



## **V3 HIKE-O-REE** October 27-29, 2017



The 28th Annual V3 (Venturing, Varsity, and Venture) Hike-o-ree will be held October 27-29, 2017, at the Northern Virginia 4-H Educational Center, Front Royal, VA. Registration is limited to trail capacities of the fifteen trails. The Hike-o-ree is open to all **Scout units including Venturing Crews, Sea Scout Ships, Varsity Teams, Boy Scout Troops, and Girl Scout Troops.**

Units are encouraged to form trail crews consisting of no more than twelve members, including at least two adults. **Participation minimum age for Boy Scouts and Girl Scouts is 13 years old as of January 1, 2018.**

BSA units submit an online "Tour and Activity Plan" and meet the safety requirements therein. All BSA Scouts and Scouters that hike must bring a current BSA Annual Health and Medical Record (2014 edition), parts A, and B, and meet the weight limits on part C.

Girl Scout Troops are required to have at least one leader trained at the 200 level, a first aider with current CPR certification and a sufficient number of adults to meet the girl adult ratio requirements of Safety-Wise. Training at the 250 or 260 level would provide beneficial information for this event, but is not mandatory. Girl Scout Troops submit a 'Request for Council Approval' form to Girl Scout Council of the Nation's Capital.

Trail crews will be assigned a hike based on the preferences indicated in their registration. All hikes are approximately ten miles in length and range in difficulty from moderate (1500 foot change in elevation) to super strenuous (2600 foot change in elevation). Other Hike-o-ree activities include a Friday night opening rally, a Saturday night **High Adventure Rally**, and a service project on Sunday morning. **Camping at the 4-H Center is BACKPACKING style using ONLY backpacking equipment. Do not bring chuck boxes, coolers, Dutch ovens, propane tanks, camp lanterns, or lawn chairs!!! Bring ONLY what you can carry in your backpack.** Crews receive their Hike-o-ree t-shirts Saturday night.

Registration on a **FIRST COME, FIRST SERVED BASIS begins on September 1, 2017**, on the BSA National Capital Area Council website. An initial unit deposit is required to reserve a particular hike **not later than October 6, 2017**. After you register for a hike and pay your deposit, you will be sent a confirmation email with the leader's package and detailed information about the hike you have selected. Because of the lead-time required to produce the t-shirts, the final date to provide shirt numbers and sizes (S, M, L, XL, 2XL) is October 13. **NO ADDITIONAL ORDERS CAN BE TAKEN AFTER THAT DATE.** The remaining balance, including fees for any no-shows, is also due on October 13. Submit payment and final shirt orders online on BSA National Capital Area Council website. The cost of the Hike-o-ree is **\$18.00 (\$20.00 for size 2XL shirts)** per participant.

