

Scout Oath

On my honor, I will do my best to do my duty to God and my country and to obey the Scout Law; to help other people at all times; to keep myself physically strong, mentally awake, and morally straight.

Scout Law

A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent.

The Outdoor Code

As an American, I will do my best to—be clean in my outdoor manners; be careful with fire; be considerate in the outdoors, and be conservation-minded

EDGE Method

Explain how it is done. Demonstrate the steps of how it's done. Guide learners as they practice. Enable them to succeed on their own.

Philmont Grace

For food, for raiment, for life, for opportunity, for friendship and fellowship, we thank Thee, O Lord. Amen.

Scout Vespers

*Softly falls the light of day, while our campfire fades away.
Silently each Scout should ask: Have I done my daily task?
Have I kept my honor bright? Can I guiltless sleep tonight?
Have I done and have I dared everything to be prepared?*

Scouting Safely



Guide to Safe Scouting



Name: _____ Troop: _____



Introduction to Outdoor Leadership Skills (IOLS) Participant Guidebook



Mediterranean District, Transatlantic Council

August 29-30, 2026
Carney Park, Naples, Italy

Introduction to Outdoor Leadership Skills (IOLS) Course

The IOLS course is tailored for adult leaders and expounds on Scoutmaster position-specific trainings with the purpose of helping these leaders guide their scouts. It uses a hands-on, discussion-based approach that models the patrol method and equips adults with the skills to mentor scouts in safely and effectively leading themselves in the outdoors.

Skills presented in this course are based on those required of scouts in the Scout Handbook, which is the best resource for both adults and youth in guiding scouts along their advancement path and their scouting journey. This particular IOLS course is focused on “4-P’s” of the Scout camping experience:

Plan – Prepare – Participate – Poll

Throughout this 2-day course, participants will be exposed to various camping techniques from both the course facilitator(s) and, more importantly, each other. The goal of this method is for everyone to gain a deeper understanding of the patrol method, feel more confident working with scouts, and be better prepared to guide scouts in planning and leading outdoor activities. Achieving these skills will hopefully bring a sense of satisfaction and accomplishment.

Now let's get Scouting!

4 P's of the Scout Camping Experience

1. Plan – What are the Scouts' objective of the campout?
2. Prepare – How do the Scouts get ready for the campout?
3. Participate – What are the Scouts doing?
4. Poll – How did the Scouts enjoy the campout.

POLL

24. How was this camp experience and how to make the next one better?

- Roses (Liked)
- Thorns (Disliked)
- Buds (Ideas for next time)

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NOTES

23. Interfaith Service and prayers discussion (continued)

- Basic formula (can easily be tailored as required)
 - Call to worship
 - Invocation
 - Responsive reading
 - Song
 - Benediction

24. Flag Ceremony

- Script
 1. Color Guard advance.
 2. Color Guard display the colors
 3. Color Guard prepare to raise/
 4. Scouts, salute
- Folding the American Flag



AUGUST 2026 IOLS RECOMMENDED PACKING LIST

- Scouting 10 Essentials (see pg #)
- Mess kit (w/ cup and utensils)
- Tent (can be provided if needed)
- Sleeping bag (mat and pad optional)
- Sweatshirt (mornings can be cold)
- Personal snacks
- Toiletries
- Pen or pencil, paper
- Working gloves (for pioneering)

IOLS 2026 COURSE SCHEDULE

<u>Day</u>	<u>Start</u>	<u>End</u>	<u>Activity</u>
Saturday,	0715	0815	Registration, check-in, and camp set-up.
August 29	0815	0845	Introductions and course overview.
	0850	0905	Flag ceremony and instruction.
	0905	0915	Break.
	0915	1000	Planning a camping trip: purpose and place.
	1000	1045	Making the schedule.
	1045	1100	Outdoors planning.
	1100	1150	Packing it up.
	1150	1200	Break.
	1200	1330	Lunch prep, lunch, clean-up. Meal planning, food handling.
	1330	1345	S.A.F.E. checklist.
	1345	1415	Campsite selection.
	1415	1500	Knots. Rope and line care.
	1500	1515	Break.
	1515	1545	That's 'in-tents!'
	1545	1630	Outdoor ethics and activities.
	1630	1645	Plants and animals.
	1645	1700	Break.
	1700	1830	Dinner prep, dinner, clean-up. Dessert prep. Cooking instruction, mess gear clean-up and instruction.
	1830	1915	Axe and knife safety. Toten Chip requirements.
	1915	1945	Campfire set. Firem'n Chit requirements.
	1945	2130	Campfire program. Hazardous weather considerations. Fireside chat.
	2130	2145	Day 1 wrap up and Day 2 agenda review.
	2145	2200	Hygiene and lights out.
Sunday,	0700	0730	Morning roll-out
August 30	0730	0845	Breakfast prep, breakfast, clean-up.
	0845	0915	Camp cleanliness and safety checklist.
	1000	1015	Break
	1015	1030	Interfaith service and prayers discussion.
	1030	1100	Roses, thorns, and buds.
	1100	1200	Camp clean-up, breakdown, and pack-up.
	1200	1230	Lunch, dismissed.

