



4-6 October 2024

Event Guide

Location

Camp Freedom
Frankenkaserne
Munasiedlung 100
91613 Marktbergel
Bayern Germany

GPS Coordinates:
49.42645146387906, 10.386490996549927

Camp Leadership

Camp Director: Mindy Whitford
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Cub Program: Mindy Whitford
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Staff Advisor: Rodney Henk
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Welcome!

Welcome to the Edelweiss District Fall Cub Family Camp: Outdoor Adventure!

We are excited to help you start your Cub Scouting year with some adventures and experiences Cubs can only have at camp!

Please review this event guide thoroughly and share it with your fellow Pack members. We want every Cub to have the experience these Camps provide

About your Camp Leadership:

Mindy Whitford has volunteered at Cub Camps since 2009 and as a Camp or Program Director since 2015. She now serves as one of Scouting America's National Camp School, Day Camp Administration Course Directors. She also facilitates the Council's Short Term Camp Administration Course. Her love for Scouting, and specifically Cub Scouts, began when she became a first time Webelos Den leader and saw what the program could do for the youth involved. She was raised in a family who helped lead several community camps, so when the opportunity came to volunteer in Cub Camps, it felt like a natural fit for her.

Rodney Henk serves professionally as the Edelweiss and Mediterranean Senior District Executive. He is the founder and serves as the Camp Director of Camp Avantura BSA since its start in 2019, an Aquatics heavy Scouts BSA resident camp on the Adriatic coast in Croatia. National Camp School trained as a camp director in 2017 & 2022. He attended the National Outdoor conference in 2019 completing the Certified Angling Instructor Course. He has served as a staff advisor, Program Director and Camp Director for Cub Scout events at both the council and district level since 2016.

We are always looking for other volunteers interested in being part of the camp planning fun. Mindy and Rodney would love to train anyone who wants to learn the ins and outs of running a camp within Scouting America guidelines.

About Camp Freedom

The District Fall Cub Family Camp is held at "Camp Freedom" as we so lovingly call it. It is a less active military kaserne called Frankenkaserne, under the responsibility of the USAG Ansbach garrison. Scouting America (BSA), is not allowed to own property outside the US. This means any events or camps we run as a District or Council usually require additional costs to rent facilities. USAG Ansbach allows Scouting activities to happen at Frankenkaserne at minimal to no cost, so we're able to keep the cost of camp down for you! Camp Freedom just so happens to also be one of the more central points to our district which covers a good portion of southern Germany, Berlin, Switzerland, Austria, and Poland.

Registration/Fees

All attendees can register for the event on the council website:

<https://scoutingevent.com/802-EdelweissCubs2024>



Cub Scouts

Participation fee for youth is \$25.00. Included is the Camp t-shirt, patch, program supplies, and administrative fees.

Cub Scout Siblings

Cub Scout aged siblings attending, but not a registered member of Scouting America, can participate in the camp activities. They must register with camp as a participant and join the appropriate school aged group.

Siblings older than Cub Scout age and not registered with Scouting America must register for accountability purposes, but they must remain with the parent/guardian the duration of the camp.

(registration/fees continued)

Cub Scout Parents/Guardians not volunteering in camp

There is no charge for parent/guardians to attend camp, but they are required to register for accountability purposes. We hope parents/guardians will consider filling a volunteer roll and help us make the camp experience greater all attending.

We encourage all adults to take the Youth Protection Training offered at my.scouting.org to better help with youth safety throughout camp. It's available at no charge in the training modules.

Tot Lot/Dragon Scouts (because we drag them to all these Scouting Activities)

Fee for the Tot-Lot is \$10 and includes a dragon scout shirt, and activities for the day. Tot Lot is for children too young to participate in the program, allowing parents to be more involved in camp.

Parents with children in the Tot Lot will be expected to remain at camp and available if their child needs them.

