ADVENTURE IN Nepal

2023 Camp Nepal LEADER'S GUIDE



July 23-29 2023

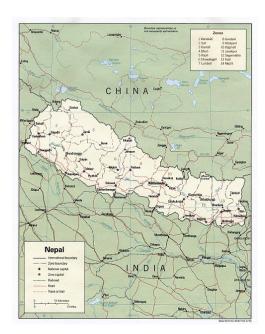
A camp adventure of Boy Scouts of America - Far East Council

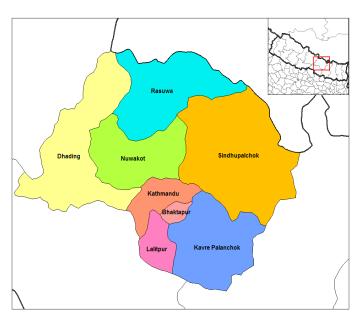
Asia Camp 2023

Welcome to the Far East Council Camp Nepal – a joint activity of more than 250 scouts and adult leaders from across the region. The objectives of this Camp are to bring BSA members together from across Asia for a week of Adventure, Team Work, Advancement, and Fun – all while demonstrating the highest levels of the Scout Oath and Scout Spirit. Scouts from across the region represent many ethnic and national backgrounds and live in a diversity of Asian cultures. Let us build off of the richness of these contexts, learn from each other's scouting experience, and develop BSA friendships which can lead us to greater collaboration in the future.

Our Journey in Nepal – Locations and Maps

'The Adventure in Nepal' begins with five nights/six days at the Nepal Scout Center in Kakani. A group of Nepal Scouts and leaders will join us for the entire event. The facility is located 90 minutes from Kathmandu, the capital city and your point of arrival into Nepal.





Kakani is located in the Bagmati Zone of Central Nepal. This zone reaches the border of Nepal and China. The zone map at the right above highlights the eight districts in the zone including Nuwakot District (Kakani area); Kathmandu District.

Our Host Facility: July 23-July 29th - Kakani Nepal Scout Center

All troops will be transported to the Scout Center on July 23rd – from one of two hotels we have reserved for the incoming units. Kakani International Training Center was initiated to involve scouts from Nepal and all over the World. It is located in Kakani Village Development Community, Ward No.6, Nuwakott District. It is about 25 km from Kathmandu, Northwest, at an altitude of 2000 meters above sea level. At the center are numerous buildings which we will use for meals and merit badge work and a number of tent areas and trails. The center is adjacent to one of Nepal's National Parks.

About Nepal Scouting

As you know we will be joined by 10 Nepal Scouts (Rover Scouts) and two Nepal Scouting adult leaders. They will be a part of the Camp experience for all nine days. The **Nepal Scouts** (Devnagari: नेपाल स्काउट) are the national Scouting and Guiding organization

of Nepal. Scouting and Guiding was founded in Nepal in 1952 and they became a member of the World Organization of the Scout Movement in 1969 and of the World Association of Girl Guides and Girl Scouts in 1984. The organization serves more than 50,000 members – boys and girls.

Nepal Scout Sections and Ages

- Cubs/Brownie-ages 7 to 10
- Boys/Girls Scouts-ages 11 to 15
- Rovers/Ranger-ages 16 to 25

Nepal Scout Mottoes

- Cubs: सक्दो कोशिस गर Sakdo Kosis Gara (Do Your Best)
- Scouts: तयार होऊ Tayar Hou (Be Prepared)
- Rovers: सेवा Sewa (Service)

Nepal Scouting Vision: Nepal Scouts, by 2020, with 60,000 members is self-reliant, well managed premier youth Movement, with positive image nationally & internationally, contributing to the Society through the development of young people supported by competent leaders.

The 2023 Nepal Camp and our partnership with Nepal Scouting is a meaningful initiative in supporting their 2020 vision for scouting in the country. You have an important role to play in this partnership as individual scouts and adult leaders and BSA Troops.



About Baden Powell Scout Peak

We will not be making this 14 day trek to BP Scout Peak – but wanted to be sure you are aware of this interesting element of Nepal Scouting.

