



CAMP KENYA 2024

Camp Guide

*All the information you need to attend camp this year, whether
you are a Leader, Parent, Scout or Volunteer!*

Camp Schedule: 29 December '24 to 4 January '25

REGISTRATION IS OPEN. REGISTER NOW AT:

 <https://scoutingevent.com/802-CampKenya>

Welcome to Camp Kenya 2024!

Dear Scouts, Scouters and Parents,

We are excited to welcome you to the Scouting America's only long-term resident camp experience in Kenya. We are thrilled to be offering this wonderful camp program to our Scouts in the Transatlantic Council and around the world!

This guide will be your direct insight into the programs being offered at Camp Kenya. We have a program for every age and rank of Cub Scouts, Scouts BSA participants, Venturers, Sea Scouts and families!

If you have any questions about our program, please feel free to contact us at any of the social media links or by email. Again, we look forward to seeing you all for a fantastic camp in Kenya!

Yours in Scouting,

Sarah Norman

[Camp Director](#)

John Wolf

[Program Director](#)

Steve Sutton

[Camp Commissioner](#)



Overview

Location

Camp Kenya is being held at the Savage Wilderness Adventure Camp ([Camp Archives - Savage Wilderness: Rafting In Kenya](#)), in Sagana, Kenya. The center's mailing address is:

PO Box 1000
Sarit Centre
00606
Nairobi
Kenya

Savage Wilderness leads the way in Kenyan adventure opportunities providing unique, breathtaking experiences in one of nature's most beautiful environments. Led by an international team of outdoor experts fully trained to provide the highest safety standards. You will cross rivers, plains, and plateaus in an extraordinary and unforgettable adventure.

Dates

December 29, 2024 – January 4, 2025 (January 5, 2024 – Mlima only)

*For information on arrival and check-in day, see *Operations*.

Who can participate?

Camp Kenya is open to all youth and leaders who are registered with a Cub Scout Pack, Scouts BSA Troop, Venturing Crew, Sea Scout Ship or Explorer Post. Scouting units will be camping in tents, during Camp Kenya. Campers ages 5-10 must have an adult partner attending Camp Kenya with them. Campers age 11-13 years, are required to have a designated responsible adult at Camp Kenya available to camp staff, in person, when needed. Families wanting to join in the week can be accommodated in our Family Camping area. Scouts from outside the Transatlantic Council across Scouting America are welcome to come and experience Camp Kenya.

How can I attend Camp Kenya?

As a Unit

The best way to attend camp is a unit. It's the best solution for camping, program and Youth Protection. Units should make 1 registration per unit on the registration site. If you operate a linked unit, you need to create a registration for the Boy Troop and the Girl Troop. We will have you camp together, but for our reporting and receiving your advancement records, please keep them separate.

We recommend that the main registration holder is either attending camp or a member of your committee, whoever oversees your camping operations. We can use our admin tools to help you if there are any problems, including adding participants later to the booking.

As an Individual

Scouts, Venturers, Leaders, and families can register to participate as individuals.

When creating your registration:

- Register and choose your Unit number.
 - o Even if participating alone, we need the unit number to be able to deliver your advancement records!
- Only select the participants you need (e.g., 1 Scout, 1 Adult)

Individual youth and smaller units will be grouped together in a group to form a provisional unit. The goal of the provisional unit is to ensure that Scouts get the best experience and memories from attending camp. Cub Scout participants will camp with their parent/guardian in the Family Camping area.e

We are always looking for leaders to step up and be a helper, serving as the Scoutmaster of the provisional unit(s) for the week. For more information regarding provisional camping, contact us via email at: tac-campkenya-802@scouting.org

Registration and Financial Policies

Registration for the 2024 Camp Kenya is open. The registrations website can be found here:

<https://scoutingevent.com/802-CampKenya24>

Registration at Camp Kenya, its programs and the number of Scouts and Leaders attending is on a first-come, first-served basis. We recommend that you register your unit as soon as possible. You must indicate the estimated number of participants at the time of the initial camp registration. This can be changed later.

Camp Fees

Programs	Camp Fees
SHIBLI CAMP YOUTH (age 5-10)	\$700
KARIBU CAMP YOUTH (age 11+)	\$750
SAVANNAH CAMP YOUTH (age 11+)	\$750
KILELE CAMP YOUTH (age 14-20)	\$750
MLIMA CAMP YOUTH (age 14-20)	\$850
CAMPING FAMILY ATTENDEE (per person) (age 11+)	\$750
CAMPING FAMILY ATTENDEE less than 11 years old	\$700
CAMPING FAMILIY ATTENDEE less than 5 years old	\$0

*A \$100 out-of-Council fee is applied to all non-Transatlantic Council registrations, except for <11 Family Attendees.

**Additional program fees may be charged depending on program options selected by youth.

Camp Payment Schedule

Camp Payment ACTION	Camp Payment AMOUNT	Camp Payment DEADLINE
Reserve a spot for your unit or register as a provisional Scout	\$50/participant	June 30, 2024
Make the 1st Fee payment for participants	\$300/youth and adult	August 31, 2024
Make the 2nd Fee payment for participants	All account balances due	October 31, 2024

Refund Policy for Transatlantic Council Camps

- Camps may have a non-refundable fee component. These are not negotiable.
- All participation cancellation notices, and refund requests, must be submitted in writing.
- Cancellations due to medical emergencies or other such unforeseen circumstances will be given the utmost consideration in favor of the registrant for any exceptions to this refund policy.
- Camp refunds will not be considered for any requests after the final installment payment is due. This applies to the number of individuals for which reservations have been made. Reservations can be transferred between individuals within the same unit.
- All refunds are subject to a 15% administrative fee*, primarily to cover the transactional fees assessed by our financial institutions.
- Refunds will be processed within 30 days after the close of the event, with funds being deposited into the Unit Account.

*If the camp is canceled by the Council, the 15% Administration Fee will not apply.

Refund Policy for Camp Kenya

- Some activities and events may have a non-refundable/non-transferable fee component. These are non-negotiable, as they were established by the event leadership to ensure financial stewardship of the event.
- All participation cancellation notices, and refund requests, must be submitted in writing.
- Cancellations due to medical emergencies or other such unforeseen circumstances will be given the utmost consideration in favor of the registrant for any exceptions to the refund policy.
- 85% Refund will be granted if cancellation is made by 1 November 2024.
- 50% Refund will be granted if cancellation is made by 1 December 2024.
- No refunds will be provided for a cancellation after 1 December 2024.
- Refunds will be processed within 30 days after the close of the event, with funds being deposited into the Unit Account.

Camp Scholarships

Every Scout who wants to attend a long-term camp experience should be able to attend and should not be held back due to financial limitations. The Transatlantic Council is committed to this concept and has established the Eric Cooley Memorial Campership Endowment to establish a perpetual source of funds to assist Scout families on a limited basis.

To honor Eric's Life, these campership contributions will be used to support youth wishing to attend a TAC resident camp or TAC NYLT course. All Scouts attending a Transatlantic Council Camp are eligible to apply for a scholarship if they could not otherwise attend camp without financial assistance. For more information, background and terms and conditions regarding the Eric Cooley Memorial Campership Endowment, please contact tac-campkenya-802@scouting.org.

Program

Camp Kenya offers a wide range of programs to appeal to Scouts at all stages in their Scouting journey while taking advantage of the unique opportunity for a camp experience in Africa. Our programs will take most of your time here at camp, but you'll have a couple of hours every day as a Unit. The programming includes mornings devoted to advancement opportunities – Merit Badges and Trail to First Class. The afternoon is focused on skills development and adventure and an opportunity to earn the Kilimanjaro Award. Each participant will have the opportunity to visit the gravesite and museum of Lord Baden-Powell, enjoy a half-day Safari, and whitewater raft on the Tana River.* See specific program for Shibli, Karibu, Savannah, Kilele and Mlima details.

***Whitewater rafting requires a valid BSA Swim Test be submitted in advance of Camp Kenya. Youth under the age of 11 years, even with a BSA Swim Test, are not permitted to Whitewater Raft, per BSA policy.**

Morning Programming – Advancement Opportunities

A wide variety of merit badges are being offered in the Savannah Camp program. Four merit badge sessions will be offered in the morning with some Eagle required merit badges requiring a double session. For younger Scouts Karibu Camp will provide opportunities for skills development supporting many of the requirements from Scout through First Class ranks.

