

## **Great Rivers Council NYLT Personal Equipment List**

#### NOTE:

- 1) **Participants should have their Home Unit Scout or Venturing Uniform for check-in and for the closing ceremony.** The uniform for most of the course will be the NYLT T-shirt and hat (supplied at check-in) and appropriate Scout shorts or pants.
- 2) Backpack and a footlocker/duffle bag are ideal for the week. Patrol equipment for cooking will be issued.
- 3) **Do Not Bring: Lighter fluid or other flammable liquids, axes, hatchets, sheath knives or other cutting implements.** Cell phones are <u>not</u> needed; please leave at home or provide to adult staff at check-in.

### Be prepared for an overnight hike as well as living in camp.

Personal Annual Health and		
Medical Form signed by healthcare provider and parent	Socks (7 pairs)	Watch
Required or prescribed personal medication	Shoes (athletic style for daily wear and hiking style for overnight and rain)	Small alarm clock if not available on watch
Official uniform shirt	Raincoat	Rain pants (recommended)
Official uniform shorts or pants or solid color (green, brown, tan, or gray) (3 to 6 pairs to be clean)	Scout belt	Fleece jacket or sweatshirt or puffy jacket to layer under raincoat and for cool weather
Scout T-shirts (at least 3, since the course provides 3 that will be washed)	Flashlight and batteries	Underclothing (6 minimum, extra is desirable to have dry clothing to sleep in)
Backpack for overnight hike with rain cover	Water Bottle	Plate, bowl, cup, fork, spoon, knife
Lightweight tent for overnight hike with groundcloth	Camping cot	Sleeping bag
Tent for main camp	Sleeping clothes, T-shirt and shorts, or pajamas as desired, with 3 or more changes to stay dry	Bedding (pillow, sheets, blankets) for use with cot, if desired
Extra plastic bags to waterproof gear and clothing	Toothbrush and Toothpaste	Sleeping pad for cot and for overnight backpack
Towels (2)	Comb/brush as desired	Ballpoint pen or pencil with notepad
Hand soap, shampoo, or body wash	Deodorant or Antiperspirant	Slide-in shoes or flip-flops for showering
Personal first aid kit (bandaids, sunblock, chapstick, footglide or powder)	Bandanna or tubular "Buff-style" for neck and sweat	

## Required

# Optional

Baby Wipes	Religious books	Wool or fleece hat and gloves for rain and cool weather
Extra prescription glasses	Sunglasses	Compass
Small folding-chair for campsite	Insect repellent	Long pants