Baden Powell Scout Peak, a mushroom shaped mountain is situated in the Langtang region. It is surrounded by majestic peaks such as Langtang II, Langtang Lirung, Dorje Lakpa and Shishapangma in Tibet. Locally known as Urkema Peak, it was renamed Baden Powell Scout Peak (5,890m) in 2006. The peak was named after the father of the Scouting movement by the Nepal Government to mark the centenary celebration of the International Scouting Movement. The trail to Baden Powell Scout Peak is located off-the-beaten-track, away from the usual trekking crowd. The villages, dotting the trail, are pristine and untouched. It is hoped that the economic condition of the villagers would improve once this trail gains popularity among trekkers. To mark the launch of the Baden Powell Scout Trek and Baden Powell Scout Peak, scouts from different countries - Australia, Korea, Taiwan, Hong Kong, Malaysia, Singapore and Nepal gathered in Nepal in August 2007 and were the first to trek along the Baden Powell Scout Trail and ascend the Baden Powell Scout Peak. More recently in 2010, Finnish Scouts also summited the BP Scout Peak. The trek can take more than 14 days depending on weather conditions and the specific needs of trekkers to acclimate to this high elevation.

Introduction to Camp Activities

The focus of the Camp is on Advancement, Adventure, Service, and Fun. In addition to First Class Trail – for junior scouts – there are a total of more than 40 Merit Badge opportunities during the Camp. Each scout will also have the opportunity to earn a Nepal Scouting Merit Badge and the Messengers of Peace patch for their service in the afternoon activities – if they so choose. Other activities during the week include a short trek, knots competition, campfire programs, community orientation, an environmental service project, and Camp Olympics.

Merit Badge information and Schedule

All participating scouts would have made their MB selections by June 1. Those will be locked in on June 1 and we will plan the sessions and venue locations around these registrations. Attached is the merit badge schedule including pre-work requirements. These merit badges are being led by registered counselors from participating troops – representing significant scouting and professional experience in the focus areas of these merit badges.

- <u>First Class Trail</u>: The FCT area will be open all morning as well as during free time for scouts to work on requirements leading to Tenderfoot, Second Class, and First Class ranks. All sessions will tailor activities to meet the needs of the participating scouts.
- Morning Merit Badge Sessions: The 33 merit badge opportunities offered in the morning include 7 which are Eagle required. The morning sessions will be divided up into 3 X 90 min. sessions, allowing for each scout to take 3 MBs in the morning before lunch. These will be run Monday, Tuesday, Thursday, and Friday.
- <u>Afternoon Merit Badge Session</u>: During the fourth MB session 18 different merit badges are offered for 90 min. also Monday, Tuesday, Thursday, and Friday.
- Other Merit Badges which all Scouts can take: We also have 2 evening merit badges sessions that we are offering 13 options (90 min. X 2) wherein a scout will choose one evening merit badge and have both evenings to complete it in the 180 min allocated.

Merit Badge Procedures

All scouts should come to the first session of each merit badge with a signed and completed MB application - 'Blue Card'. The counselors will collect those at the first session, complete as requirements are fulfilled, and then return to the Camp staff by Friday pm, July 28th. The camp staff will sort the Blue Cards by troop. Each Scoutmaster will receive the stack of Blue Cards for their troop on Saturday July 29th

Saturday, July 29th - Moving from Scout Camp to Bhaktapur

On Saturday morning – we will break camp early – prior to breakfast. After each troop vacates its camp site – they will move onto breakfast and then load the vans. We will be transported to historic Bhaktapur for lunch and then to the airport. We will transport by troops with the first group departing no later than 8:00am and the last group departing camp no later than 9:30am. All gear must be loaded on to the vans – we will not return to the Nepal Scout camp once we move on July 29th. A schedule for troop movements will be reviewed at the Nepal Scout Camp. Troop SPLs and adult leaders will be briefed at scout camp regarding the details of these logistics. This day will require an extra amount of focus and cooperation for troops and their scouts – to ensure we can deliver on this challenging schedule. The trip to Bhaktapur is a 2 – 2.5 hour ride; and then the trip onto the airport is another 45 minutes. The walking tour at Bhaktapur is self-guided. We expect to be completed at Bhaktapur and enroute to the airport no later than 1:00pm, but will work with each unit to ensure a timely airport arrival.

<u>Specific Activities and Awards – Individual and Troop</u>

A number of activities are also planned where individual scouts and troops can participate for fun and recognition.