Volunteer Staff

Troops/Youth Volunteers

Youth Staff fee is \$10 and provides the youth with a camp shirt and patch. Troops are welcome to attend and assist at camp. Youth must be 14 years of age or older to assist in areas of camp independently. Youth attending with the troop under the age of 14, must stay with their unit leadership or a parent at all times (as allowed by the Troop leadership and Camp Director, if the parent attends camp).

Adult Staff Volunteers

Adult Staff fee is \$10 and provides the adult volunteer with a camp shirt and patch.

Check out the staff opportunities here:

<https://www.signupgenius.com/go/805054EABAE2EA7F94-50722632-fall>



Additional patches can be purchased as part of registration or at camp for \$1.50 each.

Additional camp T-shirts can be purchased as part of registration, or at camp for \$8.50 each.

Meals

Meals provided by camp can be purchased at registration. Food for the entire weekend will be \$25 per person. Those who purchase meals will be given a wristband that needs to be worn the entire weekend for accountability. Be sure to notate any dietary restrictions for each person's meal plan during the registration process. If there are severe allergies, we ask you to take the extra step to contact the Camp Director, so we can properly assess and accommodate that need.

If the meal option is not selected, families/dens/patrols/troops can provide/cook their own meals for the weekend.

Medical

Everyone attending Camp must complete a Health and Safety form (yes parents, this means you too!) Forms will be reviewed and maintained by the Camp Health officer at check-in. Forms will be returned at checkout.

MEDICATIONS. Medications must be in their original containers. Prescription medications must follow the directions and dosages in accordance with the prescribing health care provider's directions. Over the counter (OTCs) medications are administered in accordance with the original label.

CPAP MACHINES. CPAP machines must be battery operated. A charging area will be provided for those who need it.

MOBILITY RESTRICTIONS. If there is anyone with mobility concerns, please inform the Camp Director, so that proper equipment can be put in place to support your camp experience.

Toilets/Showers

- Toilets in the Admin building 24 will have designated youth only and adult only toilets.
- Toilets in building 28 have a sign to be swapped depending on who is using it at the time. Please knock to verify room is empty or in use by your same gender.
- Toilets in building 77 (in the program area) are single use by male/female.

Showers are available for use, if needed. Building 25 is designated as female only toilets and showers. Building 23 is designated as male only toilets and showers. In both buildings, the first floor (ground floor for our non-American families) is designated as youth only (under 18) and second floor (1st floor for our non-American families) is designated as adult only (18 and older).

Camp Uniform

The uniform for camp is the camp t-shirt. Scouts and Scouters are welcome to wear their Field Uniforms, if desired.

Volunteer Staff are encouraged to wear accessories on theme with the camp.

Program

The camp theme is Outdoor Adventure! Cubs will get to experience a variety of activities to enjoy the adventures waiting for each of them in the outdoors!

Cubs will have the opportunity to learn about bugs, birds, small game, the trees, plants and the amazing ecosystem they thrive in. Cubs will also learn fishing skills, sportsmanship, team problem solving, range and target activities, build existing friendships and gain new ones!

In addition to the fun the Cubs will have throughout camp, here are just some of the adventures they have the potential to earn or work on:

Lions*: Let's Camp**, Champions for Nature, Go Fish, and Slingshot

Tigers*: Let's Camp**, Champions for Nature, Fish On, BB, Sky is the Limit, and Tiger Tag

Wolves: Let's Camp**, Champions for Nature, A Wolf Goes Fishing, BB, Finding your Way, Paws of Skill.

