

## SPRING 2026 IOLS – L.E. Phillips Scout Reservation



**To: Scoutmasters, Scout Leaders, Troop Committee Members, Webelos, and Arrow of Light Leaders:**

The Chippewa Valley Council invites you to participate in the **Introduction to Outdoor Leader Skills Training (IOLS)**. This fun-filled program of hands-on outdoor training is designed for Scout leaders to help master basic camp skills required for Tenderfoot to First Class and for Webelos leaders to take Webelos and Arrow of Light dens on overnight camping outings.

Sessions will include how to set up camp, cook, work with hand tools, ropes and knots, first aid, campfire program planning, map reading and compass skills, hiking and packing techniques, nature identification, and Leave No Trace. Each outdoor session will bring to life the pages of the Scout Handbook to help you *deliver the promise* of Scouting to yourself and the youth you serve. IOLS will help to increase your comfort level and give you confidence as a trained, skilled leader. This training will give you the opportunity to work with other Scout leaders from our council, meet new friends, and reinforce skill teaching techniques with fellow unit leaders.

**WHEN: May 2-3, 2026.** Check-in and tent set-up starts at 8:00 AM on Saturday, May 2. Training sessions begin at 8:30 AM Saturday with training concluding Sunday, May 3 by 12 PM.

**WHERE: L.E. Phillips Scout Reservation**

**DIRECTIONS to L.E. Phillips Scout Reservation:** Take Highway 53 toward Haugen, Wisconsin. Turn off Highway 53 at exit for County V. Turn North (right) on Plecity Avenue. Turn West (left) onto County Road VV. Continue on County Road VV, about two miles. Turn right to Winter Camp and follow the road making a left turn into Winter Camp. The IOLS training will be near Baden Powell.

**COST: FREE** We will provide a Saturday lunch, supper, Sunday breakfast, and snacks. Please eat a Saturday morning breakfast before arriving at camp. If you have any allergies or specific food needs, please contact Eric Muench (715-832-6671) by April 24, 2026. *If you have specific food needs, you might consider bringing your own foods to meet your individual dietary needs.* Refrigeration is available. Mark food items with your name.

**REGISTRATION** is required for this training. **NO WALK-INS ALLOWED** as food must be purchased and supplies will be prepared for the number who register.

**REGISTRATION IS DUE BY: April 24, 2026 (5 PM)**

NO walk-ins – need a minimum of 6 participants registered by April 24 2026 to hold the course.

To register please use the online registration form at: <https://bsa-cvc.org/>

**AT TRAINING CHECK IN** please be prepared with the following:

**1. Completion certificates or pocket cards for Webelos or Arrow of Light Den Leader Specifics or Scoutmaster Leader Specifics training**

(<https://my.scouting.org>) Scouting America Learn Center for training modules

**2. HAZARDOUS WEATHER completion**

([https://training.scouting.org/courses/SCO\\_800/watch](https://training.scouting.org/courses/SCO_800/watch))

**3. SYT (Safeguarding Youth Training) completion certificate. (Scouting.org click on SYT icon)**

**4. A current completed BSA Annual Health and Medical Record - Parts A&B.**

Please contact Eric Muench (715-832-6671) with any questions or concerns (especially dietary, medical, or personal needs).

[https://filestore.scouting.org/filestore/HealthSafety/pdf/680-001\\_AB.pdf](https://filestore.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf)

WHEN you **complete** the **Leader Specifics for your chartered position** (Webelos or Arrow of Light DL Position Specifics or SM Leader Specifics) (Hazardous Weather is a required training and expires every 2 years.) **and** the **SYT**, you will be qualified to wear the "trained" patch at the completion of this IOLS training. The trained patch can be purchased at the Scout Service Center in Eau Claire.

Electricity needed Saturday PM? If so, please bring your own long extension cord to use for access to power for Saturday night.

**There is limited space for pitching a tent outside near Baden Powell.**

**The items listed below are for an overnight camping experience as indicated in these references: *Scouts BSA, Webelos, or Arrow of Light Handbooks.***

Overnight gear, outdoor essentials, and appropriate clothing are the heart of camping equipment. Carry a light load of only what you need to keep yourself safe and make a good camp; leave all unnecessary items at home. Use lightweight tents two- four person type (no wall or large recreation types) for this overnight outdoor training. This training will take place rain or shine, so please come prepared for outdoor activity. We do have access to shelter in one of the buildings in case of inclement weather. However, we will spend most of our time outside for the sessions. *We have access to indoor bathrooms in the Yukon/Sour Dough building.*

**PERSONAL OVERNIGHT CAMPING GEAR** As BSA Scouts are asked to do, items should be marked with your name. Unit # is optional.

Bring appropriate Scout Handbook.