- <u>Honor Troop Camp Spirit Recognition</u>: We want to recognize troops for their camp spirit and dedication to scouting at the camporee. See criteria at the back of this guide. All troops reaching 80% of the total possible points will be designated an 'Honor Troop' and receive recognition and an Honor Troop Streamer. Those troops finishing the week with the top three point totals will receive additional recognition.
- **Honor Scout**: Unit leaders will identify 2-3 of their scouts who exhibit significant scout spirit in their activities throughout the week. Each honor scout will receive a special patch of recognition.

- <u>Nepal Camp Everest award</u>: A series of activities will be planned for afternoon free time Tomahawk throw, pioneering, wilderness survival skills and others. We hope to arrange a short trek, an environmental service project (tree planting at Kakani) and other activities for the afternoon.
- <u>Knot Ninja Competition</u>: Individual scouts can enter the knots competition to be held during free time on Monday, Tuesday, Thursday and Friday. To qualify for the Nepal Knot Ninja Patch' a scout must complete the following 6 knots in under 60 seconds Square knot, Taut line, Bowline, Sheet bend, Clove Hitch, Two half hitch. Those qualifying scouts and adults will receive a special Camp Knot Ninja patch
- <u>Camp Olympics</u>: On Wednesday afternoon troops will participate in the 2023 Asia Camp Olympics with various events that will be designed and planned by the camp staff. More to come on this.
- "Coffee Cup award": We will recognize a few adult scouters who display cheerful service, a helpful hand and Scout spirit. This is a fun award and the 2nd year we have honored adults with it.

Program Schedule

At the back of this guide is the program schedule.

Weather at Camp

As indicated previously – expect rain – a lot of it – life in August in most of Asia. It will not rain all the time and I expect we will have some good views – especially in the morning – but it is beyond my control. All Merit Badge activities areas are enclosed – and well covered. Meals are in the main lodge building. As for temperature here is the current prediction – it will/could range from 15 C to 25 C at the scout camp. Should be comfortable. I would bring a water proof jacket – when it rains – the temperature drops. Evening lows could reach 10 C.

<u>Elevation at Camp – and Questions about Effects at this Altitude</u>

Let's do this in feet – the camp is at 6,600 feet – compared to Kathmandu at 4,600 feet. Altitude sickness is not an issue at these elevations. You will notice a higher level of shortness of breath when you climb stairs or a hill – but not serious. But please pay close attention to scouts with asthma conditions.

Leeches

They are an issue here as well during that time of year. We believe this is not an issue at the camp sites or around the center – but will be an issue in some areas of the camp. This is not a serious health issue – but just wanted you to be aware. We will have more guidance during orientation once you arrive.

Vaccinations

Please do check with your local health care provider – or the CDC web site for advice. Most typically focus on up to date Tetanus and Hepatitis vaccine – typical for most countries in South and Southeast Asia. This, however, is a personal choice. You will see other options/recommendations on the CDC web site. There are varying views on this – we recommend families consult with their family doctor.

COVID-19: entry into the country, as of January 2023, required EITHER proof of vaccination OR a clear PCR test within 72 hours.

Emergency Contact Information

Contact details for the 2023 Asia Camp:

- Jon Justine 66 93 223 9501 (pre camp)
 - Line 1 434 227 7768/WhatsApp 66 93 223 9501

What to Bring to Camp Nepal 2023

At the back of this guide is a packing list for scouts and adults; as well as for each troop. As a reminder, tents are the responsibility of each troop – they are not provided by the Camp Team.

Troop Clean Up Duties at Camp

Each participating troop will have specific clean up duties to be completed each day – including the bathrooms and merit badge meeting areas. A sample Troop roster is included at the back of this guide to assist troop SPLs in planning for these responsibilities.

Troop Camp Fire Duties at Camp

Each Troop will be asked to assist with the camp fire programs. Each troop should prepare for skits – with opportunities provided throughout the week to share various troop talents.

Personal Electronic Devices

In order to provide a quality outdoor experience, the use of personal electronic devices by scouts – including cellular telephones is not permitted during the Camp. Any scout found to be in violation of the Camp policy will have their device taken from them for the remainder of the event. The Camp Staff will not be responsible for any device which is lost while in the possession of the Camp Team. Scouts involved in the Geocaching merit badge will be permitted to use appropriate devices for full filling these requirements. However, scouts which abuse this privilege will not be permitted to complete these merit badges at the Camp.

