



BOY SCOUTS OF AMERICA  
RAINBOW COUNCIL

2018



# BOY SCOUT RESIDENT CAMP PROGRAM GUIDE

RAINBOW SCOUT RESERVATION



RAINBOW SCOUT RESERVATION



@RAINBOWSCOUTRESERVATION



@RSRSUMMERCAMP



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# WELCOME TO RSR!

“Our mission is to offer the finest summer camp experience in the region by providing a safe, quality, fun-filled Scouting program to every Scout and leader in camp”

Hello RSR Campers!

My name is Eric Lindstrom and I will be your 2018 Program Director. On behalf of Alexis Yakich, our Camp Director, Benjamin Herbert, our Camp Commissioner, the entire director team and our 2018 staff, I invite you to spend an incredible week of summer camp with us at Rainbow Scout Reservation. Our staff is diligently preparing to provide a premier week of program for you and your scouts.



Starting the second half of the century for our summer camp, I am pumped to be welcoming scouts to camp this summer. Our team of directors have been working hard with their staff members to prepare their program areas to best serve our Scouts and Scouters. In this 51<sup>st</sup> summer of camp, and we are forging a new path this summer. We are considering all aspects of our great program to look for ways to make it even better. With that said, if you have any suggestions or thoughts on our programs from years past, I would love to hear from you!

Other camps have trails, trees, and campsites just like we do. What sets a camp apart is its staff. I have had the pleasure to serve as a part of the RSR camp staff for seven summers, and every year has been with a wonderful group of young men and young women. I am humbled to be able to serve with a great group this year as well. I have no doubt the staff at RSR will be able to exceed the expectations of everyone that passes through our totem poles.

If you have any questions, concerns, or suggestions please don't hesitate to contact me.

Yours in Scouting,  
Eric D. Lindstrom  
2018 RSR Program Director  
815-341-0324  
ericlindstrom@stfrancis.edu

## PROGRAM AREAS

Rainbow Scout Reservation boasts eight program areas where Scouts can complete merit badges, hone their Scout Skills, and have fun. Our program areas are staffed by the most qualified instructors around, many of whom are Eagle Scouts and experienced staff members. Each program area is supervised by an experienced area director. Our area directors go through a rigorous selection process where they must demonstrate proficiency in their area's subject matter, leadership skills, and teaching ability.



In addition to merit badge classes, most program areas host specialty and evening programs that do not fall into the traditional summer camp model. A unique aspect to RSR is that after evening flags, the fun does not stop, where we put on everything from traditional summer campfires to the biggest beach blast north of Tijuana!

# AQUATICS

Aquatics is always an exciting program area for scouts and scouters alike. With a wide selection of merit badges and program opportunities, the aquatics area is sure to be on almost every scouts' list of areas to spend time at.

## Merit Badges

- Swimming
- Lifesaving
- Canoeing
- Rowing
- Kayaking
- Stand-up Paddleboard Award
- BSA Snorkeling Award

## Open Programs

- Open swimming
- Open boating
- Open waterslide



Note: Fishing is NOT ALLOWED in the waterfront area. The designated fishing area is located at the dam.

## Specialty & Evening Programs

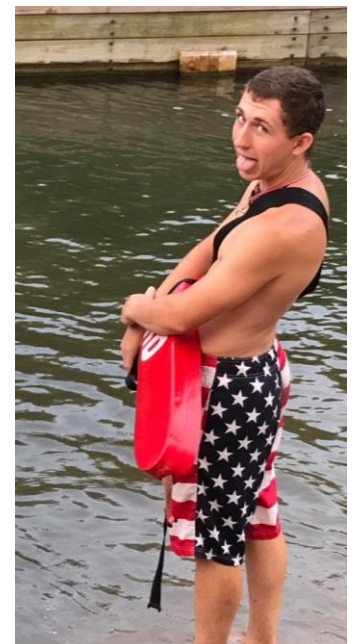
- **Instructional Swimming:** Instructors will be available all morning for anyone who wants to work on their swimming skills. Be sure to take advantage of this opportunity, especially if you are having trouble with any of your merit badges.

