

CAMP THUNDERBIRD

A PACIFIC HARBORS COUNCIL CAMP



2024

Leader Guide

for Cub Scout Resident Camp

(Updated 12/15/2023)



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The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

Scout Oath

On my honor, I will do my best to do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.

Scout Law

A Scout is
Trustworthy, Loyal, Helpful,
Friendly, Courteous, Kind,
Obedient, Cheerful, Thrifty, Brave,
Clean, and Reverent

Camp Thunderbird is owned and operated by Pacific Harbors Council, BSA for the primary purpose of serving the youth and leaders within its chartered area. The camp is nationally accredited on an annual basis by the BSA and operated within the rules, regulations, and guidelines set forth by the Washington State Department of Health.

Resident Camp Purpose

To deliver a safe and exciting Cub Scout Camp destination so that all Scouts have an opportunity to experience the great outdoors, learn new skills, and have fun.

Code of Conduct

Camp Thunderbird uses the high ideals of the Scout Law as the code of conduct. Leaders and parents are responsible for their Scouts' behavior. Adults are held to the same standard and are always asked to set the right example.



Registration

It is very important that you register early in order to get your reservation confirmed. Online registration will give you an option to pay online or offline.

All youth and adults **MUST** be registered with the BSA

<https://scoutingevent.com/612-2024CubScoutSummerCamp>



2024 Camp Program Sessions

Session 1: July 11-14 (Thurs-Sun)

Session 2: July 18-21 (Thurs-Sun)

Session 3: July 25-28 (Thurs-Sun)

Campsite Capacity

Campsites are assigned upon arrival to Camp Thunderbird. We make every effort to ensure that all Scouts from a unit will be placed together in the same campsite. In the true spirit of Scouting, scouts from multiple units will be sharing tent sites.

Bunkhouses

We will not be offering bunkhouses as accommodations during camp.

Non-Scout siblings

Resident Camp is designed to be a one-on-one experience shared between a parent or guardian and their Cub Scout. Non-Scout siblings are not permitted to attend Resident Camp.



Refund/Transfer Policy

To continue providing quality Scouting programs at affordable prices, we have instituted the following refund policy for Resident Camp offered by the Pacific Harbors Council. All cancellations and/or refund requests must be submitted in writing to:

**Creighton Scout Service Center, 4802 South 19th St, Tacoma, WA 98405,
or emailed to phc@scouting.org.**

- Refunds are based on the date the written request is **received** at the Creighton Scout Service Center.
- The deposit(s) collected at registration time is (are) non-refundable.
- Requests received two weeks (10 business days) or prior will receive a full refund (less any deposit) [June 20th].
- Requests received from 5 to 9 business days will receive a 50% refund [June 21st to July 4th].
- No refunds are available 4 or fewer business days prior to the event [July 5th].
- If a person is removed from camp for cause no refund will be given
 - Removal for Cause: in the event an adult or youth is removed from camp for disciplinary reasons or not following the rules.
- The Council may make exceptions in the case of family emergency, sickness, or changes in military duty. In this instance requests must be submitted within 7 days after the event to be considered.
- Refunds will be made to the original form of payment.

The final authority for all refunds is the council

Camperships

Camperships (partial camp scholarships) are available to families who are making a sincere effort to help pay their own way and without outside assistance, would not be able to attend Scout Camp.

- Camperships will be awarded in amounts up to 50% of the camp fee.
- Camperships are due by May 3rd
- Camperships are available for Pacific Harbors Council youth only

Camperships will be reviewed by the Campership Committee and award notification will go out the week of May 6th. Camperships are considered on a first come first served basis, youth who sold popcorn in 2023 will be considered priority, as long as funds are available.

For application information, contact your unit leader, council service center or the council website at www.pacificharbors.org.



Pre-Camp Meeting

There will be a pre-camp orientation meeting in the spring of 2024. All registrants will be contacted via email to publish the date and time. ALL attending adults are encouraged to attend. You will also be given information regarding camp policies, medical form and related health information as well as procedures for your arrival and check-in.

If you missed the meeting a recording can be found at pacificharbors.org or [click here](#).

How to Prepare for Camp

The success of your summer camp experience depends on your preparation. The following timeline is a great resource to make sure that you are well prepared for an amazing camping experience. Be sure that your unit committee and unit leadership receives a copy.

100 to 200 days

- Primary registrant starts unit registration and provides parent portal information
- Parents complete individual registrations via the parent portal
- Make an appointment with your primary care physician for part C of the health form.

100 to 60 days

- Unit Committee and Leadership reviews the [2024 Leader Guide](#)
- Unit Committee obtains commitments from leaders and parents for leadership in camp and transportation
- Unit Committee Reviews projected attendance, and reminds the unit about payments

60 to 40 days

- Scouts and Adults receive packing lists
- Parents receive final information about camp from the unit(departure time and location, med forms, etc.)
- Attend the Pre-Camp Meeting
- Appoint an in-camp Cubmaster
- Registration closes May 31st

40 to 0 days

- All Pack equipment is inspected and prepared for camp.
- Transportation and Leadership is confirmed.
- Scouts receive a check of their equipment and packed supplies

Before you leave for camp, Make sure you have the following:

- A copy of your unit roster
- Health forms for all attendees

Review the Guide to safe scouting

An important part of your preparation is consulting the Guide to Safe Scouting. This is the source of all BSA policies regarding adult leadership, youth protection, transportation, and appropriate activities. Units must comply with these guidelines on route to and while attending camp. Please note that you must:

- have a minimum of two registered adult leaders in camp. All adults must be Youth Protection trained and registered with the BSA.
- Meet all transportation guidelines.



