

## OUTDOOR SKILLS SEMINAR

April 26 – 28, 2024 at Camp Hiawatha

Please Register by April 21<sup>th</sup>

# Wilderness First-Aid

## VENTURERS and SCOUTS BSA

Unlike typical first-aid courses (stabilize / wait 15-min for ambulance) this course covers how to handle situations when help is hours or days away.

**Required by High Adventure Bases like Philmont already,**  
any activity away from rapid ambulance service  
should have someone with this level of training.

**Successful completion of this 16-hour course gives you  
AHSA Wilderness First Aid Certification.**

**When:** 7:00pm Friday April 26 – Noon Sunday April 28, at Camp Hiawatha

**Cost:** \$150 per person

Each student receives a student book and certification card (\$130 tuition);  
2 nights lodging in cabins and 5 meals (\$20)

If you would like additional snacks, please feel free to bring them.

**Prereqs:** Ages 14 up, course assumes you have CPR and basic first aid knowledge

**Bring:** Paper/pencil, extra clothing for the weather, sleeping bag, toilet kit,  
eating kit (knife-fork-spoon-cup-bowl-plate), \_\_\_\_\_

**Please register online as soon as possible (Deadline, April 21).**

Goto Bay Lakes Calendar: <https://baylakesbsa.org/calendar/> for April 26

or go to: <https://scoutingevent.com/635-outdoorseminar>

**Once registered additional information will be sent as needed.**

To register off-line, or if you have questions, please contact:

Chuck Suckow [suckows@charter.net](mailto:suckows@charter.net) 906-228-5169

If this opportunity doesn't work, but you are interested, please let Ben Hunt know:

AHSA WFA Instructor, Ben Hunt, [thepreparedcitizen@protonmail.com](mailto:thepreparedcitizen@protonmail.com)

# Wilderness First Aid

ASHI's Wilderness First Aid program is designed to meet or exceed the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines, 2017 Edition*. This comprehensive program prepares camp counselors, trail guides and other outdoor enthusiasts how to respond with effective emergency care in the unique situations that wilderness environments create.

## Course highlights

- Designed for individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in wilderness first aid knowledge and skills
- Comprehensive student book and clear, concise course content
- 2-year certification
- 16-hour class with emphasis on hands-on skills and scenario practices
- Musculoskeletal Injuries
- Extended Injury Management
- Poisoning
- Heat and Cold Emergencies
- Bites and Stings
- Submersion (Drowning)
- Lightning Strikes
- Altitude Illnesses

## Class topics include:

The course follows the BSA curriculum, and includes topics such as:

- Wilderness First Aid
- Moving and Lifting
- Initial and Focused Assessments
- Shock
- Control of Bleeding
- Caring for Wounds
- Cleaning, Closing and Dressing Wounds
- Burns