- **BSA Mile Swim:** Train yourself to swim a full mile by the end of the week. Experienced swimmers only.

- All participants must attend each session to be eligible to swim the full mile.

- **Tiki Tuesday (The Luau at the Lake!):** Tiki Tuesday is guaranteed to be a good time. The Luau features beach volleyball, quesadillas, and a great Hawaiian theme! Edible Ecology will be hosted by the Eco/Con staff, and a Scoutmaster Splash competition will decide who rules the lake. The Trading Post will be set up at the waterfront, and the entire camp will converge for a party!

- **Pirates' Breakfast:** Wake up early and head out on Long Lake as you pillage and plunder for your meal! Pirates' Breakfast is one of the most popular programs at RSR. Slots are available each morning, and units will sign up as they check in to camp.





# C.O.P.E. / CLIMBING

The COPE/Climbing department is full of opportunities you will not find anywhere else in the Scouting program. RSR's climbing tower and high ropes course are in high demand year-round from Scouters, outside businesses, and organizations looking to improve their problem-solving, teamwork, and leadership skills.



## Merit Badges

- Climbing
- Personal Fitness

## Open Programs

- Open climb
- Open Rappel



## Specialty & Evening Programs

- Night Zip-Line: Friday afternoon, scouts will have a chance to test the courage to go down the zip-Line.
- Adult C.O.P.E: On Monday Nights, adult leaders are invited to try out the high ropes course. Test out your nimbleness on the wires and push your boundaries.
- C.O.P.E (Challenging Outdoor Personal Experience): The COPE program is designed to give Scouts and Scouters a better understanding of the nature of teamwork and leadership. Through a series of team-building activities, a high ropes course, and a low ropes course, COPE participants walk away from the experience with better team-building skills, greater confidence, enhanced leadership capabilities, and a better understanding of their personal abilities. The skills learned through this experience truly extend well beyond the Scouting program.

- Open to both adults and youth at least 13 years old.



# ECOLOGY / CONSERVATION

The Eco/Con department is home to all things nature. The Nature Center offers a wide variety of merit badges and is sure to provide an opportunity for everyone.

## Merit Badges

- Archaeology
- Astronomy
- Environmental Science
- Energy
- Geology
- Reptile & Amphibian Study
- Mining
- Weather
- Oceanography
- Reptile & Amphibian Study
- Weather



## Open Programs

The Nature Center is always open for a look around. The 4:00 PM merit badge slot is designed so that Scouts may work on extra requirements or complete “independent study”-type badges, if availability allows.

## Specialty & Evening Programs

- Edible Ecology: Join the Eco/Con staff at Tiki Tuesday as they present the famous Edible Ecology! If you’re brave enough, you will even get to taste a few critters from the woods.
- Stargazing: After Tiki Tuesday, journey to a secluded section of the camp and learn about the stars and the history of their names.





# PATHFINDERS

The Pathfinders program at RSR is the premier first-year camper program in the region. Participants are placed in a model troop and divided up into patrols where they will spend the week learning the patrol method and working on merit badges together. Our highly trained and energetic staff will work with first-time Boy Scouts to complete numerous requirements for rank advancement from Tenderfoot through First Class. Pathfinders will walk away from their first year at summer camp with four merit badges, proficiency in the patrol method, and a solid foundation of introductory experiences that will follow them through their scouting journey.

The Pathfinders program is designed for more than just advancement opportunities. Experience shows that boys who complete and enjoy their first week at summer camp are considerably more likely to continue with the Scouting program than those who do not.



The Pathfinders program is designed for retention as it allows first-time campers to become comfortable with the program and eases the transition from Cub Scouting into Boy Scouting.



