

TREK PROGRAM

RSR 2024

NO. 2

HIKE

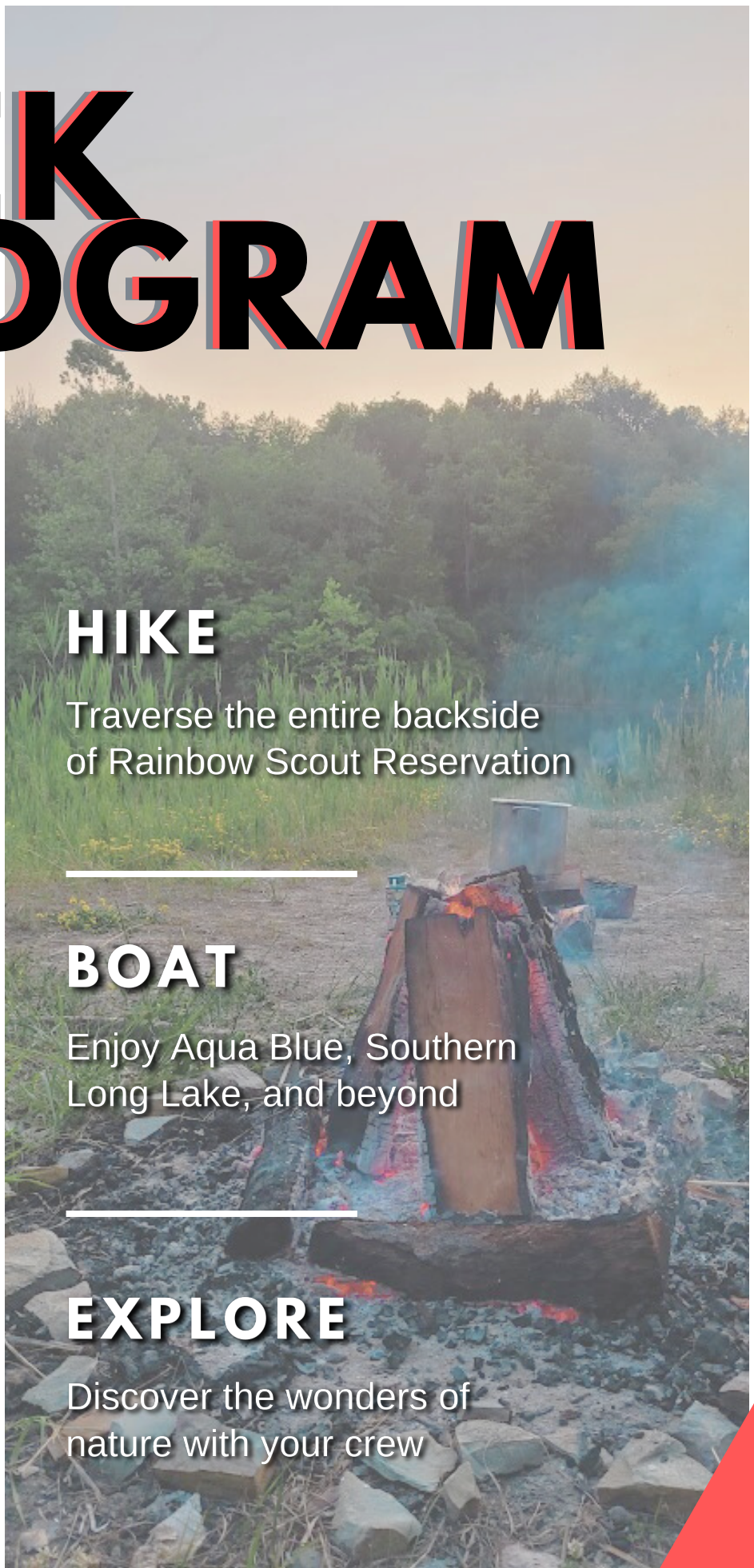
Traverse the entire backside
of Rainbow Scout Reservation

BOAT

Enjoy Aqua Blue, Southern
Long Lake, and beyond

EXPLORE

Discover the wonders of
nature with your crew



MEET THE CREW

ADVENTURE IS ONLY AS FUN AS THE
FOLKS YOU SHARE IT WITH...



TREK DIRECTOR: JOE NELSON

Returning for his second year as Trek Director, Joe is excited to have a glorious summer! With experience at National Camp School and Wilderness First Aid, Joe is fully prepared to lead each of our crews with a jovial spirit!

With vast knowledge of local wildlife, folklore, and ancient civilizations, Joe can't help but make any situation one to learn from!

TREK QUARTERMASTER: VAL RYBA

With four years of camp staff under her belt, Val is more than ready to bring the Trek program to new heights!