Afternoon Programming – Skills Development and The Kilimanjaro Award – The afternoons at Camp Kenya will include 25 skills and knowledge development stations, and include an opportunity for a whitewater experience on the Tana River. The skill stations will focus on four specific categories: Scout Skills, STEM, water sports, and Kenya culture. A Scout completing all 25 stations over the camp experience will earn the Kilimanjaro Award.

Safari Adventure – Every registrant will enjoy a game reserve safari experience.

Baden-Powell Memorial – Every registrant will have the opportunity to visit the Lord Baden-Powell gravesite and museum.

Evening Activities – Evening programs throughout the week will include campfire programs, friendly competitions, and additional merit badge opportunities.

Staffing at Camp Kenya

Camp Kenya has limited spots for youth age 14+ interested in serving as Staff. Working resident camp staff is a large responsibility, but an unmatched experience for all.

More information on staffing can be found on our website or by contacting our Camp Director, Sarah Norman at tac-campkenya-802@scouting.org

Camp Kenya Webpage: <https://tac-bsa.org/camping/camp-kenya/>

Camp Kenya Registration site: <https://scoutingevent.com/802-CampKenya24>

Karibu Camp: Trail to First Class Experience

Our Trail to First Class (TFC) program is the perfect first step for new Scouts and a great start to their resident camp experience. Our goal is to introduce these new Scouts to the fun of camp. While advancement and outdoor skills are important goals to strive for, Scouts also need to have fun and experience camp at its core.

During the program Scouts will be working with the camp staff to learn essential Scout skills. Many of the requirements from Scout to First Class ranks will be covered.

We recommend this program for youth new to the Scouting program and those with lower ranks, such as Scout, Tenderfoot. If Scouts manage to complete all the requirements for a rank while at Camp Kenya, they may sign up for a Board of Review at Camp and go home having earned their next rank advancement. *

Camp Kenya 2024 **Karibu Camp Program Schedule** as of 3May24

Trail to First Class

TIME	29-Dec	30-Dec	31-Dec	1-Jan	2-Jan	3-Jan	4-Jan	
	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
6:30		Rise and Shine	Rise and Shine	Rise and Shine at Camp				
7:00		Breakfast at Camp	Depart (7:30)	Breakfast at Camp (7:00-8:00)				
7:30		(7:00-8:00)	Travel off-site	Morning Flags (8:00-8:30)				
8:00	Participant Arrival - Transport to Camp - set up camp	Morning Flags (8:00-8:30)		Safari Game Drive	Karibu Camp Activities (8:45-10:45)			Participant Departure for Nairobi or other activities planned by units
8:30		Karibu Camp Activities (8:45-10:45)	Karibu Camp Activities (11:00-13:00)					
9:00		Karibu Camp Activities (11:00-13:00)	Lunch (13:00-14:15)					
10:00		Lunch (13:00-14:15)	Baden Powell Memorial	Activity Areas are Open - Kilimanjaro Award (14:30-17:00)				
11:00		Cultural Day Activity Areas are Open - Kilimanjaro Award (14:30-17:00)		Evening Flags (17:15-17:45)			5pm latest	
12:00		Evening Flags (17:15-17:45)		Return to Camp				
13:00		Dinner (18:00-19:00)	Dinner (18:00-19:00)					
14:00		Clean Up Duty (19:00-19:30)	Clean Up Duty (19:00-19:30)					
15:00	Evening Programming (19:30-21:00)	Evening Programming (19:30-21:00)						
16:00	All Scouts in Tents (21:00)							
17:00	Lights Out (21:30)							

Advancement Requirements Covered (Subject to Change)

Scout	2nd Class
1a, b, c, d, e, f 2a, b, c, d, 3a, b 4a, b 5	2a, b, c, d, f, g 3a, b, c, d 4 5a, d 6a, b, c, d, e 8a, b 9a, b
Tenderfoot	1st Class
1c 2c 3a, b, c, d 4a, b, c, d 5a, b, c 7a 8	3a, b, c, d 4a, b 5a, b, c, d 6b, c, d 7a, b, c, d, f
Scouts also complete: Totin' Chit, and Firem'n Chit	

Please Note:

- *The Trail to First Class (TFC) program does not complete the full requirements for any rank. Requirements remaining are time-dependent, parent-Scout dependent, or troop dependent.*
- *Some of these requirements are weather-dependent so may not be able to be completed at camp if weather conditions do not permit.*
- *Please note that Scouts do not just get requirements by signing up to TFC, they must actively participate in the program and show their completion of the requirements.*
- *Please note that the Board of Reviews can only be conducted after a Scoutmaster Conference and with approval from the Troop's Committee and Leadership. While Camp Kenya offers the opportunity for youth to have a Board of Review, it must be unit authorized.*

Savannah Camp: Merit Badge Camp Experience

There are numerous merit badge opportunities at Camp Kenya. Scouts will be able to sign-up for up to four (4) morning merit badges, as well as additional evening offerings that will be posted on the first day of Camp Kenya.

To streamline and improve the accuracy of record-keeping, we do not provide or accept blue cards for merit badges. Our registered Merit Badge Counselors will connect with all Scouts enrolled in their classes and ensure that competitions are entered into Scoutbook daily.

Camp Kenya 2024		Savannah Camp Program Schedule						as of 25Aug24
<i>Merit Badge Program</i>								
TIME	29-Dec	30-Dec	31-Dec	1-Jan	2-Jan	3-Jan	4-Jan	
	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
6:30		Rise and Shine	Rise and Shine	Rise and Shine	Rise and Shine at Camp			
7:00		Breakfast at Camp (7:00-8:00)		Group 2 Depart	Breakfast at Camp (7:00-8:00)			
7:30		Morning Flags (8:00-8:30)		Travel off-site	Morning Flags (8:00-8:30)			
8:00	Participant Arrival - Transport to Camp - set up camp	Merit Badge Session A (8:45-10:45)			Safari Game Drive	Merit Badge Session C (8:45-10:45)		
8:30		Merit Badge Session B (11:00-13:00)		Merit Badge Session D (11:00-13:00)				
9:00		Lunch (13:00-14:15)		Lunch (13:00-14:15)				
10:00		Cultural Day Activity Areas are Open - Kilimanjaro Award (14:30-17:00)	Kilimanjaro Award (14:30-17:00)		Baden Powell Memorial	Activity Areas are Open - Kilimanjaro Award (14:30-17:00)		
11:00		Evening Flags (17:15-17:45)		Return to Camp		Evening Flags (17:15-17:45)		
12:00		Dinner (18:00-19:00)		Dinner (18:00-19:00)				
13:00		Clean Up Duty (19:00-19:30)		Clean Up Duty (19:00-19:30)				
14:00	Evening Programming (19:30-21:00)		Evening Programming (19:30-21:00)					
15:00	All Scouts in Tents (21:00)							
16:00	Lights Out (21:30)							
17:00							Participant Departure for Nairobi or other activities planned by units	
18:00							5pm latest	
19:00								
20:00								
21:00								
21:30								

Merit Badge Completion Disclaimer:

It is the responsibility of the Scout to dutifully complete the requirements of the merit badges. If requirements are not completed, youth will only receive a partial completion.

This includes presenting the prerequisites for merit badges listed in this guide to their respective counselors. Partial completions may occur due to external factors such as time constraints or weather. Every effort will be made to inform the Scoutmasters of any complications.

Merit Badge Offerings:

Savannah Camp Merit Badge Selection is OPEN!

Archery	Kayaking	Rock Climbing
Citizenship in World	Photography	SUP Award
First Aid (AB)	Emergency Preparedness (CD)	Wilderness Survival
Env. Science (AB)	Sustainability (CD)	Metalworking
Fish & Wildlife	Soil & Water	Pioneering
Mining in Society	Geology	Bird Study
Engineering	Energy	Scouting Heritage
Basketry	Space Exploration	Nature
NOVA – Shoot!	Wood Carving	Mammal Study

*****First Aid, Emergency Preparedness, Environmental Science and Sustainability are double session classes.**

External to Class Work

Some merit badge requirements require a lot of work from the Scout, so they may need to complete some projects outside of class times to earn the requirements. Please help support these Scouts in completing their work. We have such a wide variety of activities going on that Scouts can get distracted and lose focus.

