

## Wilderness Survival

Req. 1.b – Show that you know how first aid for and how to prevent injuries or illnesses that could occur in backcountry settings, including hypothermia, heat reactions, frostbite, dehydration, blisters, insect stings, tick bites, and snakebites.

Note: Review these skills in the First Aid section of the Scout Handbook.

- Req. 5 – Put together a personal survival kit and explain how each item in it could be useful.

Note: Start with the Scout Basic Essentials (Outdoor Essentials) and add other useful items.

- Req. 11 – Show that you know the proper clothing to wear in the outdoors during extremely hot and cold weather and during wet conditions.

Note: Bring the clothing items you would use in those conditions and be prepared to show how they work together. The Hiking section of the Scout Handbook is a good resource for preparing for this requirement and Req. 5.

Req 8 – build and sleep in a shelter. This will not be completed during the merit badge session- you are able to complete this as home or on a troop campout and bring in confirmation or build one at your assigned campsite during free time.