

National Youth Leadership Training Pack & Paddle 2024

What is National Youth Leadership Training (NYLT)?

National Youth Leadership Training is a program of the National Council of the Boy Scouts of America, delivered to youth by the local BSA Council. The unique Bay-Lakes NYLT Pack and Paddle Course is the NYLT course material delivered in a backcountry format. Both courses feature personal development and leadership skills for youth leaders presented in an outdoor setting and camping format. The Bay-Lakes Council conducts both versions using the national standardized syllabus, under the leadership of quality program trained volunteers.

What is Bay-Lakes Council National Youth Leadership Training Pack & Paddle?

Pack & Paddle takes the traditional syllabus, and places it in the environment of a wilderness styled Backpacking and Canoeing Trek. The intensive, effective leadership training syllabus is adhered to, as the standard lessons take on immediate, and additional meaning for the participants due to the functional demands of completing a wilderness trek as a team. Teamwork, goal setting, and leadership lessons are immediately applied to the immediate challenges of working with their team to pack up their campsite, navigate to their new location, and set up again each day.

Who is qualified to attend?

The NYLT course trains youth from troops, crews, ships and post. The Course is co-educational and Scouts, as well as Venturers are eligible, and encouraged, to attend. Participants do not have to be serving currently in a leadership role, but should have the skills and abilities to do so in the future. Participating Scouts, Venturers and Explorers **must** be at least 13 years of age by August, 3, 2024, and **should be 14 years of age or older**. Participants must have sufficient maturity (*physically and mentally*) to function in an adventure based "wilderness" camping, hiking and canoe travel environment. Participants should additionally have passed the BSA Swimmer's Test within the calendar year or be prepared to do so upon checking in at Camp Hiawatha. Proof of ability could be a Participant's swim tag from summer camp within the calendar year, or a letter from their unit leader.

Uniform Requirements

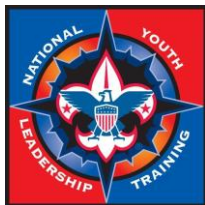
One full uniform is required (*shirt, pants/shorts in the appropriate color of the Scout's unit*) at base camp and for opening and closing activities. Most of the time the uniform of the day will be an activity uniform of Scouting or NYLT T-shirts (*2 to be supplied by course*), belt, and appropriate colored Scouts BSA, Sea Scout, or Venturing pants or shorts for the type of unit of which you are a member.

The Unit Leader's Role (*Troop Scoutmaster, Crew Advisor, Ship Skipper, Post Advisor*)

We expect the Unit Leader to work with the Scouts/Venturers/Explorers and their Parents prior to the course to provide them with an understanding of the basics of leadership. (*See Introduction to Leadership Skills in the Scoutmaster's Handbook*) Also, there are certain outdoor skills that are needed to attend the course: Tent set-up and takedown, preparing and eating meals out of doors, and general camping procedures (*the participant should have slept overnight in a tent prior to attending NYLT*). Additionally, Unit Leader **AND** Parent must "sign off" on the participant's preparedness for NYLT Pack & Paddle as noted in the "Unit Leader's Approval" form.

Registration Information

Register online at www.baylakesbsa.org. A \$100 non-refundable deposit is required per Participant (*total fee is \$320 per Participant, or \$300 if paid in full by July 1, 2024*). Deposits and full Payments are transferable but not refundable. The fee includes reasonable pre-approved gas receipt reimbursement for those volunteering to carpool participants to and from Camp (*Camp Hiawatha, E6350 Doe Lake Road, Munising Michigan*). T-shirt, Council Shoulder Patch, "Trained" patch, other course and training materials, food, loads of challenges and lots of fun are included. Space is limited to the first 30 participants. History shows us that our NYLT courses "fill-up" FAST, so register as soon as you are able, to avoid the waiting list.



What are the course objectives?

To empower Participants:

- To be tomorrow's leaders today.
- Lead others by learning to lead themselves.
- Develop the confidence and knowledge to run a great Scouting unit program.
- Gain working knowledge of the skills needed to be a quality Servant leader.
- To use skills learned in leading others in their home unit and beyond.
- Provide the opportunity share ideas and experiences with youth from other units.
- Create a model Troop for the participants to experience the BSA at its very best.

How is the Course set up?

