

Stempede Menu

Saturday:	Breakfast:	Scrambled Eggs Sausage links Hand fruit Apple juice	Hashround coins
	Lunch:	Ham sandwich Cheese Hamburger bun Chips Apple Oreo cookies	
	Supper:	Turkey Mashed Potatoes Stuffing Green Beans Rolls Brownies	Gravy
Sunday:	Breakfast:	Biscuits and Gravy Leftover Scrambled Eggs Leftover fruit Apple juice	

Gluten/Dairy/Nut Free menu

Sat. Breakfast:	Scrambled Eggs Bacon Fruit Gluten Free toast
Lunch:	Ham sandwich on gluten free bread Chips Apple Cookies
Supper:	Turkey Baked Potato Green Beans

Gluten free brownies

Sunday Breakfast: Gluten free toast
Scrambled eggs
Bacon
fruit