Requirement Tracking

We track all the requirements for each Merit Badge. Merit Badge Counselors are then responsible for entering the data into Scoutbook daily. After Camp, each participant and unit leader will receive a letter stating competitions while at Camp Kenya. The Deadline for requirement hand-ins from Scouts is 1600 on Friday, January 3, so we have the human resources to enter all the data.

Kilele Camp:

Our Adventure program is the perfect opportunity for Scouting America Youth ages 14-20 years, to experience a variety of adventure programs while in Kenya. Kilele program participants will join in various activities, including an overnight hike, abseiling, white water rafting, COPE course, safari camping and many more group activities.

Camp Kenya 2024

Kilele Camp Program Schedule

as of 2Jul24

High Adventure

TIME	29-Dec	30-Dec	31-Dec	1-Jan	2-Jan	3-Jan	4-Jan			
	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>			
6:30		Rise and Shine at Camp		Rise and Shine	Rise and Shine	Rise and Shine				
7:00		Breakfast at Camp (7:00-8:00)		Breakfast/Pack-up on Mt Kiambichu	Breakfast at Camp (7:00-8:00)	Breakfast on Safari (7:00-8:00)				
7:30		Morning Flags (8:00-8:30)		Hike down west side	Morning Flags (8:00)	Safari Game Drive	Participant Departure for Nairobi or other activities planned by units			
8:00	Participant Arrival - Transport to Camp - set up camp	COPE Activity	Depart for Hike & Abseiling	White water raft back to Savage Camp	Pack and Prep					
8:30		Pack and Prep			Lunch (12:00)			Travel off-site		
9:00								Baden-Powell Memorial service		
10:00		Lunch (13:00-14:15)	Hike to Mt Kiambichu	Lunch (1300)	Travel & lunch			Travel		
11:00		Cultural Day Activity Areas are open - Kilimanjaro Award (14:30-17:00)	Set-up & Service	Kilimanjaro Award (14:30-17:00)	Set-up Safari Camp					
12:00					Dinner				Flags (17:15)	Dinner
13:00					Dinner (18:00-19:00)			Clean Up Duty	Dinner (18:00)	Clean Up Duty
14:00		Clean Up Duty (19:00)	Evening Activity	Clean Up Duty	Evening Program (19:30)			Evening Activity	Clean Up Duty	
15:00		Opening Campfire (19:30-21:00)		Closing Campfire (19:30)						
16:00		All Scouts in Tents (21:00)								
17:00	Lights Out (21:30)									

Mlima Camp:

Our Trek program is the perfect opportunity for Scouting America youth, 14-20 years, to experience a multi-day trek, culminating in the summiting of Mt. Kenya. Youth registered in this program should be experienced hikers who are physically fit and mentally strong. Our Trek Director will outline a training program for those registered in Mlima Camp to be done in preparation for this journey. Registrants must be able to arrive in Kenya no later than 1400 on 29 December 2024 and depart no earlier than 1200 on 5 January 2025.

While it is our goal to see all those who register for Mlima Camp summit Mt. Kenya, there may be some that find the journey too arduous or who experience altitude sickness, which can happen to even the most experienced mountaineers. Should a registrant be unable to complete the journey, they will be transferred over to the Kilele Camp program, which is our high adventure program, after being evaluated by our medical staff for safety.

Camp Kenya 2024 **Mlima Camp Program Schedule** as of 16May24
TREK Program

TIME	29-Dec	30-Dec	31-Dec	1-Jan	2-Jan	3-Jan	4-Jan	5-Jan		
	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>		
6:30		Rise and Shine at Camp			Rise and Shine on Mt Kenya			Rise & Shine		
7:00		Breakfast at Camp (7:00-8:00)	Breakfast (7:00-8:00)	Breakfast (7:00-8:00)				Breakfast at Camp (7:00)		
7:30										
8:00	Participant Arrival - Transport to Camp - set up camp	Morning Flags (8:00)	Rafting	Pack-up and Hike to Liki North	Pack-up and Hike to Shipton's	Pack-up and Hike to Summit (return to camp site near Old Moses)	Travel	Mlima Departure		
8:30		Depart for Hike and Service					Safari Game Drive (Ol Pejeta)			
9:00										
10:00		Lunch (12:00)	Travel to Mt Kenya (lunch enroute)				Travel			
11:00										
12:00		Return Hike to Camp	BP Memorial				3:30pm latest			
13:00										
14:00		Pack and Prep	Assemble/Hike to Old Moses				Set-up Camp		Set-up Camp	Set-up Camp
15:00										
16:00		Evening Flags (17:15)					Dinner		Dinner	Dinner
17:00	Dinner (18:00)	Set-up/Dinner	Clean Up Duty	Clean Up Duty	Clean Up Duty	Dinner (18:00)				
18:00	Clean Up (19:00)	Evening Activity (19:00-21:00)				Clean Up (19:00)				
19:00	Opening Campfire (19:30-21:00)					Closing Campfire (19:30)				
20:00	All Scouts in Tents (21:00)									
21:00	Lights Out (21:30)									
21:30										

Shibli Camp:

Our newest program, Shibli Camp, is opportunity for Cub Scouts to attend Camp Kenya and start to their resident camp experience. While electives and outdoor skills are important goals to strive for, Cubs also need to have fun and experience camp at its core.

During the program, Cubs will be working with the camp staff to work on Cub Scout Elective Adventures. Cubs will have opportunities in swimming, camping, handicrafts, fishing and shooting sports (archery and slingshots), while having a great time with their fellow Cubs, parent/guardian partners, and the Camp Kenya staff.

Camp Kenya 2024

Shibli Camp Program Schedule

As of 13 Sept

<i>Merit Badge Program</i>							
TIME	29-Dec	30-Dec	31-Dec	1-Jan	2-Jan	3-Jan	
	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	
6:30		Rise and Shine	Rise and Shine	Rise and Shine	Rise and Shine at Camp		
7:00		Breakfast at Camp (7:00-8:00)		Breakfast at Camp (7:00-8:00)			
7:30							
8:00	Participant Arrival - Transport to Camp - Registration and Orientation Intro to Buddy System, set up their tents according to Camping Adventure Requirements*	Morning Flags (8:00-8:30)	Travel off-site	Morning Flags (8:00-8:30)			
8:30		Family Activity Time			Family Activity Time		Participant Departure for Nairobi or other activities planned by units
9:00							
10:00			Safari Game Drive				
11:00							
12:00			Lunch (13:00-14:00)		Lunch (13:00-14:00)		
13:00			Boulder Climbing		Zip-line & Low Ropes	Swimming & Watercraft	
14:00			Conservation and Nature	Baden Powell Memorial	Archery/Sling shots	Fishing	
15:00							
16:00			Evening Flags (17:15-17:45)	Return to Camp	Evening Flags	Evening Flags (17:15-17:45)	
17:00							
18:00				Dinner (18:00-19:00)			
19:00				Clean Up Duty (19:00-19:30)			
20:00		Opening Campfire		Evening Programming (19:30-21:00)			
21:00				All Scouts in Tents (21:00)			
21:30				Lights Out (21:30)			

Additional Programs:

Introduction to Leadership Skills (IOLS) and BALOO – for Adults

Camp Kenya is also here to provide opportunities to leaders during their time at camp. Alongside working with Scouts and getting involved, we be offering Introduction to Outdoor Leadership Skills (IOLS) and BALOO. IOLS and BALOO build and expands on the concepts and themes you've learned from online training and gives you a hands-on practical introduction to essential Scout skills and the patrol method. IOLS and BALOO are 2 day trainings that requires 1 overnight camping night.

**Schedule and program details will be released closer to camp*

Commissioner's Coffee – for Adults

Commissioner's coffee is a daily meeting with our commissioners to talk everything Camp. We want to hear your feedback; both positive and constructive. Yes, we will be providing coffee!