It is not uncommon for units who visit a different summer camp to send a provisional unit of their first-year Scouts to RSR to participate in our successful program.

Apart from the daytime program sessions, Pathfinders have priority to sign up for the Netami outpost that takes place on Thursday night. Netami Outpost is not an experience to be missed!

• **Note:** RSR will provide a list of all requirements completed with each unit's check-out materials. At that point, it is up to the Scoutmaster to certify each Scout's satisfactory completion of the material. RSR staff WILL NOT physically sign off on any requirement in a Scout's handbook. While we pride ourselves on the quality and rigor of the Pathfinders program, rank advancement is subject to the satisfaction of the unit leader. RSR's goal is to teach proficiency in the designated requirements so that the Scout can demonstrate the skill not only at camp to the staff, but at home to the unit leader as well. Unit leaders are invited and encouraged to visit the Pathfinders troop while in session to observe!



# SCOUTCRAFT

The Scoutcraft area is your one stop shop for outdoor skills and Scout skills at camp. Anyone taking the trail to Eagle Scout can surely tell you about the amount of time spent perfecting their knots, building various styles of fires and building pioneering projects. While all RSR staffers are proficient in outdoor & Scout skills, the Scoutcraft staff members are true masters of their craft.

## Merit Badges

- Camping
- Communications/ Public Speaking
- Cooking
- Emergency Preparedness
- First Aid
- Fishing
- Orienteering
- Pioneering
- Safety/ Fire Safety
- Search & Rescue
- Signs, Signals & Codes
- Wilderness Survival
- Art
- Music/Bugling
- Indian Lore
- Pulp and Paper



## Specialty & Evening Programs

- Wilderness Survival Overnight: Participants hike to a primitive location on camp and spend a night in a shelter entirely of their own creation. Required for the Wilderness Survival merit badge and open to anyone willing to accept the challenge.
- 4pm Open Program Extravaganza: Scoutcraft will be a buzzing area at 4 pm where scouts will be able to test their log splitting skills, tomahawk throwing, or challenge a staff member to a one-on-one gaga ball duel.

# SHOOTING SPORTS

RSR is proud of our premier Shooting Sports program. All three shooting ranges will be open at the same time during the morning and afternoon merit badge sessions.

## Merit Badges

- Archery<sup>+</sup>
- Rifle Shooting<sup>+</sup>
- Shotgun Shooting<sup>+</sup>
- Pistol Safety & Marksmanship



## Specialty & Evening Programs

- Balloon Shoot: Rack up a score shooting arrows at balloons.
- Poker Shoot: Take your chance at shooting for the highest card.
- Pail Shoot: How many shots will you take to get the ball in the pail?
- Scoutmaster's Shoot: 'Cause Scoutmasters deserve their own fun time too!



## Open Programs

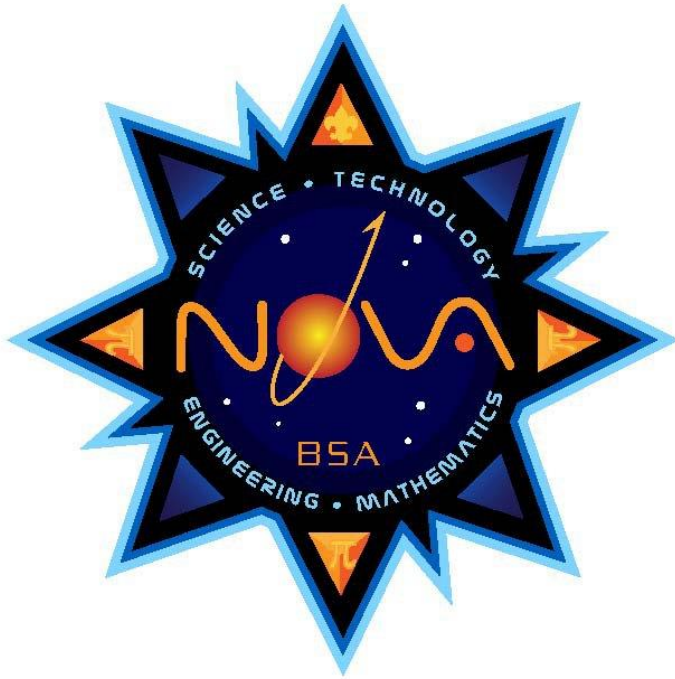
- Open Shoot\*



+ Some Scouts may need more time to shoot than is allotted during the Merit Badge time. These Scouts will be given preference during open shoot times.

