

## **IOLS (Sandscrest)- What to Bring (Checklist)**

- Tent
- Ground tarp / ground cloth
- Sleeping bag or blankets
- Sleeping pad

### **Scout Basic Essentials**

- Pocketknife
- First-aid kit
- Extra clothing
- Rain gear
- Water bottle (filled)
- Flashlight
- Trail food/snacks
- Matches or fire starters
- Sun protection
- Map & compass

### **Clothing & Packs**

- Weather-appropriate clothing
- Backpack or day pack
- Rain cover for pack

### **Eating Kit**

- Spoon
- Plate
- Bowl
- Cup / mug

### **Cleanup & Personal Items**

- Toothbrush & toothpaste
- Soap
- Towel & washcloth
- Comb / brush
- Medications (if needed)

### **Optional Items**

- Notebook & pen
- Watch
- Sunglasses
- Gloves
- Camera

Note: light walking around camp so bring proper shoes and a daypack