Who Needs a Completed Medical Form? **EVERYONE!!**

****All Adults and Scouts MUST** have a medical examination dated within the last 12 months prior to the arrival at camp and does not expire until the end of the 12th month after the exam. The form must be current for the entire time the camper is at the Camp. The form must be signed **AND DATED** by a licensed physician, PA, APRN, or DO.

Be sure to use the Medical Form found in the Forms Section of this guide or at www.scouting.org.

The Guide to Safe Scouting states:

A pre-participation physical is required for everyone attending resident camps of more than 72 hours in duration. This means **ALL** youth and **ALL** adults regardless of how long the adults stay at the Camp. The exam needs to be completed by a certified and licensed physician (MD, DO), nurse practitioner, or physician assistant.

Check the following items BEFORE submitting all Medical Forms:

Only the current edition of the BSA Health & Medical Form (680-001) will be accepted. The current edition has a 2019 print date on it. **Any previous edition of the BSA form and school-related sports physical forms will not be accepted!**

Be sure that all personal information, including Pack number, emergency phone numbers and insurance information is current and accurate. If parents will be away while the Scout is at camp, be sure the person who can make decisions for the child is listed.

Be sure to include a copy of both sides of your insurance card. Make sure the printing is legible and the copy is readable. If you have military insurance a copy of ONLY the front of the ID card is needed.

Be sure that the Allergies & Medications Section is completed. Are all four of the allergy questions answered Are all medications that the Scout or adult will take while they are in Camp listed? Is the non-prescription authorization question answered **AND SIGNED**.

All medications must be in the original pharmacy containers with the prescription on the container. Be sure the Scouts bring only the quantity of medication required for the time they are in camp. Medicine that is to be given in partial doses needs to be prepared before Camp. Inhalers and epinephrine auto-injectors used for emergency conditions may be carried by the camper. **Make sure all medications have not expired!**

The Pack may be responsible for dispensing medications to youth otherwise all medication must be turned in to the Health Officer. Medications must be kept in a locking container. Refrigeration is available in the Health Lodge if needed. Any injections that need to be given at camp if other than by the Scout or adult themselves must be administered by the Health Officer with written permission from the parent/guardian.



IMMUNIZATION SECTION- All campers (Scouts and adults) must have a history of all immunization with dates. A tetanus booster is **required** to have been given within ten years of the date of the end of Camp. It is not okay to write "up-to-date" or "current." Please fill in the dates.

If a Parent/Guardian wants to exempt their Scout from immunizations, the Parent/Guardian must complete the Immunization Exemption Request form found at <http://www.scouting.org/filestore/pdf/680-451.pdf>. This form must accompany the Scout's medical form when it is turned in upon arrival.

Christian Scientist faith members must have a written statement from their practitioner attesting to their health.

ALL Medical Forms must be turned in upon arrival to Camp Thunderbird on the First Day of your session.

Do Not Send Us Your Health Forms Via Email!

Parents/Guardians of Scouts and adults attending Camp complete medical form sections A & B (three pages). The medical professional completes Part C (**MAKE YOUR APPOINTMENT EARLY**). Originals should be kept at home and a copy given to the Pack. The Pack will bring the copy to camp with the scout. The originals stay with the individual families.

Special Needs and Dietary Restrictions

Since health and medical forms are not turned in until you arrive, it is important to communicate with the Camp Director prior to arriving. We would like the opportunity to make any reasonable modifications needed to ensure a great experience for every camper. Please send the Camp Director (Tricia.salazar@scouting.org) the information that you feel is important.

Physical exams are not given at camp!

AT CAMP

A fully equipped medical lodge is provided at Camp. A trained first aid professional is on duty at all times. Packs are expected to bring a first aid kit to Camp and take care of minor injuries. Those sustaining serious injuries or illness requiring hospitalization will be transported to the nearest hospital where we have an agreement for treatment. Parents will be notified in the event of a serious injury or illness. Not all campsites can accommodate CPAP Machines.

Please Contact Tricia Salazar (Tricia.Salazar@scouting.org) directly for accommodation.

IMPORTANT!

In accordance with BSA policy, any participant (Scout or adult) not having a fully completed health form that includes the health history signed by a parent or guardian and a physical signed by a licensed medical professional will not be allowed to remain at camp or participate in any events until the health form is current and complete. A physical is required for all camp activities. (Guide to Safe Scouting, Section V Medical Information and First Aid.)

The name and policy number of your accident and illness insurance carrier are required on the health form. The form includes an authorization for emergency treatment and must be signed by the parent or guardian. Double check to see that the medical form is complete and signed before sending to Camp.



Scouting's Barriers to Abuse

The BSA has adopted the following policies for the safety and well-being of its members. These policies primarily protect youth members; however, they also serve to protect adult leaders. All parents and caregivers should understand that our leaders are to abide by these safeguards. Parents and youth are strongly encouraged to use these safeguards outside the Scouting program. Registered leaders must follow these guidelines with all Scouting youth outside of Scouting activities.

