

Wilderness First Aid

Packing List

Need to Bring:

- Medical Form – Parts A&B
- Sleeping Bag & Pillow
- Tent and sleeping pad if you are camping
- Showers and restrooms are available in the basement of the lodge and at the shower house adjacent to cabins.
- Cold weather outdoor gear and clothing. We will be spending a significant amount of time outdoors. Be prepared for the weather!
- Water Bottle and any personal snacks.
- Personal medications and any other items you can't live without. Cell service can be problematic at Camp Grizzly depending on the carrier. Limited wi-fi is available if needed.
- Optional: Small Day Pack

Other Information:

- MUST be a Registered Scout or Adult Leader to attend this course.
- Your Scout uniform IS NOT required for this course. (You don't need to bring it.)
- Please bring Parts A and B of the BSA Medical Form.

Class Info:

The class starts at 9:00 am Saturday and Sunday. Course will conclude no later than 4pm Sunday.

As in past courses we will focus on Wilderness First Aid skills but will also toss in some survival elements to challenge each of you a bit more. Most of all we'll have fun!

Fee includes:

- 4 meals (Lunch & Dinner on day 1, Breakfast & Lunch on day 2 - snacks for both days provided as well)
- Spiral Bound, Outdoor Quality Wilderness First Aid Field Guide (book is required for course)
- 2 days of Wilderness First Aid Instruction
- Certificate/Card: Link will be emailed upon successful completion of the course