The Pack & Paddle Course is set up like a Troop "in the field" on a wilderness Backpacking and Canoe trek. Volunteer adults and youth hold Troop leadership positions such as Scoutmaster, Assistant Scoutmaster, Senior Patrol Leader, etc. Participants are formed into 6-8 person Patrols and take turns in leadership roles and performing other functions necessary for them to successfully work as a team to complete both their trek, and the intensive National Youth Leadership Training syllabus. Behavior expectations adhere rigidly to the Scout Oath, Scout Law, and Outdoor Code.

The Patrol Method

The patrol method is used exclusively during the course. Patrols are on their own to set up campsites, cook meals, construct Team projects and plan and carry out other activities without direct adult supervision. Patrol leadership changes daily to give all youth a chance to be a Patrol Leader and other vital roles within a Patrol. Although this provides hands-on opportunities for each youth to grow in leadership, it also requires that each youth be mature enough to handle the independence given.

Tenting

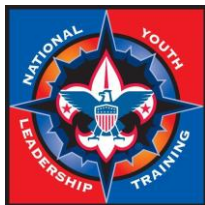
Tenting arrangements - each participant will buddy up with someone in their patrol for tenting. One tent should be set up at base camp to store unneeded trek gear while the other is taken on the trek to be used by the buddies. Tents should be as lightweight as possible and of a minimum size that will sleep two comfortably with room for little gear (*half-dome tents with two doors and vestibules work great*). Pack Covers as noted in the participant's equipment Check List works very well for outside storage of un-needed gear in the tents on the overnight treks.

Pre-Camp Orientation

Periodic communications by email will be sent out, and you can expect to receive electronically, an Orientation Packet to help you prepare your Scout or Venturer for the Course.

Other Questions?

For more information on the program, please contact the 2021 Course Director **Amanda Tuttle**, nyltpnp@gmail.com or TuttleScoutsSTEM@gmail.com or (251)753-0021 or Bay-Lakes Council Center for Scouting at (920) 734-5705.



What do I do next?

START PREPARING

If you have not already done so; complete the on-line registration. Please also complete the forms in this document, health form, and provide documentation of swimmer status, and return to Amanda Tuttle, no later than July 21, 2024: You can mail all required documents to: Amanda Tuttle, 1394 Wellington Dr, Suamico, WI 54173. Please add these email addresses to your contacts so our emails do not end up in your spam folder: nyltpnp@gmail.com and TuttleScoutsSTEM@gmail.com

Make sure you have updated Medical forms **Parts A, B & C**. As a reminder, please include ALL information asked for as the care of your sons and daughter's health and welfare are our priority and the adult leadership and Health Officer need to know this information so as to properly care for them. Make sure to include a medicine list, all necessary signatures and copies of the front and back of your insurance card. It is a good idea to make a copy of all of these documents for your records as well. The newest BSA Medical form and can be found at: [Annual Health and Medical Record | Boy Scouts of America \(scouting.org\)](https://www.scouting.org/health-and-medical-record/)

Staff started preparing for your Scout in November of 2023 (*they will spend almost a year working to make this unique training experience the best it can be*).

We thought it would be good to give you time to help your Scout to also "**Be Prepared**".

ALL PARTICIPANTS MUST ARRIVE IN OFFICIAL SCOUT UNIFORM (*the first four items in bold print on the Pack & Paddle Personal Equipment Check-List*).

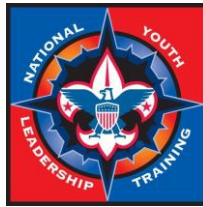
Badges: Before coming to camp, please see that all badges and insignias are properly placed on the Scouts uniform.

Review this Check-List carefully before you begin your preparations. If you are in need of some of the listed equipment, talk with your unit's Quartermaster about borrowing from the Troop, Crew, Ship or Post. If at any time you have questions, comments or concerns, please contact Amanda Tuttle

A few more tips:

- Internal Framed or External Framed Backpack must be used for trekking of all gear throughout the course from the moment of check-in to departure. (*Talk with your local sporting goods shop on which style may be best suited for your son/daughter's Scouting Adventures*).
- A lightweight daypack may also be brought for the small number of items we leave at base camp.
- No luggage or suitcases are permitted.
- Special Pack & Paddle prescribed patrol equipment will be issued and each participant will be required to add a portion of this to their load (*once added patrol equipment and food are packed, participants backpacks can easily weigh over 30 pounds*) - so pack smart, and pack light.
- Review the Check-List often throughout your preparations and packing.