\* Scouts and Adults wishing to attend open shoot will be required to buy ammo tickets at the Trading Post before going to the ranges. Scouts qualifying for a Merit Badge do not need to buy tickets.

# S.T.E.M./TRADES



Our Science, Technology, Engineering, and Mathematics area has continued to be a success in its third year, so we are opening a new sub-area: Trades! This sub-area will house merit badges that will be taught by union workers who put these trades into practice every day.

Our New Trades area will allow scouts to be able to try out actual trade skills. With union workers teaching the merit badges, these scouts will be given connections with Local Unions and their expertise as an avenue to a future career in trades.

## Merit Badges

- Automotive Maintenance (Trades Area)
- Chemistry
- Chess
- Digital Technology
- Electricity
- Electronics
- Engineering
- Game Design
- Inventing
- Model Design & Building
- Movie Making
- Nuclear Science
- Photography
- Plumbing (Trades Area)
- Programming
- Robotics
- Welding
- Woodworking (Trades Area)



## Specialty & Evening Programs

- STEM NOVA Award: This opportunity for our scouts is a real treat. Learn about the different aspects of STEM through exciting experiments and activities



# TRADING POST

Looking for the coolest gear on camp? Dreaming about becoming the most successful CEO the world has ever seen? In addition to great service and awesome RSR merchandise, the Trading Post will be offering merit badges for scouts to work on.



## Merit Badges

- Entrepreneurship
- Personal Management
- Salesmanship



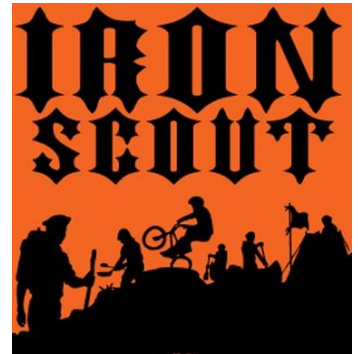
## Evening & Specialty Programs

- Tiki Tuesday: The Trading Post staff will have a remote Trading Post set up at the waterfront for your convenience.
- Lawn Games: Campers will be able to check out bean bags and bolo toss during siesta. Keep your eyes open for lots of new games to play during your free time!
- Mountain Biking: Our mountain bikes will be able to be checked out to explore different areas of the camp. Check out our backside with a group of friends.



# SPECIAL PROGRAMS

•**Iron Scout:** Iron Scout is back! After a brief absence in 2016 this RSR tradition returns with a triathlon style competition in two age divisions! Bike, run, and hit the water to prove you are the toughest scout in camp. Plan on bringing running shoes and a bathing suit! Featuring running, swimming, biking, and kayaking, the Iron Scout competition can give your unit big points in the Camp Cup. Units will have the opportunity to register through their SPL at Monday's SPL Meeting.



• **Valley Forge** – Our new Valley Forge area has returned after a successful first summer in 2017. Try out your metalworking with a fully functional forge. Test your strength and team building with our two-man saw competitions. Other activities down at Valley Forge include tomahawk throwing, RSR branding, Dutch oven cobblers, s'mores and more! You are not going to want to miss this rustic program area!

• **Stand Up Paddleboarding (SUP)** –

The very popular aquatic activity has come to RSR! Not only will we offer the BSA SUP Award during merit badge time, but these boards will be available during open boating time for any scout or adult to come down and enjoy!



