

2023 Summer Resident Camp Weekly Menu



Scouts BSA:
Week 1: June 25 – July 1
Week 2: July 2 – 8
Week 3: July 9 – 15



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Pancakes Sausage Hashbrowns Bananas Cereal	Scrambled Eggs Fried Potatoes Bacon Apples Cereal	Blueberry Pancakes Bacon Fried Potatoes Banana Cereal	Breakfast Casserole (ham, eggs, cheese, potatoes) Apples Cereal	French Toast Sticks Bacon Pineapple Cereal	Continental Muffins Granola Bars Fruit
LUNCH		Hamburgers Pasta Salad Potato Chips Tossed Salad	Turkey Sub or Ham Sub Homemade Potato Chips Carrots and Celery Tossed Salad	Chicken Tenders Potato Wedges Green Beans Tossed Salad	Turkey Sub or Ham Sub Homemade Potato Chips Carrots and Celery Tossed Salad	Corn Dog Corn on the Cob Pasta Salad Tossed Salad	
DINNER	BBQ Beef Macaroni & Cheese Green Beans Rolls Sweet Butter Chips White Cupcakes	Rigatoni Cheese Tortellini Garlic Bread Glazed Carrots Tossed Salad Lemon Bars	Fried Chicken Green Beans Au Gratin Potatoes Rolls Sweet Butter Chips Tossed Salad Cookies and Cream Cupcakes	Roasted Turkey Mashed Potatoes and Gravy Peas and Carrots Rolls Sweet Butter Chips Tossed Salad Chocolate Chip Cookies	Roast Beef Roasted Potatoes Zucchini & Yellow Squash Sweet Butter Chips Rolls Tossed Salad Blondie Bars	Pork BBQ Sandwich Macaroni & Cheese Baked Beans Tossed Salad Assorted Pies	

Any special dietary needs or food allergies need to be listed on your unit's registration no less than 14 days prior to check-in.

Camp Mountaineer's staff strives to accommodate any needs with appropriate substitutions, within reason, when notified well in advance of arrival at camp.

Food substitutions due to availability and supply may be necessary without notice.