BSA Leave No Trace Basics Course – for Adults and Youth

Environmental stewardship and outdoor ethics are key tenets of Scouting. This fantastic course teaches you everything you need to know about the Principles of Leave No Trace. It also helps you serve as the Outdoor Ethics Guide to your troop. This course is open to both adults and youth. You can also earn the Outdoor Ethics Awards if you complete some online training first, and bring it to camp:

- [Leave No Trace Online Course](#)
- [Tread Lightly course](#)

We are still looking to expand and offer more opportunities for Leaders. If you are a trainer and would like to share your knowledge or have ideas regarding training, you would like to see, please contact our Camp Program Director, John Wolf at tac-campkenya-802@scouting.org

Order of the Arrow at Camp

All Arrowmen should bring their sashes. We will have an Order of the Arrow Day during camp to share in fellowship with fellow members and demonstrate participation in the Order of the Arrow. It is our desire to be able to offer a Brotherhood induction at Camp Kenya in cooperation with Black Eagle Lodge, more information about this opportunity will be available after 1 November 2024.

Scout's Own

We will offer a Scout's Own Service before our Friday Campfire. We recommend that Units come and get involved. Remember, a Scout is reverent. Chaplain's Aides will be introduced to our Chaplain and are encouraged to work with them to prepare a good service.

The service is non-denominational and open to all Scouts, Leaders, and families. Units are also invited to perform their own services if they would like and are free to invite others.

Closing Campfire and Recognition

The Closing Campfire is put on by our participants. Your unit is encouraged to prepare some skits and songs before camp and come and perform them on stage. The closing campfire takes place on Friday evening. Please make sure that you have rehearsed your skit or song and that it is Scout appropriate. All skits and songs must be submitted to the Program Director before Lunch on Thursday.

During our Closing Campfire, we will also host a ceremony recognizing recent Eagle Scout recipients. Please get in contact if you have a Scout who you feel should be recognized at this time. We will also hand out our Camp Specific Awards.

Evening Programs

Staff at Camp Kenya will also make sure there are plenty of fun things to do after a hard day's work on completing requirements, merit badges and skills development. Some may have a little competition, some are a little more relaxed, but we can guarantee there is something for everyone! Some examples of potential evening programs may include:

General Camp Activities	Merit Badge Specific
<ul style="list-style-type: none">- Opening and Closing Campfire- Unit Campfire Opportunities- Night Walks- Stargazing- Dutch Oven Competitions	<ul style="list-style-type: none">- Additional Merit Badges opportunities- Stargazing Party

**Please note that evening program offerings are subject to change and will be developed as we get closer to camp.*

Additional Activities:

Boards of Review

- We offer a Board of Review for youth who have completed all the requirements for a rank and who have had their Scoutmaster's Conference.
- There will be a sign-up available from the start of the week.
- Please get the permission of the Troop Leadership **before** sending youth to these Boards of Review!
- We can conduct Eagle Boards of Review as well, but please get in contact with us via email, **prior to camp**. These require special arrangements to be put in place, but we are more than happy to accommodate them.

Safari and Baden Powell Museum Day

All attendees of Camp Kenya will spend enjoy a half-day safari at [Ol Pejeta Conservancy](#) and a visit to the Baden Powell Museum and Final Resting Place. Scouts are encouraged to bring a Troop neckerchief to donate to the Museum on their visit.

Kenyan Experience

While at Camp Kenya, attendees will enjoy a Kenya Cultural Day on Monday, December 30, that will include a traditional Nyama Choma BBQ, Maasai Dancing, demonstrations and a very special visit from the Kenyan Scouts.



Operations:

Arrival in Kenya

Transportation from Nairobi to Savage Wilderness Adventure Camp is included in your Camp fees! A representative will meet you at a designated point when you arrive at JKIA, Jomo Kenyatta International Airport, and take you to the appropriate location, based on your arrival time.

For those planning to arrive on 28 December, we ask that you arrange your arrival between 1400 and 2000 local time. Once you have cleared customs, a representative will meet you in the predetermined location, where you will be transported to a local guest house (exact location TBD). Attendees arriving on the 28th will need to make payment for the additional night's stay directly to the accommodation. All participants will be picked up on the 29th at either Holiday Inn Two Rivers or JKIA.

Camp Kenya has arranged with Holiday Inn Two Rivers for a block of rooms as indicated below:

Arrival	Departure	Single Rate	Double Rate
26 December 2024	27 December 2024	\$110	\$130
28 December 2024	29 December 2024	\$110	\$130
4 January 2025	5 January 2025	\$110	\$130
5 January 2025	6 January 2025	\$110	\$130

Room Rate includes:

- Buffet Breakfast in the main Restaurant
- WIFI access in guest rooms and public areas
- Access to the Gym and outdoor swimming pool
- Inclusive of 16% VAT, 10% Service Charge and 2% Training Levy. **Taxes are government controlled and are subject to change without notice relative to statutory policies.*

Reservations:

The code for booking rooms is **SWSCOUTS** and all booking requests should be sent to our Reservations team on email: reservations@holidayinnnairobi.com who will make bookings and also send confirmations directly.

Attendees arriving at JKIA, Jomo Kenyatta International Airport, on 29 December, are asked to arrive between 0400 and 1400 local time. Once you have cleared customs, a representative will meet you in a predetermined location, where you will be transported to the Camp Kenya.

No later than 1 November 2024, participants must use the Camp Kenya Information Survey, which will be sent to all registrants by 30 September, to communicate their flight arrival and departure information. From this, our administrative staff will send you details about ground transportation for pick-up from either JKIA or the Two Rivers Mall location.

Detailed information about transportation will be provided once you have submitted your travel arrangements, confirmed arrival and departure information is required to be submitted no later than 1 November 2024.

All Scouts will be required to take the BSA Swim test, to participate in water activities at Camp Kenya. **Camp Kenya is unable to offer on-site swim tests.**

Kenya eTA – Visa

For entry into Kenya visas are no longer required, however all travelers must request authorization through the Kenya Electronic System for Travel Authorization (eTA) at etakenya.go.ke. Use only the official eTA website as those from third-party sites are not permitted. Families can apply together, and parents should apply for their minor children. Approval usually takes a few days.

Covid vaccination is no longer required for entry. Yellow fever vaccination depends on the traveler's point of origin when entering Kenya. It is suggested to view the CDC webpage for other recommended guidance on vaccinations and prophylaxis at <https://wwwnc.cdc.gov/travel/destinations/traveler/none/kenya>.

Check-in Day

A check-in briefing document will be released closer to the start of camp and will offer more information regarding your check-in. Upon your arrival at camp, your unit leader and Senior Patrol Leader should make their way to the Camp Kenya Office for check-in.

We will:

- Review your booking, check-in participants and make any necessary changes.
- Review medical forms (Parts A, B and C).
- Give you your Check-in packet.
- Introduce you to your Staff Guide.

Camping

Camp Kenya has good old fashioned tent camping. Units and individuals are responsible for bringing their gear with them, including tents. Tents can be rented at an additional cost; it is the responsibility of the unit/individual to cover all costs associated with equipment rental. All rentals should be communicated to the Camp Administrator using the Camp Kenya Information Survey before October 31st. Our Camp Administrator will be reaching out to each POC with vital information needed to make your journey and stay an easy and enjoyable experience!

We encourage you to take on a pioneering project and make it feel like a home away from home. Please be respectful of other troops camping nearby.

Participants are responsible for bringing and providing their gear. This includes personal gear and camping gear. Meals are provided and included in the camp fee. Units do not need to bring gear for meal preparation.

No Scout BSA, Venturer or Sea Scout may sleep in the same tent as an adult or share a tent with another youth who is more than two years older or younger. There are no exceptions to this rule.

Campsite Inspections

Every day our Camp Commissioner will do a tour of the camp and make sure you're all set up safely and your stay is going well. The inspection and scoring of your campsite will count towards the Honor Patrol Award, so make sure that you make a good impression with your setup. We especially like to see pioneering projects.

Meals at Camp

All meals will be provided and are part of the camp fee. Camper will be able to enjoy some traditional camp meals, but also partake in some traditional and common items served in eastern Africa. Rice, beans, meat stews, vegetarian dishes, and various greens are quite flavorful and will be part of the experience during the Cultural Day.

**** Make sure to communicate all dietary requirements in your registration and via the Camp Kenya information survey before 31 Oct 24 to ensure we can accommodate for your needs.***

Provisional Campers

Camp Kenya is happy to welcome Provisional Campers from across TAC and from any other BSA council. Lone Scouts are encouraged to attend our camp for a unique, international experience, and a chance to interact with other Scouts.

