



R-C SCOUT RANCH
Cub Family
Adventure
**PARENT
& LEADER
GUIDE**



R-C Scout Ranch
19887 AZ-260
Payson, AZ 85541





WELCOME

Cub Family Adventure Camp at the R-C Scout Ranch is the only Cub Scout Resident Camp in the State of Arizona. Owned and operated by the Boy Scouts of America, Grand Canyon Council, the property is located east of Payson, AZ on the banks of Christopher Creek. Our summer program is the opportunity for Cub Scouts, their families, parents and/or leaders to enjoy the outdoors, participate in Cub Scout specific activities, work on rank advancement requirements, and learn Scout skills while having fun, together with the entire family or Den.

TABLE OF CONTENTS

WELCOME	2
TABLE OF CONTENTS	2
OVERVIEW	3
REGISTRATION, SESSIONS & FEES	4
ARRIVAL, STAY & DEPARTURE	5
CAMP EXPERIENCE & PROGRAM	7
SPECIALTY SESSIONS	10
FOOD & WATER	12
WHAT TO BRING	13
TRADING POST	14
PARENT, GUARDIAN AND/OR LEADER ROLE	14
JUNIOR COUNSELOR PROGRAM	15
HEALTH & SAFETY	15
CODE OF CONDUCT	16



OVERVIEW

Theme, Expectations, Attendees

2020 Camp Theme “Superheroes, Superscouts!”

Superheroes are known for facing danger, even when they are afraid! A scout, like a superhero, has the courage to stand for what they think is right even if others are unkind. Come to camp to sharpen your skills and help us defeat the camp villains!

What Should I Expect at the Cub Family Adventure?

1. To have fun in the outdoors.
2. To explore Cub Scout Adventures and learn new things.
3. To give these Scouts & their families the opportunity to see what it is like to attend a Resident Summer camp, with trained Camp Staff providing the program, lessening their fears as they transition to Scouts.

Who can attend the Cub Family Adventure?

The Cub Family Adventure is an inclusive camp for the family. While our focus is the Cub Scout and their parent(s), our program is designed and welcoming for grandparents, cousins and siblings, 5 years and older. Please understand that programming is not designed for siblings under 5 years old. It is suggested that other plans are made for their care while parent(s) are at camp.

How does my family attend camp?

There are three ways to attend:

1. Parent-child partnership—where a parent accompanies the Scout to camp.
2. Family camping—where Scouts attend with parent & sibling(s).
3. Den camping—The recommended ratio of boys to parents/guardians/ leaders is 1:1. The council will allow 3 youth to 1 adult. Lion and Tiger Cubs must be 1 Cub to 1 adult in all activities.



REGISTRATION, SESSIONS & FEES

How do we register to attend the R-C Family Adventure?

Registration is available online at www.r-cscoutranch.org. If you have any trouble with registration, please contact the Council Camping Program Assistant, Donna Kutarnia at donna.kutarnia@scouting.org

When are the sessions of camp?

Each session will officially begin with check-in at 9:00am and conclude Sunday morning with a continental breakfast and check-out. For those interested in leaving on Saturday evening, of sessions 2-5, please notify the Camp Director at check-in.

- Session 1: Friday, May 29-- Monday, June 1
- Session 2: Thursday, June 4-- Sunday, June 7
- Session 3: Friday, June 12-- Monday, June 15
- Session 4: Friday, June 19-- Monday, June 22
- Session 5: Thursday, June 25-- Sunday, June 28

In addition to regular camp sessions of the Cub Family Adventure Camp, in 2020, there will also be three specialty programs. Those programs are detailed in the Specialty Sessions section of the Leader's Guide.

- Equestrian: Sunday, June 7-- Wednesday, June 10
- STEM: Sunday, June 7-- Wednesday, June 10
- Webelos: Monday, June 15-- Thursday, June 18

How much does camp cost and what does it include?

Registration for camp includes the entire camp program, participant SWAG and meals starting with lunch on Day 01, ending with breakfast on Day 04.

\$200 Regular session youth or scout

\$150 Regular session adult/leader

\$220 Equestrian session youth

\$190 Equestrian session adult/leader

\$220 STEM session youth

\$190 STEM session adult/leader

\$200 Webelos session youth

\$150 Webelos session adult/leader



ARRIVAL, STAY & DEPARTURE

Directions, Check-in, Vehicles, Facilities, Check-out

How do we get to the R-C Scout Ranch?

