



National Youth Leadership Training Pack & Paddle 2023

What is National Youth Leadership Training (NYLT) ?

National Youth Leadership Training is the premier youth leadership training program of the Boy Scouts of America.

What is Bay-Lakes Council National Youth Leadership Training Pack & Paddle?

NYLT Pack and Paddle takes the NYLT syllabus and delivers it in the environment of a wilderness-style backpacking and canoeing trek. The intensive, effective leadership training syllabus is adhered to as the standard lessons take on immediate and additional meaning for the participants due to the functional demands of completing a wilderness trek as a team. Teamwork, goal setting, and leadership lessons are immediately applied to the challenges of working with their patrol to pack up their campsite, navigate to their new location, and set up again each day.

Who is qualified to attend?

The NYLT course trains youth from troops, crews, ships and posts. The course is co-educational where Scouts, Venturers, Explorers and Sea Scouts are eligible, and encouraged, to attend. Participants do not have to be serving currently in a leadership role, but should have the skills and abilities to do so in the future. Participating scouts **must** be at least 13 years of age by August 12, 2023. Participants must have sufficient maturity (physically and mentally) to function in an adventure-based wilderness camping, hiking and canoe travel environment. Participants should additionally have passed the BSA Swimmer's Test within the calendar year, or be prepared to do so upon checking in at Camp Hiawatha. Proof of ability could be a Participant's swim tag from summer camp within the calendar year, or a letter from their unit leader.

Uniform Requirements

One full official field uniform is required (shirt, pants/shorts, belt, and socks) at base camp and for opening and closing activities. Most of the time the uniform of the day will be an activity uniform of Scouting or NYLT T-shirts (two to be supplied by course), belt, and appropriate scout pants or shorts.

The Unit Leader's Role (Troop Scoutmaster, Crew Advisor, Ship Skipper, Post Advisor)

We expect the Unit Leader to work with the scouts and their parents prior to the course to provide them with an understanding of the basics of leadership. (See *Introduction to Leadership Skills* in the Scoutmaster's Handbook.) Also, there are certain outdoor skills that are needed to attend the course: Tent setup and take down, preparing and eating meals outside, and general camping procedures (the participant should have slept overnight in a tent prior to attending NYLT). Additionally, the Unit Leader **AND** Parent must sign off on the participant's preparedness for NYLT Pack & Paddle as noted in the "Unit Leader's Approval" form.

Registration Information

Register online at www.baylakesbsa.org. A \$100 non refundable deposit is required per participant (total fee is \$320 per Participant, or \$300 if paid in full by July 1, 2023). Deposits and full Payments are transferable but not refundable. The fee includes two t-shirts, Council Shoulder patch, NYLT trained patch, other course and training materials, food, loads of challenges and lots of fun. Space is limited to the first 30 participants. History shows us that our NYLT courses fill-up FAST, so register as soon as you are able, to avoid the waiting list.



What are the course objectives?

To empower participants:

- To be tomorrow's leaders today.
- Lead others by learning to lead themselves.
- Develop the confidence and knowledge to run a great Scouting unit program.
- Gain working knowledge of the skills needed to be a quality servant leader.
- Use skills learned in leading others in their home unit and beyond.
- Provide the opportunity to share ideas and experiences with youth from other units.
- Create a model Troop for the participants to experience the BSA at its very best.

How is the Course set up?

The NYLT Pack & Paddle course is set up like a Troop in the field on a wilderness backpacking and canoe trek. Volunteer adults and youth hold Troop leadership positions such as Scoutmaster, Assistant Scoutmaster, Senior Patrol Leader, etc. Participants are formed into 6-8 person patrols, and take turns in leadership roles while performing other functions necessary for them to successfully work as a team to complete both their trek and the intensive National Youth Leadership Training syllabus. Behavior expectations adhere rigidly to the Scout Oath, Scout Law, and Outdoor Code.

The Patrol Method

The patrol method is used exclusively during the course. Patrols are on their own to set up campsites, cook meals, construct team projects and plan and carry out other activities without direct adult supervision. Patrol leadership changes daily to give all youth a chance to be a Patrol Leader and hold other vital roles within a Patrol. Although this provides hands-on opportunities for each youth to grow in leadership, it also requires that each youth be mature enough to handle the independence given.

Tenting

Each participant will buddy up with someone in their patrol for tenting (females will be put into patrols as a pair). One tent will be set up at base camp to store unneeded trek gear while the other is taken on the trek to be used by the buddies. Tents should be as lightweight as possible and a minimum size that will sleep two comfortably with room for little gear (half-dome tents with two doors and vestibules work great). Pack covers as noted in the participant's equipment checklist work very well for outside storage of unneeded gear in the tents on the overnight treks.

Pre-Camp Orientation

Periodic communications by email will be sent out that you can expect to receive electronically.



Transportation

For transportation to and from Camp Hiawatha, consider carpooling with fellow participant families, or take advantage of a weekend package which will soon be offered to parents of this year's NYLT Pack and Paddle Participants.