Provisional camping is an opportunity for a Scout to spend a week at camp without having to come with the troop, whether to work on badges and advancements or just enjoy the fun and adventure of the outdoor program.

Provisional campers will work with other singular or small groups of Scouts as small patrols. Staff will help provide guidance and leadership for all provisional Scouts in attendance. The campers will determine patrols and identify youth leadership.

Independent Scouts should register for Camp Kenya classes and programs, just as any other Scout attending camp. Campers are responsible for bringing personal gear including sleeping bags and tents. Tents are available for rental for a separate fee beyond the registration fees.

****Any youth traveling to Kenya without an accompanying parent MUST carry a letter of permission, signed by all guardians. This includes youth traveling with unit leaders who are not their parent.***



Showering and Toilets

Whilst most of the facilities at Camp Kenya are single cubicles and therefore compliant with BSA Youth Protection standards, we do have some additional rules put in place:

- Toilets and showers are clearly marked for separate use by males or females.
- Please clean up all personal trash.
- For showers, use only the water that you need.
- Check carefully for all personal items before leaving.
- The shower building should not be used as a charging station.
- Clear markings at shower house entrances will also note whether the bathroom is for youth or adults (18+ years old). You must use the appropriate shower house and/or hours and toilet facilities for your age and gender, *as determined by the gender identified on your BSA registration.*
- We will post the shower times on the doors, and they will be in your check-in packet.

If a drain or toilet is clogged or if you find other damage in the shower building, please notify the Camp Kenya office staff.

If further accommodations need to be made for you or a member of your unit, please contact your Camp Commissioner or the Camp Director.

The camp environment is often very conducive to the transmission of illness. Due to this, all campers and staff are encouraged to shower regularly and always wash and sanitize their hands before meals and after handling food or using the facilities.

Water Conservation in Africa is very important. A Scout is Thrifty!

- Use 2 minutes of water. On/Wet/Off. On/Rinse/Off. Done.
- Washing hands before meals is a carefully observed custom in Kenya.

Emergency Procedures

All emergencies must be reported immediately to the Camp Administration, Health Officer, or the nearest staff member. In the event the camp emergency signal sounds, please return immediately to your campsite and begin accounting for each of your Scouts and Leaders. Staff runners will report to each campsite to collect headcounts and to pass along any pertinent information. For more specific information concerning emergency procedures, please refer to the campsite bulletin board. In the case of severe weather during the day, campers may be retained in program areas. During the evening, campers may be evacuated to camp buildings at the discretion of the Camp Director.

****More information regarding these procedures will be available on request and during the Leaders' Briefing at the start of camp.***

Trading Post and Spending money

Camp Kenya will operate a Trading Post with a limited number of BSA and Camp Kenya items. The in-person Trading Post will only accept US Dollars, Euros, and Shillings. Change will only be given in US Dollars. The Trading Post will not stock drinks or food items.

Online Pre-orders will be made available to purchase special Camp Kenya merchandise. This will be the only way to guarantee Camp Kenya merchandise. Make sure to pre-order your exclusive Camp Kenya 2024 items during your registration! Pre-order closes the 2 November 2024. All registrants will receive 1 Camp Kenya 2024 patch, 1 Camp Kenya 2024 t-shirt, and 1 Camp Kenya 2024 scarf. Additional items can be purchased on the registration site.

Items to purchase.....Camp Kenya 2024 t-shirt, Camp Kenya 2024 patch, Camp Kenya 2024 scarf,...

Savage Wilderness has a small gift shop where souvenirs and some beverages and snacks may be available during set times. ***Make sure to pack sun screen, which is hard to find locally in Kenya.**

Savage Wilderness Adventure Camp

Savage Wilderness pioneered Whitewater Rafting in Kenya in 1990 with Mark Savage and Co's now legendary first descent of the Athi River. Now operating over 25 years and running the largest adventure tourism company in Kenya, Savage Wilderness are Adventure Experts. Savage Wilderness offers a wide variety of including, from whitewater rafting, kayaking, mountain biking, climbing, and more! (sawagewilderness.org)

Camp Telephone and Mail

For emergency use, the telephone number for

Savage Wilderness is +254 737 835 963

More contact info will be provided to unit leaders in their check-in packets.

Please do not send mail.

Mobile Phone and Electronics at Camp

Youth are allowed to bring mobile phones and other electronics. However, they are not to be used during instruction. We encourage unit leaders to limit phone and electronic use as much as possible. Camp Kenya Staff reserves the right to confiscate a device if it is disruptive to instruction. It will be returned to the unit leader afterwards.

Mobile Phone Carriers: SafariCom, AirTel and VodaCom

Lost and Found

The camp lost and found will be in the Camp Kenya Office on site.

Scouts should have their personal property and clothing marked with their name and unit number.

- Please do not take valuables to the river, showers, or leave them laying unattended in camp.
- Items turned into the Camp Kenya Office will be posted as lost and found on the Camp Kenya Facebook Page at the end of the week.

Uniform

As a BSA resident camp Scouts and Scouters are expected to be in a BSA uniform at Camp Kenya. Scouts should wear their field uniform during all Flag Ceremonies, Campfire Programs, Interfaith Service, Baden-Powell Memorial visit, and other appropriate events. For all other activities, an Activity Uniform (Scout t-shirt or polo shirt, with Scout shorts or pants) is appropriate wear, unless specifically required clothing is appropriate for the class or activity.

Military uniforms are not acceptable to wear at camp. Camouflage should not be worn unless it is rain gear.

Camp Rules and Policies:

As Scouts, we follow the Scout Oath and Scout Law. It is the Scouts' responsibility to keep these commitments. Our camps may have additional rules in places for your safety. Please review these important reminders below.

TAC Camp Code of Conduct

As a participant and a Scout at TAC Camps, I agree to obey all International and local laws as well as the following:

- I am aware that I am a representative of the Scout movement and will always follow the Scout Oath and Scout Law during my travel and TAC camp participation.
- I will be respectful, tolerant, and considerate of other cultures, including dressing appropriately for a multicultural environment.
- I will obey safety rules, signs and instructions by unit leaders, adults and camp staff.
- I will follow the camp sleep schedule, unless otherwise directed by the camp leadership, by remaining in my campsite and respecting quiet times.
- I understand that the purchase, possession, or consumption of alcoholic beverages or illegal drugs is prohibited. Medical marijuana is also prohibited.
- I understand that smoking is only permitted in marked or designated areas and not allowed in tents. (Legal age is 18 years or older.)
- I understand that gambling of any form is prohibited.
- I will avoid serious behavior issues including dishonesty fighting and bad language.
- I will respect other participants property and refrain from "trophy hunting".
- I will keep the camp and my personal site clean and follow recycling policies.
- I will comply with all elements of the BSA Youth Protection program to prevent abuse and harassment. Review them at <https://www.scouting.org/training/youth-protection/>
- I will only trade patches and souvenirs with my peers and will refrain from selling any items.
- I will comply with all access restrictions and will not enter private tents, campsite or cabins unless invited.

Violation of this code of conduct, and any other conduct deemed inconsistent with the values of Scouting, may result in expulsion from the camp at the participant's own expense.

Accident Insurance

The Transatlantic Council provides limited accident and sickness insurance, that provide coverage on an excess basis. Any participant or leader not registered in TAC must provide proof of coverage.

Each unit should consider its appropriate insurance needs.

Youth Protection:

Scouting must always be a safe space. It is everyone's responsibility to look out for one another and prevent harmful actions, behaviors, or words. Everyone has the right to say NO to things that make them feel uncomfortable.

Two registered adult leaders 21 years of age or over are required at all Scouting activities, including meetings. There must be a registered female adult leader 21 years of age or over in every unit with females. A registered female adult leader 21 years of age or over must be present for any activity involving female youth. The minimum leader requirements, age- and program appropriate supervision must always be provided. All adult leaders and staff must be registered with the Boy Scouts of America. Cub Scouts will camp in the Family Camp area with their parent/guardian. An adult is required to participate alongside their Cub. Scouts All programs will adhere to National BSA Youth Protection policy specific to their registered program.

It is mandatory that all adults, including family accompanying adults, age 18+, attending Camp Kenya complete Youth Protection training on how to keep young people safe. If you have any concern, you should feel safe talking to your unit leader or another adult. Additionally, the TAC camp staff are trained to help resolve issues. Youth are the most important part of the TAC camp!