With an impressive amount of experience mountaineering out in the wilderness of Alaska, Val can't wait to help guide crews around her home camp here at Rainbow Scout Reservation!





The Trek Program has a fee of \$30.00 which goes directly to equipment and food cost for the Trek Program.

There is no age requirement to join the Trek Program; all those who feel the call are invited to join the crew!

SCHEDULE OUTLINE

MONDAY

- Leave No Trace Training
- Basics of backpacking & loading packs
- Intro to setting up camp and cooking

TUESDAY MORNING - FRIDAY MORNING

Trek begins Tuesday after breakfast, and returns to main camp Friday morning

Opportunities on the Trek will include...

- Low COPE
- Swimming @ Aqua Blue
- Fishing
- Canoeing and portaging through the multiple lakes on backside

FRIDAY AFTERNOON

- Enjoy camp-wide program
- Camp-wide closing campfire

PACKING GUIDE

We recommend the following gear for those planning on joining the Trek Crew...

- **BACKPACK**
- **SLEEPING BAG**
- **EXTRA SOCKS**
- **EXTRA UNDERWEAR**
- **WATER BOTTLE(S)**
- **HIKING BOOTS**
- **CAMP SHOES**
- **MESS KIT**
- **RAIN GEAR**
- **TENT & TARP**
 - **SUITABLE SIZE FOR CARRYING**
- **SWIM SUIT/TOWEL**

BUT HOW DO I PACK EVERYTHING?

One of the first things that the crew will go over together is how to manage gear on a backpacking venture. The Trek Quartermaster will be in charge of making sure everyone packs smart and is all set for the trek!

Camp provides all necessary cooking gear, as well as water purification methods.



POINTS OF INTEREST



THE ADIRONACKS

Centrally located just off of Beaver Bay, this quaint campsite is blessed with two bunk houses for year-round backside bed and breakfasts.

With room for eight campers in each bunk house and a lovely backyard, what more can you ask for?

AQUA BLUE

“All of this hiking sure makes me want to go for a swim!”... says *literally everyone*.

Enjoy the view all the way to the bottom of the lake! It’s stunning! Take a dive, row about, or just relax on the banks of RSR’s greatest water feature.



THE CLIFFS

There are many different trails to explore while on the backside, and amongst them includes a beautiful sight to behold at The Cliffs!

Don’t forget to pack comfortable hiking boots, because you are going to want to see this!



LOW COPE

Tucked away in the forests of backside is an extensive Low COPE Course for your crew to challenge themselves with fun team building exercises.

Don't forget to pack your thinking hat, because these obstacles will bend your mind!

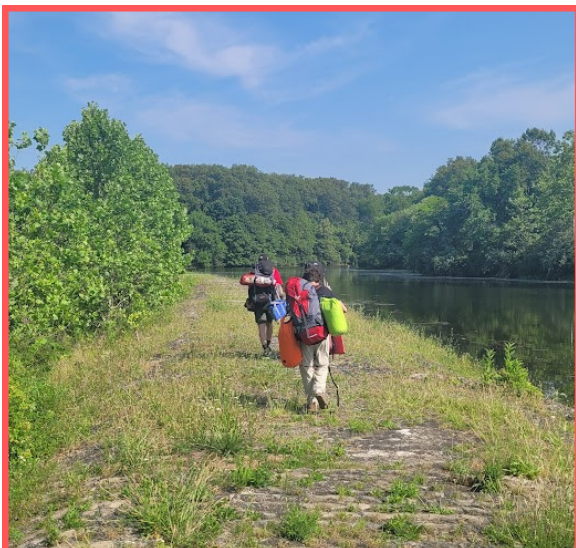
JOAN'S ISLAND

A new campsite forged by the Brush Hogs in 2022, Joan's Island is paradise here at camp.

Tucked within the shallows of Long Lake, the island stands as a peaceful resting place for your crew!



WHY TREK?



You're looking for a trek program with a low barrier to entry

You love Rainbow Scout Reservation, and want to experience it in it's fullest glory

You are preparing for a high adventure trip and want to test the waters and your gear

You have experienced main camp, and want something different from your camp experience

You think Joe and Val have great bants

ADVENTURE AWAITS...

**SPEND THIS SUMMER WITH
YOUR RSR 2024 TREK CREW**

If you have any questions regarding the RSR 2024 Trek Crew, please join me at one (or both!) of the RSR Adult Leader's Meetings held via Zoom. For more information, please see the RSR 2024 Program Guide. Also, feel free to reach out to me personally, and I would be more than happy to help!



**PROGRAM DIRECTOR:
ANDY HRVATIN**
LTHRIVATIN@GMAIL.COM
(815)409-8165