PLAN

1. Planning a camping trip. (HB Pgs. 263-264)

- Camping Trip Plan. (HB Pg. 263)
Who? What? When? Where? Why? How?
- Consider rank advancement and merit badge requirements
 - Trail to advancement (HB Pg 268) and merit badges with camping-related requirements.
- Rules for adult leaders. (Guide to Safe Scouting, Safe Scouting)
 - 2-deep leadership and female leader requirements.
- Include a service project?
 - Service hours, conservation effort. Rank requirements.

2. Finding a campground to meet desired purpose.

- Public or private campgrounds. Access to emergency services, potable water, and sanitation facilities.
- Transportation to and from campground. (Guide to Safe Scouting)
- Associated hiking trails.

3. Making the schedule.

- “Show time” to “Go time.” Importance of backwards planning.
- What is the right balance of free time? Preventing boredom.

4. Outdoor planning – Hiking, weather, and outdoor ethics. (HB Chap 7 Pg 221, Chap 8 Pgs 237-255)

- Hiking planning (HB Pg 247)
- “Know before you go” – Map/trail review, key considerations

21. Pioneering Projects

- Benefits
 - Build teamwork, problem-solving skills, accomplishment
 - Practice knots and lashings
 - Fill time
 - Practical purpose
 - Work toward pioneering merit badge
- Lashings
 - Square lashing ○ Shear lashing ○ Diagonal lashing
 - Tripod lashing ○ Round lashing
- Safety considerations
 - < 6 feet high
 - Avoid trip hazards
 - All lines at eye level to prevent tripping

22. Interfaith Service and prayers discussion

- Benefits:
 - Highlights Scout reverence and duty to God.
 - Build inclusion through respect for other faiths.
 - Serve spiritual needs while away from normal worship practices.
- Inclusion of an Interfaith Service in the camping agenda as well as prayers before meals.
- Duty to God

20. Camp cleanliness and safety checklist

- Get scouts to own this.
- Troop 007 Clean Camp Checklist

Troop 007 Naples, Italy Troop Clean Camp Checklist

Items must be checked by the duty patrol and verified by an Assistant Senior Patrol Leader. Inform the Senior Patrol Leader of any issues.

- ☐ Camp site is free of debris, branches, or other things that may be a safety hazard.
- ☐ Camp site entries are clearly identified with Troop flag or sign posted at main entrance.
- ☐ Trash bins are clearly marked and cannot be reached or opened by wildlife.
- ☐ First aid kit is visible, clearly marked, and easily accessible.
- ☐ Tents are properly pitched, staked, closed, neatly arranged, and away from fire or tree hazards.
- ☐ Duty patrol and fire watch Scouts are assigned, and roster is visibly posted.
- ☐ Fire pit only contains material to be burned, has a water or sand bucket or a fire extinguisher within arm's reach, and is at least 15 feet from tent or dining areas.
- ☐ Food storage is clean and out of reach of wildlife with food covered, labeled, and neatly and properly stored.
- ☐ Axe yard is properly marked off with a single entrance. All axes and tools are properly stored when not in use.
- ☐ Eating areas are clean, orderly, and free of trash.
- ☐ Camping tools are properly stored when not in use.
- ☐ Drying clothes are neatly and safely hung on poles or clothes lines. No clothes on tents or tent lines.
- ☐ National flag and Troop flag are clearly displayed.
- ☐ Pioneering project is complete.

PREPARE

5A. Packing it up. – What the Troop brings.

- Troop gear (based on purpose of campout) (*HB Pg 269*)
- What goes in the Troop first aid kit? (*HB Ch 9 Pg 109*)
- “Ladies Bag”

5B. Packing it up – What the Scouts bring. (*HB Pgs 267-273*)

- Scout requirement to demonstrate ‘prepared for a campout.’
- Scout 10 essentials (*BSA Pg 268*)
 - Pocketknife
 - Flashlight
 - Sun protection
 - Trail food
 - Matches/Fire starters*
 - *Homemade fire starters
 - **Map and compass not always required.
 - ***What goes in a Scout's first aid kit?
 - Rain gear
 - Extra clothing
 - Map and compass**
 - Water bottle
 - First aid kit***
- Choosing the right gear.
 - Activities
 - Space
 - Weather
 - Hiking to camp
 - Days at camp
- Techniques for packing.