Registration Requirements

The chartered organization representative, or in their absence the executive officer of the chartered organization, must approve the registration of the unit's adult leaders.

Registration includes:

- Completion of application including criminal background check and mandatory Youth Protection Training
- Volunteer Screening Database check

Current Youth Protection training is required for leaders when renewing their registration or at unit charter renewal.

Adult program participants must register as adults and follow Youth Protection policies.

Adult Supervision

Two registered adult leaders 21 years of age or over are required at all Scouting activities, including all meetings. There must be a registered female adult leader 21 years of age or over in every unit serving females. A registered female adult leader 21 years of age or over must be present for any activity involving female youth or female adult program participants.

Notwithstanding the minimum leader requirements, age and program-appropriate supervision must always be provided.

All adults staying overnight in connection with a Scouting activity must be currently registered as an adult volunteer or an adult program participant. Adult volunteers must register in the position(s) they are serving in. Registration as a merit badge counselor position does not meet this requirement.

One-on-one contact between adult leaders and youth members is prohibited both inside and outside of Scouting.

- In situations requiring a personal conference, the meeting is to be conducted with the knowledge and in view of other adults and/or youth.
- Private online communications (texting, phone calls, chat, IM, etc.) must include another registered leader or parent.
- Communication by way of social media (Facebook, Snapchat, etc.) must include another registered leader or parent.

Discipline must be constructive.

- Discipline must reflect Scouting's values.
- Corporal punishment is never permitted.
- Disciplinary activities involving isolation, humiliation, or ridicule are also prohibited.



Responsibility

Leaders must ensure that all participating in Scouting activities abide by the Scout Oath and Scout Law.

Adult leaders and youth members share the responsibility for the safety of all participants in the program, including adherence to Youth Protection and health and safety policies.

- Adult leaders are responsible for monitoring behavior and intervening when necessary.
- Physical violence, sexual activity, emotional abuse, spiritual abuse, unauthorized weapons, hazing, discrimination, harassment, initiation rites, bullying, cyberbullying, theft, verbal insults, drugs, alcohol, and pornography have no place in the Scouting program and may result in revocation of membership.

All leaders are required to adhere to the Scouter Code of Conduct.

Accommodations

Separate accommodations for adult males and females and youth males and females are required.

Tenting

- Separate tenting arrangements must be provided for male and female adults as well as for male and female youth.
- Youth sharing tents must be no more than two years apart in age.
- In Cub Scouting, parents and guardians may share a tent with their family.
- In all other programs, youth and adults tent separately.
- Spouses may share tents.

Lodging/Cabin Accommodations

Whenever possible, separate cabins or lodging should be provided for male and female adults as well as for male and female youth. Where separate accommodations cannot be provided due to group size or limited availability, modifications may be made. Where completely separate accommodations are not available, additional supervision is required.

- If adults and youth of the same gender occupy single-room accommodations, there must be a minimum of two adults and four youth, with all adults being Youth Protection trained.
- Physical separation by other means, including temporary barriers or space, should be used only when no other arrangements are possible.
- These modifications are limited to single-gender accommodations.

Restrooms

Separate shower and latrine facilities should be provided for male and female adults as well as for male and female youth. If separate facilities are not available, separate times should be scheduled and posted.

Privacy of youth is respected.

- Adults and youth must respect each other's privacy, especially in situations such as changing clothes and taking showers at camp.
- Adult leaders should closely monitor these areas but only enter as needed for youth protection or health and safety reasons.



Program Requirements

- The buddy system should be used.
- The use of smartphones, cameras, mirrors, drones, etc., in places or situations where privacy is expected is prohibited.
- All aspects of the Scouting program are open to observation by parents and leaders.
- The BSA does not recognize any secret organizations as part of its program.
- Hazing and initiations are prohibited and have no part during any Scouting activity.
- All forms of bullying and harassment including verbal, physical, and cyberbullying are prohibited.
- Inappropriate public displays of affection are prohibited.
- Sexual activity is prohibited.
- Appropriate attire is required for all activities.

Reporting Requirements

Adult leaders and youth members have a responsibility to recognize, respond to, and report Youth Protection violations and abuse.

Reporting

Youth Protection Policy Violations

- Serious Youth Protection policy violations or behaviors that put a youth's safety at risk must be reported to the Scout Executive.
- Online reporting is also available at Incident Reporting.

Mandatory Reporting of Child Abuse

- All persons participating in Scouting programs are mandated reporters of child abuse.
- Reports must be made to local law enforcement and child protective services. State law may require additional reporting.
- This reporting duty cannot be delegated to any other person.
- Reporting to the Scout Executive or Scouts First Helpline ensures that follow-up can occur for the safety of our youth. Scout Executives and Scouts First coordinate follow-up actions.

Scouts First Helpline

- As part of its "Scouts First" approach to the protection and safety of youth, the BSA has established a dedicated 24-hour helpline to receive reports of known or suspected abuse or behavior that might put a youth at risk.

1-844-SCOUTS1 (1-844-726-8871)

- If immediate assistance is needed in the handling of a sexual abuse allegation, contact Scouts First Helpline (1-844-SCOUTS1).

If someone is at immediate risk of harm, always call 911.



