

**Come to the Mountain,
Unleash Your Superpowers!**



Webelos - Life Scouts

Girls Only!!

**April 17-19, 2020
Leader's Guide**

Black Hills Area Council



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WELCOME

The Black Hills Area Council, the Central Great Midwest Region, and the 'Come to the Mountain, Unleash Your Superpowers!' staff are excited to be able to offer this inaugural opportunity right here in the Black Hills of South Dakota; specifically, Medicine Mountain Scout Ranch. This is truly one of those once-in-a-lifetime events.

The staff is looking forward to sharing our skills with you, so that you may have an opportunity to learn/practice new skills and prepare for future outdoor experiences. We hope to see you on the mountain.

EVENT LEADERSHIP

Co-Chairs

Bobbi Jean Jarvinen | bobbijean.scouting@gmail.com | (605) 209-5089

Carol Boyles | boylecar@gmail.com | (605) 390-7840

Professional Advisor

Bobbi Gordon | bobbi.gordon@scouting.org | (513) 490-2565

WHY A GIRLS ONLY WEEKEND

For years, the boys that have been involved in Cub Scouts have been learning the basic Scout skills. Like camping, orienteering, fire building, and so on. Since girls were only able to join recently, many of the girls who joined were at a disadvantage with not learning these skills through the whole Cub Scout period. This event is to help catch the girls up on those skills to ensure they are successful.

UNIT LEADER RESPONSIBILITIES

Review this guide with youth and parents prior to their registration and participation; providing guidance and answering any questions they can, other questions can be directed to the Event Co-Chairs or the Professional Advisor.

REGISTRATION

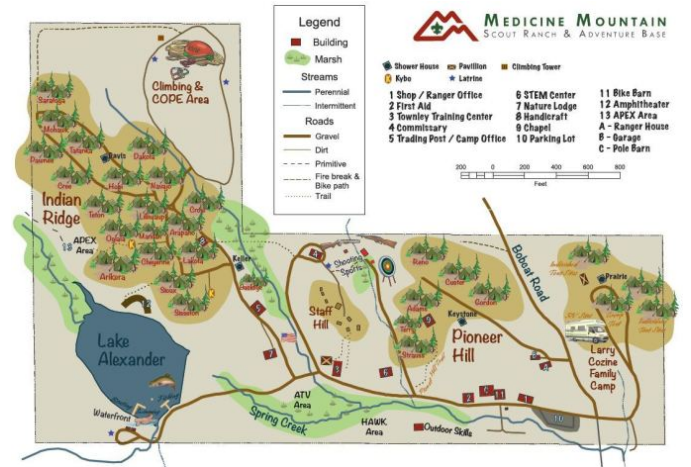
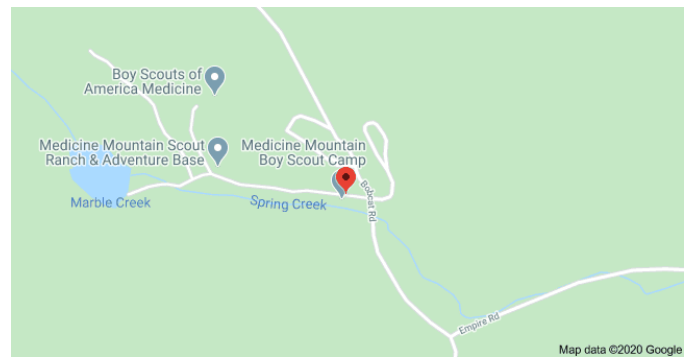
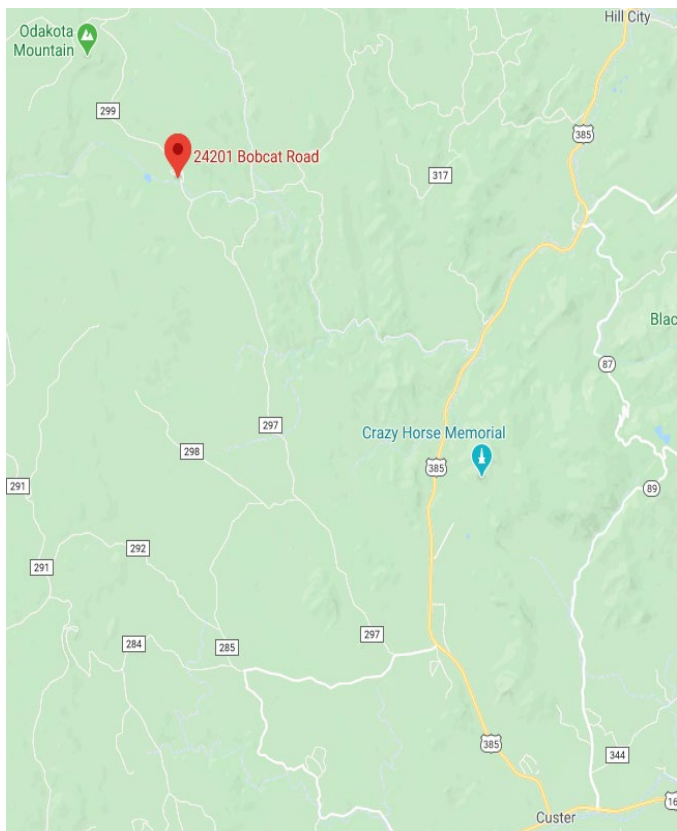
All youth and accompanying adults must be registered prior to the event. On-site check-in will be held on Friday, April 17, from 5:00-7:00pm at the Townley Training Center. Scouts are encouraged to arrive early to be able to get their camping equipment set-up and personal gear stowed before the program starts at 7:00pm. The **registration DEADLINE is April 6th**.

