

List participant restrictions, if any: _____

Participant's signature: _____ Date: _____

Parent/guardian printed name: _____ Date: _____

Parent/guardian signature : _____ Date : _____

Area code and telephone number (best contact and emergency contact) _____

Email (for use in sharing more details about the trip or activity) _____

Contact the adult leader with any questions: _____

Phone: _____

Email: _____