Weekend a la carte options will be available to you and your family for the weekend consisting of lakeside campsite or cabin lodging and local program opportunities for a nominal fee. You can enjoy this benefit while picking up or dropping off your participant.

Other Questions?

For more information on the program, please contact the 2023 Course Director, **Amy Albers**, NYLTPNP@gmail.com, or Bay-Lakes Council Center for Scouting at 1-800-3-SCOUTS.



What do I do next?

START PREPARING

If you have not already done so, complete the on-line registration paying the \$100.00 deposit per participant (total cost per Participant is \$300.00 if paid in full by July 1, 2023). Please also complete the forms in this document, health form, and medication card, and return to Sherree Peppin, 4545 Odin Lane, New Franken, WI 54229, no later than July 15, 2023. You can mail all required documents to Amy Albers, 1115 Rockwell Rd, Green Bay, WI 54313.

Please **add these email addresses to your contacts** so our emails do not end up in your spam folder:
doug.ramsay@scouting.org, nyltpnp@gmail.com

Make sure you have updated Medical forms **Parts A, B & C**. As a reminder, please include ALL information asked for as the care of your child's health and welfare are our priority and the adult leadership and Health Officer need to know this information to properly care for them. Include the following items:

- a medicine list
- all necessary signatures
- copies of the front and back of your insurance card

It is a good idea to make a copy of all of these documents for your records as well.

The newest BSA Medical form and Drug/Medication Card can be found at:

<https://www.scouting.org/outdoor-programs/trail-to-adventure/new-annual-health-and-medical-record/>

Staff starts preparing for your Scout in March of 2023 (they spend the next 6 months working to make this unique training experience the best it can be).

We thought it would be good to give you time to help your Scout to also **Be Prepared**.

ALL PARTICIPANTS MUST ARRIVE IN OFFICIAL SCOUT FIELD UNIFORM (the first four items in bold print on the NYLT Pack & Paddle Personal Equipment Checklist).

- **Badges:** Before coming to camp, please see that all badges and insignias are properly placed on the Scout's uniform.



Review this checklist carefully before you begin your preparations. If you are in need of some of the listed equipment, talk with your unit's Quartermaster about borrowing from the Troop, Crew, Ship or Post. If at any time you have questions, comments or concerns, please contact Amy Albers, Amanda Tuttle, Miki Gould or Karl Kessler at nyltpnp@gmail.com.

A few more tips:

- Internal framed or external framed backpack must be used for trekking of all gear throughout the course from the moment of check in to departure. (Talk with your local sporting goods shop on which style may be best suited for your scout's Scouting Adventures).
- A lightweight daypack or duffel bag may also be brought for the small amount of items we leave at base camp.
- No luggage or suitcases are permitted.
- Special NYLT Pack & Paddle prescribed patrol equipment will be issued and each participant will be required to add a portion of this to their load (once added patrol equipment and food are packed, participants backpacks can easily weigh over 30 pounds) - so pack smart, and pack light.
- Review the checklist often throughout your preparations and packing.

Please save the preceding Information sheets for future reference, and turn in the following forms as soon as possible.



Pack & Paddle Personal Equipment Checklist	
OFFICIAL UNIFORM SHIRT (short sleeve preferred)	THREE 1-LITER WATER BOTTLES (Nalgene / Camelback)
OFFICIAL UNIFORM SHORTS or PANTS (1 pair)	PERSONAL FIRST AID KIT (include Mole-Pad and Mole-Skin)
OFFICIAL UNIFORM SOCKS (1 pair)	SHOES FOR WATER (plastic bag storage)
OFFICIAL UNIFORM BELT AND BUCKLE	SUNSCREEN (travel size)
BSA HEALTH FORM (Parts A, B & C)	EXTRA EYE GLASSES / CONTACTS (in hard case) SUNGLASSES optional
REQUIRED/PREScribed MEDICATION (in original labeled containers)	RAIN JACKET and PANTS (not disposable, no ponchos)
MEDICATION CARDS (if applicable)	SLEEPING BAG (Michigan's Upper Peninsula in August)
SLEEPWEAR (separate shorts, t-shirt or minimal weight sweats)	SLEEPING PAD (air mattress / closed-cell foam / self-inflating suitable for backpacking)
HIKING SHOES (Most important)	3 WATERPROOF BAGS (one will be bear bag for food and smellables)
BACKPACKING HAT (Wide soft-brimmed recommended)	POCKET KNIFE (limit 1, no sheath knives)
CHANGE OF CLOTHING (Scout appropriate)	HOT BEVERAGE CUP & SPOON (long handled spoon recommended)
UNDERCLOTHING (3 sets min. avoid cotton)	SCOUT HANDBOOK (newest edition) <i>(optional)</i>
WOOL HIKING SOCKS (4-5 pairs, NO cotton)	SMALL NOTEBOOK
FLEECE JACKET (avoid cotton)	BALLPOINT PEN and/or PENCIL
FLASHLIGHT	WATCH (standard - not needing to be recharged)
BACKPACK (properly sized and fitted)	CHAPSTICK <i>(optional)</i>
PACK RAIN COVER	HANDKERCHIEFS (are multipurpose)
2-PERSON BACKPACKING or LIGHTWEIGHT TENT (with waterproof ground cloth)	BASE CAMP TOWEL (for shower) Toiletries
2 NYLT quick dry shirts provided	COMPASS
TOOTH BRUSH AND SMALL TOOTHPASTE	Zip off quick dry pants
SMALL BOTTLE OF 'CAMP SUDS' (used as hand soap, shampoo & laundry soap)	SEWING KIT with SAFETY PINS
DEODORANT <i>(optional)</i>	WORK GLOVES