The R-C Scout Ranch is located 19.6 miles east of Payson, AZ, on the south side of Highway 260 between mile marker 271 and 272 at 34.310236, -111.051858. Drive time from Phoenix, Flagstaff, or Prescott is about 2 - 2.5 hours. 19887 E, AZ-260, Payson, AZ 85541

How should we prepare for check-in?

Check-in will begin at 9:00 AM for regular sessions and 1:00 PM for special sessions on Day 01. Upon arrival you will be greeted by Camp Staff at the gate who will direct you to the Dining Hall where check-in begins. During check-in, you will be assigned a campsite and provided a program schedule. Please bring with you the completed and required medical form (Parts A and B only) for all participants, and don't forget to attach a copy of the family health insurance card.

Following registration and camp setup, there will be a camp wide orientation and tour.

What do we do with vehicles during camp?

All vehicles should be parked in the lot located on the north end of camp. At Scout camp please back all vehicles into spaces to expedite evacuation in the event of an emergency. Vehicles will only be permitted at campsites, during check-in on Day 01, and during check-out on Day 04.

What are the facilities and where will we camp?

The R-C Scout Ranch features campsites each holding 24 attendees. Each campsite features access to a latrine (vault toilet), washstand, and running water. Trash disposal is available at the camp dumpster. You may be sharing your campsite with other units.

Campsite Assignment

Campsites will only be assigned upon your arrival to camp, and not before. Where possible, participants from the same Pack will be assigned to the same campsite. To assist with these assignments, please be sure to include your Pack number during registration.

Camp Cleanliness

Participants are responsible for keeping their campsite clean during their stay. We suggest you bring hand soap in case the latrines or washstands are not equipped.



ARRIVAL, STAY & DEPARTURE CONT.

Directions, Check-in, Vehicles, Facilities, Check-out

Camper Cleanliness

Don't forget, "A Scout is Clean", make sure each Camper washes their hands frequently, especially after using the restroom and both before and after activities and meals. A shower house is available on site, hygiene products are not provided but can be purchased at the trading post.

What steps need to be taken during check-out?

Check-out will begin on Day 04 after breakfast.

1. Clean your campsite thoroughly, leaving it as or better than when you arrived. Please be sure no personal items or trash are left at your site.
2. Take all trash to the camp dumpsters, located near the Dining Hall.
3. Send a Pack representative to the Dining Hall to receive your check-out packet and request a campsite inspection.
4. Upon passing your inspection, you have completed the check-out process.





CAMP EXPERIENCE & PROGRAM

Experience, Schedule, Program Rotations, Evenings

Can you tell me more about the camp experience?

Your entire stay at camp will be filled with fun activities geared for the youth but in most cases, we welcome and invite parents, guardians, and leaders to join in the fun. Upon arrival to camp you will receive a complete program schedule, specific to your den while at camp. The schedule below will be a guide to your entire session at camp.

R-C CAMP SCHEDULE				
	Day 1	Day 2	Day 3	Day 4
6:00 AM	Camp Closed	Reveille		
7:00 AM		Flag Ceremony		
7:10 AM		Breakfast		
8:15 AM		Free Time	Free Time	Check Out
9:00 AM	Registration	C	H	
10:00 AM	Camp Setup	D	I	Camp Closed
11:00 AM	Orientation/ Leaders Meeting	E	J	
12:00 PM	Lunch			
1:00 PM	Free Time	Free Time	Free Time	
2:00 PM		F	R-C Games	
3:00 PM	A	G		
4:00 PM	B	Free Time	Free Time	
5:00 PM	Free Time			
6:00 PM	Flag Ceremony			
6:10 PM	Dinner			
7:30 PM	Opening Campfire - Staff	Stargazing	Silent Trail & Campers Campfire	
10:00 AM	Quiet Time / Lights Out			

Program Rotation Highlights

Horseback Riding

During program rotations, youth Campers will have the opportunity to take a horseback ride. Even though these rides are primarily for youth, adults may ride with them as space and time permits. All riders are subject to the following regulations;

- According to the current version of The Guide to Safe Scouting BSA, only youth in second grade or above may go on the trail ride.
- If you miss your scheduled time, rides will not be rescheduled.
- Rides may be canceled due to weather or other safety related circumstances .
- Helmets will be provided & required for all riders.
- Riders are NOT allowed to wear heavily treaded boots or sandals due to difficulty getting in & out of the stirrups. Tennis shoes or similar shoes are preferred.
- Riders MUST wear long pants.
- The horses are chosen for size & temperament to suit the rider.
- No one over 220 pounds will be allowed to ride.
- Attendees of the Equestrian Session are recommended to obtain cowboy boots prior to camp
- Youth younger than second grade may be able to go on a guided pony ride



CAMP EXPERIENCE & PROGRAM CONT.

