

**Pacific Harbors Council Webelos Woods and
Arrow of Light Adventures
Hosted by the Rainier District**

Guide for Troops 2024



When: September 20th at 6pm to
September 22nd at 12:00pm

Where: Camp Thunderbird
11740 Summit Lake Rd NW
Olympia, WA 98502

Table of Contents

ADMINISTRATIVE ITEMS

Why Participate in Webelos Woods & Arrow of Light Adventures.....	4
Fees & Registration.....	4
Medical Forms.....	4
Camp Medication Policy.....	5
Camp Rules.....	5
Meals at Camp.....	5
Peanut Policy at Camp.....	6
Meal Schedule.....	6
Camping.....	6
Personal Gear Checklist.....	7
Arriving and Checking In.....	8
Event Schedule.....	9

THE PROGRAM

How the Program is Set Up.....	10
Troop Adventure Station & Volunteer Signup.....	10
Adventure Stations.....	11
Planning Your Adventure Stations.....	12
Troop Visit Times.....	12
Plan Troop Skit for Saturday Campfire.....	12
Guidelines for Songs, Skits, and Jokes.....	13
Directions and Map.....	13

Why Participate in Webelos Woods & Arrow of Light Adventures

Webelos Woods and Arrow of Light Adventures is a wonderful opportunity for troops to inspire Cub Scouts to crossover into a Scouts BSA program, as well as advertising your own troop! We are asking that each troop who attends to staff an Adventure Station create a flyer /handout highlighting the important and fun aspects of their Troop.

Scout BSA Troops that participate in Webelos Woods and Arrow of Light Adventures can earn up to two camping nights for rank advancement, and with Scoutmaster approval, earn community service hours for hosting and participating in an activity station.

<https://blog.scoutingmagazine.org/2019/05/30/does-helping-fellow-scouts-count-for-service-requirements/>

Fees & Registration

Troops who staff the event will attend for free.

Your troop will need to provide qualified supervision and meet Youth Protection Standards within your campsite.

Please have your troop sign up all together at <https://scoutingevent.com/612-2024WebelosWoods>. Troop register your adults as "Troop Adults" and your youth as "BSA Youth". Everyone who will be attending needs to register before **September 8th at midnight!**

Information needed to register Scouts and Adults includes the following 7 items:

1. First and last name
2. Email
3. Phone number
4. Dietary restriction or requests
5. Allergies
6. Medical considerations
7. Adventure Station Choice

Medical Forms

According to BSA Policy, each Scout and participating adult in attendance must complete an Annual Health and Medical Record form, at least Part A & B found here: https://filestore.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf This will need to be printed and physically brought to the event. Please remember to attach a copy of your insurance card to your health form.

IT IS THE RESPONSIBILITY OF THE UNIT to obtain and maintain copies of these forms for members of their unit for all activities they conduct. Medical forms will be reviewed at check-in and remain with the medic. They will be returned to the unit leader on Sunday at check out.

Camp Medication Policy

All medications must be in the original pharmacy containers with the prescription on the container. Be sure the Scouts bring only the quantity of medication required for the time they are in camp. Inhalers and epinephrine auto-injectors used for emergency conditions may be carried by the camper or their parent. Any injections that need to be given at camp must be administered by the Camp Medic with written permission from the parent/guardian. Make sure all medications are current and have not expired! Medications will be kept in a lockable container that the Camp Medic will have access to.

Camp Rules

Camp rules follow the Scout Law and common sense. Here are the details:

1. No participant is allowed to leave camp after check-in without a release from the camp leader. Scouts must be accompanied by an authorized adult while out of camp, and must sign out at the camp office before departing. Scouts leaving early must be released to authorized persons only.
2. Do not cut or climb trees.
3. Campers must stay out of other campsites unless invited.
4. No fires are to be lit at the campsite.
5. No open flames of any kind in tents or sleeping huts.
6. No personal firearms or sheath knives allowed.
7. No intoxicating beverages or illegal drugs are allowed on Scout property.
8. Please leave your campsite and latrine area better than you found it.
9. Hand tools must be used with adult supervision. Power tools may be used by qualified adults only.
10. No pets allowed in camp at any time.

You are responsible for the behavior of your group and must provide adequate supervision. The Buddy System should be used at all times.