COST

Through the generosity of a Central Great Midwest Region Foundation grant, there is no cost for youth participants. Adult participants and staff members your registration fees (**\$15**) go to help defray other costs associated with the event.

LOCATION

The event will be held at Medicine Mountain Scout Ranch, 24201 Bobcat Road, Custer SD.



RISK ADVISORY

Parents, leaders and participants, participants may be exposed to occasional severe weather conditions such as lightning, hail, flash floods or extreme heat or cold. Other potential problems include: injuries from tripping and falling, worsening of underlying medical conditions such as diabetes or asthmas, heart attack and heat exhaustion. The volunteer medical staff is trained in first aid and CPR to assist in recognizing, reacting and responding to accidents, injuries and illnesses.

OTHER IMPORTANT INFORMATION

WATER REQUIREMENTS

It cannot be stressed enough the importance of drinking sufficient water. Participants are encouraged to drink water at every break and throughout the activities.

UNIFORM REQUIREMENTS

All Scouts and Scouters are encouraged to wear uniforms, but must wear clothing appropriate for camp and proper hiking shoes/boots. Prepare for the possibility for rain and snow. There will be a banquet with an awards ceremony on Saturday evening; full uniforms are strongly encouraged.

Note: A full uniform is designated as: field uniform shirt, field uniform pants, Scout socks and a Scout belt (a Scout hat and/or neckerchief is optional).

ADULT PARTICIPATION

Parents and leaders are encouraged to participate in this activity. Please note, the main goal of the weekend is to encourage self-discovery and growth in their own abilities, therefore, parents and leaders will have a tract separate from the girls. There will be opportunities for sharing experiences throughout the weekend.

WHAT TO BRING?

Each participant is responsible for their own personal gear, camping equipment and extras. Youth and adult participants will not be camping in the same location, so plan accordingly for overnight accommodations. Youth may share overnight accommodations within the Youth Protection and Guide to Safe Scouting guidelines. All participants and staff are required to complete and bring with them an **Annual Health and Medical Record Parts A, B1 and B2**; available online at https://filestore.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf.

