**Packing List for COPE Lvl. II**

**Required**

* Sleeping Bag/Liner/Pillow
* Clothing for 2 days
	+ 2 Shirts
	+ Pants
	+ Socks/Underwear
	+ Warm jacket
	+ Clothes for sleeping
	+ Warm Gloves
	+ Beanie/Winter hat (Hat’s without buttons or poms are allowed underneath helmets)
* Boots/Closed Toed Shoes
* Toiletries
	+ Toothbrush/Toothpaste
	+ Shampoo/Conditioner/Body Wash
	+ Towel
	+ Deodorant
	+ Shower Shoes
* Pen/Pencil (Notebooks will be provided)
* Health Forms A&B
* YPT Certificate
* Day Pack with
	+ Water Bottle
	+ Small First Aid Kit
	+ Rain Jacket
	+ Extra layers
	+ Extra Snacks
	+ Headlamp
	+ Sun Protection (It might be cold, but the sun still burns)

**Optional Items**

* Personal Climbing Equipment (All Personal Equipment will be inspected)
	+ Harness (Less than 10 years old)
	+ Helmet (Less than 10 years old)
	+ Belay/Rappel devices
	+ Leather Belay Gloves (Gloves will be available if needed)
	+ Climbing Shoes
* Tent and other camping equipment (Lodging will be provided but you have the option to camp if desired)

**Item Suggestions**

You do not need to purchase any equipment for this training. The Glaciers Edge Council has everything you need to complete this course. However, if you wish to purchase your own equipment, here are a few suggestions.

Helmet: Black Diamond Half Dome or Capitan, Petzl Borea/Boreo

Harness: Black Diamond Momentum or Solution (available in Men’s and Women’s), Petzl Corax LT (M’s and W’s)

Belay Gloves: Metolius Belay Gloves (Full Finger)