



BALOO Training

Basic Adult Leader Outdoor Orientation is the outdoor training orientation for Cub Scout Leaders and parents of Cub Scouts. This training is designed to present Cub Scout camping skills in a format leaders can use to teach their Scouts. Topics include, but not limited to: simple camping meals, campfires and story telling, how to pitch a tent, and equipment choices. Each Pack is required to have a BALOO trained leader if they wish to do pack overnight camping or WEBELOS den overnight camping. (Cub World and day camps are excluded).

Registration is required for this training. NO WALK-INS ALLOWED as food must be purchased and supplies will be prepared for the number who register. To register or for more information, please use the online registration form at: <https://bsa-cvc.org/>

WHO: ALL Cub Scout leaders who wish to take their Pack camping (designed for Tiger, Wolf, Bear, & Webelos leaders).

WHEN: **May 3-4, 2024** Check-in starts at 5 PM Fri. May 3 and sessions run until 5:00 PM Saturday, May 4.

WHERE: L.E. Phillips Scout Reservation

DIRECTIONS to L.E. Phillips Scout Reservation: Take Highway 53 toward Haugen, Wisconsin. Turn off Highway 53 at exit for County V. Go through town and turn North (right) on Plecity Avenue. Turn West (left) onto County Road VV. Continue on County Road VV, about two miles. Turn right to Winter Camp and follow the road making a left turn into Winter Camp. The BALOO training will be near the barn.

COST: FREE! Please eat a Friday night dinner before arriving at camp.

An equipment list is attached for this training. This training will be held rain or shine and is an outdoor training!

An online prerequisite is required which is available at my.scouting.org It must be completed prior to coming on May 3.

REGISTRATION IS DUE BY: April 26, 2024

NO walk-ins – need minimum of 6 participants registered by April 26, 2024

Electricity needed Friday PM? ____no ____yes If needed, please bring your own extension cord.

There is limited space for pitching a tent outside near Baden Powell. You can use your own long extension cord for access to power inside the building during the night if needed.

Spring 2024

Greetings BALOO Participants,

Chippewa Valley Council is very excited to be offering BALOO on May 3-4, 2024 at Phillips Scout Reservation! The BALOO curriculum includes not only an online prerequisite, but also a hands-on experience that includes an overnight. With that in mind, here are some informational details that you'll need to know prior to the training:



_____1. The BALOO training consists of two parts. Part One is the completion of four brief online modules used as a prerequisite. These modules are found at: my.scouting.org

Once these required prerequisite modules are completed, print your certificate and you're ready for Part Two consisting of the practical portion of the training weekend – May 3-4, 2024 at PSR.

You will be responsible for completing the required online training prior to coming to the practical course. You will not fulfill the “BALOO Trained” status until you have completed both the online and outdoor portions. **The online portion is available through the BSA Learn Center. Log onto my.scouting.org Click BSA Learn Center and then Catalog Tab. Search for BALOO Prerequisite Training V2.** These modules will take about 35 minutes to complete. Once the online modules are completed, **print the certificate of completion and bring it** to the outdoor portion of the course on May 3.

_____2. You will **need to attend both** the Friday night and Saturday sessions of the BALOO training to complete the outdoor portion of the training. Program sessions will begin at 5:30 PM Friday and end by 5:00 PM Saturday. Check-in and tent set-up begin at 5PM on Friday May 3, 2024.

_____3. **Youth Protection Training is required for every leader/adult** who has direct contact with youth. Please be aware that everyone attending BALOO must complete the YPT. This is a National BSA, not just a CVC, requirement. Please bring along a copy of your certificate or a copy of your YPT pocket card. Online YPT: <https://my.scouting.org/> click on the YPT icon.

_____3. Because this training includes an overnight, you are asked to bring a **current completed BSA Annual Health and Medical Record - Parts A&B.** Feel free to contact me personally with any questions or concerns (especially dietary or personal needs).

https://filestore.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf

_____4. Our campsite will be located near the barn at Winter Camp. You will be able to park your vehicle close to the camping area. There is not electricity in this area. However, there is access to **electricity in Baden Powell.** There is limited space for pitching a tent outside near Baden Powell. You can use your own long extension cord for access to power during the night if needed.

_____5. **Eat supper** before arriving or bring something to eat for yourself at Camp Phillips. We will start sessions promptly at 5:30 PM on Friday evening. Saturday breakfast, lunch, and snacks will be provided.

____ 6. This training will take place regardless of rain or shine, so please come prepared. Note the BALOO packing list for "what to bring." We do have access to shelter in one of the buildings in case of inclement weather. However, we will spend most of our time outside for the sessions.
We have access to indoor bathrooms in the Yukon/Sour Dough building.

