



## COPE & Climbing Training Schedule

Updated: June 11, 2024

| 2024 Training Sessions     |  |
|----------------------------|--|
| July 11, 2024<br>7:00 PM   | <p><b>Knocking off the RUST - Climb on Safely</b></p> <p>This Ropes Updates and Skills Training will focus on the Climb On Safely program and is designed for Troop leaders wanting to learn more about keeping their Scouts safe during climbing activities.</p>  |
| August 8, 2024<br>6:00 PM  | <p><b>Knocking off the RUST - Rescue Scenarios</b></p> <p>This specific topic for this Ropes Updates and Skills Training will focus on the common rescues that are typical of our environment.</p>   |
| 2025 Training Sessions     |  |
| April 11-13, 2025          | <p><b>Foundation Level 1 COPE &amp; Climbing</b></p> <p>The initial introductory course designed to teach basic instructor skills required to support the COPE and Climbing programs at Camp Mountaineer. Course will include basic knots, artificial structure rigging, site and equipment inspections, introduction to natural rock rigging, basic administrative functions, universal access, belay and spotting techniques, dealing with fear, and emergency procedures.</p> |
| May 8, 2025<br>7:00 PM     | <p><b>Knocking off the RUST - Anchor Systems</b></p> <p>This Ropes Updates and Skills Training will focus on <i>Anchoring Systems</i> .</p>  |
| May 16-28, 2025            | <p><b>Project COPE Level 2</b></p> <p>Individuals interested in furthering their knowledge and skills to help with the Project COPE (challenge course) component of the Mountaineer Ropes program. Training will cover general operations of the low course, high course and tower operations, administrative record keeping, group processing and development, sequencing, trust activities, standards, inspection process and emergency management.</p>                        |
| June 12, 2025<br>7:00 PM   | <p><b>Knocking off the RUST - Big Zip</b></p> <p>This Ropes Updates and Skills Training will focus on <i>Big Zip Operations</i> . All are welcome to attend.</p>   |
| July 10, 2025<br>7:00 PM   | <p><b>Knocking off the RUST - Climb on Safely</b></p> <p>This Ropes Updates and Skills Training will focus on the Climb On Safely program.</p>   |
| August 8-10, 2025          | <p><b>Foundation Level 1 COPE &amp; Climbing</b></p> <p>The initial introductory course designed to teach basic instructor skills required to support the COPE and Climbing programs at Camp Mountaineer. Course will include basic knots, artificial structure rigging, site and equipment inspections, introduction to natural rock rigging, basic administrative functions, universal access, belay and spotting techniques, dealing with fear, and emergency procedures.</p> |
| August 14, 2025<br>6:00 PM | <p><b>Knocking off the RUST - Universal Access</b></p> <p>This Ropes Updates and Skills Training will focus on Universal Access / Alternate Rigging Systems.</p>   |
| August 22-24, 2025         | <p><b>Climbing Level 2</b></p> <p>Individuals who want to be more involved in the Climbing (Natural Rock and Tower) program at Camp Mountaineer. This 2.5 day training course will focus on site selection, environmental conditions, rock climbing techniques, anchoring systems, bouldering, Climb on Safely , Climbing MB, standards and emergency scenarios and resolution.</p>  |

\* Knocking off the RUST sessions are designed for anyone interested in attending. All skill sets welcome.

### Registration Information



Multi-day training programs incur a fee of \$30-40 and will include meals and lodging for the duration of the training. Registration is available through the Mountaineer Area Council Web Site (<https://www.macbsa.org>). Knocking off the RUST sessions are open to all and do not require registration and will meet at the Camp Mountaineer Ropes Shed.