All Youth Protection incidents, no matter how minor, should be addressed immediately. Adults will refer to their Youth Protection Training while youth members will go to an adult for help and support. Incidents require documentation to ensure that concerns are addressed and tracked. Leadership will determine whether the corrective action is enough and address any ongoing problem areas. Major incidents will be escalated to the proper teams to manage (including youth or adults in possession of controlled substances), as well as major incidents that may require police or other emergency services.

Remember:

- Stop the behavior/abuse immediately.
- Separate the involved parties.
- Contact the Camp Director for assistance.
- Program areas and all medical facilities are ready to assist you.
- The TAC Staff are well trained to respond.

It is our job as adult leaders to protect youth and adults. If you have any concerns regarding Youth Protection violations or procedures, please contact Camp Director Sarah Norman or TAC CEO Joshua Dick immediately.

Contact Details

Camp Director: [Sarah Norman](#)

Camp Program Director: [John Wolf](#)

Camp Commissioner: [Steve Sutton](#)

CEO Transatlantic Council: [Joshua Dick](#)

Tents, Open Flames, Fires, and Stoves

- No open flames in tents. This includes matches, candles, kerosene, propane or liquid lanterns and heaters in tents.
- It is acceptable to use a propane lantern under a dining fly.
- Each campsite must be marked with tags stating, "No open flames in tents." This will be an inspectable item during Commissioner visits and follows the unit fireguard plan.
- Units must attend to all fires and lit stoves and lanterns; no flame will be left unwatched.

Liquid Fuels

The BSA permits the use of liquid fuels only under the direct supervision of an acknowledgeable adult. Bring any fuel you will need with you to camp.

- Liquid fuel may never be used as a fire starter!

Weapons, Knives, Fireworks, Firearms & Ammunition

- Non-folding sheath knives, throwing stars or martial arts weapons are not permitted.
- Fireworks of any kind are also prohibited.
- All firearms and bows are prohibited at camp. This includes ammunition and any crank or air-powered weapons.
- Only camp-supplied arrows and ammunition can be used at the range.

Bikes and Skateboards

- Youth participants are prohibited from bringing bicycles to camp. This includes skateboards, scooters, hoverboards or rollerblades/skates.

Plastic Bags

The use of plastic shopping bags is prohibited in Kenya. When packing, please ensure that you do NOT use any plastic shopping bags, as this may create problems in Customs on arrival. Ziploc-type bags are appropriate and permitted for keeping clothing and other gear dry.

Personal Hygiene

A Scout is clean. The camp environment is often very conducive to the transmission of illness.

- Make sure you shower and wash regularly.
- Wash your hands before preparing food and before eating.
- Tend to any cuts or scrapes immediately by cleaning and bandaging.

Swimming Attire

Swimsuits should be comfortable, functional, and modest. It is important that attendees respect the cultural and religious traditions of Kenya. Water activities will include whitewater rafting, kayaking, stand-up paddle boarding, keep these activities in mind when determining which swim attire to bring to Camp Kenya.

For Males:

- Swim trunks or board shorts are appropriate.
- Closed-toe and closed-back water shoes are required for all water activities.
- Tight-fitting swim briefs or speedos are prohibited.

For Females:

- Modest tankinis or one-piece swimsuits are appropriate.
- Closed-toe and closed-back water shoes are required for all water activities.
- Bikinis are prohibited.

It is highly advised that everyone consider swim shirts with a high sun protection rating value. A long-sleeved swim shirt will help prevent your Scouts from getting a sunburn!

Patch and Souvenir Trading

Many people bring things to summer camps to trade and swap. If you would like to sit down and trade with others, please make sure you're not blocking people or vehicles. Find a safe location, maybe in the shade. Be fair and honest, trade items with the same value, and remember that friendship is more important than any object you can hold in your hands.

- Selling or buying any items outside of the camp trading post is not allowed.

Pets

- Pets are not allowed at Camp Kenya. Exceptions can and will be made for service animals.

Family Camping

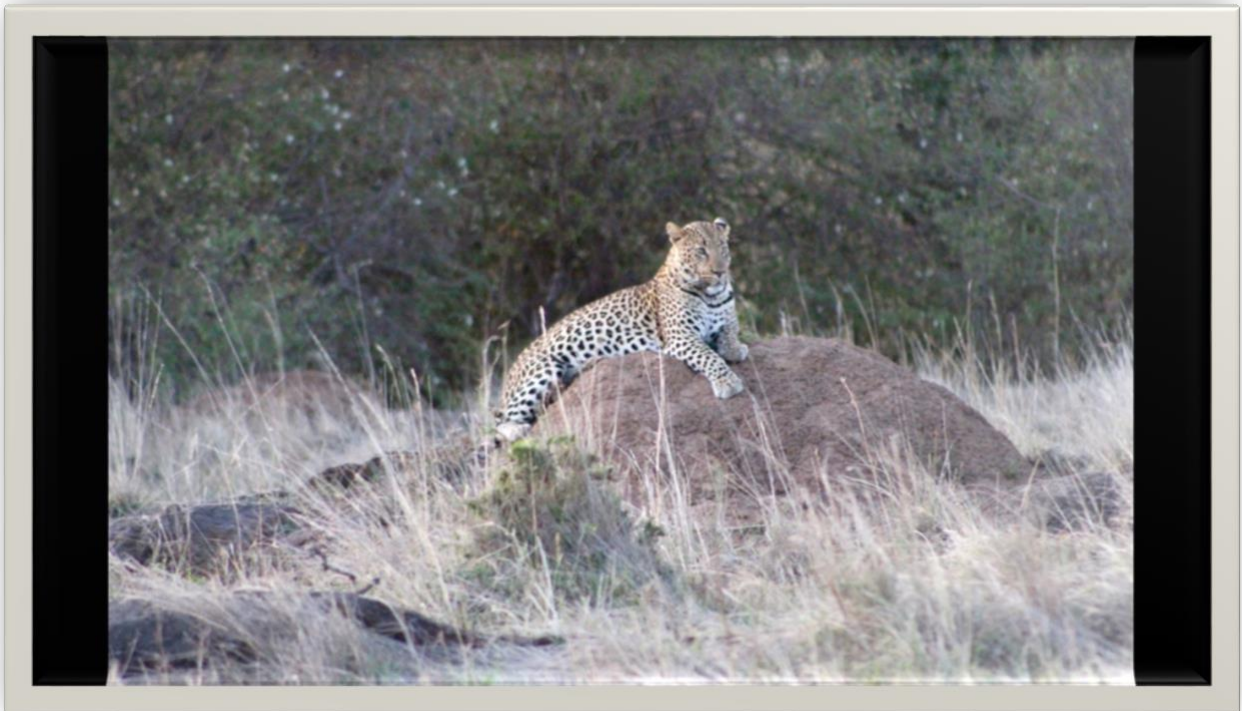
Families are invited to attend Camp Kenya! A designated camping area is available for accompanying families. Families will be able to enjoy all that Savage Wilderness has to offer while their Scout(s) are experiencing Camp Kenya with their fellow Scouts and Leaders. * All families attending Camp Kenya will be able to take part in the Game Drive, visit to Baden-Powell Memorial, and if age 11+ and have a BSA Swim test confirming swimming abilities a whitewater rafting adventure. All meals are supplied for family camping attendees, as well as transportation services to and from camp.

In addition, Family members can partake in several off-site excursions offered through Savage Wilderness, such as a visit to the Giraffe Center or Elephant Orphanage in Nairobi to adventures on Mt Kenya. These are open only to Family Camp registrants. Details will be shared on the Camp Kenya survey. Slots for family member excursions can be reserved on the Camp Kenya Information Survey before 15 Nov24.

**In accordance with BSA Policy, youth under the age of 11 years will have a reduced number of activities available to them, therefore Camp Kenya offers a reduced rate for family accompanying youth. No accompanying family youth may attend without a parent or guardian.*

Additional Risks

Any activity that may have associated risk will be risk assessed and guidelines will be implemented under the discretion of the Camp Director, and will be followed at all times by participants, by staff and anyone under the care of the Transatlantic Council during their stay at camp.



