

IOLS - What to Bring (Checklist)

- Tent Ground tarp / ground cloth Sleeping bag or blankets Sleeping pad

Scout Basic Essentials

- Pocketknife
- First-aid kit
- Extra clothing
- Rain gear
- Water bottle (filled)
- Flashlight
- Trail food/snacks
- Matches or fire starters
- Sun protection
- Map & compass

Clothing & Packs

- Weather-appropriate clothing
- Backpack or day pack
- Rain cover for pack

Eating Kit

- Spoon
- Plate
- Bowl
- Cup / mug

Cleanup & Personal Items

- Toothbrush & toothpaste
- Soap
- Towel & washcloth
- Comb / brush
- Medications (if needed)

Optional Items

- Notebook & pen
- Watch
- Sunglasses
- Gloves
- Camera

Note: light walking around camp so bring proper shoes and a daypack