PERSONAL GEAR

- T-shirt
- Long Sleeved Shirt
- Hiking Shorts
- Long Pants
- Underwear
- Socks
- Warm Jacket
- Hat
- Gloves
- Bandana
- Rain Gear
- Extra Socks ☺
- Closed Toe Shoes / Boots
- Parachute Cord / Rope
- Medications
- Toiletry Kit (*toothbrush, toothpaste, soap, comb, hand cleaner, towel, wash cloth, etc.*)

CAMPING EQUIPMENT

- Tent / Stakes
- Ground Cover
- Sleeping Bag
- Sleeping Mat
- Pillow
- See Essentials lists below.

EXTRAS

- Watch
- Notebook
- Pen / Pencil
- Sunglasses
- Camera
- Binoculars
- Hiking Stick / Trekking Poles
- Long Underwear

CUB SCOUTS 6 +2* ESSENTIALS

- First Aid Kit
- Flashlight / Head Lamp / Batteries
- Matches / Fire Starters / Firem'n Chit *
- Pocket Knife / Totin' Chip *
- Sun Protection
- Trail Food / Personal Snacks
- Water Bottle / Storage
- Whistle
- Day Pack (*to carry your essentials*)

SCOUTS BSA 10 ESSENTIALS

- Compass
- Extra Clothing
- First Aid Kit
- Flashlight / Head Lamp / Batteries
- Matches / Fire Starters / Firem'n Chit
- Pocket Knife / Totin' Chip
- Rain Gear
- Sun Protection
- Trail Food / Personal Snacks
- Water Bottle / Storage
- Day Pack (*to carry your essentials*)

WHAT NOT TO BRING?

Youth participants are discouraged from bringing anything outside of the lists above; specifically, electronic devices should be left at home.

TENTATIVE SCHEDULE

YOUTH

- Welcome *
- Leave No Trace
- Campsite Selection
- Breakfast – Camp Stoves & Griddles *
- Opening *
- Maps & Compass
- First Aid
- Lunch – Portable Stoves *
- Shooting Sports
- Fires & Woods Tools *
- Dinner – Dutch Ovens & Foil Packets *
- Closing *
- Banquet & Awards Ceremony *
- Packs & Packing *
- Hiking *
- Breakfast – Ziploc Bag Cooking *
- Opening *
- Interfaith Worship *
- Pioneering, Ropes, Knots & Other Outdoor Skills *
- Closing *
- Awards & Recognition *
- Lunch – On the Go *

ADULTS

- Welcome *
- Training (*Safe Swim Defense, Safety Afloat, Weather Hazards, Climb on Safely, etc.*)
- Breakfast – Camp Stoves & Griddles *
- Opening *
- Leave No Trace
- First Aid Kits, Medical Forms & Medications
- Lunch – Portable Stoves *
- Guide to Safe Scouting & Trip Planning
- Fires & Woods Tools *
- Dinner – Dutch Ovens & Foil Packets *
- Closing *
- Banquet & Awards Ceremony *
- Packs & Packing *
- Hiking *
- Breakfast – Ziploc Bag Cooking *
- Opening *
- Interfaith Worship *
- Pioneering, Ropes, Knots & Other Outdoor Skills *
- Closing *
- Awards & Recognition *
- Lunch – On the Go *

* These activities will be held together, although not everyone may be doing the same activity.

Note: Youth sessions will be separated, when necessary, by skill level and age restrictions.

ADVANCEMENT RESOURCES

CUB SCOUT ADVANCEMENT

Bear Claws Adventure, Bear Necessities Adventure, Webelos Cast Iron Chef Adventure, Webelos First Responder Adventure, Webelos Castaway Adventure and Arrow of Light Outdoor Adventurer Adventure

Note: Not all adventure requirements will be met; documentation will be provided for those requirements completed.

SCOUTS BSA ADVANCEMENT

Scout Rank, Tenderfoot Rank, Second Class Rank and First Class Rank

Note: Not all rank requirements will be met; documentation will be provided for those requirements completed.

MISSION STATEMENT

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

SCOUT OATH

On my honor I will do my best;
To do my duty to God and my country;
To obey the Scout Law;
To help other people at all times;
To keep myself physically strong, mentally awake, and morally straight.

SCOUT LAW

A Scout is: Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean and Reverent.



BOY SCOUTS
OF AMERICA®

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