to's" to ensure meeting success.
Training Opportunities at NCAC	Do you get confused when you look at NCAC's training calendar. Are you not sure what training is for who and what you should be taking. Our training expert will take all the mystery out of all the training opportunities available to you.
Using STEM in Cub Scout Advancement (New)	Science, Technology, Engineering and Mathematics offers an abundance of opportunities to help Cub Scout advance in their ranks. If you want to know how, come to this course!
Using your Den Chief	You want to know how to best use a Boy Scout serving as a Den Chief to take your Den program "over the top". We will give you the secrets of what a Den Chief can do for you!
Walking the Midway	Here is your opportunity to stroll the vendor midway for 50 minutes exploring what they have to offer. There is no instructor ... you are your own midway guide.
What's a DE?	Here is your opportunity to learn what a DE can do for you, your unit, your district and the council. Our DE will explain his role and the resource he has at his finger-tips to help you become a better leader.
Where to go and what to see! (New)	Our travel agent expert will give you all sorts of ideas of places to go and things to see that you can use for Cub Scout Advancement or just an outing with the boys.
Who's Who on the Pack Committee	The Pack Committee ... it's the backbone of every strong Pack! We talk about roles and responsibilities of its members and what the committee does to get the job done.
Your Best Friend: The Commissioner (New)	Did you know a Unit Commissioner can be your single most important resource to building a better program, solving a parent or scout communication or behavior problem ... or just be there as a sounding board. Let our Commissioner explain what being a Unit Commissioner is.

## 1 1/2 Hour Sessions

Safe Swim Defense and Safety Afloat	Considering a summertime swim activity or boating activity is a great way to keep your unit active and enjoy Mother Nature. But...do you know how to take Cub Scouts swimming or boating and to be safe? Our aquatics expert will cover the BSA principles behind Save Swim Defense and Safety Afloat. Successful completion of this session will certify you for 2 years to conduct swimming activities.
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## 2 Hour Sessions

Box Ovens and More	Have you ever wanted to learn how to make a box oven? Don't miss this hands-on course that will have you eager to show our scout how a cardboard box can be made into an oven for your next cooking adventure. We will provide the materials. (This course has limited enrollment.)
Charter Organization Representative Training	Position Specific Training is offered for Charter Organization representatives. This training will help you understand what it takes to assume a leadership position in Cub Scouting. Bring your BSA membership number to get credit for this course. (This course is 1.5 hours long.)
Dutch Oven Cooking	A Dutch oven is such a versatile cooking tool that when you bring one to camp or an outing, it's like bringing the kitchen from home. It can be used to fry, sauté, bake, stew, roast or slow cook — any time of day and for nearly any type of meal. It's not uncommon for a single recipe to involve several cooking methods using the same oven. Sound tricky? It's not and we will show you why!
It's about the Science	A course designed for the entry level den leader (no scientists or engineers, please) who wants to spark boy's imaginations and curiosity about the world around them and how it works. This is a two-session course. Our focus is the Physical Sciences in this session.

STEM: Counselor and Mentor Training	This course is intended to provide scouts who want to be Nova Counselors and Supernova Mentors with an introduction of their responsibilities before they begin working with Scouts.
STEM and Special Needs scouts	Do you know you can use STEM to enhance the scouting career of youth with physical and developmental disabilities or cognitive challenges? Many of these scouts may take more time to satisfy rank requirements. We will discuss how to use STEM activities to help special needs scouts develop an interest in Science, Technology, Engineering, and Mathematics and the
Whittlin Chip	Blood Circle...what's that? In this course, learn the fine art of teaching cub scouts how to use a pocket knife...safely while they earn their Whittlin' Chip Pocket ... and in this session, we'll tell what a Blood Circle is!

AM/PM Sessions	
Cub Scout Den Leader Specific Training	Specific position training is offered for Tiger Cub, Lion, Cub Scout Den Leaders (Wolf and Bear), and Webelos Leaders, and their assistants. This training will help you understand what it takes to assume a leadership position in Cub Scouting. Bring your BSA membership number to get credit for this course. (This course is 1.5 hours long).
Cub Master Leader Specific Training	Specific position training is offered for pack Cub Masters and their assistants. This training will help you understand what it takes to assume a leadership position in Cub Scouting. Bring your BSA membership number to get credit for this course. (This course is 1.5 hours long).
Den Chief Training 201	Just for Boy Scouts! This all day course will give you the tools and skills to successfully work with Cub Scout aged boys and assist the den leader on putting on a terrific program. This course is further hands-on training to the on-line training. A <u>Den Chief Handbook</u> is required for the course.