



Personal Gear Packing List

Items to Bring to NYLT:

Participants will be moving their personal gear from the registration area to the campsites (and will be required to transport their gear around the airport). There will also be an overnight camp requiring a short hike to reach while carrying one-day's gear. Suitcases, foot lockers, trunks, etc., are not recommended. Backpacks and roller duffels are best. A backpack and appropriate personal gear are required for the overnighter. Personal gear not required for the overnighter will be stored.

NOTE: Required / prescription medications must be turned in to the course medical officer at check-in. Scouts must keep track of their own needs and see the medical officer whenever they need medications. Scouts may bring their own over-the-counter medicines (Tylenol, cold tablets, antacids, etc.). These must be kept in their pack. Each scout is responsible for administering his own non-prescription medications.

The following is a list of items each participant should have for the course. This list is meant to specify essentials and is not all inclusive.

- Complete Field Uniform(s) – two (2) or more uniforms/shirts are recommended
 - o Both shorts & long pants are recommended
 - In July average high temperatures are 32°C/90°F; average lows are 24°C/75°F
 - o Neckerchief & neckerchief slide
 - o Scout belt
 - o Participants will be issued an NYLT ballcap
- Scout Activity Uniform(s) – Participants will receive two (2) NYLT t-shirts
 - o Spares Scout t-shirts recommended in case of rain, etc.
 - o Additional shorts/pants (not jeans) recommended if only 1 or 2 uniforms
 - **Addition NYLT t-shirts may be available for sale upon check-in & during the course
- Underwear/undergarments (at least one pair per day, plus spares)
- Socks (at least one pair per day)
- Shoes or boots suitable for hiking (waterproof)
 - o Change of shoes – athletic recommended (closed toe required)
- Rain Gear (lightweight poncho or rain jacket & pants) recommended
 - o In July Chiang Mai features a tropical monsoon climate with warm days & refreshing rain showers
- Pajamas/sleepwear
- Towel(s) & wash cloth
- Shampoo or body wash, bar soap
- Toothbrush & toothpaste
- Backpack (suitable for overnight hike)
- Lightweight sleeping bag
- Foam pad or air mattress (suitable for overnight hike)
- Tent suitable for backpacking
 - o If unable to bring a tent, please send an email to NYLT@fareastcouncil.org
 - o Tents may be shared as needed (consistent with Scouting America policy)
 - o Ground cloth (for under your tent)
- **Small** mess kit (plate, bowl, cup) & utensils (for overnighter **dinner & breakfast**)
 - o **All other meals will be provided in the camp dinning facility**
- Canteen, water bottle or water bladder – *hydration is important!*



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- Flashlight & spare batteries – head lamp recommended
- Small personal First Aid Kit
- Ballpoint pen/mechanical pencils
- Handkerchiefs
- Shower footwear
- Sunscreen
- Medications in labeled containers (prescription meds to be issued to the Medical Officer)

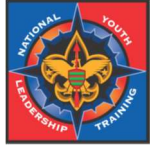
Optional Items:

- Cot (low profile to fit your tent – in case of heavy rain)
- Smartphone (to upload songbook)
- Small personal First Aid Kit (patrol First Aid kits will be available)
- Small pillow
- Camp slippers
- Sunglasses
- Religious book(s)
- Books of camp songs, skits, etc.
- Camera & batteries
- Spare flashlight bulb
- Sunscreen
- Lip balm
- Insect repellent
- Other toiletries
- Pocket notebook
- Boy Scout Handbook or Fieldbook
- Watch
- Matches/fire-starter
- Laundry detergent (for handwashing)

Items NOT to Bring to NYLT:

In keeping with a distraction free camping environment, do not bring the following items to NYLT:

- Non-scout-like clothing
- Knives, particularly sheath knives, large blade knives, or any fixed blade knife
 - **NOTE:** Thailand has strict regulations regarding knives and weapons. It's generally illegal to carry any kind of knife in public places in Thailand without reasonable cause. Be aware that even a small folding knife can be considered a weapon under Thai law.
- Electronics (including games & MP3 players)
 - Cell phones are permitted but may not be used during classes/instruction
- Fireworks or aerosol cans
- Backpacking stoves – these will be provided as required
- Liquid/gas stove fuel of any kind – this will be provided as required
- Glass bottles
- Weapons



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- Tobacco, vaping, drugs & alcohol
- Inappropriate (non-scout-like) reading material