6. Packing list (continued).

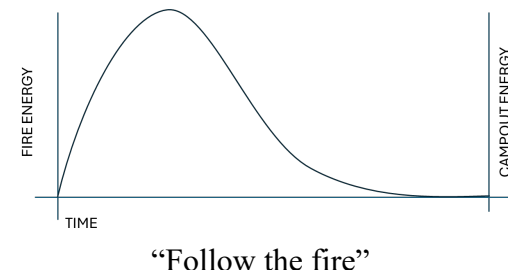
Camping Planning Worksheet			
Dates:	Location:	Weather:	HI / Low (F)
		Day 1:	
		Day 2:	
		Day 3:	
Packing Checklist			
Tent and Set-up	Pack-up Kit and Tools	Cooking Supplies	Per Person
☐ Tent ☐ Tarps for under tent ☐ Pop-up canopy ☐ Sleeping bag(s) (1 ea) ☐ Sleeping pad(s) (1 ea) ☐ Fan(s) + batteries (____ x) ☐ Hanging lantern for ceiling ☐ Camping chair(s) (1 ea) ☐ Folding chair(s) (____ x) ☐ Folding table(s) (____ x) ☐ Pillow(s) (1 ea) ☐ Blanket(s) (1 ea) ☐ Blue magnet/cover for tent floor	☐ Rubber mallet ☐ Duct tape ☐ Painter's tape ☐ 550 cord ☐ Utility knife ☐ Hatchet ☐ Shovel, folding ☐ Fan batteries (1 extra set) ☐ Flashlight batteries ☐ Lantern + batteries ☐ Lantern batteries ☐ Glow sticks (2 boxes) ☐ Permanent marker ☐ Paper towel roll ☐ First aid kit ☐ Bug spray ☐ Portable radio + batteries	☐ Camping stove ☐ Butane ☐ Cooking table ☐ Large pot ☐ Sauce pan or cast iron ☐ Spatula, metal or wood ☐ Spoon, metal or wood ☐ Ladle, metal or wood ☐ Tongs, metal ☐ Scissors ☐ Can opener ☐ Cutting board ☐ Kitchen knives + covers ☐ Foil (heavy duty) ☐ Lighter ☐ Ziplock bags (quart) ☐ Ziplock bags (gallon) ☐ French press ☐ Water kettle, collapsible ☐ 5 more grilling sticks ☐ Oven mitt/gloves ☐ Matches	☐ Backpack (camelback) ☐ Flashlight ☐ Multi-tool ☐ First-aid kit (backpack) ☐ Hand sanitizer (backpack) ☐ Sanitizing wipes ☐ Snacks ☐ Hat ☐ Compass ☐ Food and Water ☐ Water filter/bottles ☐ Mess kit + utensils (1 ea) ☐ Cups ☐ Cooler ☐ Snacks ☐ Prepackaged foods ☐ Snacks (backpack refills)
Cleaning Supplies ☐ Dish pans (3x) ☐ Wash cloths ☐ Kitchen towels (3x) ☐ Bleach tablets ☐ Scouring pads ☐ Water jug (washing)	Toiletries ☐ Toilet paper (2 rolls) ☐ Towels (1 ea) ☐ Toothbrush (1 ea) ☐ Toothpaste (kid/adult) ☐ Sun screen ☐ Hand soap		Extras ☐ Wallet ☐ Cell phone(s) + charging cord ☐ Battery charger packs (2x)

17. Campfire set-up (continued) (HB Pgs. 387-391)

- Fire safety (continued)
 - NO LIQUID FUELS

18. Campfire program

- Benefits of a campfire
- Benefits of skits, stories, and Scout Vespers



19. Hazardous weather considerations

- Check forecast ahead of campout – scouts and adults can do this
 - The camp “Weatherman”
- Ready for weather at camp: tent checks, secure loose items, keep items dry, no personal gear outside of tents.
- Be mindful of changes in weather: temperature, cloud cover, humidity
 - Weather rhymes (HB Pg 217)
- What to do when bad weather sets in
 - Check tents
 - When to break camp
- Lightning risk reduction (Guide to Safe Scouting)
 - “When thunder roars, go indoors.”
 - Hiking mitigations

15. Mess gear clean-up – 3 pan method

- Empty all food debris into the trash.
- Prep the pans
 - Hot water wash w/ detergent
 - Hot water rinse

Cold water sanitize (1 capful bleach to 1 pan water)

16. Axe-Knife Safety and Toten Chip requirements.

- Toten Chip requirements
- Pocket knife use and safety – “safety circle”
- Axe use and safety
- Proper axe yard set-up
 - Roped off and clearly marked
 - Single entrance
 - Large enough for one person to safely use axe

