

CAST IRON COOKOFF

INTENT: The intent of this competition is for youth Scouts to work together as a team in providing a meal that they have cooked on their own.

PARTICIPANTS:

3 Judges: their role is to judge on the taste of the food and to ensure the competitors are meeting the intent of the Scouting competition.

2 Referees: Their role is to answer questions of whether or not something can be added into the competition (ingredients) or an action be an adult.

Participants: No more than 5 youth will be allowed to participate. NO adults are allowed to physically participate in the cooking of the meal.

LAYOUT:

6 separate cooking areas we will be provided , all with in view of each other. In each area will be a bag of charcoal, a dutch oven, cast iron skillet. chuck box with basic cooking utensils and a table.

In another area will be all of the available ingredients including:

- Chicken
- Onions
- Potatoes
- Peas
- Secret ingredient provided by judges

An area adjacent to the cooking area will be established as the Scoutmaster Conference Area where youth can speak with adult leaders for advice.

RULES:

- Youth must produce a meal that incorporates the cast iron skillet and dutch oven.
- The meal must have atleast one protein and two sides. (unless the dish is a one pot casserole or stew, then the sides are assumed as part of the dish.)
- Adults are NOT allowed to cook or perform any tasks or speak with the troop outside of the "SM Conference Area".
- No one is allowed in the cooking area except the youth scouts, referees and judges. NO other adults are allowed in the cooking area and must stay outside of the rope.
- Youth may ask a question of their adult leader but they must go to the "Scoutmaster Conference Area. Adults can only reply by asking thought provoking questions leading the scout to their own decisions. For example:
 - o Star Scout Billy says " It looks really dry" , Adult Scout Tom cannot say " then add more water". Adult Scout Tom may only ask questions : "how much water did you add? Do you think you should add more water? "

JUDGING:

- Dishes will be judged based on difficulty/complexity, taste and presentation.