

A must if you plan on taking your unit on a high adventure trip to Sea Base, Philmont or Northern Tier and if you are a unit leader who wants to be prepared!

All attending must have CPR (Bring Card)

Adults and Youth (at least 14 years of age) are eligible to take training.

Scouts must have First Class.

Class size is limited, you must register two weeks before the class —-if there is not enough registered at that time the class will be cancelled.

Wilderness First Aid Training at Fort Steuben Scout Reservation at 79601 Adams Road, Freeport OH 43973.

This is a BSA Approved Training with a Team of trained teachers, with hands on scenarios during this 16 hour course.

Cost of the training includes meals.

What to Bring:

Bring appropriate clothing for the predicted weather (be prepared)

Bring tent (Sleeping bag-pillow)

Bring Personal Care (shower gear/towel/toothbrush etc.)

Boy Scout Essentials

As listed in the Eleventh Edition of the Boy Scout Handbook, they are:

- 1. A pocketknife (presumably more than just a knife, a Swiss Army knife for example). In order to use a knife in Scouting, you must have your Totin' Chip award.
- 2. A first aid kit. A basic kit for first aid might include adhesive bandages, medical tape, sterile gauze, moleskin, soap, antiseptic, a mouth-barrier device for CPR, scissors and Band-Aids.
- 3. Extra clothing to match the weather. Multiple layers are superior to a single massive jacket, because layered clothing is adaptable to a wide range of temperatures.
- 4. Rain gear.
- 5. A flashlight.
- 6. Trail food such as trail mix and granola bars, etc.
- 7. Water Portable water purifiers and water stills may be used to obtain potable water from virtually any source. If a water-source is unavailable the use of a dromedary bag should be considered. Also bring bottled water.
- 8. Matches and/or a fire starter may be used to light fires for heat, or for signaling purposes. (Publicly owned forests in the United States often have lookout stations for forest fires and signal fires.)
- 9. Sun protection may include sunblock, sunglasses, lip balm and a wide-brimmed hat.
- 10. Trail maps and compass.

Questions please contact Dean See you at the Training, Dean McElfresh, Trainer 304.479.1250 deanmcelfresh@ymail.com