## **Suggested Personal Equipment Checklist**

Only the official uniform and parts are acceptable. (Be prepared for an overnight hike as well as living in camp.)

Required	
Uniform Shirt (short sleeves 1 )	Required/prescribed medication
Uniform shorts (1 pair)	ABC Medical Form
Uniform Stockings (3 pairs)	Tote-N-Chip Card
Offical belt and buckle (1)	Backpack (with frame, if desired) don't have one borrow one
Necherchief slide	Lightweight tent
Shoes suitalbe for hiking	Plate and bowl
Change of shoes, as desired	Knife, fork, and spoon
Raincoat, poncho, or rain suit	Canteen/ water bottle
Sweatshirt/jacket	Ground cloth (waterproof)
Underclothing (3 sets, minimum)	Sleeping bag/blankets
Handkerchiefs (as needed)	Air mattress or foam pad
Pajamas	Flashlight with spare cells and bulb
Change of clothing, as desired	Sewing kit/Safety Pins to attach NYLT Shoulder Patch to Uniform
BSA Approved T-shirts	Personal first aid kit
Work gloves	Ballpoint pen, pencil
Towel/Washcloth	Scout knife (No sheath knife)
Shampoo and Deoderant	Boy Scout handbook
Toothbrush and paste	Compass (official preferred)
Hand soap and container	Laundry soap (small bottle)
Insect repellent (pump only)	Sunburn lotion/lip salve
Optional  Sharpening stone Watch Sunglasses Extra prescription eyeglasses Religious book(s)	GPS Uniform trousers (1 pair) Pillow/case Moccasins or slippers Personal scouting equipment
Mirror (metal)	
Camera with extra film	
Uniform long-sleeved shirts	
Straps and or Fasteners for backback	
What not to Bring	
No electronics	No hats
No Food unless needed for medical condition.	No neckerchiefs each Scout will receive a NYLT hat and neckerchief

Note: Scouts will be in official uniform (the first six items on the required list) upon arrival. A backpack should be used for getting gear from the drop-off point to the campsite. Participants will also need backpacks for the overnight outpost hike. Also, before coming, see that all badges and insignia are properly placed on uniform.

The NYLT Activity T-shirt will be used only on specific days. Scout can wear other BSA activity shirts under their Field Uniform if they choose.

<sup>\*\*</sup> Any special dietary requirements need to be cleared wth the NYLT staff prior to attending the course.