



WOW WEEKEND



ADVANCEMENTS

Lion WOW Activity Adventure Report

Core Adventures

- While you are at WOW, play a game at the field games area at the dining hall, have your cub explain what good sportsmanship is for playing this game.
(*Lion's Honor 4, 5*)
- Have your cub make a nutritious snack to share at WOW, cub explain three exercises they could do to warm up before playing field games, and have your cub explain why it is important to rest after their activity. (*Fun on the Run 1, 2, 3*)
- Have your cub demonstrate what to do if bad weather happens while you are at Wallwood. (*Animal Kingdom 2*)
- Have your cub gather outdoor items they need for attending WOW (water bottle, sunscreen, bug spray, etc.) have them explain how each item is used, talk with your cub while at Wallwood about the buddy system, demonstrate with your cub SAW (Stay, Answer, Whistle) and have them demonstrate this if they get lost outdoors, have your cub explain how to respect wildlife while at Wallwood
(*Mountain Lion 1, 2, 3*)

Elective Adventures

- Have your cub explain good consequences to you at field games, have them explain how they could help a fellow cub make better choices for consequences, have them explain a field game to a fellow cub, participate in the obstacle course.
(*Pick my Path 1, 2, 3; On Your Mark 1, 2; Rumble in the Jungle 1*)
- Have your cub with other cubs build a tower with field game supplies and knock it down, discuss how things falling down feel like if it is planned or unexpected, talk about the similarities if things in life "falls down" or "fall apart",
(*Build it Up, Knock it Down 1, 2, 3*)
- Attend the Cooking class and learn about where the food we eat come from.
(*Ready, Set, Grow, 2*)

CUB NAME: _____ PACK NUMBER: _____

PARENT SIGN-OFF OF COMPLETION: _____