Bears: Let's Camp**, Champions for Nature, A Bear Goes Fishing, BB, Roaring Laughter, Balancing Bears

Webelos: Let's Camp, Champions for Nature, Catch the Big One, and BB

AOLs: Outdoor Adventurer, Estimations, Into the Woods, Into the Wild, Champions for Nature, Fishing, and BB

* Lion and Tiger Parent Partners are required to participate with their Cub

** Let's Camp Adventure Lion – Bear ranks: Requirements 2 &3 should be done prior to camp.

Camp Schedule

Friday, 4 October 2024

- 1700 Camp check-in opens
- 1800 Camp dinner (or on your own)
- 1900 Camp Check-in closes.
- Camp glow in the dark games
- 2100 Quiet Hours begin
- 2200 Lights Out

Sunday, 6 October 2024

- 0730 Breakfast
- 0830 Interfaith Service (Optional)
- 0900 Conservation Project
- 1000 Camp Closing Ceremony
- 1030 Break Camp/Checkout procedures
- 1300 Camp Closed

Saturday, 5 October 2024

- 0730 Breakfast
- 0820 Den Gathering Activities
- 0830 Opening Ceremonies/Flag
- 0900 Program Station Activities
- 1215 Lunch & Guest Presentation
- 1330 Program Station Activities
- 1730 Close program stations
- 1800 Dinner
- 1930 Campfire Ceremony
- 2030 Cracker Barrel/Free Time
- 2130 Quiet Hours Begin
- 2230 Lights Out!



Arrival at Camp

Camp will be open and ready to receive Packs at 1700 Friday evening. Please do not arrive before 1700,** but plan your schedule to arrive no later than 1900. Keep in mind, sunset for October 4th is 18:50, with twilight (dusk) lasting until 19:20. It gets extremely difficult to set up camp once it gets dark.

**If you are part of the volunteer staff, please arrive within the requested arrival window set for you by the Camp Director.

If something happens during your travels and you cannot arrive prior to 1900, please contact the camp director as soon as possible, so we can be sure to have the support you need in place when you do arrive.

1. The gates at Camp Freedom are always locked because it is a US military facility. We will have volunteers at the gates ready to let you in during the set arrival window. Please have a copy of your camp registration available to show them for access. If you arrive after 1900, please call the number listed on the sign/gate for access.
2. Proceed to check-in. Volunteers and signs will direct you to the camp check in area. At check-in you will be signed into camp, given your welcome packet with additional camp information.
3. Health Check. The Camp Health Officer and team will review each person's health and safety forms. Any personal discussions needed, will be done in a more private area.
4. Unload and your gear. Unload your gear curbside and then drive your vehicle to the designated parking area. **Please back into** to your parking area as directed by the volunteers.
5. Getting gear to camping area. Volunteers will be available to direct and help you get your gear to the appropriate camping area.

Camping

This camp is a Family Camp, allowing all immediate family members of a registered Cub Scout to attend. Families are not required to attend, but at a minimum, a legal guardian must be able to attend and tent with their Cub(s) for the duration of camp for the Cub(s) to be allowed to attend. Legal guardians camping with Cub Scouts are not required to be registered leaders with Scouting America.

Packs will be assigned camping areas, and families can set up together within those areas. The barracks sleeping quarters in buildings 24 and 25 are not an option for attendees because Youth Protection policies cannot be adequately met.

Webelos Dens

Unit Webelos dens have the option to tent as a den at camp. Youth Protection policies apply within these tenting areas and youth must tent in the assigned area for their designated gender on their Scouting America membership record. If your unit's Webelos den intends to tent together, please notify the Camp Director for further guidance.

AOL Patrols

The AOLs have the same opportunity to camp as a patrol as the Webelos. AOLs also have a second option to tent as a patrol with a Troop, with permission from that Troop leadership. If your unit's AOL patrol intends to tent together, please notify the Camp Director for further guidance.

Troops

Troops wishing to tent at camp in order to assist camp activities can do so in the designated troop tenting areas.

Camping Gear and Equipment

New to camping? Need help getting gear?

- Your Pack should be able to help provide you anything you may need.
- Have your Pack leadership help you connect with the local Troop to see if they are willing to loan you gear.
- For those military affiliated, your garrison's MWR Outdoor Rec Center has camping equipment to rent.
- Still stuck for options, or travel methods making it difficult to bring gear? Reach out to the Camp Director to see how the camp can help you get what you need to participate.