Meals at Camp

Meals will be provided for this event. We will be eating together in the Dining Hall for a light Cracker Barrel Friday Night, Saturday Breakfast, Lunch, Dinner, Cracker Barrel,

and Sunday Breakfast. ***Please eat dinner before you arrive on Friday and plan to eat lunch after camp is over.***

In order to make proper accommodations, you must disclose any dietary restrictions at the time of registration.

Meals are prepared for you and served family style. We ask that your troop help clean up after meals. Participants should be clean and wearing appropriate shirts and pants at all meals. The field uniform (formerly Class A) should be worn at dinner on Saturday and breakfast on Sunday. The activity uniform (formerly Class B) can be worn at lunch on Saturday.

Peanut Policy at Camp

No peanut products, including peanut oil, will be used in the meals, snacks, cracker barrels, or any other food service provided in the dining hall or activity session. While this prohibition is in place in the dining halls, those with allergies must be aware that peanut products may be brought to camp by individual scouts or leaders without the knowledge of the camp staff or the Pacific Harbors Council.

Meal Schedule

Cracker Barrel 9:00 PM

Breakfast 7:30 AM

Lunch 12:15 PM

Dinner 5:25 PM

Cracker Barrel 8:30 PM

Breakfast 7:45 AM

Camping

This will be a tent camping event. Troops provide their own tents and camping gear. Troops will be assigned a campsite appropriate for their size. Small troops will be paired with another troop. Campsite assignments will be given upon arrival at camp. ***No adult can tent with any youth and there cannot be more than a 2 year gap in Scouts tenting together.***

All Scouts are not required to camp overnight; however, youth and adult leaders from troops helping on Saturday must attend the Friday evening leaders meeting at 7:30 PM.

Personal Gear Checklist

- Copy of BSA Annual Health and Medical Record (Part A & B for all Scouting events) for every Scout and adult attending
- Scout Essentials
- Tent
- A plastic sheet or ground cloth to put under the tent to keep you dry
- Sleeping bag (good to at least 40° or lower)
- Sleeping pad (to keep out the cold from the ground below)
- Pillow
- Optional extra blanket
- Flashlight and/or camping lantern
- Extra batteries
- Activity uniform (Scout t-shirt)
- Field uniform (blue/brown shirt)
- A good supply of dry clothes (especially socks)
- An extra pair of shoes
- Socks for sleeping
- Rain gear
- Hat
- Personal first aid kit
- Water bottle
- Insect repellent (non-aerosol)
- Sunscreen
- Personal toiletries
- Soap
- Towel and/or washcloth
- Any medications you may require
- Snack
- Folding chair
- Day pack to carry hand sanitizer, snacks, water bottle, writing tool, pocketknife, map between stations

Arriving and Checking In

Troops will arrive on Friday Night at 6 pm. Troops should arrive together. Please back-in park all vehicles.

To help with the flow of the check-in please choose an adult leader to sign your troop in at the entrance to the Dale O. Everyone else please remain in the parking lot in or by your vehicles. The adult leader will be given your campsite information, maps, schedule, and other information for your entire group. Once your unit is checked in please go to your campsite as an entire group. If you have materials to help in teaching your sessions, leave those in your vehicle until your campsite is set up or after our 7:30 PM meeting. We recommend bringing a collapsible wagon if you have more gear than you can carry in one trip.

When you get to your campsite, begin setting up your camp. Shortly after arriving at your site, the Camp Medic will visit to complete your medical form screening and collect your forms for safekeeping in the health room at the Dale O.

All troops will meet together that evening at 7:30 PM in the Dining Hall to go over the event and prepare their stations. Items we will cover in the meeting include:

- Emergency meeting location
- Schedule and program areas
- Skits and campfire
- Troop visits on Saturday
- Interfaith service on Sunday
- Assigned positions
- Webelos/Arrow of Light Passports

Scouts and adult leaders should arrive at camp in their Activity Uniform (formerly the Class B). Field Uniform (formerly the Class A) is preferred for the opening & closing flag ceremonies Saturday morning. Your troop may choose to wear the Field Uniform or the Activity Uniform when teaching.

There will be time after breakfast on Saturday morning to finish setting up program areas, if needed.

