



Items to Bring to NYLT:

Participants will be moving their personal gear from the registration area to the campsites (and may be required to transport their gear around the airport and train stations). There will also be an overnight camp requiring a short hike to reach carrying one-day's gear. Try to minimize suitcases, footlockers, trunks, etc. Backpacks and roller duffels are best. A backpack and appropriate personal gear are required for the overnighter. Personal gear not required for the overnighter will be stored.

NOTE: Required / prescription medications must be turned in to the course medical officer at check-in. Scouts must keep track of their own needs and see the medical officer whenever they need medications. Scouts may bring their own over the counter medicines (Tylenol, cold tablets, antacids, etc.) These must be kept in their pack. Each scout is responsible for administering his own non-prescription medications.

The following is a list of items each participant should have for the course. This list is meant to provide essentials and is not all inclusive.

- Complete Field Uniform(s) - two or more uniforms/shirts are recommended
 - Both long pants & shorts recommended
 - Neckerchief & neckerchief slide
 - Scout belt
 - Participants will be issued an NYLT ballcap
- Scout Activity Uniform(s) - Participants will receive two (2) NYLT T-shirts
 - Spares Scout t-shirts recommended in case of rain, etc.
 - Additional shorts/pants (not jeans) recommended if only 1 or 2 uniforms
- Underwear/undergarments
- Socks (at least one pair per day)
- Shoes or boots suitable for hiking (waterproof)
 - Change of shoes - athletic recommended (closed toe required)
- Rain Gear (poncho or rain jacket & pants)
- Jacket or light coat
- Pajamas/sleepwear
- Towel(s) & wash cloth
- Shampoo or body wash, bar soap
- Toothbrush & toothpaste
- Medications in labeled containers (to be issued to the Medical ASM)
- Backpack (suitable for overnight hike)
- Sleeping bag
- Foam pad or air mattress (suitable for overnight hike)
- Tent suitable for backpacking
 - If unable to bring a tent, please send an email to NYLT@fareastcouncil.org
 - Tents may be shared as needed
 - Ground cloth (as warranted by your tent)
- Mess kit (plate, bowl, cup) & utensils
- Canteen, water bottle or water bladder
- Flashlight & spare batteries - head lamp recommended
- Small personal First Aid Kit
- Ballpoint pen/pencils



- Handkerchiefs
- Shower footwear

Optional Items:

- Small pillow
- Camp slippers
- Sunglasses
- Religious book(s)
- Books of camp songs, skits, etc.
- Camera & batteries
- Spare flashlight bulb
- Sunscreen
- Lip balm
- Insect repellent
- Other toiletries
- Pocket notebook
- Boy Scout Handbook or Fieldbook
- Watch
- Matches/fire-starter
- Laundry detergent

**Previous NYLT (legacy) t-shirts may be available for sale upon check-in and later during the course.

Items NOT to Bring to NYLT:

In keeping with a distraction free camping environment, the following items should not be brought to camp for any reason:

- Non-scout-like clothing
- Sheath Knives, large blade knives, or any fixed blade knife
 - **NOTE:** Per Japanese law, for camping or fishing **NO knife of any kind, including pocket knives, can be carried unless the blade blade is 6 centimeters (2.36 inches) or under.**
- Electronics (including games & MP3 players)
 - Cell phones are permitted but may not be used during classes/instruction
- Fireworks or aerosol cans
- Backpacking stoves - these will be provided as required
- Liquid/gas fuel of any kind - this will be provided as required
- Glass bottles
- Weapons
- Tobacco, vaping, drugs & alcohol