### **For additional information contact:**

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- Hike #1 - White Oak/Cedar Run Canyon  
Length: 9.7 miles      Driving Distance (one way): 42.9 miles  
This hike goes through two of the deepest and steepest ravines in the Shenandoah National Park. Both canyons have waterfalls, cascades and high cliffs.  
Superstrenuous      Elevation change: 3200 feet  
PATC Map: 10
- Hike #2 - Robertson Mountain  
Length: 11.3 miles      Driving Distance (one way): 34.8 miles  
This trail follows a beautiful trout stream to an original mountaineer's cabin and finally over one of the least climbed mountains in the Shenandoah National Park. If you want a challenge, climb Robertson Mountain from the east.  
Superstrenuous      Elevation change: 2884 feet  
PATC Map: 10
- Hike #3 - Overall Run  
Length: 9.5 miles      Driving Distance (one way): 15.6 miles  
This hike follows trails that were farm roads in pre-park days and gives access to the Overall Run Falls. At 93 feet, it is the highest waterfall in the Shenandoah National Park.  
Superstrenuous      Elevation change: 2490 feet  
PATC Map: 9
- Hike #4 - Little Devil's Stairs  
Length: 10.2 miles      Driving Distance (one way): 26.1 miles  
Little Devil's Stairs Trail winds around and between the rocks in a canyon, crossing and recrossing Keyser Run many times. Be sure to stop and visit a graveyard dating back to the early 1800s.  
Strenuous      Elevation change: 2155 feet  
PATC Map: 9
- Hike #5 - Thorofare Mountain  
Length: 9.5 miles      Driving Distance (one way): 34.8 miles  
This trail offers a waterfall, old farm roads that once connected the families in this area, two great swimming holes, and a restored mountaineer's cabin.  
Strenuous      Elevation change: 2559 feet  
PATC Map: 10
- Hike #6 - Hazel Country  
Length: 9.9 miles      Driving Distance (one way): 34.8 miles  
The mountaineer has been gone for 50 years, but the few old houses, which remain standing, old apple orchards, the lonely chimneys, and crude stone fences are evidence that he was here.  
Strenuous      Elevation change: 2467 feet  
PATC Map: 10
- Hike #7 - Hazel Mountain  
Length: 10.25 miles      Driving Distance (one way): 32 miles  
This hike takes you into one of the most remote areas of the Shenandoah National Park and is recommended for crews who are map and compass experts. It offers a waterfall, a swimming hole and a cave.  
Strenuous      Elevation change: 2365 feet  
PATC Map: 10
- Hike #8- Old Rag  
Length: 9.0 miles      Driving Distance (one way): 35.0 miles  
If you have never climbed "Old Raggedy Top", now's the time. This hike provides views in all directions, including a noble panorama of the mountains of the Shenandoah National Park.  
Strenuous      Elevation change: 2423 feet  
PATC Map: 10
- Hike #9 - Jeremy's Run  
Length: 10.0 miles      Driving Distance (one way): 35.0 miles  
Jeremy's Run is one of the most scenic streams in the Northern District of the Shenandoah National Park. The trail is beautifully forested and the run itself is a continual series of cascades and pools.  
Moderate      Elevation change: 2222 feet  
PATC Map: 9
- Hike #10 - Signal Knob  
Length: 10.6 miles      Driving Distance (one way): 15.4 miles  
Signal Knob was used by the Confederate forces during the Civil War to monitor movement of Federal troops. Excellent views are provided of the Shenandoah Valley.  
Moderate      Elevation change: 2770 feet  
PATC Map: G
- Hike #11 - Thornton Hollow  
Length: 10.6 miles      Driving Distance (one way): 28.5 miles  
This hike gives the backpacker a taste of the Appalachian Trail. It descends over Piney Ridge and climbs back up along the beautiful North Fork of the Thornton River.  
Moderate      Elevation change: 2384 feet  
PATC Map: 9
- Hike #12 - Piney Ridge/Piney Branch  
Length: 9.4 miles      Driving Distance (one way): 26.7 miles  
Walk along a ridge where homes and farmlands once stood and see a spectacular view of a three tier waterfall. Offers two waterfalls and a deep swimming hole.  
Moderate      Elevation change: 1650 feet  
PATC Map: 9
- Hike #13- Big Devil's Stairs Overlook  
Length: 10.5 miles      Driving Distance (one way): 12.2 miles  
This hike slabs around the eastern and southern slopes of Mount Marshall and provides a side trek to the east rim of Big Devil's Stairs offering spectacular views of Big Devil's Stairs canyon and the mountains beyond.  
Moderate      Elevation change: 1300 feet  
PATC Map: 9
- Hike #14 - Massanutten Mountain  
Length: 9.1 miles      Driving Distance (one way): 16.0 miles  
From the top of the ridge, there will be opportunities for superb views both east towards the mountains of the Shenandoah National Park and west into the Shenandoah Valley.  
Moderate      Elevation change: 2237 feet  
PATC Map: G
- Hike #15 - Sugarloaf Trail  
Length: 9.3 miles      Driving Distance (one way): 25.4 miles  
This trail uses both the Appalachian Trail and horse and foot trails that were farm roads in the pre-park days. It also offers two excellent viewing areas from the tops of Sugarloaf and Hogback Mountains.  
Moderate      Elevation change: 1876 feet  
PATC Map: 9