Please save the preceding Information sheets for future reference and turn in the following forms following as soon as possible.



Pack & Paddle Personal Equipment Check-List

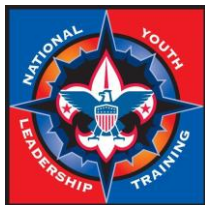
OFFICIAL UNIFORM SHIRT	THREE 1-LITER WATER BOTTLE <i>(Nalgene / Camelback/Smartwater)</i>
UNIFORM SHORTS or PANTS <i>Synthetic in the color of the Scout's unit (Green/Navy/Gray)</i>	PERSONAL FIRST AID KIT <i>(include Mole-Pad and Mole-Skin)</i>
BELT AND BUCKLE	SHOES FOR WATER (plastic bag storage)
BSA HEALTH FORM <i>(Parts A, B & C)</i>	SUNSCREEN (travel size)
REQUIRED/PREScribed MEDICATION <i>(in original labeled containers)</i>	EXTRA EYEGASSES/CONTACTS <i>(in hard case) SUNGLASSES optional</i>
Unit Leader Recommendation	RAIN JACKET & PANTS (not disposable)
Swim Classification Documentation	SLEEPING BAG <i>(Michigan's Upper Peninsula, in August)</i>
SLEEPWEAR <i>(separate shorts, t-shirt or minimal weight sweats)</i>	SLEEPING PAD <i>(air mattress / closed-cell foam / self-inflating suitable for backpacking)</i>
HIKING Boots (Most important)	WATERPROOF BAGS (one will be bearbag for food and smellable)(3)
BACKPACKING HAT <i>(Wide soft-brimmed recommended)</i>	POCKET KNIFE <i>(limit 1, 3" blade, foldable)</i>
CHANGES OF CLOTHING <i>(Scout appropriate)</i>	BOWL, CUP, & SPOON <i>(long handled spoon recommended)</i>
UNDERCLOTHING <i>(3 sets min. avoid cotton)</i>	SCOUT HANDBOOK <i>(newest edition)</i>
WOOL HIKING SOCKS <i>(5 pairs, no cotton)</i>	SMALL NOTEBOOK
FLEECE JACKET <i>(avoid cotton)</i>	BALLPOINT PEN and/or PENCIL
FLASHLIGHT	WATCH
BACKPACK <i>(properly sized and fitted)</i>	CHAPSTICK (optional)
PACK RAIN COVER	HANDKERCHIEFS <i>(are multipurpose & nice)</i>
2-PERSON BACKPACKING or LIGHTWEIGHT TENT <i>(with waterproof ground cloth)</i>	BASECAMP TOWEL (for shower) Toiletries
2 NYLT quick dry shirts provided (additional may be purchased)	COMPASS
TOOTHBRUSH AND SMALL TOOTHPASTE	Duffle to leave in basecamp
SMALL BOTTLE OF 'CAMP SUDS' <i>(used as hand soap, shampoo & laundry soap)</i>	SEWING KIT with SAFETY PINS
DEODORANT <i>(optional)</i>	WORK GLOVES

RADIOS, MUSIC PLAYERS, ELECTRONIC TOYS, or 2-WAY RADIOS, etc. are NOT Allowed.

CELL PHONES are strongly discouraged NYLT, Camp Hiawatha, and Bay-Lakes Council, BSA
Will not be responsible for any lost, Damaged or misplaced personal equipment.

Mark your clothing and personal items with your name, even any parts of the official uniform which you borrow from someone else, so you have a means to identify it *(fabric paint works great for clothing and nail polish for hard items)*. When selecting equipment – keep in mind that all of it can get wet, muddy and/or damaged *(It is what can happen during these types of treks)*

Very economical ways to store items are in quart or gallon size **freezer** storage bags *(reinforcing with clear strapping tape adds a good deal of durability to the bags and using clear tape allows easy identification of bagged contents, optional)*. Waterproofing is a required safety measure



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Complete and return to Amanda Tuttle by July 21, 2024: Forms should be mailed to:
NYLT Pack & Paddle, Amanda Tuttle 1394 Wellington Dr. Suamico, WI 54173

Unit Leader's Approval My signature below indicates my certification that the subject Scout or Venturer is a Potential future Youth Leader, that he/she has been familiarized with the concepts of leadership put forth in the "Introduction to Leadership Skills" (see *the Scoutmaster's Handbook*), that, as a Scout, he/she has attained the rank of First Class Scout, or higher, that he/she will be comfortable camping in a patrol setting for a week, and that he/she will be a positive influence within his/her course patrol. My signature also indicates my certification that the subject scout demonstrates sufficient maturity (*physically and mentally*) to function in an adventure based "wilderness" camping, hiking, and canoe travel environment.