Pack Leadership: Consider coordinating packing of large items that can be shared among your pack members: Dining flies, Canopies, Tables, fire pits, firewood, fire starter, etc.

➤ Weather can be quite unpredictable this time of year, please pack & plan accordingly. ⚡

Recommended packing list

- | | |
|--|---|
| <input type="checkbox"/> Personal Identification (Travel Passport, Military ID, etc) | <input type="checkbox"/> Jacket |
| <input type="checkbox"/> BSA Medical Forms Part A&B for every person | <input type="checkbox"/> Clothing for the duration of your stay |
| <input type="checkbox"/> Any prescription medications | <input type="checkbox"/> Shoes/Boots/Rain boots |
| <input type="checkbox"/> Tent / Ground Cloth / Stakes | <input type="checkbox"/> Towel(s), washcloth |
| <input type="checkbox"/> Additional cover (canopy/tarp, stakes) | <input type="checkbox"/> Toiletry kits for shower |
| <input type="checkbox"/> Camping Chairs | <input type="checkbox"/> Soap, Toothbrush, and Toothpaste |
| <input type="checkbox"/> Above ground fire pit (optional) | <input type="checkbox"/> Wet wipes for personal hygiene |
| <input type="checkbox"/> Lanterns | <input type="checkbox"/> Water bottle |
| <input type="checkbox"/> Flashlight with EXTRA batteries | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> Trash bags for your campsite*** | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Animal proof ice chest and storage for any food/snacks stored in your camping area. | <input type="checkbox"/> Hat with a brim |
| <input type="checkbox"/> Sleeping bags | <input type="checkbox"/> Sunglasses (optional) |
| <input type="checkbox"/> Sleeping pad | <input type="checkbox"/> Backpack |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> Menu and food for meals |
| <input type="checkbox"/> Raingear and/or Poncho | <input type="checkbox"/> Eating utensils |
| | <input type="checkbox"/> Religious Book |
| | <input type="checkbox"/> SNACKS! |
| | <input type="checkbox"/> Anything else you might need |

***Disposing of waste at camp

Bavaria has a very strict trash/recycling process. The camp is charged any fees associated with incorrect disposal of items. Please separate and dispose of your waste properly:

- **Refuse "Resmuell".** Kitchen and food waste such as fruit and vegetable remains, leftovers, coffee filters and other organic and compostable waste; used paper products; diapers; torn clothing; non-recyclable materials.
- **Paper "Papier"** Cardboard, envelopes, magazines, paper egg cartons, and wrapping paper
- **Plastic or "Verpackung"** Plastic bags and bottles, Styrofoam, milk cartons,
- **Metal or "Dosen"** Food cans, soda cans, small metal items
- **Glass "Glas"** Bottles and jars, separated by color: clear, brown, or green (there are bins for each). Blue or other colored glass should be recycled within the green glass container.
- **Bio waste "Biomuell.** Plant based biodegradable or compostable materials, such as fruit peels, coffee grinds, egg shells, and leftover vegetables waste.



General Camp Policies

Camp Knife

Knives are tools - not toys - therefore knives may only be carried by adult leaders. This is the decision of the camp leadership since knives are not necessary to our program. Fixed blade knives, switchblades, and machetes have no use at our camp and are prohibited.

Fires and Liquid Fuels

Maintain your campsite Fires are permitted in above ground fire pits. Be sure your fire is a minimum of 15 feet from tents, shrubs, trees or other flammable objects. Always check for low-hanging branches above the fire. Store matches, lighters, and items used as fire starters in a secure waterproof box or bag outside of your tent. No flames in tents. this includes burning any solid, liquid, gel, gas fuel, and insect repelling devices.

Only Adults are allowed to handle, fill, and use propane stoves or lanterns.

Additives and Fire Extinguishing Additives to the fire are prohibited. This includes chemicals, accelerants, color-changers, and other flame-enhancing products like Magical Flames™. Avoid cooking over a fire where chemicals or additives have been previously used. Always extinguish campfires properly. Ensure campfires are completely cold-out. Do a test on cooled ash for any sign of heat before you consider the fire extinguished.