Experience, Schedule, Program Rotations, Evenings

Climbing

During program rotations, Campers will have the opportunity to climb our new climbing tower. Parents will receive the training necessary to assist Staff in the belay procedures. Efforts will be made to ensure each Scout has adequate time to succeed during their rotation, but other opportunities will be available to climb during free time. All required equipment will be provided. Any youth over 100 lbs. may not be able to climb.

Shooting Sports

During program rotations, Campers will have the opportunity to participate in shooting sports (BB, Slingshot, and Archery). Campers younger than first grade may not shoot BB guns per the current version of The Guide to Safe Scouting BSA. Safety is a huge concern in these areas. Always follow range rules and request permission from the Range Master prior to entering the range by shouting, "Range Master! May we please enter the range?"

- **DO NOT BRING** any personal archery equipment to camp!
- **DO NOT BRING** any personal firearms or ammunition of ANY type or caliber to camp! This includes airsoft, BB, paintball or other "projectile" devices.

BSA National Requirements & insurance regulations stipulate strict guidelines for use of the range. Your cooperation is appreciated!

STEAM (Science, Technology, Engineering, Arts, Mathematics)

During program rotations, Campers will have the opportunity to participate in age appropriate STEAM related activities. Our team will be prepared to guide our Campers through an educational experience in arts and science as we engage in fun activities that provide a wonderful opportunity to learn.

Nature

During program rotations, Campers will be exposed to the principles of conservation, the outdoor code, and activities that enhance their appreciation of and methods to protect nature.

Free Time

There are numerous opportunities for Campers to explore camp and our program areas during free time. Campers may choose to climb, shoot, fish or attend a mini workshop such as Shooting Sport Pins, knot tying or whittling chip certification. Whittling chip is available for Campers 3rd grade and up.



CAMP EXPERIENCE & PROGRAM CONT.

Experience, Schedule, Program Rotations, Evenings

Crawdads

A big part of our conservation efforts at the R-C Scout Ranch includes the removal of Crawdads, an invasive species found in Christopher Creek. Campers are encouraged to hunt and remove them from the creek and bring them to the collection point. Each session we will track the Den that collects the most (by weight) and the individuals who catch the largest (by length). The den and those individuals will be recognized during Day 03 night's campfire program.

After campfire of Day 03, we will have a Cajun Crawdad Cookout where Campers will have the opportunity to try the crawdads they caught.

Evening Highlights

Campfire Ceremonies

On the evening of Day 01 and Day 03 there will be camp-wide campfires held at the campfire ring.

- Day 01 is hosted by the Staff.
- Day 03 campfire entertainment is provided by camp participants.
- Campers will have till lunch on Day 02 to sign-up at the trading post to present their skits, run-ons, jokes, or stories.
- Campers are encouraged to bring blankets as it may get cold.

Star Gazing

Among other Day 02 evening activities, star gazing will be an amazing experience for all Campers. In the field by the flag poles, you are invited to join the Staff while we explore the night skies. Bring along your camp chairs, pillow, and blankets. We'll make sure to leave the Trading Post open for you to get some snacks.

R-C Games

Participate in a rotation of challenging and exciting games. Be prepared to get wet and have fun!



SPECIALTY SESSIONS

For the 2020 summer season, R-C will feature three specialty programs for Cub Scouts to get an enhanced camping experience. Each session carries a different program focus and fee. Unless otherwise noted, other details about facilities or camp are identical to the regular sessions on camp.

Equestrian Session

For this specialty session, Campers will have the opportunity to get up close and personal with the horses at R-C Scout Ranch. Participants will take an adventurous, expanded trail ride, and experience firsthand horse care and culture. The program, led by our Head Wrangler, will give participants a glimpse of what it takes and what it's like to own a horse.