Scout or Venturer NYLT Participant:

Printed Name: _____
first *middle* *last*

Unit name: _____ Unit number: _____ District: _____

Unit Leader:

Unit name: _____ Unit number: _____ District: _____

Print Name _____ Signature _____

Home Phone w/A/C _____ E-mail address _____

Address _____ City _____ State _____ Zip _____

Approval of Parent or Guardian:

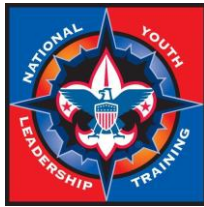
I have read through this packet **AND** discussed with our Scout's Unit Leader the preparedness of said Scout and I approve the attendance of my son/daughter named above, as "Scout or Venturer NYLT Participant", at the Bay-Lakes Council National Youth Leadership Training Pack & Paddle Course to be held at Camp Hiawatha on August 3 – 11, 2024. I certify that he/she meets the necessary participation requirements, and that I will ensure that he/she has the necessary equipment and uniforms to meet the requirements for the course.

Parent/Guardian: Print Name _____

Signature _____

Primary Phone with area code _____

E-mail address _____



Information about You, the Participant

Your Name _____ Unit Number _____ Rank _____

Why do you want to attend NYLT? _____

What do you expect to learn and do at NYLT? _____

Code of Conduct

Scout Oath

On my honor, I will do my best to do my duty to God and my Country and to obey the Scout Law;
To help other people at all times;
To keep myself physically strong, mentally awake and morally straight.

Scout Law

A Scout is Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean, and Reverent

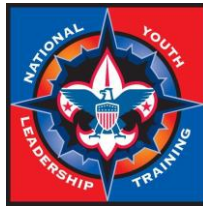
The Scout Oath and the Scout Law form the basis for all behavior at NYLT. The Participant should read each "Standard" item and sign on the line provided to indicate their pledge and agreement to conduct themselves in accordance these standards.

STANDARDS

- I agree to exhibit conduct and behavior that is consistent with the Scout Oath and Scout Law.
- I will follow all directions of NYLT staff members, Camp Hiawatha staff, or their agents.
- I agree to safely and appropriately use Scouting equipment. If I damage or lose scout equipment due to neglect or misuse, I may be required to pay for repair or replacement of the equipment.
- I understand that serious or repeated failure to live up to my pledge to conduct myself I accordance with the Scout Oath and Scout Law, or follow the directions of NYLT staff members, Camp Hiawatha staff, or their agents may result in the necessity that I return home prior to the end of the stated activity at the expense of my parent(s) or guardian. Further, I understand that, If my conduct requires return home, I will not be eligible for any refund of fees paid.
- If my conduct requires my return home, my parents will be financially liable for any and all transportation costs.

Print Full Name _____

Participant's signature _____ Date _____



Swimmer Classification

We will accept a buddy card from summer camp in the last 12 months from the end of course (August 11, 2024) a letter from the Scoutmaster/Skipper/Advisor attesting to having witnessed a successful swim test resulting in a Swimmer level Classification. Or the form below completed by a swim test facilitator.

If the Scout is unable to provide any of these, please reach out to Mrs. Tuttle

Swim Classification Record

(Changes and/or corrections to the following chart should be initialed and dated by the test supervisor.)

Unit Number _____ Date of Swim Test _____

	Full Name (Print) (Draw lines through blank spaces)	Medical Recheck Parts A-B	Swim Classification		
			Non-Swimmer	Beginner	Swimmer
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					

The swim classification test performed at a unit level should be conducted by one of the following council-approved resource people: Aquatics Instructor, BSA; BSA Lifeguard; BSA Swimming & Water Rescue; or other lifeguard, swimming instructor, etc. Test administrators should utilize chapter 5 of the [BSA Aquatics Supervision Guide](#).

NAME OF PERSON SUPERVISING & FACILITATING THE SWIM TEST:

 Print Name

 Signature

 Type of Authorization/Training
(Attach a copy of certification if required by council procedure)

 Expiration Date if applicable