•**Duty to God Camping Award-** With Reverent being the twelfth point of the Scout Law and Duty to God being a part of the Scout Oath, a reverence towards God has been a part of the Boy Scout Program since its inception. This summer, we are offering a Duty to God Camping Award for any Scouts who want to find a closer path to God. This program will be independent, and pamphlets will be available for Scouts to earn the award.

•**Older Boy Program-** Do you have older scouts in your troop that are looking for adventure? This year, we are expanding our opportunities for older scouts. We will be developing this area as we near the summer, so check out our Facebook page and our website for updates in the coming months!

# MERIT BADGES



Most badges can be started and completed at camp, but the completion of requirements is subject to many factors, including unforeseen weather, attendance in class, effort outside of class, and the satisfactory completion of merit badge requirements. The 2018 Merit Badge Schedule is on the next page.

Some badges require that the scout have certain requirements completed before he arrives at camp. If you do not see a badge listed on the prerequisite list on page 16, then it should be assumed that all requirements can be completed while at camp.



Merit Badges are a very large part of what camp is all about. But more important than earning merit badges is having fun! We encourage all scouts to take as many badges as they would like, but also to leave some free time to enjoy all that RSR has to offer. Many of our program areas offer open time in the afternoons; Scouts can climb, swim, shoot, or just hang out on the Quad and play Gaga ball! Summer camp is more than just Merit Badges, make sure you get the full RSR experience!



# 2018 Rainbow Scout Reservation Merit Badge Schedule

Area	9:00 AM	10:00 AM	11:00 AM	2:00 PM	3:00 PM	4:00 PM
Aquatics	Swimming	Swimming	Swimming	Rowing	BSA Mile Swim*	
	Lifesaving (9-10:30)		Lifesaving (10:30-12)		Open Swim	
	Canoing	Canoing	BSA Snorkeling*		Open Boat	
	Instructional	Instructional	Instructional	Standup Paddleboard*	Open Waterslide	
Ecology & Conservation	Kayaking	Standup Paddleboard*	Kayaking			
	Archaeology	Energy	Geology/Mining	Nature	Oceanography	Daily Events
Pathfinders	Environmental Science	Weather	Environmental Science	Reptile & Amphibian Study	Astronomy	Daily Events
	First Year Camper Program					
Scoutcraft		Cooking (9-11)	Orienteering	Emergency Preparedness	Search & Rescue	Daily Events
	Wilderness Survival	Pioneering	Safety/Fire Safety	Camping	Camping	Daily Events
	Music/Bugling	Communication/Public Speaking	Communication/Public Speaking	Art	Fishing	Pulp & Paper
			Cooking (10-12)	First Aid	Signs, Signals & Codes	Indian Lore
Shooting Sports	Archery	Archery	Archery		Open Archery	
	Rifle (9-10:30)		Rifle (10:30-12)		Open Rifle** (3:30-5)	
	Shotgun (9-10:30)		Shotgun (10:30-12)		BSA Pistol Safety & Marksmanship *(2-3:30)	Open Shotgun*** (3:30-5)
STEM	Photography/Moviemaking	Programming	Game Design	Inventing	Model Design & Building	Daily Events
	Engineering	Digital Technology	Robotics	Nuclear Science	STEM NOVA Award	Daily Events
	Chemistry	Electricity/Electronics	Chess			
Trades	Automotive Maintenance	Plumbing	Woodworking	Welding	Welding	Welding
Tower		Project COPE (9-12)			Climbing (2-4)	
					Personal Fitness	Open Climb (3-5)
Trading Post	Entrepreneurship/Salesmanship			Personal Management		

\*Snorkeling, Stand-up Paddleboard, Mile Swim & BSA Pistol are not Merit Badges, they are special BSA awards

\*\* Open rifle tickets can be purchased in the trading post - 25 shots for \$1.00

\*\*\*Open Shotgun tickets can be purchased in the trading post - 3 shots for \$1