- Sunday, June 7 - Wednesday, June 10
- Cost: \$220 per youth (2nd grade and up), \$190 per adult (The allowed ratio is 3 youth to 1 adult).
- All forms, including medical forms (part A&B only) and waivers are required.
- Check-In: Sunday, June 7 - 1:00pm - 2:00pm
- Check-out: Wednesday, June 10 - 9:00am

STEM Session

This session will focus on earning one or two NOVA awards.

- Sunday, June 7 - Wednesday, June 10
- Cost: \$220 per youth (2nd grade and up), \$190 per adult (The allowed ratio is 3 youth to 1 adult).
- All forms, including medical forms (part A&B only) and waivers are required.
- Check-In: Sunday, June 7 - 1:00pm - 2:00pm
- Check-out: Wednesday, June 10 - 9:00am



Webelos Encampment

This specialty session is designed specifically for Webelos and their leaders. Each adventure and activity is aimed to further their advancement and provide a pre-Boy Scout experience. Webelos will experience such adventures as Adventures in Science, Castaway, Earth Rocks, Into the Woods, and more. In addition to the many advancement and learning opportunities, our participants will also have the chance to enjoy the many program areas at R-C including shooting sports, fishing, and our newest activity, Climbing!

- Monday, June 15 - Thursday, June 18
- Cost: \$200 per Webelos, \$150 per adult (The allowed ratio is 3 youth to 1 adult.)
- All forms, including medical forms (part A&B only) and waivers are required.
- Check-In: Sunday, June 15 - 1:00pm - 2:00pm
- Check-out: Wednesday, June 18 - 9:00am

FOOD & WATER

Meals, Dietary Needs, Water

Are All Meals Provided and Can We Bring Snacks?

Meals will be provided starting with lunch on Day 01, ending with breakfast on Day 04. Additional snacks, treats and drinks are available for purchase in the Trading Post. If participants choose to bring their own snacks and food items, please keep it secured in a cooler or covered plastic bin at all times. Failure to do so will encourage wildlife to visit, rummage, and even chew through tents/bags during day and night.

What about dietary needs and allergies?

Campers with special dietary needs, including allergies, should be noted during the registration process so the proper accommodations can be made. Please send an email to rcscoutcamp@gmail.com at least 10 days prior to your session or we may not be able to fully meet your needs. You will also need to ask for your food allergy card at check-in.

Is water provided at camp?

Each campsite has clean water for drinking and washing. Please keep in mind though, that we are still in a drought, so monitor all Campers use of water and strive to be as conservation minded as possible.





WHAT TO BRING

Packing List, Uniform

What should we pack?

Wearables

- Uniform - Scout shirt, pants/shorts, socks, belt, & neckerchief
- Activity shirt or Pack t-shirt
- Other BSA shirts with appropriate pants or shorts
- Loose fitting long sleeve shirt/jacket for layering for weather
- Long pants—for hiking & horseback riding
- Underwear & socks
- Duffel to pack & store personal gear
- Theme Clothes
- Hiking boots, tennis shoes & shower shoes, as needed
- Pajamas
- Jacket / Poncho for rain or chilly nights
- Sunglasses, if needed
- Hawaiian shirt for R-C Games

Personal Gear

- Tent for Scout/Family. Camp does NOT supply tents.
- Sleeping bad with air mattress, pad or cot
- Camp Pillow
- Camp Chair (one per Camper)
- Water Bottle
- Whistle

Personal Gear cont.

- Small First Aid Kit—Band-Aids, blister pads, etc.
- Money for the Trading Post
- Camera
- Rope
- Hygiene kit—(toothbrush, toothpaste, comb, soap, shower supplies)
- Towel & Washcloth
- Day Pack
- Pocketknife (with Whittling Chip)
- Flashlight / Headlamp with extra batteries
- Compass
- Sunblock
- Insect Repellent
- Chapstick
- Pens / Pencils / Notebook

What NOT to Bring to Camp!

- Alcoholic beverages or drugs
- Fireworks
- Electronic Games
- Open Toed Shoes--NO FLIP FLOPS!
- Firearms, ammunition, bows or arrows
- Sheath Knives
- Water guns
- Camouflage clothing—makes you hard to find!



WHAT TO BRING CONT.

Packing List, Uniform

How Often Do We Need To Wear Our Uniforms?

Field/Class A Uniforms should be worn:

- During nightly flag ceremonies and dinner
- During any worship services

During all other times, Pack, Camp or BSA shirts should be worn.

Do we get a Camp Shirt?