Health and Safety

BSA Annual Health and Medical Records

Every individual in the camp must have the required Annual Health and Medical Record form with Sections A, B, and C completed. It must be completed by a certified and licensed health-care provider: a physician (MD or DO), nurse practitioner or physician's assistant.

- Anyone arriving at camp without a medical examination will have to obtain a medical examination before they can check-in. This may be at their own expense or unavailable. Not having a completed Health Form A, B and C will result in denial of entry to Camp Kenya.
- Forms can be found here: <https://www.scouting.org/health-and-safety/ahmr/>
- Forms should either be uploaded into each registration or emailed directly to tac-campkenya-802@scouting.org prior to arrival at Camp Kenya.

Validity of Medical Forms

Annual health and medical records are valid through the end of the twelve months from when it was administered. For example, a physical administered December 3, 2023, is valid until December 31, 2024. Please bring to camp a medical form for all youth and adults that are valid until 31 January 2025 (administered after 1 January 2024).

Camp Dispensary

Camp Kenya will have a Health Officer present and on-call throughout the entire camp. They will be prepared to handle emergencies and provide treatment for most injuries and illnesses associated with camp life.

Local hospitals include:

- Sagana Sub-County Hospital (13 minutes)
- Murang'a County Referral Hospital (31 minutes)
- Kagio Public Hospital (40 minutes)

The Transatlantic Council provides an Accident and Sickness Insurance program that serves as secondary coverage. This coverage is provided for all registered members and leaders of the council. In most cases, healthcare provided will need to be paid directly, and subsequently, an insurance claim filed for reimbursement.

Prescription Medications

All medications ultimately are the responsibility of the individual and in some cases, the Unit Leader. The Camp Health Officer will screen each individual's medical evaluation during check-in and identify any medications which must be maintained in the medical tent, and which medications Scouts should have on their person at all times (e.g., inhalers, epinephrine pens, nitroglycerin, etc.).

- All prescription medications must be listed on the individual's medical form.
- All prescription medications must be in their original bottle with dosage information on the bottle.
- Camp Kenya will not stock prescription medications and it is the responsibility of the participant to arrive at camp with the appropriate amount of prescription medications needed for their stay.

Food Allergies, Allergies, & Special Medical Concerns

Unit leaders should notify the Camp Health Officer of any allergies or special medical concerns (e.g., asthma) before their arrival at camp and during their medical screening.

Unit leaders who have individuals with special dietary requirements, including allergies, must contact the Camp Administration no later than 15th October 2024 regarding these requirements to ensure adequate time to make necessary menu adjustments.

Proper Hydration

Proper hydration is always important! Everyone should remember to bring a reusable water bottle. Savage Wilderness filters their drinking water and there are urns strategically placed around camp to fill water bottles throughout the day.



Further Links

Camp Kenya Registration: <https://scoutingevent.com/802-CampKenya24>

Camp Kenya Webpage: <https://tac-bsa.org/camping/camp-kenya/>

Camp Kenya Facebook: <https://www.facebook.com/CampKenyaBSA/>

TAC Camping Page: <https://www.tac-bsa.org/camping>

TAC Friends of Scouting: <https://www.tac-bsa.org/Donate>

TAC Eric Cooley Campership:
<https://247scouting.com/forms/802-2024TACCampership>

Other TAC Camp Opportunities:

[Camp Avantura BSA](#)

[Camp Alpine](#)

[Wood Badge](#)

[NYLT](#)

Leader Checklist

Are you prepared for Camp Kenya 2024? The task of being a unit leader may seem thankless, but a little bit of planning can help you guarantee a smooth camp stay and ensure you get the thank-you you deserve from your Scouts. We've made this helpful little checklist if you'd like to use it.

May to August	Completed?
Collect Camp Fees	
Begin Planning with Patrol Leaders Council	
Prepare Camp Letter to Parents	
Inform Families of our refund policy and cancellation policy	
Assist families in need of assistance to fill out and send in Campership Application	

August to October	Completed?
Check for program updates	
Medical forms and Merit Badge Schedules	
Collect Camp Fees	
Arrange for Adult Leadership	
Hold Troop Camp Meeting	
Complete CK'24 Information Survey for all participants	
Confirm that all registrants have a valid swim test that has been uploaded to their registration	
Ensure Savage Wilderness on-line Indemnity form is completed for each camper	
Unit Leaders and POCs participate in Virtual Unit Leader session with CK24 Camp Director – 19 October 2024, 1900 Nairobi (1200 US EDT) https://us02web.zoom.us/j/83785075685?pwd=xVJ9c4W2ONYRgqIpb3DLdXVSyUVBJN.1 Meeting ID: 837 8507 5685 Passcode: 695648	
Make Final Payment by 31 October 2024	

3 Weeks Before Arrival	Completed?
Double-check attendance rosters	
Confirm transportation arrangements	
Collect necessary paperwork	
Make sure Leaders are registered in the BSA and have completed Youth Protection Training. This includes ALL adults, including Family registrants.	
Ensure each registrant has been approved and received their Electronic Travel Authorization (eTA)	

Upon Arrival at Camp	Completed?
Bring a copy of your final order.	
All necessary health forms, swim test verifications, and other documents as needed	
Question regarding your statement should be handled before you arrive at camp by contacting tac-accounting-802@scouting.org	

Participant Recommended Packing List

Make sure you're all packed and prepared for a fun week of programs, adventure and Scouting this year at Camp Kenya. While this is not an exhaustive list, it's a good place to start. The Scout motto is "BE PREPARED," so make sure to pack like it.

<p>Clothing</p> <ul style="list-style-type: none"> • Scout BSA Field Uniform Shirt • Some Activity uniforms, Scouting specific • 2 - 4 pairs of Scout shorts or Trousers, appropriate to Scouting • Scout Belt (web or leather) • Scouts or hiking socks • Appropriate Footwear: Hiking boots or trainers, no open shoes <ul style="list-style-type: none"> ◦ Flip flops or sandals (for bathhouse) • Rain Jacket or Poncho • Warm fleeces/hoodies/sweater • Personal Clothing Items: underwear, bras, etc. daily with spares. • Appropriate Swimwear, including close-toed + closed-back water shoes • Hats <ul style="list-style-type: none"> ◦ Bring an appropriate sun hat <p>Big Bits</p> <ul style="list-style-type: none"> • Sleeping gear • Sleeping mattress • Small day backpack • Pillow • Tent 	<p>Scouting Essentials</p> <ul style="list-style-type: none"> • Flashlight/head torch • Pocket Knife - Locking, spring-assisted and sheath knife NOT PERMITTED • Water bottle or Canteen • Sunscreen and sunglasses, after-sun • Trading item i.e. patches neckerchiefs • Spending money (USD and/or Euro) • Notebook, stationery, pens and pencils • Bug Repellent • Compass • Your Scout Neckerchief <p>Personals</p> <ul style="list-style-type: none"> • Toiletries and Towelx2 • Laundry articles • Personal Medications • Watch • Pajamas • Mess Kit, with utensils and cup <p>Miscellaneous</p> <ul style="list-style-type: none"> • OA sashes/memorabilia • Ziploc bags - keeps things waterproof • Patches for trading
<p>Optional Bits</p> <ul style="list-style-type: none"> • Camp Chair or Stool, • Radio/Alarm clock: • Reading material/hobby item • Games, frisbee, cards etc. for entertainment • Rope/paracord for pioneering projects 	<p>Merit Badges:</p> <p>Make sure to bring proof of prerequisites. You may not be able to complete them if you don't.</p> <p>Make sure to read the requirements thoroughly, and if you're unsure, talk to a parent about them or contact us for support!</p>
<p>Evening temperatures will be in the low 60s, day highs could be mid-high 70s in December. Be Smart! Be Prepared!</p> <p>Electronics use should be limited. Scouts are here to experience nature and the outdoors.</p>	

*****AN ADDITIONAL PACKING LIST WILL BE SUPPLIED FOR KILELE AND MLIMA**

Mlima Program Specific:

ROUTE

Day One of Trek: Start at Old Moses Campsite, 3,300m elevation

Day Two of Trek: Liki North Hut, 4,000m elevation, 10km hike

Day Three of Trek: Shipton's Camp, 4200m elevation, 5km hike

Day Four of Trek: Batian, 5,199m elevation, 6km hike

Day Five of Trek: Batian to Old Moses Campsite, 11km hike

TRAINING

- Should be able to trek 10km with 20-30lb backpack
- High-altitude preparatory hikes, elevation change of 800-1000 meters
 - This will help with easing altitude sickness
- Prep for cold temperature, average daytime high in Kenya in January is 11C to 4C or colder.