## 2018 RSR Merit Badge Prerequisite Requirements

Area	Badge	Prerequisite	Equipment	Notes
Aquatics	BSA Snorkeling	Must pass swimmer test		Not a merit badge, but a BSA award
Aquatics	Canoeing	Must pass swimmer test	Wet shoes recommended	
Aquatics	Kayaking	Must pass swimmer test	Wet shoes recommended	
Aquatics	Lifesaving	Must pass swimmer test		
Aquatics	Rowing	Must pass swimmer test	Wet shoes recommended	
Aquatics	Stand Up Paddleboard	Must pass swimmer test	Wet shoes recommended	Not a merit badge, but a BSA award
Aquatics	Swimming	Must pass swimmer test		
COPE	Personal Fitness	1, 6, 7, 8		
Ecology	Astronomy	5b		Requires Additional nighttime observations
Ecology	Energy	4		
Ecology	Environmental Science	3e, 6		
Ecology	Reptile & Amphibian	8		
Scoutcraft	Camping	4b, 8c,8d,9a,9b	have a bag packed with things need for camping	
Scoutcraft	Communication	5, 7c, 8		Offered in combination with Public Speaking
Scoutcraft	Wilderness Survival		Tarp recommended	
Scoutcraft	Emergency Preparedness	1,2c,6c,9		
Scoutcraft	Fire Safety/ Safety	FS:11, S: 1, 2a, 4		
Scoutcraft	First Aid	1, 2d	First Aid Kit	
Scoutcraft	Fishing		Fishing pole and tackle box	Recommended to bring a picture of fish caught
Scoutcraft	Pioneering	2b, 2c		
Scoutcraft	Music/Bugling	M: 3c, B: 6		Recommended previous experience with brass instrument for Bugling
Shooting Sports	Archery			May require additional shooting time
Shooting Sports	Rifle	Be prepared to answer Req. 1 on first day		May require additional shooting time
Shooting Sports	Shotgun	Be prepared to answer Req. 1 on first day		May require additional shooting time
STEM	Chemistry	7		
STEM	Digital Technology		Current Cyber Chip*	
STEM	Electricity	2		
STEM	Engineering	4		
STEM	Game Design		Come with an idea for a game	Primarily involves board games, not video games
STEM	Inventing	6, 8		
STEM	Programming		Current Cyber Chip*	
STEM	Robotics	6		
Trading Post	Personal Management	1, 2, 8		
Trading Post	Salesmanship	5, 6 (a or b)		Offered in combination with Entrepreneurship

# THE ORDER OF THE ARROW

The Order of the Arrow is Scouting's national honor society, composed of those individuals dedicated to the highest ideals of the Scouting movement. OA service, activities, adventures, and training for youth and adults are models of quality leadership development and programming that enrich and help to extend scouting to America's youth.



RSR is proud to partner with Waupecan Lodge to bring those ideals to our summer camp. Although we celebrate the Order of the Arrow specifically on OA Day, the ideals of the program persist throughout the week. RSR, in conjunction with Waupecan Lodge, offers Callout Ceremonies, the Ordeal Ceremony, and Brotherhood Conversion.



## Callout Ceremony

The Callout Ceremony on Wednesday evening is the highlight of OA Day at RSR. Scouts, leaders, and their family members are invited to attend the ceremony as candidates for induction into the Order are called out before their peers. This ceremony is the public highlight of the Order at camp, and we encourage all to attend.

## The Ordeal

Candidates who wish to become members in the Order are required to complete their Ordeal, a process by which they demonstrate their commitment to the ideals of the Order of the Arrow. RSR is proud to join many other camps in the area in offering the opportunity to complete their Ordeal during their time at summer camp if they choose. Candidates will complete their Ordeal and be inducted during their time at camp. Every effort will be made to provide opportunities for Ordeal candidates to complete their merit badges in addition to participating in the Ordeal. The Ordeal will continue to be offered during Waupecan Lodge's Fellowship weekends in the Spring and Fall.

