# What to Bring to the 2023 Camp Nepal - Participant List

- Class A Uniform (For specified times includes neckerchief not sash)
- For Order of the Arrow Members: Do bring you OA Sash
- Jeans/trousers (loose fitting and lightweight)
- Shorts (2-3 pairs)
- T-shirts (3-4)
- Long sleeve shirt
- Socks and undershorts
- Raincoat or poncho!!!!
- Jacket it gets cold at night
- Towel (recommend 2)
- Washcloth
- FOOTWEAR recommended 2 pairs:
  - o For hiking track shoes or hiking boots
  - For Scout Camp sturdy sports shoes
  - o NO flip-flops around camp.
- Hat
- Sunglasses (optional)
- Soap and personal hygiene items; Toothbrush and toothpaste
- Mosquito spray, anti-septic cream, Tiger Balm, Sunscreen and lip salve

### Additional Gear

- Tent (ground cloth highly recommended)
- Sleeping bag and pillow (temperatures projected 15-25 degrees C)
- Air mattress or sleeping pad (cots and tents are not provided)
- Personal first aid kit
- Personal refillable water bottle or bottles (2 liters total capacity)
- Small backpack for day hikes and field work
- Compass
- Flashlight (with extra batteries)
- Pocket knife and Totin Chip card
- Scout handbook recommend a large zip log bag to keep dry
- Pens, pencils, notebook
- Retractable hiking pole
- Merit Badge worksheets for those registered
- Spending Money Camp Trading post

# What to Bring to the Nepal 2023 - Troop List

## Camp site

- Ensure all troop participants have tent with ground cloth
- Troop flag
- Rope or twine
- Small tool kit
- Lanterns or lighting for camp site
- Troop First Aid Kit

### **Advancement**

- Merit Badge information pamphlets if needed; blue cards; worksheets
- Paper, notebooks, clipboard
- Other handbooks or guides as desired

### Senior Patrol Leader

- First Aid Kit
- Duty Roster Paper
- Pens, Pencil, Notebook
- Skit ideas

## Scoutmaster - or Troop Lead Adult

- Cash for emergencies
- Pens, Pencils, Notebook
- Medical forms for all scouts and adult leaders