Emergency Response Never leave a campfire unattended. Prepare a unit fireguard, and practice it. Always have a shovel/rake and water or other extinguishing materials handy. Be prepared to respond to burns or someone on fire with "Stop, drop, and roll."

More information can be found at: <https://www.scouting.org/health-and-safety/safety-moments/camp-fire-safety/>

Alcohol, Tobacco, and Drugs

German laws and customs allow for use of alcohol, tobacco, and drugs that differs from other countries. However, this is a Scouting America function and Scouting America policies take precedence and are enforced at camp.

The use of tobacco products in the program areas is prohibited. This includes the use of electronic cigarettes, personal vaporizers, or electronic nicotine delivery systems that simulate tobacco smoking.

There will be a designated smoking area within a reasonable distance from the tenting area for those who need it.

As outlined in the [Scouter Code of Conduct](#), Scouting activities are not a place to possess, distribute, transport, consume, or use any of the following items prohibited by law or in violation of any Scouting rules, regulations, and policies: alcoholic beverages or controlled substances, including marijuana.

In addition, the Code of Conduct specifies that if you are taking prescription medications with the potential of impairing any functioning or judgment, you will not engage in activities that would put youth at risk, including driving or operating equipment.

More information can be found at: <https://www.scouting.org/health-and-safety/gss/gss04/>

Pets

Only Service Dogs functioning in accordance with the guidelines established by the Americans with Disabilities Act (ADA) are permitted. <https://www.ada.gov/resources/service-animals-2010-requirements/>

Electronics

Use of Electronic devices such as radios, music players, electronic games and cell phones are not permitted in camp program areas. Pack Leaders are responsible for setting campsite and travel policies regarding electronic devices. Campsites do not provide electricity or plug-ins.

Footwear

Closed-toe shoes must be worn at all times outside the tent; shower areas are the only exception.