**Wear leader FIELD UNIFORM**

**Outdoor Essentials**

pocketknife  
personal first-aid kit  
extra clothing  
rain gear  
water bottle **filled with potable water** (Nalgene type)  
flashlight (extra batteries and bulb)  
matches and fire starters  
sun protection (optional in this season)  
insect repellent (seasonal)  
clothing for the season (changes for number of days camping)  
outer clothing appropriate for spring outdoor sessions (weather)  
clothes for sleeping  
backpack, suitcase, or laundry bag  
rain cover for backpack (large leaf bag works well)  
sleeping bag, or 2-3 blankets  
small tent (two-person)  
sleeping pad  
ground cloth (old shower curtain works well)  
compass

**Eat Kit** bowl, plate, cup, spoon, fork, knife

(for this training we will supply paper plates and utensils

**(You may want your own coffee mug / bottle)**

**Extension cord if needed for Saturday night camping**

**Cleanup Kit**

soap (in container)  
toothpaste/ toothbrush / dental floss  
comb  
towel / washcloth  
extra plastic bag bag for dirty clothes

**Personal Extras**

watch  
camera (optional)  
notebook or paper / pen or pencil  
extra hat and gloves (dependent on  
sunglasses (optional)  
boots (depending on weather)  
folding chair  
book of your faith- Bible, testament book  
sturdy shoes - **no open toed or open heeled**  
mobile device (turned off during sessions)



The following sleeping tips may not be needed for this May IOLS training. However, please note and keep them handy when preparing for spring and fall overnight camping.

# HOW TO SLEEP WARM

## 1. GO TO BED WARM

Do a few jumping jacks, push ups – just enough to warm yourself up but before you start sweating. If you get in a sleeping bag when you are cold you'll likely stay cold.

## 2. FUEL UP

If it's going to be a very cold night consider a pre-bedtime snack that will keep the furnace burning. Slow burning fatty snacks are better than refined sugars or caffeine.

## 3. WATER

You need to be well hydrated to stay warm.



How much water to drink within the hour or two before you go to sleep is determined by how fast you process it. If you need to get up early drinking a lot of water before bedding down will serve as a natural alarm clock – it can be tricky to get the timing right. If nature calls in the middle of the night get up and go! Holding it in makes you colder.

## 4. CLOTHING

Change as much of your clothing as possible. The clothes you wore all day will be a bit damp and cold. If you wear them to bed you'll have to warm your cold damp clothes up before you get warm.



## 5. HOT WATER BOTTLES

Consider filling your water bottles with hot water, wrapping them with some spare clothing and warming up your sleeping bag before you get in it.

## 6. WEAR A HAT

We lose heat from our heads. It's not an old wife's tale; wear a hat to keep your feet warm.



## 7. KEEP YOUR NOSE AND MOUTH OUTSIDE

Don't put your nose and mouth into your sleeping bag. Moisture from breathing will make the bag and your clothing damp. A well-designed mummy style sleeping bag will allow you to close the bag so only your nose and mouth are exposed.

## 8. KEEP OFF THE GROUND

Sleeping warm means insulating your self from the ground. A good insulating pad is important.

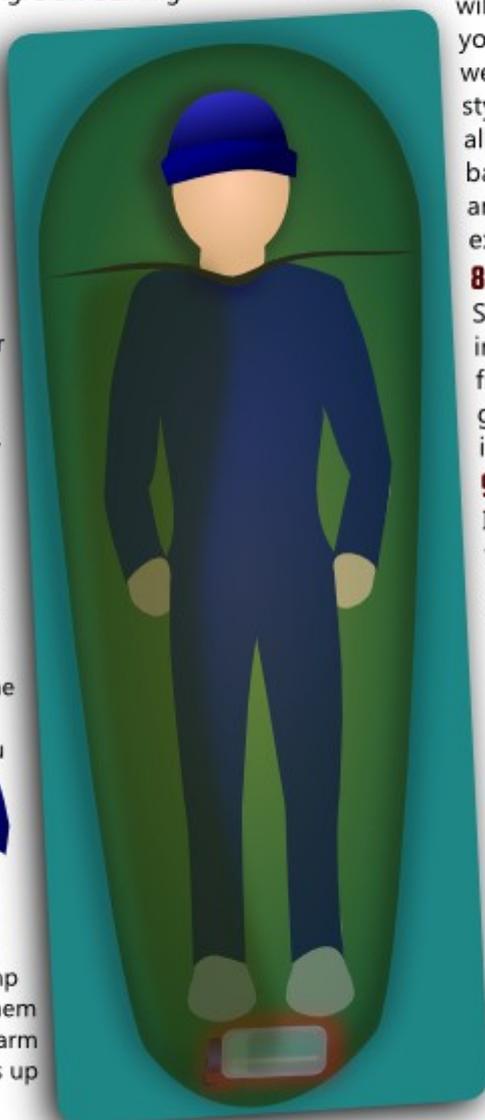
## 9. SLEEPING BAG SOCKS

If you get cold feet try keeping a dedicated pair of thick, loose fleece or wool socks worn only in the sleeping bag.



## 10. SHAKE UP YOUR BAG

Whatever type of insulation is in your sleeping bag it will be compressed from packing. Do a good job of shaking and re-distributing the insulation before you get in the bag.



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