Event Schedule

	Time	Activity	Notes
FRIDAY SCHEDULE	6:00 - 7:15 PM	Check-In & Set Up Camp	Prep stations, if time allows
	7:30 - 8:30 PM	Camp Meeting	@ Dining Hall
	8:30 - 9:00 PM	Prep Stations for Sat.	
	9:00 - 9:30 PM	Cracker Barrel	
	10:00 PM	Lights Out	

	Time	Activity	Notes
SATURDAY SCHEDULE	7:30 - 8:15 AM	Breakfast	@ Dining Hall
	8:45 - 9:00 AM	Welcome Positions	By assignment
	9:00 - 10:30 AM	Help with Check-In	
	10:30 - 10:40 AM	Opening Flags	Wear field uniform
	10:45 - 11:25 AM	Session 1	
	11:30 - 12:10 PM	Session 2	
	12:15 - 1:15 PM	Lunch	@ Dining Hall
	1:20 - 2:00 PM	Session 3	
	2:05 - 2:45 PM	Session 4	
	2:50 - 3:30 PM	Session 5	
	3:35 - 4:15 PM	Session 6	
	4:20 - 5:20 PM	Visit Troops	See troop location list
	5:25 - 6:25 PM	Dinner	@ Dining Hall
	6:30 - 6:40 PM	Closing Flag	@ Parade Field
	7:00 - 8:00 PM	Campfire Program	@ Campfire Bowl
	8:30 - 9:30 PM	Cracker Barrel	@ Dining Hall
10:00 PM	Lights Out		

Event Schedule continued

	Time	Activity	Notes
PARENT'S SATURDAY SCHEDULE	1:20 - 2:00 PM	AOL to Scouts BSA Transition - Learn about the differences between Cub Scouts & Scouts BSA.	@ Dining Hall
	2:50 - 3:30 PM	Gear Expo – when to be thrifty & what you should save up for & buy new.	@ Dining Hall

	Time	Activity	Notes
SUNDAY SCHEDULE	7:30 - 7:40 AM	Opening Flags	@ Parade Field
	7:45 - 8:45 AM	Breakfast	
	9:00 - 9:30 AM	Interfaith Service	@ Chapel
	10:00 - 11:15 AM	Conservation Project	Under direction of Ranger Dan
	11:30 - 11:50 AM	Closing Flag & Awards	@ Parade Field
	12:00 PM	Check Out & Departure	

How the Program is Set Up

Troops will be hosting adventure stations related to Webelos and Arrow of Light ranks. Webelos and Arrow of Light Scouts will be given passports at check-in that detail the activities they will complete at each station. Anyone in your troop or the camp host can sign-off the passport for scouts that participate and do their best.

Webelos Scouts (4th grade) and Arrow of Light Scouts (5th grade) will work on different advancement tracks. For the most part, they will be doing activities that are part of their rank's program. The exception is when Webelos Scouts work on First Aid and Arrow of Light Scouts work on knots and fire building, which are part of Let's Camp in the Webelos Rank.

Troop Adventure Station & Volunteer Signup

When troops register for the Webelos Woods and Arrow of Light Adventures they will have an opportunity to give their top 3 choices to teach or volunteer in other capacities. To help our program run smoothly we will ideally have at least 15 troops register. That said, we would LOVE to have as many troops that would like to participate there. We will have lots of opportunity to volunteer, including:

- Teach a station
- Be a camp host – they will help greet packs at check-in, get packs to their sites, help with set up, be that sites person to offer support, help sign off passports

- Help in the kitchen
- AOL to Troop transition – Parent session on Saturday
- Gear Expo – Parent session on Saturday
- Campfire – help MC, organize, and run our campfire program on Saturday night
- Scout's Own Service – run our Interfaith/Scout's Own service on Sunday morning

Adventure Stations

The adventure stations that we will be offering at this event are:

Webelos

Math on the Trail - figure out pacing, 2 mile hike

Let's Camp -- Setting up a campsite, food safety, Leave No Trace & Outdoor Code

Let's Camp -- Fire Building, Knots = Square, Bowline

Chef's Knife -- Knife Safety & Use Kitchen Knives

1st Aid -- What to do, cut, scrapes, burn, bites, shock, choking

AOL

Outdoor Adventurer - Scout Essentials, finding good camps & campsites

1st Aid -- What to do, cut, scrapes, burn, bites, shock, choking

Let's Camp -- Setting up a campsite, food safety, Leave No Trace & Outdoor Code

Let's Camp - Fire Building & Knots = Square & Bowline

Into the Woods -- Identify trees and plant

Knife Safety -- Make feather/fuzz stick, use kitchen knives

Our Program Director, Jeni Gates, will email a basic lesson to your troop leader. It will contain a list of materials that we will provide for that station. Once the lesson plan and materials list is received, figure out what you want to do to best teach that skill. Your goal is to find a creative way to make your adventure station fun and active. If you require tools or other materials to be provided by the camp, email your request to Jeni at jeni.scouting@gmail.com.