____ 7. Please come prepared with a song, skit, or a short story to share during the Friday night campfire planning session. Your ideas will help to build the campfire program on Friday night.

____ 8. BALOO will take place at PSR – Winter Camp. Please plan to gather and set up your tent between 5:00 and 5:30 PM on Friday evening. Our goal is to complete the training by 5:00 PM on Sat.

____ 9. **DIRECTIONS to L.E. Phillips Scout Reservation:** Take Highway 53 toward Haugen, Wisconsin. Turn off Highway 53 at exit for County V. Turn North (right) on Plecity Avenue. Turn West (left) onto County Road VV. Continue on County Road VV, about two miles. Turn right to Winter Camp and follow the road making a left turn into Winter Camp. The BALOO training will be near the barn.

____ 10. Feel free to contact me personally with any questions or concerns (especially **dietary** or personal needs) as I will not see your health forms prior to check-in time for that information. No special dietary accommodations can be made after Tues. PM April 30 as food shopping and prep will be done on Wednesday, May 1, 2024. For specific dietary needs, you may feel more comfortable bringing your own foods.

BALOO Packing List:

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|--------------------------------------|---|
| ___ Field Uniform | ___ Rain Gear |
| ___ Jacket | ___ Durable Shoes (no open-toed) + extra pair if wet |
| ___ Clothing | ___ Extra Socks |
| ___ Sleeping attire | ___ Sunglasses (optional) |
| ___ Toiletries | ___ Sleeping Bag (extra blanket depending on weather) |
| ___ Pillow | ___ Ground Pad/sleeping pad |
| ___ Hat, gloves | ___ Flashlight and/or small lantern |
| ___ Camp Chair | ___ Tent, tarp, ground cloth, stakes, poles |
| ___ Water Bottle | ___ Mess Kit (bowl/plate, cup, fork/spoon, knife, mug) |
| ___ Insect Repellent (?) | (We will provide paper plates & utensils for Sat. meals.) |
| ___ Notebook and Pencil | ___ Pocket Knife |
| ___ Day Pack | ___ Skit or Song for Campfire |
| ___ Cub Scout Six Essentials | ___ World Friendship Fund financial donation (optional) |
| ___ Health Form (Parts A & B) | ___ YPT Certificate or Pocket Card |
| ___ BALOO Online Prereq. Certificate | |

You may also reference the Cub Scout Handbooks for additional ideas. Our staff is looking forward to a very fun and informative training course.

YIS, Margaret Almquist

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Weather wise, you may find that the following sleeping tips are not needed for this May BALOO training. However, please note and keep them handy when preparing for future overnights.

HOW TO SLEEP WARM

1. GO TO BED WARM

Do a few jumping jacks, push ups – just enough to warm yourself up but before you start sweating. If you get in a sleeping bag when you are cold you'll likely stay cold.

2. FUEL UP

If it's going to be a very cold night consider a pre-bedtime snack that will keep the furnace burning. Slow burning fatty snacks are better than refined sugars or caffeine.

3. WATER

You need to be well hydrated to stay warm.



How much water to drink within the hour or two before you go to sleep is determined by how fast you process it. If you need to get up early drinking a lot of water before bedding down will serve as a natural alarm clock – it can be tricky to get the timing right. If nature calls in the middle of the night get up and go! Holding it in makes you colder.

4. CLOTHING

Change as much of your clothing as possible. The clothes you wore all day will be a bit damp and cold. If you wear them to bed you'll have to warm your cold damp clothes up before you get warm.



5. HOT WATER BOTTLES

Consider filling your water bottles with hot water, wrapping them with some spare clothing and warming up your sleeping bag before you get in it.

6. WEAR A HAT

We lose heat from our heads. It's not an old wive's tale; wear a hat to keep your feet warm.



7. KEEP YOUR NOSE AND MOUTH OUTSIDE

Don't put your nose and mouth into your sleeping bag. Moisture from breathing will make the bag and your clothing damp. A well-designed mummy style sleeping bag will allow you to close the bag so only your nose and mouth are exposed.

8. KEEP OFF THE GROUND

Sleeping warm means insulating your self from the ground. A good insulating pad is important.

9. SLEEPING BAG SOCKS

If you get cold feet try keeping a dedicated pair of thick, loose fleece or wool socks worn only in the sleeping bag.



10. SHAKE UP YOUR BAG

Whatever type of insulation is in your sleeping bag it will be compressed from packing. Do a good job of shaking and re-distributing the insulation before you get in the bag.