Check In Procedures - July 22nd

All troops will arrive in KTM on July 22nd where they will be picked up at the airport and taken to one of two local hotels we have arranged. Those already in Nepal can meet at the designated hotel by 8am on the 23rd for transport to Camp. All travel will happen from the hotels we have arranged. Please plan to arrive on the 22nd – any time is fine.

- 1. Upon arrival at the Nepal Scout Camp facility one unit leader should be prepared to begin the registration process with a Camp Staff member. Each unit will be asked to review and confirm their unit roster scouts and adults and medical forms. Medical forms will be returned to each troop upon check-out.
- 2. The rest of the troop will move their gear to the camp site set up tents and store gear.
- 3. Troops will be given tours of the facility once their camp site is established. We will break for lunch at 12:30.
- 4. Those adults leading Merit Badges will receive orientation to their venue and resource materials and equipment. Any remaining requests for assistance should be identified at that time.
- 5. An SPL and Scoutmaster meeting will follow dinner on Sunday, July 23rd.

Check Out Procedures – Saturday, July 29th

On July 29th – we will proceed with check-out as follows – specific times will be identified at the Camp

- 1. Pack and move gear to designated area for loading vans—depending upon specific troop departure times.
- 2. Breakfast.
- 3. Load vans for transport to Bhaktapur and then the airport for departure.
 - a. Any units wishing to stay longer in Nepal, will need to arrange their own transportation from the airport on the 29th as we will NOT be splitting the convoys to various hotels.
- 4. Medical forms, completed blue cards, and event patches will be given to the unit leader on Friday, July 28th.

Uniforms at Camp

- Class A: Morning and Afternoon Flags; Evening Meal; other times as identified
- Class B: During the day

Class A is defined as scout uniform shirt, neckerchief, slide, and appropriate shorts or pants. Closed toed shoes must be worn at all times at the camp.

Troop Leadership at Camp

The Scoutmaster, or designated unit leader, is in charge of the troop at all times. The Scoutmaster and other adult leaders have the primary responsibility for the care of all unit Scouts while at the Camporee. The discipline and organization of the troop is the Unit Leader's responsibility. However, The Unit Leader should utilize and support the Senior Patrol Leader's leadership during the Camporee. While the ultimate responsibility for the troop rests with the Scoutmaster (or designated Unit Leader), each troop is under the leadership of the Senior Patrol Leader. The SPL with assistance from designated ASPLs and adult leaders, will ensure that all members of the troop are where they are supposed to be at various times during the day and that they follow the Scout Oath and Law. The Troop SPL will also attend the daily SPL meeting as scheduled by Camp Staff.

Camp Staff Leadership

9-10 Senior Scouts have been selected to serve as Camp Staff members during the week. They will lead the daily SPL meetings; facilitate the emergency plan, and other duties which will be highlighted during orientation. The 50 adults who will be present during the week will be taking on various roles in support of the Camp Staff and each of the participating Troops.

Adult Pre-requisite Training – YPT and Others

All registered Scouters participating must have a current Youth Protection Training Certificate. Certification is valid for two years and must be current through the Scouters entire time at the Camp. Additionally Scouters are encouraged to complete the additional on-line training opportunities available through scouting.org.

Medical Information Form

All participants – scouts and adult leaders – must have completed BSA medical forms. Each medical form requires a physician's examination and signature and parent or legal guardian's signature (for scouts). According to BSA policy, all scouts and adults must complete parts A, B, and C to attend long-term camp or a camping event of more than 72 hours. The medical forms are valid for one year.

Medications

All prescription medications required for scouts are the responsibility of each unit leader – to collect, store, and administer. Refrigeration if needed is available – please identify this need upon check-in.

Emergency and Medical Care

The camp staff are equipped and trained for emergency care on site as needed. A vehicle will be available and on stand-by should a Camp participant require transport to Kathmandu for further care. We encourage unit leaders to provide first aid for minor cuts, small blisters, etc. using your unit first aid kit.

