



National Youth Leadership Training (NYLT)  
**Personal Gear Packing List**  
Far East Council / 5 May 2026

Pg. 1 of 2

### Items to Bring to NYLT:

Participants will be moving their personal gear from the registration area to the campsites (and will be required to transport their gear around the airport). There will also be an overnight camp requiring a short hike to reach while carrying one-day's gear. Suitcases, foot lockers, trunks, etc., are not recommended. Backpacks and roller duffels are best. A backpack and appropriate personal gear are required for the overnighiter. Personal gear not required for the overnighiter will be stored.

**NOTE: Required / prescription medications** *must be turned in to the course medical officer at check-in. Scouts must keep track of their own needs and see the medical officer whenever they need medications. Scouts may bring their own over-the-counter medicines (Tylenol, cold tablets, antacids, etc.). These must be kept in their pack. Each scout is responsible for administering his/her own non-prescription medications.*

The following is a list of items each participant should have for the course. This list is meant to specify essentials and is not all inclusive.

- Complete Field Uniform(s) - two (2) or more uniforms/shirts are recommended
  - o Both shorts & long pants are recommended
    - In June average high temperatures are 25-27°C/77 - 81°F; average lows are 19-20°C/66-68°F
  - o Neckerchief & neckerchief slide
  - o Scout belt
  - o Participants will be issued an NYLT ballcap
- Scout Activity Uniform(s) - Participants will receive two (2) NYLT t-shirts
  - o Spares Scout t-shirts recommended in case of rain, etc.
  - o Additional shorts/pants (not jeans) recommended if only 1 or 2 uniforms
  - \*\*Additional NYLT t-shirts may be available for sale upon check-in & during the course
- Underwear/undergarments (at least one pair per day, plus spares)
- Socks (at least one pair per day)
- Shoes or boots suitable for hiking (waterproof)
  - o Change of shoes - athletic recommended (closed toe required)
- Rain Gear (lightweight poncho or rain jacket & pants) recommended
  - o NYLT will be conducted during Japan's rainy season. A lot of rain can be expected.
- Pajamas/sleepwear
- Towel(s) & wash cloth
- Shampoo or body wash, bar soap
- Toothbrush & toothpaste
- Backpack (suitable for overnight hike)
- Lightweight sleeping bag
- Foam pad or air mattress (suitable for overnight hike)
- Tent suitable for backpacking
  - o If unable to bring a tent, please send an email to [NYLT@fareastcouncil.org](mailto:NYLT@fareastcouncil.org)
  - o Tents may be shared as needed (consistent with Scouting America policy)
  - o Ground cloth (for under your tent)
- Mess kit (plate, bowl, cup) & utensils (suitable for overnighiter)
- Canteen, water bottle or water bladder - *hydration is important!*



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Pg. 2 of 2

- Flashlight & spare batteries - head lamp recommended
- Small personal First Aid Kit
- Ballpoint pens/mechanical pencils
- Handkerchiefs
- Shower footwear
- Sunscreen
- Medications in labeled containers ([prescription meds to be issued to the Medical Officer](#))

**Optional Items:**

- Smartphone (to upload songbook and GPS app)
- Small pillow
- Camp slippers
- Sunglasses
- Religious book(s)
- Books of camp songs, skits, etc.
- Camera & batteries
- Spare flashlight bulb
- Lip balm
- Insect repellent
- Other toiletries
- Pocket notebook
- Scouts BSA Handbook or Fieldbook
- Watch

**Items NOT to Bring to NYLT:**

In keeping with a distraction free camping environment, do not bring the following items to NYLT:

- Non-scout-like clothing
- Knives, particularly sheath knives, large blade knives, or any fixed blade knife
  - o **NOTE: Per Japanese law, for camping or fishing NO knife of any kind, including pocketknives, can be carried unless the blade is 6 centimeters (2.36 inches) or under.**
- Electronics (including games & MP3 players)
  - o Cell phones are permitted but may not be used during classes/instruction
- Fireworks or aerosol cans
- Backpacking stoves - these will be provided as required
- Liquid/gas stove fuel of any kind - this will be provided as required
- Matches/fire-starter - this will be provided as required
- Glass bottles
- Weapons
- Tobacco, vaping, drugs & alcohol
- Inappropriate (non-scout-like) reading material