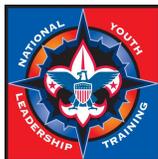
RADIOS, MUSIC PLAYERS, CELL PHONES, ELECTRONIC TOYS, or 2-WAY RADIOS, etc. are NOT NEEDED.
 NYLT, Camp Hiawatha, and Bay-Lakes Council, BSA
 are not responsible for any lost, damaged or misplaced personal equipment.

Mark your clothing and personal items with your name, even any parts of the official uniform which you borrow from someone else, so you have a means to identify it (fabric paint works great for clothing and nail polish for hard items).

When selecting equipment – keep in mind that all of it can get wet, muddy and/or damaged (this can happen during these types of treks).



Very economical ways to store items are in quart or gallon size **freezer** storage bags (reinforcing with clear strapping tape adds a good deal of durability to the bags and using clear tape allows easy identification of bagged contents, optional).



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Complete and return to Amy Albers by July 15, 2023: Forms should be mailed to:

NYLT Pack & Paddle, % Amy Albers, 1115 Rockwell Rd, Green Bay, WI 54313

Unit Leader's Approval My signature below indicates my certification that the subject scout is a potential future youth Leader, that he/she has been familiarized with the concepts of leadership put forth in the "Introduction to Leadership Skills" (see *the Scoutmaster's Handbook*), that, as a Scout, he/she has attained the rank of First Class Scout, or higher, that he/she will be comfortable camping in a patrol setting for a week, and that he/she will be a positive influence within his/her course patrol. My signature also indicates my certification that the subject scout demonstrates sufficient maturity (physically and mentally) to function in an adventure based wilderness camping, hiking, canoe travel environment, and has passed the BSA swimmers test within this calendar year, or that I reasonably expect them to be able to do so upon arrival at the course.

Scout NYLT Participant:

Printed Name: _____
first *middle* *last*

Unit name: _____ Unit number: _____ District: _____

Unit Leader:

Unit name: _____ Unit number: _____ District: _____

Print Name _____ Signature _____

Home Phone _____ E-mail address _____

Address _____ City _____ State _____ Zip _____

Approval of Parent or Guardian:

I have read through this packet **AND** discussed with our Scout's Unit Leader the preparedness of said Scout and I approve the attendance of my son/daughter named above, as "Scout or Venturer NYLT Participant" at the Bay-Lakes Council National Youth Leadership Training Pack & Paddle Course to be held at Camp Hiawatha on August 12 – 20, 2023. I certify that he/she meets the necessary participation requirements, and that I will ensure that he/she has the necessary equipment and uniforms to meet the requirements for the course.

Parent/Guardian: Print Name _____

Signature _____

Primary Phone with area code _____

E-mail address _____



Your Name _____ Unit Number _____ Rank _____

Why do you want to attend NYLT? _____

What do you expect to learn and do at NYLT? _____

Code of Conduct

Scout Oath

On my honor, I will do my best to do my duty to God and my Country and to obey the Scout Law;
To help other people at all times;
To keep myself physically strong, mentally awake and morally straight.

Scout Law

A Scout is Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean, and Reverent.

The Scout Oath and the Scout Law form the basis for all behavior at NYLT. The Participant should read each "Standard" item and sign on the line provided to indicate their pledge and agreement to conduct themselves in accordance these standards.

STANDARDS

- I agree to exhibit conduct and behavior that is consistent with the Scout Oath and Scout Law.
- I will follow all directions of NYLT staff members, Camp Hiawatha staff, or their agents.
- I agree to safely and appropriately use Scouting equipment. If I damage or lose scout equipment due to neglect or misuse, I may be required to pay for repair or replacement of the equipment.
- I understand that serious or repeated failure to live up to my pledge to conduct myself in accordance with the Scout Oath and Scout Law, or follow the directions of NYLT staff members, Camp Hiawatha staff, or their agents may result in the necessity that I return home prior to the end of the stated activity at the expense of my parent(s) or guardian. Further, I understand that, If my conduct requires return home, I will not be eligible for any refund of fees paid.
- If my conduct requires my return home, my parents will be financially liable for any and all transportation costs.

Print Full Name

Participant's signature

Date