Arrival/Check-in

Check-in times for all sessions is 8:45am, this time will be confirmed during the Pre-Camp preparation and pre-camp communication. Staff will not be available earlier than this time. No Scouts may be dropped off at camp without a unit leader or designated adult who will be staying at camp with them. Units will be checked in as a group once all Scouts and adults are present. Please leave all belongings in your vehicle. The only items you will need to begin check-in are everyone's medical forms and medicines. Each person will have a chat with the health officer when they turn in their health form.

Vehicles

When arriving at Camp Thunderbird, please park in the main parking lot. **Vehicles must be backed-in to their parking spot**, per camp safety regulations. Vehicles are not allowed past the parking lot near the camp office. Only authorized service vehicles are allowed past the gates. The Camp Director will review special cases. Overflow parking is across the street in the Camp Akela parking area. The safety of the Scouts being the primary consideration, your full cooperation is appreciated.

Checkout Procedure

Packing up in your campsite is best left to the scheduled Campsite Packing time. You may begin packing your campsite before this but don't let this make you late to other events. When you are fully packed please take your equipment to your vehicle or the staging area at Hazel Devine. At the end of your packing time your campsite will be inspected by a staff member. Your Scouts should check that all personal items are packed and please leave the campsite as clean as or cleaner than you found it, as according to the Leave No Trace principles.

Leaving Camp

For your protection, all campers, whether youth or adults, **MUST check out with the camp office when leaving camp and check-in when returning.**

- If you are a "part-time adult", when swapping please come to the office with the adult that is replacing you to check in/out at the same time.
- If you are leaving camp early, we ask that you please stop at the camp office to check out and collect your camper's documents. We want to make sure everyone in your group leaves with their medical forms as well as any awards.
- If you are a visitor coming to camp to pick up a youth be prepared to present ID at the camp office which will be checked across that scouts Health Form (if you expect a youth member to get picked up by a visitor make sure their information is on that youths health form under the "authorized to take youth to and from events" section).

Once campers arrive for their session, we strongly ask that you don't leave until your session ends.



Adult Leadership

As your scouts adult leader you will often know the needs of your scout more than our staff. Our staff at certain times may be able to assist with supervision, but their main duty is providing a quality camp experience for all campers. **The duty of supervision primarily falls on the unit and the adults of that unit.**

Uniform and Clothing

Each Scout Leader and Scout should have a complete Scout uniform for their session at camp. Some Packs do not consider Scout pants/shorts a required part of the uniform for the Cub Scouts. This is understandable as they do tend to grow so fast. If this is the case, there is no pressure. Cub Scouts respond best to a good example and leaders are encouraged to set a good example by wearing a full uniform.

Scouts and leaders with inappropriate clothing will be asked to change. This could be shorts that are too short, shirts promoting alcohol, etc.

The Field Uniform is to be worn at morning and evening flags, during the flag retirement ceremony, and Scout's own service.

All campers are to wear closed footwear at all times (not hiking sandals). Leaders must enforce this rule in their campsites. Bare feet are not allowed in camp except when at the waterfront. You are highly encouraged to bring water socks to change into while swimming or boating.

Clothing at the waterfront

Clothing at the waterfront is especially important as this is an area of camp where wardrobe malfunctions can be most common. At the waterfront we recommend swimsuits that prioritize fit and function over fashion.

Discipline and Hazing

Normally, the discipline of a camper is the responsibility of the unit leader in charge at camp. However, **all serious discipline problems must be reported to the Camp Director immediately.** Under no circumstances shall a camper be deprived of food, isolated, subjected to corporal punishment, physical exercise, or verbally abused as a means of punishment. Initiations or hazing of any Scout is strictly prohibited. The camp staff is there to conduct the program and to assist you where and when they can while delivering a quality camp program.

Buddy System

Camp is more fun when shared with a friend. **Scouts always need to be with a buddy whenever walking around camp.** The buddy system is to be used for all activities in camp. Buddy pairs may only be single gender, not coed. Buddy pairs can only be made between youth members. Keep in mind two-deep leadership and no one-one-one contact needs to always be maintained. The rule of thumb for the buddy system is line of sight, if you cannot see your buddy, go find them. The buddy system applies to all buildings in camp, the only exception being restrooms and showers where the buddy should wait just outside.



VISITORS

Visitors are welcome on the property, however, please keep your stay to a reasonable time and follow the following rules.

- A parking lot is located at the entrance to camp. Only camp vehicles are permitted beyond the lot.
- Visitors are to check in at the camp office (Located in the Dale O Johnson Building) when they arrive and check out when they leave.
- BSA resident camp security policy states that all adults will wear a wristband while at camp. Wristbands can be picked up as you check-in at the administration office.
- If a Visitor wishes to stay for a meal a meal ticket may be purchased at the camp office.
- There are no provisions or facilities to allow parents to camp in the parking lot or stay overnight.
- Only registered Scouts are allowed to stay overnight in camp.
- **LEAVE PETS AT HOME.** Camp abounds with natural wildlife. For this reason pets are not allowed, not even if they can be carried. **NO EXCEPTIONS Including DOGS.**
- Should a scout leave early in the session, the parent picking up the scout should be prepared to show photo ID at the office upon checking in. Once campers arrive for their session, we strongly ask that you don't leave until your session ends.