Emergency Procedures

The Camp staff may sound an emergency siren/bell at any time due to a lost scout, severe weather, or other emergency. If you hear this alert you are to report to the appropriate meeting point as quickly as possible – for further instruction. These emergency procedures will be reviewed during orientation.

Special Diets

We can accommodate special diets for campers. Each unit leader should identify this need within three weeks of the start of the Camp.

Camp Trading Post

A Camp Trading post will be available at the host facility which will include Scouting Store materials, Camp items, as well as snacks. The trading post will not be open during merit badge sessions. Specific hours will be posted. The trading post will take cash only – US dollars and Nepali Rupees.



FAR EAST COUNCIL NEPAL CAMP 2023 SCHEDULE

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TIME	Sat. (7/22)	Sun. (7/23)	Mon. (7/24)	Tues. (7/25)	Wed (7/26)	Thurs (7/27)	Fri (7/28)	Sat. (7/29)
6:00	ARRIVAL DAY	RISE & SHINE	RISE & SHINE					
6:30			FLAGS	FLAGS	FLAGS – OA Day	FLAGS	FLAGS	BREAK CAMP
7:00		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Session A – 8-900								Leave for UNESCO
Session B – 910-1010								
3033011 D 310 1010	BEGIN ARRIVALS	DRIVE TO CAMP	MB	MB	Activity day	MB	MB	
Session C - 1020-1120								
Ci D. 4420 4220								BHAKTIPUR HISTORIC
Session D – 1130-1230			MB	MB	Scout Olympics	MB	МВ	SITE TOUR
12:45	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
								Fly back home
14:00- 16:00		SET UP CAMP	EVEREST	EVEREST	EVEREST	EVEREST		
17:00		FLAGS	FLAGS	FLAGS	FLAGS	FLAGS	FLAGS	
17:30	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
18:00		OPENING	FREE TIME	FREE TIME	CULTURAL		CLOSING	
40.45		CAN ADEIDE		DN 4 B 4D 4	PRESENTATION	D14.14D.2		
18:45		CAMPFIRE		PM MB 1	OA BROTHERHOOD	PM MB 2	CAMPFIRE	
20:00		LEADERS MEETING			LEADERS MEETING	- Continued		
21:00		SCOUTS IN TENTS	LIGHTS OUT					
22:00	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT		



NEPAL CAMP 2023 MERIT BADGE OFFERINGS

CATEGORY	MERIT BADGE	ADD'L MB FEE	A 8:00-9:00	B 9:10-10:10	C 10:20-11:20	D 11:30-12:30	PM SESSIONS	NOTES
Eagle Required	Citizenship in the Nation		×					
	Citizenship in Society						xx	Double Night Session
	Citizenship in the World		×					
	Communications			х	х			
	Emergency Preparedness		×	×				
	Environmental Science		×	×				
	First Aid				Х	X		
	Architecture		X					
	Archery	\$20	X		Х			
	Astronomy						X	
	Basketry	\$30					X	
	Chess						×	
· ·	Chemistry					×		
	Crime Prevention						×	
	Communication			×	×			
Ì	Climbing	\$10		X		X		
Ì	Dentistry	r				×		
	Digital Technology		×		х			
	Entrepreneurship						×	
	Engineering					×	×	
	Fingerprinting						×	
OTTIER WIDS	Forestry		×	X				
	Geocaching				×	×		
	Geology			×				
	Indian Lore	\$15					×	
	Leatherworking	\$15					X	
	Law						×	
	Mammal Study			X		Х		
4	-			×	Ì	×		
	Nature				×	^		
	Photography							
	Pioneering		×		×			
	Plumbing	\$10	×	×				
	Dublic Encelling							
	Public Speaking			.,			X	
	Safety			×				
	Search and Rescue Soil and Water			×		×	×	
	Soil and Water Conservation			. *	l			
	Space Exploration						×	
	Weather						×	
	Woodcarving	\$15					X	
	Wilderness Survival			×		×		
	TRAIL TO FIRST CLASS							
			×					