You will have time Friday night and Saturday morning before 10:15 AM to set up your station.

The opening flag ceremony is at 10:30 AM at the parade field. Webelos and Arrow of Light Scouts will be dismissed from flags to head to their stations. Troops should attend the flag ceremony, if possible.

Planning Your Adventure Stations

Keep in Mind:

- The motto of Cub Scouts is “Do Your Best”.
- These are Cub Scout activities, not merit badges. Cub Scouts do not need to master the requirements to be signed off. Give a quick introduction to the topic, let them try it, then move to the next topic.
- Hands-on interactive sessions are key. Think back to summer camp, do you remember how the staff at camp kept everyone engaged in the activity. Think 5 minutes of discussion and 10 minutes of activity.
- Focus on the adventure activities during session time, not on recruiting. If time allows, at the end of the session talk to the Cub Scouts about your favorite troop activity or camp that connects to what you have just taught. Then invite them to come visit you during the troop visit time in the afternoon.
- Please remember to wipe down any shared items between use with sanitizing wipes that will be provided to you.

Troop Visit Times

Webelos and Arrow of Light Scouts, leaders, and parents are encouraged to visit troops Saturday afternoon between 4:20 PM and 5:20 PM. Have information ready to give to them about your troop.

- What type of troop are you? Boys Only, Girls Only, or linked Girl and Boy Troops.
 - If linked, do you do activities together or separate.
- Do you have a date for Summer Camp 2025?
 - If so, when and where are you going?
 - What is your RSVP deadline?
- How does your troop support rank advancement?
- Do you use Scoutbook or another system for communication and advancement?
- How are your patrols structured? Who decides on patrol names?
- What type of Community Service do you participate in?
- What type of outings do you do? How are they decided?
- What is one piece of advice you would give Webelos and Arrow of Light Scouts that are trying to decide to continue with Scouts BSA?

Plan Troop Skit for Saturday Campfire

Talk with your troop and decide if you would like to participate in our campfire program on Saturday night. You can do a song, skit, or jokes. All songs, skits, or jokes will be approved at the Leader’s meeting Friday evening.

Guidelines for Songs, Skits, and Jokes

When deciding on a song, skit, or joke please keep in mind the Scout BSA Mission, which is, “...to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.”

All songs, skits and jokes must:

- Be appropriate to all the audience (all ages!)
- Display the standards and values that Scouts BSA organization strive to achieve

Avoid songs, skits, and jokes that:

- Name call, put-down, or haze
- Refer to undergarments, nudity, or bodily functions
- Cross-gender impersonate
- Are derogatory or stereotype ethnic or cultural backgrounds, economic situations, or disabilities
- Are sensitive to social issues such as alcohol, drugs, gangs, guns, suicide, etc.
- Are wasteful, ill-mannered, or improperly use food or water
- Are inside jokes that exclude others that are present
- Culturally exclude – emphasis on the culture or faith of part of the group while ignoring the rest of the group
- Change the lyrics to patriotic songs, hymns, or other spiritual songs

When in doubt, take it out. There are lots of clean and funny skits out there if you look.

Directions and Map

From Tacoma:

Take 1-5 South toward Olympia/Portland. At Exit 104, head right on the ramp for US-101 North toward Aberdeen/Port Angeles In 6 miles, keep left to get on State Highway 8 toward Aberdeen/Montesano. In 4.7 miles, turn right on Summit Lake Rd NW. Go approximately 2 miles, stay left at "Y" intersection and Camp Thunderbird will be just past the "Y" on the right.

From Olympia:

Take the US Hwy 101 North exit. Take Hwy 8 West toward Aberdeen & Ocean Beaches. About 2 miles past the 76 station, turn right on Summit Lake Rd NW. Go approximately 2 miles, stay left at "Y" intersection and Camp Thunderbird will be just past the "Y" on the right.