GEAR

Be prepared for varied weather, in December and January the average daytime high is 27C at Camp Kenya and temperatures average 7C after sunset. Temperatures on Mt Kenya will range between 11C and 0C.

- Hiking Shoes/Boots, please bring genuine hiking shoes and not just trainers
- Hiking Trousers/Shorts, 1-2 pairs, it will be very warm so please keep that in mind
- Sunscreen
- Hat with visor to block sun
- T-shirts (preferably not cotton), 1-3
- Hiking Socks, 2-3 pairs
- Undergarments (preferably not cotton), 2-3
- Sleeping Bag
- Toiletries, preferably travel size (toothbrush, toothpaste, deodorant, hand sanitizer)
- Day Pack
- Rain Jacket/Windbreaker
- Fleece/Jacket, 1
- Thermal Unders, 1
- Warm Hat
- Camp Shoes (optional)
- Stuff Sack/Pouch for sleeping bag
- Sleeping Mat (optional)
- Sunglasses
- Walking Poles (optional)
- Snacks, if needed (e.g., granola bars)
- Head Torch/Flashlight
- Water Bottles, 1-2, not disposable
- Wet Wipes (optional)
- Medication (please make your Trek Leader aware of any medication you are taking)
- Blister Plasters/Moleskin (optional)
- Diamox for altitude prevention (optional)
- Knee/Ankle Support (optional)
- Water Purifier, tool or tablets
- Personal Mess Kit

Mount Kenya

Mt. Kenya is a broad, largely symmetrical volcanic cone with a diameter of about 120km. and was formed between 2.6 and 3.1 million years ago. It was possible that the original volcano was over 7000m in height, more than 2000 meters higher than today. Of the main peaks to the mountain, Batian 5,199m and Nelion 5,188m are only accessible to technical mountaineers, whilst Lenana, 4,985m, is accessible to trekkers.

What is it like climbing the mountain.

Do not underestimate this mountain. Mt kKenya is big and the whole excersise is **HARD WORK**. Probably harder exercise than anything you've done since you left school. You will certainly be cold at times. Worse, you may get soaking wet in rain or sleet. At higher altitudes (+400m) 50% of the group will suffer a headache. Some will feel sick/vomit. You will discover muscles you didn't know you even had and at times you will consider yourself a prime candidate for the lunatic asylum. But don't worry this is quite normal on such a mountain. Console yourself with the thought that most others with you are feeling the same way, and often worse and that it can't go on forever.

Stage by Stage

3300m to 4000m.

The walk is a novel to start with, the scenery is interesting and if you left early it is still quite. By 1100 it is started to warm up, so you are likely to be sweating. Your legs will start to feel the strain of non-stop up-hill walking and your calf muscles ache. A sit-down breather every 30 -40 minutes is welcome. On reaching the first night camp at Liki Hut, a warm cup of tea or coffee revives you rapidly and within an hour you feel almost normal. Pulse rate between 100 and 120bpm to be expected.

4000m to 4200m

You should have slept very well. Breakfast tasted great, your somewhat stiff but this is likely to soon wear off once you get walking. The first couple of hours are again very pleasant, as vegetation and scenery changes are spectacular, though after that the walk becomes a bit of a drag. You may be having a couple of blisters forming (make sure you take care of them.) Your walking pace is slower than yesterday. Once at the hut if you have not worn sunglasses during the walk you might have a mild headache. You are likely to have lost your appetite but it is important to eat. You may be suffering from cramp at night or at rest so keep eating some salt. Sleeping is difficult.

Pulses rate 100 to 130bpm with heavier breathing.

4200m to Summit

Getting up at 3am to summit isn't bad; after all you probably haven't slept much. You put on the clothes that you have but you are still half frozen with the cold. Unlike the previous day it's now scree slopes to Lenana, with one foot after the other if the scree is still frozen if not its 2 up and 1 down. The question "why am I doing this" now gets asked. You continue up the scree. Lenana is just a stone's throw away but yet it doesn't seem to get any closer. One foot after the other you make the summit and the question of why you are doing this is answered. Breath taking views (if you are not in cloud cover).

The Descent

Having left Lenana, the walk / run / slide back down the scree is either exhilarating or plain exhausting. The further you go down the thicker you can feel the air becoming. Now that it is daylight you can see the full horror of the scree slopes, and you wonder how anybody, let alone yourself ever made it up. On reaching the camp, food is either the last thing on your mind or a welcome site. It is important to eat as you will need your energy for the long walk ahead of you. Some find the walk off the mountain a lot harder as you cover a lot of

distance, you are already tired, you have been up since 3am, you have already summited and now you just want to be off the mountain having a shower. The further down you go the better you feel especially when you pass several groups now struggling upwards. That night you sleep well although it is a struggle to get up in the morning with 101 muscles hurting.

Please note the faster you go up the less time you have to acclimatize the more likely you are to feel rotten, the less chance you have of Summiting, and you only have yourself to blame! So, walk slowly; there is no rush to get into camp early.

Some helpful tips on climbing the mountain:

Walking

- * Slow and continuous (not stop start)
- * Don't lose and gain altitude unnecessarily
- * Lock a knee to rest.
- * Don't bend over; stand upright (get max O2 in)

Walking on scree

- Sideways (max surface area)
- Small steps
- Continuous

Altitude

- * Keep going slowly
- * Drink loads
- * Eat Correctly
- * Be Honest. (headache, dizzy, etc.)

If you get lost

- * Head up hill not down (more chances of finding a path)
- * Keep to ridges
- * Keep out of forest
- * Wait for cloud / weather to lift

Sun

- * Use sun cream (back of legs, neck, face and arms)
- * Wear a hat at all times
- * Wear sunglasses at all times

Heat

- * Try keep your temperature regulated (don't get too hot then too cold: keep it constant)
- * Keep warm when walking and when resting. (don't keep stopping to put on then take off clothing.)
- * Always have clothes available to put on. If cold don't put all your clothes on in one go; psychologically not the best thing to do because if you are still cold you have no more clothes to put on
- * Keep dry

Energy

- * Save your energy, don't do silly things like run around or race after people.
- * Conserving your energy this will increase your chances of reaching the summit.

Water

- * Mountain water is clean, but you are advised to treat your water.
- * Drink minimum of 1 litter before lunch and 1 litter after lunch (along with tea, coffee, and soup in the evenings)

- * Do not go to the toilet near or in the water: go as far away from the water as possible.

Animals

- * There are wild animals (esp. forest)
- * Keep a look out
- * Don't startle or scare them make a little noise so they know your around (in the forest)
- * Don't run away move away slowly unless you are being charged
- * Keep out of their way

Camps

- * Know where the leaders or guides tent is, in case of any problems
- * Keep quiet, be considerate to others
- * No fires

Other points

- * Keep mountain clean (litter)
- * Keep noise down and enjoy yourself!

Equipment required to climb the mountain:

Please have a look at the kit list you are given. It is important to note that you should have tried on all your equipment before you come to make sure it fits and you and walk in it. (For example, your Waterproof clothing should fit over several layers as you are likely to be wearing it when it's cold and raining.)

Make sure you wear your boots in, wear them for at least 2 to 3 weeks before the trip. This will reduce your chances of getting blisters. If you are buying boots for the trip, make sure you speak to someone about the boots and the fit before you buy them.

Make sure you cut your toenails short before you climb the mountain, as constant banging of toenails on the front of your boots is painful and you may lose your nails.

The better your equipment the more enjoyable your trip will be, however if you are only going to climb a mountain once there is no point spending a lot of money on kit you will not use again.

Mental and Physical Heath

Climbing a mountain is between 40% and 60% phycological. If you prepare yourself mentally you have a far better chance of reaching the summit. It is however a good idea to prepare yourself physically. You are advised to take a few long walks of about a couple of hours each before your trip if you can. Wear your boots and carry a small day bag containing what you are likely to have with you on the mountain.

Do not let any of this scare you as it is a beautiful trip and well worth the time and effort.

