

# What to bring (BALOO)

## ■ Cub Scout Six Essentials

- 1) First-aid Kit
- 2) Flashlight
- 3) Sun protection
- 4) Trail Food
- 5) Water bottle
- 6) Whistle

## ■ Rain gear

## ■ Work gloves

## ■ Matches and fire starter

## ■ Clothing for the season (Down jacket, Hat)

## ■ Backpack

## ■ Tent, Sleeping bag, Sleeping pad, Ground cloth

## ■ Mess kit (Spoon, Fork, Plate, Cup, Bowl)

## ■ Clean up kit (Soap, Tooth brush, Tooth paste, Dental floss, Comb, Washcloth, Towel)

## ■ Others (Watch, Camera, Pen, Papers/notebook)

## ■ New BALOO syllabus appendix (download / print out the appendix by yourself)

<https://www.scouting.org/wp-content/uploads/2025/10/BALOO-Course-Directors-Facilitator-Guide-Oct-25-Master-1.pdf>

## ■ Health Form A, B1, B2

## ■ Passport ID for non-DoD / SOFA

## ■ The BALOO online training module certificate

## ■ Saturday Lunch