Camp Telephone

There is a telephone at the district office for use if needed during regular business hours. The camp requires that an adult leader accompanies Scouts using this telephone. Cell phone service is limited and batteries do drain quickly. Please contact the Camp Director at 360-325-7807 if you need to use the district office phone.

Drugs, Alcohol, and Tobacco

Illicit drugs and alcohol are forbidden at Camp Thunderbird including use of marijuana.

Tobacco use, including smokeless tobacco and vaping products, must be out of sight of Scouts, buildings, and camp activities. Tobacco use is only allowed in the designated smoking area behind the dining hall. Any litter from tobacco products is the responsibility of the user. Violation of this policy can result in immediate removal for cause.

Firearms, Bows, and Fireworks

Per National Boy Scouts of America regulations, personal firearms and archery equipment will not be permitted at any of the camp sessions. Campers may only use the equipment provided at camp. **Fireworks will not be permitted under any circumstances.**

Emergency Procedures

In the event of an emergency, the Camp Director shall be notified immediately. If she is not available, the Program Director or Camp Ranger will be notified. If the emergency is of a medical nature, contact the health officer without delay.

Property Damage

Packs will be held responsible for damage to their campsite that was not identified on the initial site inspection.



Scouts of the Round Table Venture to Camp Thunderbird!

🛡️ The theme for 2024 will be "Scouts of the Round Table" and will enrich camp with medieval decorations, games, and events.

🛡️ When coming to camp we encourage all campers to come with a costume that they can wear during our spotlight event the **Thunderbird Faire**.

🛡️ Camp Thunderbird is a grand fief that no longer has any need for any weapons of war. Please leave all real or prop weaponry at home (i.e. swords, spears, etc.). The same goes for improvised weaponry while at camp (i.e. sticks).

🛡️ We look forward to seeing all our knights from all over our great land visit us this summer at our grand fief Camp Thunderbird!





Flag Retirement

Flag retirement ceremonies will be held for every camp session. This ceremony is a privilege that the Scouts of the BSA are authorized to do, to lay a worn US flag to rest in a respectful and meaningful way.

Scouts Own

Recognizing that reverence is an integral part of the character-building process of the BSA, an optional, non-denominational "Scouts' Own" service will be held at the beautiful camp chapel on the morning of the last day of camp.

Polar Bear Plunge

What a wonderful way to wake up, a chilly dip on the lake awaits you on your last day at camp. Check the time on the official camp schedule for this fun opportunity. This takes place early in the morning and is optional for everyone. Campers who do not pass the swim test can still participate in this activity.

Trading Post

One of the most popular traditions of camp is visiting the Camp Thunderbird Trading Post. The hours of operation will be posted throughout camp as well as outside the door. The trading post is your one-stop-shop for snacks, souvenirs, patches, and for any toiletries forgotten at home. The Trading Post accepts cash, checks, and Visa/MC for purchases. An adult must be present at the time of purchase for any knives, even with a whittling chip.



Can an individual Scout from another unit join yours at camp?

No, individual Scouts may not join another unit for the camp session. However, if a Cub Scout becomes registered with the unit attending camp (dual registration), they can attend camp with that unit under that unit's leadership.

What if we arrive early to camp?

Refer to your session schedule for the time of check-in. The staff will not be available until then. There will be posted signage for restrooms and will be available prior to check in.

Can the camp accommodate a person in our unit who has food allergies?

The camp can make minor substitutions, but it is unable to completely re-work the menu for severe food allergies. In these cases, it is best to bring supplemental food items. When you register, please be sure to annotate these specific allergies. If you feel that you need to speak with the cook directly, please email the Camp Director.

What access is available for disabled persons?

All buildings are accessible. All program areas have accessibility. Several of the hiking routes would be challenging.

Are there showers available?

Yes. There is a shower house that has a handful of single occupancy showers. You may want to bring shower shoes for your own comfort. These are available all day long.

Can adults bring cell phones?

Yes. Please use them away from Scouts to prevent homesickness issues. Camp has spotty coverage at best.



Can we buy camp shirts before camp?

No. All registered youth campers will receive their camp shirt during orientation on the first day.

Where are the toilets located in case my child has to frequently use them?

There are numerous porta-potties located throughout the camp. Waterfront, ranges, and at the shower house. Restrooms are also located in the Al Lewis Memorial and Dale O Johnson Training Center.

What if a participant has to take medicine every morning?

Please be sure to list this on their medical form. All medication must be checked by the health officer. Prescriptions must be in the original container. As a unit, you can opt to be responsible for locked storage and administration of medication.

I am planning on going to camp with several Scouts but I can only stay for one night. Can a different adult stay the other nights?

Yes. The first adult would move out of the tent and the second adult will settle into a tent. Adults can only share a tent with their own child(ren). Adults can only share tents of the same gender or who are married. When leaving remember to stop by the office on your way out of camp to check out. Please consider this when planning your adult leadership (**all adult leadership must be registered members of the BSA when registering for Camp**). Also, if your pack is bringing female Cubs Scouts, the proper adult ratio must be kept as well.

If you have any questions or concerns beyond this parent guide please feel free to contact the Camp Director:

Tricia Salazar

Email: Tricia.Salazar@scouting.org

Mobile: 360-325-7807



The following forms have been provided for your convenience. These forms are up to date to the last date this form was updated. We strongly suggest that you print these documents and disseminate them to all adults attending camp with your unit.