17. Campfire set-up and Firem’n Chit requirements

- Type of fire lays
- Prepping the fire lay: “Tiny – Kids – Food”
 - Firestarter
 - Tinder – tiny twigs, dry pine needles, dry leaves
 - Kindling – pencil-sized sticks
 - Fuel – fat logs
- Fire safety
 - Safe distance from tents, shrubs, trees, etc.
 - Safety distance for skirts
 - Fire extinguisher, water bucket, sand

7. Meal planning and food handling. (HB Ch 10 Pgs 289-294)

- Keep it simple, keep it healthy.
- Encourage healthy options.
- Dietary (or religious) considerations.
- Easy planning, easy cooking, easy cleaning.
- Guiding Grubmasters.
 - Budget planning and grocery shopping.
- Cooking
 - How to assign cooks?
 - Finding the right level of adult oversight when cooking.
 - Prep cooking kits (HB Ch 10 Pg 302)
- Dutch oven temperature-to-coals chart



8"	325-F	350-F	375-F	400-F	425-F	450-F
10"	10 / 5	11 / 5	11 / 6	12 / 6	13 / 6	14 / 6
12"	16 / 7	17 / 8	18 / 9	19 / 10	21 / 10	22 / 11
14"	20 / 10	21 / 11	22 / 12	24 / 12	25 / 13	26 / 14
16"	25 / 12	26 / 13	27 / 14	28 / 15	29 / 16	30 / 17
	(Coals on top / Coals on bottom)					

- Food prep and handling
 - Pre-packaging to save time.
 - Cleanliness and prevention of cross-contamination
 - Perishable foods kept at 33°F-40°F
 - Keep out of melting water
- Safety considerations...
 - Gas (propane or butane), charcoal, electric grills/stoves
 - Fire prevention

PARTICIPATE

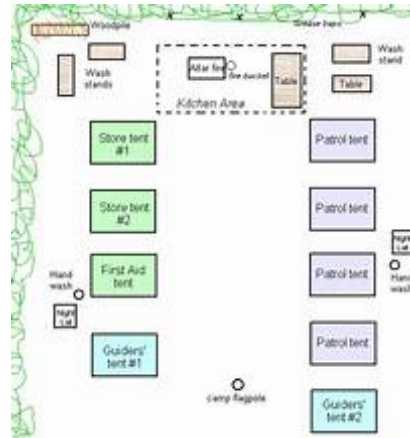
8. S.A.F.E. Checklist (*Guide to Safe Scouting*)

- Supervision – Assessment – Fitness and Skill – Equipment and Environment
- All adult leaders are SAFETY MONITORS.

Constantly evaluate these four items – scouts can do it too!

9. Campsite selection and set-up. (*BSA Pg 265*)

- Finding the right spot. Troop size and footprint.
- Tent organization. Consideration for males and females.
- Environmental impacts, safety considerations, areas to avoid.
- Path to/from campsite. Privacy considerations. Restroom access.
- Proximity to water.



10. Knots and Rope/Line Care

- The 7 Knots for Scout Advancement (*HB Pgs 366-371*)
 - Square knot
 - Two-half hitch
 - Bowline
 - Timber hitch
 - Taut-line hitch
 - Sheet bend
 - Clove hitch

11. Knots and Rope/Line Care (continued)

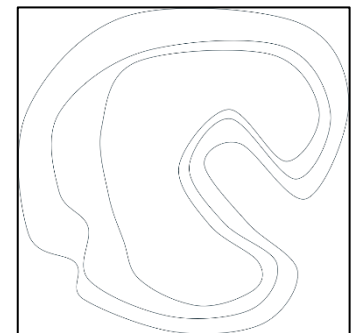
- Consider the Alpine hitch – excellent for drying lines
- Fusing and whipping (*Tenderfoot requirement*)

12. That's 'in-tents!'

- Check tent set-up – encourage older scouts to do this
- Tent buddy rules: age, gender, new consideration for parents

13. Outdoor Ethics and Activities

- Leave No Trace Principles
 - Plan ahead and prepare – *Know before you go*
 - Travel on smooth durable surfaces – *Choose the right path*
 - Dispose of waste – *Trash your trash*
 - Leave what you find – *Take only pictures*
 - Minimize campfire impacts – *Be careful with fire*
 - Respect wildlife – *Be kind to animals*
 - Be considerate of other visitors – *Be kind to others*
- Actions if scouts get lost: “S.T.O.P.!”
- Map and compass considerations
 - Phones vs. compasses
 - Reading contour maps



14. Plants and animals (*HB CH?*)

- Concerns with plants
- Concerns with animals?