What to Bring to the 2023 Camp Nepal - Participant List

- Class A Uniform (For specified times includes neckerchief not sash)
- For Order of the Arrow Members: Do bring you OA sash
- Jeans/trousers (loose fitting and lightweight)
- Shorts (2-3 pairs)
- T-shirts (3-4)
- Long sleeve shirt
- Socks and undershorts
- Raincoat or poncho!!!!
- Jacket it gets cold at night
- Towel (recommend 2)
- Washcloth
- FOOTWEAR recommended 2 pairs:
 - For hiking track shoes or hiking boots
 - o For Scout Camp sturdy sports shoes
 - NO flip-flops around camp.
- Hat
- Sunglasses (optional)
- Soap and personal hygiene items; Toothbrush and toothpaste
- Mosquito spray, anti-septic cream, Tiger Balm, Sunscreen and lip salve

Additional Gear

- Tent (ground cloth highly recommended)
- Sleeping bag and pillow (temperatures projected 15-25 degrees C)
- Air mattress or sleeping pad (cots and tents are not provided)
- Personal first aid kit
- Personal refillable water bottle or bottles (2 liters total capacity)
- Small backpack for day hikes and field work
- Compass
- Flashlight (with extra batteries)
- Pocket knife and Totin Chip card
- Scout handbook recommend a large zip log bag to keep dry
- Pens, pencils, notebook
- Retractable hiking pole
- Merit Badge worksheets for those registered
- Spending Money Camp Trading post

What to Bring to the Nepal 2023 - Troop List

Camp site

- Ensure all troop participants have tent with ground cloth
- Troop flag
- Rope or twine
- Small tool kit
- Lanterns or lighting for camp site
- Troop First Aid Kit

Advancement

- Merit Badge information pamphlets if needed; blue cards; worksheets
- Paper, notebooks, clipboard
- Other handbooks or guides as desired

Senior Patrol Leader

- First Aid Kit
- Duty Roster Paper
- Pens, Pencil, Notebook
- Skit ideas

Scoutmaster - or Troop Lead Adult

- Cash for emergencies
- Pens, Pencils, Notebook
- Medical forms for all scouts and adult leaders

2023 ASIA CAMPOREEHonor Troop Criteria

Unit		
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Criteria	Possible Points	M	Tu	W	Th	F	TOTAL POINTS
Campsite Criteria (390 possible points)							
Display a completed duty roster	20						
2. Tent floors are clean and swept	10/day						
3. Personal gear stored neatly	10/day						
4. Activity shelter is neat and clean	10/day						
5. Campsite area and trail is clear of litter and brush	10/day						
6. Troop flag is displayed	10/day						
7. Campsite is free of hazards	10/day						
8. Garbage removed each morning	10/day						
Scout Spirit Criteria (410 possible points)							
1. 100% of troop wears field uniform to all evening meals	10/day						
2. Scout Spirit displayed	10/day						
On-time attendance at morning flag ceremony	5/day						
On-time attendance at evening flag ceremony	5/day						
5. Troop completes their daily cleanup responsibility on time and effectively	15/day						
6. SPL attends daily SPL meeting(s)	15/day						
7. 50% of Scouts complete requirements for at least 3 merit badges	20						
8. Provide a song or cheer prior to a meal on the parade ground	15						
9. Provide a song or skit for the campfire program	20						
10. Troop conducts a flag ceremony	15						
11. Troop provides a cobbler for Cobbler Competition	20						
12. Troop participated in one inter-troop activity not organized by the camp	20						
TOTAL POINTS	830						

- Troops earning at least 312 Campsite points and 320 Spirit points will be designated "Honor Troops."
 This is ~80% of possible points from each category.
- First, Second, and Third places will be awarded to troops earning the highest number of Total Points.

2023 ASIA CAMP - SAMPLE TROOP ROSTER

TROOP	

SPL: ASPLs:

ACTIVITY	RESPONSIBLE SCOUT (S)	COMPLETION
7/24: Camp site set up		
7/24: Camp site clean up		
7/24: Latrine/Meeting room clean up		
7/25: Latrine/Meeting room clean up		
7/25: Camp site clean up		
7/26: Camp site clean up		
7/26: Latrine/Meeting room clean up		
7/27: Camp site clean up		
7/27: Latrine/Meeting room clean up		
7/28: Camp site break down		
7/28: Storing/cleaning troop gear		
7/29: Meeting area clean up		
7/29: Meeting area clean up		
7/29: Loading of gear		
Skit preparation		
Flags Ceremony		
Other Duties as identified		