Camp Thunderbird: 11740 Summit Lake Rd, Olympia, WA 98502

From the North: Take I-5 South towards Portland take Ramp (right) onto US-101 towards US-101 / Aberdeen / Port Angeles -road name changes to SR-8. Turn right (north) onto Summit Lake Rd (Summit Lake Rd NW) Approximately 1 mile past the Summit Lake Grocery (there is a sign for an antique store). Camp Thunderbird is at 11740 Summit Lake Rd, Olympia, WA 98502

From the South: Take I-5 North towards I-5 / Seattle. At I-5 Exit 104, turn right onto Ramp towards US-101 / Aberdeen / Port Angeles. Road name changes to US 101, then to SR-8. Turn right (north) onto Summit Lake Rd (Summit Lake Rd NW). Approximately 1 mile past the Summit lake Grocery (there is a sign for an antique store) Camp Thunderbird is at 11740 Summit Lake Rd, Olympia, WA 98502





Do Not Forget!

- BSA Annual Health forms (Part A, B, AND C)
- Medications in original container
- TENT

Clothing

- Cub Scout field uniform
- Pants and/or shorts
- T-shirts
- Sleepwear
- Underwear
- Socks
- Comfortable closed shoes (**No flip flops or sandals**)
- Swimming suits (Fit and Function over Fashion)
- Water shoes
- Towels

The 6 Cub Scout Essentials

- First Aid Kit
- Water bottle (with your name on it)
- Flashlight (with extra batteries)
- Trail food
- Sun protection (sunblock, sunhat, etc.)
- Whistle

Personal Items

- Personal toiletries: Don't forget the toothbrush!
- Feminine Hygiene items
- Bug repellent
- Watch**
- Folding chair for the campsite
- Sunglasses
- Poncho/waterproof jacket
- Cub Scout/WEBELOS Handbook
- Writing utensils
- Sleeping bag and pillow
- Sleeping pad or mat for campsites
- Spending money for the trading post (shirts, toiletries, beverages, snacks, craft items)

Please DO NOT bring to camp

- Matches or lighters
- Large knives, axes, or saws
- Perfumes/cologne
- Alcohol of any kind
- Pets
- Fireworks
- Firearms
- Bows/arrows
- Play guns/ knives
- Marijuana or drugs of any kind
- Personal electronics IE: Laptops, tablets or handheld games.

Scouts and their knives

All Scouts who want to carry a pocket knife must have their whittling chip on their person. Scouts who have their whittling chip may purchase a knife at the trading post with an adult present.

You may want to bring a few personal comforts such as a mirror and a battery-operated clock. **Please label all items.**

Lost and Found is located in the Camp Office, items of perceived value will be kept separately and will only be available upon request. Camp Thunderbird is not responsible for loss or damage to personal items.



SAMPLE 4 DAY SCEHDULE

OFFICIAL SCHEDULE WILL BE PROVIDED ON DAY 1

DAY 1

8:45	Campers Arrive at Camp Thunderbird
8:45	Camper Check-In Start
9:45	Camper Check-In End
10:00 – 10:25	Adult Meeting
10:30 – 10:35	Opening Flag Ceremony
10:40 – 11:20	Orientation 1
11:30 – 12:10	Orientation 2
12:20	Assemble for lunch
12:30 -1:15	Lunch
1:15 – 1:45	Rest Time
1:45 - 5:20	Free Time
5:30	Fall in for Evening Flags
5:45 – 6:30	Dinner
6:45 – 7:45	Adventure Time 1
8:00 – 8:30	Cracker Barrel
8:40	Staff Goodnight
9:00	Lights Out

DAY 2

7:30	Campsite Wakeup
7:45	Fall in for Flags
8:00 – 8:45	Breakfast
9:00 – 10:00	Adventure Time 2
10:15 – 11:15	Adventure Time 3
11:30 -12:00	Campsite Time
12:20	Assemble for lunch
12:30 – 1:15	Lunch
1:15 – 1:45	Rest Time
1:45 – 5:20	Free Time
17:30	Assemble for Flags
5:45 – 6:30	Dinner
6:45 – 8:00	Gnome Hunt
8:00 -8:30	Cracker Barrel
8:40	Staff Goodnight
9:00	Lights Out

DAY 3

7:30	Campsite Wakeup
7:45	Fall in for Flags
8:00 – 8:45	Breakfast
9:00 – 10:00	Adventure Time 4
10:15 – 11:15	Adventure Time 5
11:30 – 12:00	Campsite Time
12:20	Assemble for lunch
12:30 – 1:15	Lunch
1:15 – 1:45	Rest Time
1:45 – 5:00	Free Time
5:00 -5:15	Flag Retirement (optional)
5:30	Assemble for Flags
5:45 – 6:30	Dinner
6:45 – 8:00	Thunderbird Faire
8:15 – 8:45	Campsite Cracker Barrel
9:00	Staff Goodnight
9:15	Lights Out