Each Camper who registers before May 1st will receive a camp shirt upon check-in that they are encouraged to wear during camp. Shirt sizes will be based on registrations and switching of sizes may be very limited. The Trading Post will also sell camp and BSA shirts for Campers to purchase.

TRADING POST

Is there a Trading Post?

The R-C Scout Ranch has a full-service Trading Post filled with clothing, souvenirs, camp essentials, snacks, drinks, and treats. Scouts love the Trading Post, so it is encouraged they bring with them some spending money. We often get asked how much to bring. Across our Council Camps, Campers average about \$40 at the Trading Post.

PARENT, GUARDIAN AND/OR LEADER ROLE

What is my role as a parent, guardian, and/or leader?

Your role as a parent, guardian, or leader during camp is to be a guide and mentor to the youth. Your job, at times, is to step back and let the youth try out their wings in a safe, secure environment. Please let them do as much as they are able and try not to do anything for them that they can do on their own, even if it is hard. Encourage them to work together as a team, to develop leadership skills and build confidence, emphasizing their Den as a team.

You will accompany the youth and are expected to pitch in and assist where needed so all youth can complete the activity during the time allotted. Staff will direct where they need you to help out. Simply remember, you are there to help the youth, not take over.

Accompanying the youth during free time is required except where indicated. It is your responsibility to make sure they follow the buddy system at all times.



JUNIOR COUNSELOR PROGRAM

For our Scouts and youth, 12yo+ or 11yo and crossed over into Scouts, we offer our Junior Counselor program. Our Junior Counselor program allows older Scouts and youth to learn lifelong lessons about responsibility, management, and personal growth in a fun, constructive environment, alongside new and old friends. Junior Counselors must be accompanied by an adult who will also have the opportunity to work alongside staff creating memories for scouts.

Registration for Junior Counselors is \$100, and includes Junior Counselor SWAG, training, leadership opportunities, and opportunities to enjoy free time and evening activities. Registration for the accompanying adult is \$75. If you are interested in this amazing opportunity, please apply through the link on the website, www.r-cscoutcamp.org, or by emailing the directors at rcscoutcamp@gmail.com.

HEALTH & SAFETY

Youth Protection, Health Lodge, Medical, Animals



What About Health and Safety?

The safety of all camp participants is our highest concern and priority. While every effort is made to insure the health and well-being of all participants, guardians are ultimately responsible for the youth in their care. In the event of any emergency, the Camp Director should be contacted immediately.

Youth Protection

All parents, leaders, and adults must understand and follow the Guide to Safe Scouting and Youth Protection guidelines of the Boy Scouts of America. For complete Youth Protection guidelines, visit Scouting Safely.

Health Lodge and Medical Issues

Trained medical Staff will be onsite at all times. All first responder issues as well as basic first aid should be directed to the Camp Health Lodge Staff. Any prescribed medications regularly taken by participants MUST be brought to camp as only basic pain relievers & antibiotic ointments will be available. Most importantly, if you or any of your family attending camp become sick when it is time to come to camp—please stay home & make sure that they get well. Refunds, in that case, will be handled on a case-by-case basis.

Medical Forms

All participants, regardless of age, are required to submit the Official BSA Medical Form, parts A & B at check-in. These forms will be returned during check-out.



HEALTH & SAFETY CONT.

Youth Protection, Health Lodge, Medical, Animals

Pets, Animals and Wildlife

Service Animals are permitted in camp; but NO pets are allowed.

At all times, recognize that the R-C Scout Ranch sits inside thousands of acres of National Forest, full of wild animals. These wild animals range from squirrels, skunks and raccoons, all the way up to large mammals such as bears, elk, and mountain lions. Respect the wildlife around us and DO NOT approach, feed, touch, or disturb them in any way. If you have an encounter with any wild animal that appears dangerous, please report the incident to the Camp Director immediately.

CODE OF CONDUCT

What Should We Know About Behavior and Code of Conduct?

All camp participants should follow and live the Scout Oath, Law, and the Outdoor Code. Please do not allow Scouts or adults to violate said guidelines. Remember to “leave it cleaner than you found it”, that “crossing” or “cutting” through campsite or program areas is not allowed, and that we should “lead by example” at all times.



Additionally, each adult should read and agree to follow the BSA Scouter Code of Conduct.

Smoking and Vaping

Smoking is only allowed in your car with the windows rolled up. Additionally, please DO NOT smoke in front of youth participants or Staff.