## Brotherhood Conversion

RSR and Waupecan Lodge will continue to offer the opportunity for Ordeal members who wish to seal their membership in the Order through the Brotherhood Ceremony. Anyone interested in completing sealing their membership in the Brotherhood should speak to the OA Commissioner while at camp.



# ADULT LEADER TRAININGS



RSR offers numerous opportunities for adult leaders while at camp. We recognize and appreciate that many if not all adult volunteers sacrifice personal time and resources to make the Scouting program a reality.

## Commissioner Supplemental Training

Our National Camp School Certified Camp Commissioner offers four trainings per week, adapted from national BSA supplemental trainings. Our goal is to serve every adult who visits our camp, and these trainings are designed for both new and experienced adult leaders.

- Leave No Trace – A general introduction to the Leave No Trace ethics and skills. This course is designed to help youth and adults at all program levels understand the general principles of Leave No Trace and how to apply them in the BSA outdoor program.
- The Order of the Arrow and Your Troop - This training explores the Order of the Arrow and how it functions at the unit level. We'll learn how you can use the local lodge as a resource for your unit.

## Certified BSA Trainings

RSR also offers opportunities for adult leaders to complete the requirements for various nationwide certifications. All trainings are conducted and approved by certified council and camp staff.

- Youth Protection Training - The Boy Scouts of America and Rainbow Council places the greatest importance on creating the most secure environment possible for our youth members. This training gives you the tools you will need to recognize and stop abuse. YPT training is valid for 2 years.
- BSA Safe Swim Defense - This course examines the safety procedures and preventative measures to be followed during all swimming activities. Adult leaders supervising a swimming activity must have completed Safe Swim Defense training within the previous two years.
- BSA Safety Afloat - This course examines the safety procedures and preventative measures to be followed during all boating activities. Adult leaders supervising a boating activity must have completed Safety Afloat training within the two previous years.
- BSA Introduction to Outdoor Leader Skills - Every youth in Scouting deserves trained adults. This critically important course for adult leaders provides a hands-on introduction to Scout skills through the First Class rank and will be taught at camp.

If you would like to see any specialty trainings on an issue facing your unit, please contact Camp Commissioner, Ben Herbert, prior to your session of summer camp so that he can develop a training to fit your needs! Contact information can be found on the final page of this guide.

# ADULT LEADER PROGRAMS

Rainbow Scout Reservation recognizes that fun should be had by all ages. That being said, RSR encourages adult leaders to get involved with our program in any way they can!



## Adult Leader Events

Throughout the week, the Camp Commissioner will be hosting several adult leader programs during the week, ranging from Scoutmaster Shoot down at the range to Scoutmaster Splash at the waterfront and many more in between! It is the adult leaders' vacation too, so you need to live it up! A complete list of the events for adult leaders will be released as camp gets closer.

## Dutch Oven Cook-off

Think you are the best camp cook around? Prove it! Get your best Dutch oven recipe ready and impress the judges on Friday with your world class culinary skills. But beware! There will be a surprise ingredient that you will not be given until Friday morning!



## RSR Sand Volleyball Showdown 2K18

As is storied tradition, the 2018 RSR Staff challenges each adult leader in camp to a battle on our hallowed sand volleyball court, so remember to pack your Icy-Hot Packs and Aleve for your eventual defeat! Sand volleyball is something we take very seriously at RSR, so please take that into consideration when deciding if you can take the heat. The volleyball matches are typically held during siesta time throughout the week. The RSR Staff fears no challenger.

## Adults and C.O.P.E

RSR strongly recommends adult leaders to participate in our C.O.P.E Program during the week. It is an amazing program and only gets better with more participants. So, if you have not participated before, 2018 is the time!



# CONTACT US!

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We want to hear from you! Questions? Concerns? Please don't keep them to yourself!