DAY 4

6:45	Polar Bear Plunge at the waterfront
7:30	Campsite Wakeup
7:45	Fall in for Flags
8:00 – 8:45	Breakfast
9:00 – 9:15	Scouts Own (Optional)
9:00 – 10:00	Campsite Pack Up Time
10:15	Assembly for Campfire
10:30 – 11:45	Campfire
12:00	Camp Dismissed





Tigers:

- Tigers in the Water
- Archery Tiger
- BB Gun Tiger
- Champions for Nature
- Stories in Shapes

Wolves:

- Champions for Nature
- Paws for Water
- Cubs Who Care
- Archery Wolf
- BB Gun Wolf



Bears:

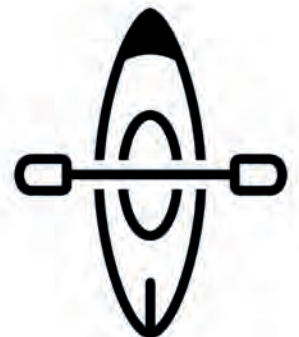
- Whittling
- Champions for Nature
- Salmon Run
- BB Gun Bear
- Archery Bear

Webelos:

- BB Gun Webelos
- Chef's Knife
- Archery Webelos
- Aquanaut
- Aware and Care

AOL:

- Archery Arrow of Light
- BB Gun Arrow of Light
- Champions for Nature
- Knife Safety
- Swimming



Part A: Informed Consent, Release Agreement, and Authorization

Full name: _____
 Date of birth: _____

High-adventure base participants:
 Expedition/crew No.: _____
 or staff position: _____

Informed Consent, Release Agreement, and Authorization

I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.

In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

(If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special consideration in conducting Scouting activities.

With appreciation of the dangers and risks associated with programs and activities, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.

I also hereby assign and grant to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the BSA, and I specifically waive any right to any compensation I may have for any of the foregoing.

Every person who furnishes any BB device to any minor, without the express or implied permission of the parent or legal guardian of the minor, is guilty of a misdemeanor. (California Penal Code Section 19915[a]) My signature below on this form indicates my permission.

I give permission for my child to use a BB device. (Note: Not all events will include BB devices.)

Checking this box indicates you DO NOT want your child to use a BB device.



NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.

List participant restrictions, if any: _____ None

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity. If I am participating at Philmont Scout Ranch, Philmont Training Center, Northern Tier, Sea Base, or the Summit Bechtel Reserve, I have also read and understand the supplemental risk advisories, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider. If the participant is under the age of 18, a parent or guardian's signature is required.

Participant's signature: _____ Date: _____

Parent/guardian signature for youth: _____ Date: _____

(If participant is under the age of 18)

Complete this section for youth participants only:

Adults Authorized to Take Youth to and From Events:

You must designate at least one adult. Please include a phone number.

Name: _____

Name: _____

Phone: _____

Phone: _____

Adults NOT Authorized to Take Youth to and From Events:

Name: _____

Name: _____

Phone: _____

Phone: _____



Part B1: General Information/Health History

Full name: _____

Date of birth: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

Age: _____ Gender: _____ Height (inches): _____ Weight (lbs.): _____

Address: _____

City: _____ State: _____ ZIP code: _____ Phone: _____

Unit leader: _____ Unit leader's mobile #: _____

Council Name/No.: _____ Unit No.: _____

Health/Accident Insurance Company: _____ Policy No.: _____



Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.

In case of emergency, notify the person below:

Name: _____ Relationship: _____

Address: _____ Home phone: _____ Other phone: _____

Alternate contact name: _____ Alternate's phone: _____

Health History

Do you currently have or have you ever been treated for any of the following?

Yes	No	Condition	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	Last HbA1c percentage and date: _____ Insulin pump: Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension (high blood pressure)	
<input type="checkbox"/>	<input type="checkbox"/>	Adult or congenital heart disease/heart attack/chest pain (anginal)/heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.	
<input type="checkbox"/>	<input type="checkbox"/>	Family history of heart disease or any sudden heart-related death of a family member before age 50.	
<input type="checkbox"/>	<input type="checkbox"/>	Stroke/TIA	
<input type="checkbox"/>	<input type="checkbox"/>	Asthma/reactive airway disease	Last attack date: _____
<input type="checkbox"/>	<input type="checkbox"/>	Lung/respiratory disease	
<input type="checkbox"/>	<input type="checkbox"/>	COPD	
<input type="checkbox"/>	<input type="checkbox"/>	Ear/eyes/nose/sinus problems	
<input type="checkbox"/>	<input type="checkbox"/>	Muscular/skeletal condition/muscle or bone issues	
<input type="checkbox"/>	<input type="checkbox"/>	Head injury/concussion/TBI	
<input type="checkbox"/>	<input type="checkbox"/>	Altitude sickness	
<input type="checkbox"/>	<input type="checkbox"/>	Psychiatric/psychological or emotional difficulties	
<input type="checkbox"/>	<input type="checkbox"/>	Neurological/behavioral disorders	
<input type="checkbox"/>	<input type="checkbox"/>	Blood disorders/sickle cell disease	
<input type="checkbox"/>	<input type="checkbox"/>	Fainting spells and dizziness	
<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease	
<input type="checkbox"/>	<input type="checkbox"/>	Seizures or epilepsy	Last seizure date: _____
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal/stomach/digestive problems	
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease	
<input type="checkbox"/>	<input type="checkbox"/>	Skin issues	
<input type="checkbox"/>	<input type="checkbox"/>	Obstructive sleep apnea/sleep disorders	CPAP: Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	List all surgeries and hospitalizations	Last surgery date: _____
<input type="checkbox"/>	<input type="checkbox"/>	List any other medical conditions not covered above	



Part B2: General Information/Health History

Full name: _____

Date of birth: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

Allergies/Medications

DO YOU USE AN EPINEPHRINE AUTOINJECTOR? Exp. date (if yes) _____ YES NO

DO YOU USE AN ASTHMA RESCUE INHALER? Exp. date (if yes) _____ YES NO

Are you allergic to or do you have any adverse reaction to any of the following?