Lost and Found

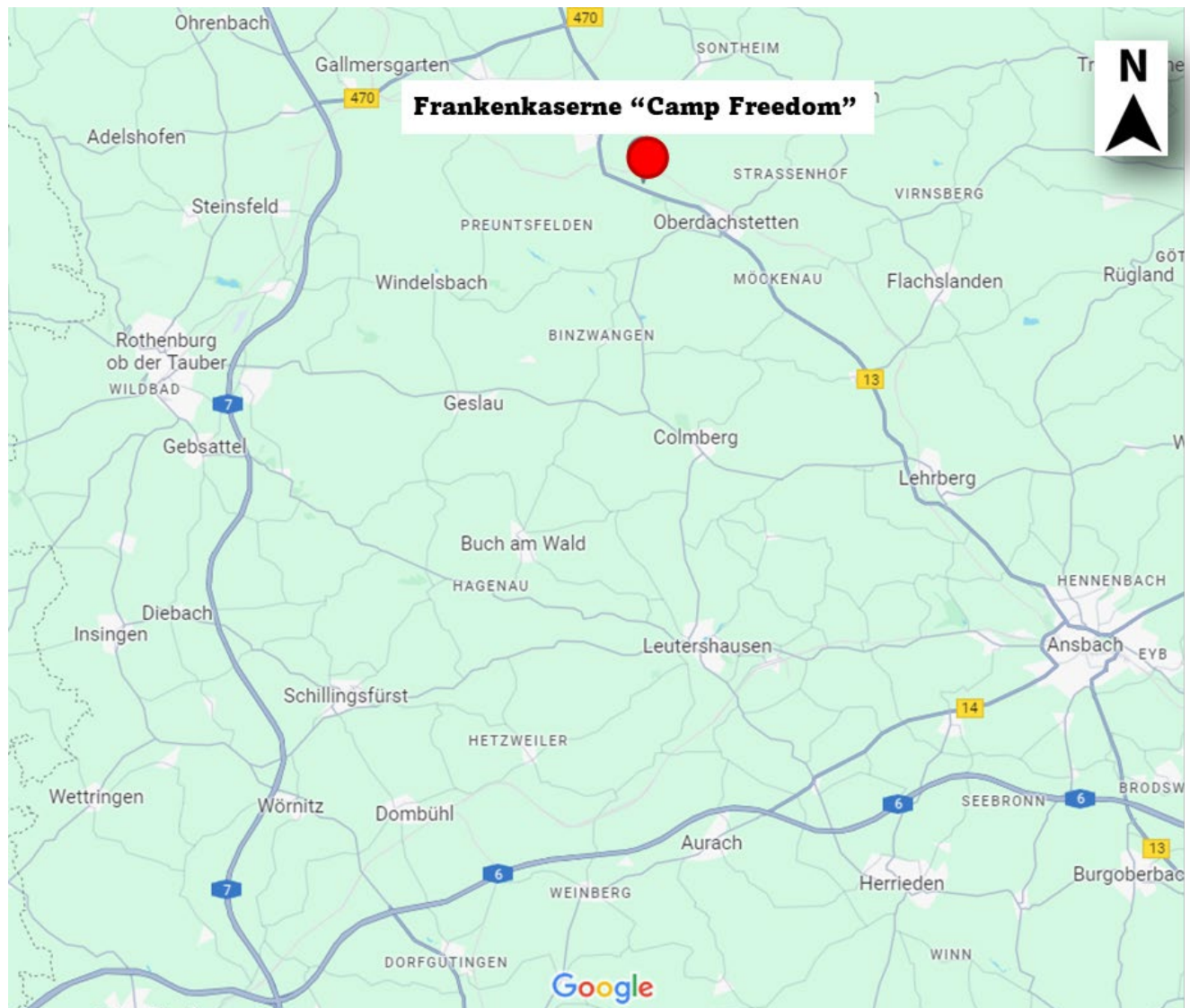
Individual families are responsible for handling their own finances and property. Valuables should be left at home. A lost and found area is located at First Aid Station.

Emergency procedures

Camp has a written emergency response plan. Details will be provided and shared at check-in.

Area Map

There are several ways to get to Camp Freedom. When you are on B13, look for white US Installation signs for Frankenkaserne. The turnoff for Camp will be on the Northeastern side of the road.



General Camp Map

Frankenkaserne "Camp Freedom"



* See Camping section of Event Guide for detailed information regarding these tenting areas



Cub Scout 6 Essentials & Scouts BSA 10 Essentials

CUB SCOUT ESSENTIALS

FIRST AID KIT

A small, portable first aid kit should include bandages, moleskin in case of a blister, antibiotic cream, and some soap or hand sanitizer.



WATER BOTTLE

Always start your hike with a full bottle of water. You should have enough water to get you through the entire hike.

WHISTLE

A whistle is only used in case of an emergency. When yelling for help your voice can wear out but a whistle will keep going. Three, 3-second blasts are the international call for help.



SUN PROTECTION

Protect yourself from a painful sunburn by applying sunscreen, using lip protection with SPF, and wearing a brimmed hat.

TRAIL FOOD

The snack you choose should be healthy, provide energy, and be light and portable. Common choices are nuts, seeds, dried or fresh fruit, and trail mix.



FLASHLIGHT

A flashlight will only be used in an emergency on a hike. Be sure your batteries are fully charged and you don't turn it on unless you absolutely need it.

ULTIMATESCOUTS.COM

"10" ESSENTIALS

Sung to the tune of "My Favorite Things"



Pocket knife, rain gear



And trail food and flashlight



clothing, first aid kit

And sunscreen and compass



Shelter and fire starter



Water bottle and string

This is a list of our essential things.



....
When the bugs bite

When the sun burns

When I cut my hand



I simply remember I brought all these things

And then I don't feel

Sooooo baaaaad.



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