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Medication		<input type="checkbox"/>	<input type="checkbox"/>	Plants	
<input type="checkbox"/>	<input type="checkbox"/>	Food		<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	

List all medications currently used, including any over-the-counter medications.

Check here if no medications are routinely taken. If additional space is needed, please list on a separate sheet and attach.

Medication	Dose	Frequency	Reason

YES NO Non-prescription medication administration is authorized with these exceptions: _____

Administration of the above medications is approved for youth by:

_____/_____
 Parent/guardian signature MD/DO, NP, or PA signature (if your state requires signature)



Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication unless instructed to do so by your doctor.

Immunization

The following immunizations are recommended. Tetanus immunization is required and must have been received within the last 10 years. If you had the disease, check the disease column and list the date. If immunized, check yes and provide the year received.

Yes	No	Had Disease	Immunization	Date(s)
<input type="checkbox"/>	<input type="checkbox"/>		Tetanus	
<input type="checkbox"/>	<input type="checkbox"/>		Pertussis	
<input type="checkbox"/>	<input type="checkbox"/>		Diphtheria	
<input type="checkbox"/>	<input type="checkbox"/>		Measles/mumps/rubella	
<input type="checkbox"/>	<input type="checkbox"/>		Polio	
<input type="checkbox"/>	<input type="checkbox"/>		Chicken Pox	
<input type="checkbox"/>	<input type="checkbox"/>		Hepatitis A	
<input type="checkbox"/>	<input type="checkbox"/>		Hepatitis B	
<input type="checkbox"/>	<input type="checkbox"/>		Meningitis	
<input type="checkbox"/>	<input type="checkbox"/>		Influenza	
<input type="checkbox"/>	<input type="checkbox"/>		Other (i.e., HIB)	
<input type="checkbox"/>	<input type="checkbox"/>		Exemption to immunizations (form required)	

Please list any additional information about your medical history:

DO NOT WRITE IN THIS BOX.
 Review for camp or special activity.

Reviewed by: _____

Date: _____

Further approval required: Yes No

Reason: _____

Approved by: _____

Date: _____



Part C: Pre-Participation Physical

This part must be completed by certified and licensed physicians (MD, DO), nurse practitioners, or physician assistants.

Full name: _____

Date of birth: _____

High-adventure base participants:

Expedition/crew No.: _____
or staff position: _____



You are being asked to certify that this individual has no contraindication for participation in a Scouting experience. For individuals who will be attending a high-adventure program, including one of the national high-adventure bases, please refer to the supplemental information on the following pages or the form provided by your patient. You can also visit www.scouting.org/health-and-safety/ahmr to view this information online.

Please fill in the following information:

	Yes	No	Explain
Medical restrictions to participate	<input type="checkbox"/>	<input type="checkbox"/>	

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Medication		<input type="checkbox"/>	<input type="checkbox"/>	Plants	
<input type="checkbox"/>	<input type="checkbox"/>	Food		<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	

Height (inches)	Weight (lbs.)	BMI	Blood Pressure	Pulse

	Normal	Abnormal	Explain Abnormalities
Eyes	<input type="checkbox"/>	<input type="checkbox"/>	
Ears/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
Lungs	<input type="checkbox"/>	<input type="checkbox"/>	
Heart	<input type="checkbox"/>	<input type="checkbox"/>	
Abdomen	<input type="checkbox"/>	<input type="checkbox"/>	
Genitalia/hernia	<input type="checkbox"/>	<input type="checkbox"/>	
Musculoskeletal	<input type="checkbox"/>	<input type="checkbox"/>	
Neurological	<input type="checkbox"/>	<input type="checkbox"/>	
Skin issues	<input type="checkbox"/>	<input type="checkbox"/>	
Other	<input type="checkbox"/>	<input type="checkbox"/>	

Examiner's Certification

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions):

True	False	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Meets height/weight requirements.
<input type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled heart disease, lung disease, or hypertension.
<input type="checkbox"/>	<input type="checkbox"/>	Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from his or her orthopedic surgeon or treating physician.
<input type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled psychiatric disorders.
<input type="checkbox"/>	<input type="checkbox"/>	Has had no seizures in the last year.
<input type="checkbox"/>	<input type="checkbox"/>	Does not have poorly controlled diabetes.
<input type="checkbox"/>	<input type="checkbox"/>	If planning to scuba dive, does not have diabetes, asthma, or seizures.

Examiner's signature: _____ Date: _____

Examiner's printed name: _____

Address: _____

City: _____ State: _____ ZIP code: _____

Office phone: _____

Height/Weight Restrictions

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

Maximum weight for height:

Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295



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