

Lake Trails Territory

Trail to Troop

Guide for Troops 2026



When: Sept 18th 4:00pm– Sept 20th 12:030pm

Where: Camp Pigott, 24225 Woods Creek Rd, Snohomish, WA 98290

Registration is open through Sept 11, 2026

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WHY SHOULD TROOPS PARTICIPATE IN TRAIL TO TROOP

Trail to Troop is an opportunity for Cub Scouts to meet local Scout BSA Troops and for Troops to help Cub Scouts work on their AOL and Webelos rank. Troops participate in Trail to Troop by hosting an activity station themed around rank requirements, also known as adventures. Trail to Troop is a model Scouts BSA summer camp for Cub Scouts. Troop Scouts should consider themselves camp staff and need to ensure that their actions are reflective of model behavior. They are here to make sure that the Cubs are having fun, and we challenge each Troop Scout to consider how they are contributing to this goal.

Scout BSA Troops that participate in Trail to Troop can earn up to two camping nights for rank advancement and earn community service hours for hosting and participating in an activity station.

Troops that complete the activities listed in the Honor Troop Worksheet (found on the Trail to Troop [web page](#) or in BlackPug event emails) will earn a Flag Ribbon and recognition in the Closing Ceremony.

BEFORE ARRIVING AT CAMP - CHECKLIST

Scout Registration and Fees

Please register as a Troop for this event. Please register as early as possible to allow event coordinators time to assign campsites and purchase food. All attendees must register – **there will be no walk-in registration.** Please list any dietary needs on the registration form for each scout.

Each troop needs to register the minimum number of adults per SYT policy, but should limit their adults to three. If more than three adults attend with one unit, they will be assigned a role during the weekend. Roles may include assisting with parking, assisting with check in, taking photos, putting up signs, etc. Please try to limit scout registration to 10 in order to allow the maximum number of Troops to attend this event. Additional fees may apply for Troops with more than 10 youth scouts attending.

Registration will be on BlackPug. Make sure that you register for the “Lake Trails Territory Trail to Troop - Troop VOLUNTEERS” event. During registration, the registration contact (adult creating the registration) will be asked to select an Adventure Station and a Kerfuffle Station. They may only select one of each. You can find more information about Adventure Station signup in the next section.

If you need assistance with registration, please see our registration assistance page:
<https://scoutingseattle.org/resources/black-pug-registration-resouces/>

Troop Adventure Station Signup

Adventure Stations are assigned on a first-come-first served basis. Sessions are 55 minutes long and you will run the session six times. You will see approximately 8-15 scouts each session.

- Troops can buddy up with another troop and co-host an Adventure Station, this is to be arranged by Troops.
- One Troop may sign up for lunch instead of an adventure station. If your Troop signs up for lunch there must be a minimum of three adults attending with your Troop who will also help with lunch. Lunch helpers 16 and older must have a food handler’s permit. Please bring a hard copy. Reimbursement is available if you do not already have the certification. Receipts will be required for reimbursement.
- If your troop is not interested in hosting an adventure station or there are no adventure stations available at the time of your registration, please consider showcasing your Troop at the Troop Expo. All AOL and Webelos Scouts are required to visit Troops at the Troop Expo.
- If there are no stations available at the time you sign up, please reach out to the event coordinators, as there may be other opportunities to help out.

Adventure Station Requirements

Below are the requirements for each adventure being taught at Trail to Troop. Note that some (greyed out) will be completed as prerequisites and/or homework by the Packs.

Webelos Stronger, Faster, Higher -

<https://www.scouting.org/cub-scout-adventures/stronger-faster-higher/>

Requirement		When	Supply Notes
Req 1	With your patrol, plan and prepare a snack	During session	Hand sanitizer and gloves provided
Req 2	Be active for 30 minutes with your den	During session	
Req 3	Be active for 15 minutes doing personal exercises	Packs to complete independently	
Req 4	Do a relaxing activity for 10 minutes	During session	
Req 5	Review your health form	Parents complete at parent meeting	

Webelos Chef's Knife - <https://www.scouting.org/cub-scout-adventures/chefs-knife/>

Requirement		When	Supply Notes
Req 1	Read, understand, and promise to follow the Cub Scout Knife Safety Rules	During session	
Req 2	Demonstrate the knife safety circle	During session	20 kitchen knives provided
Req 3	Demonstrate care and use of kitchen knife safely	During session	Sharpening tools provided
Req 4	Choose the correct cooking knife and demonstrate slice dice and mince	During session	

Webelos Let's Camp - <https://www.scouting.org/cub-scout-adventures/lets-camp-webelos/>

Requirement		When	Supply Notes
Req. 1	Plan and participate in a campout	Pack to complete independently	
Req. 2	Determine where to set up a tent	Pack to complete independently	
Req. 3	Set up your tent without help from an adult	During session	

Req. 4	Identify potential weather hazards and make a plan	During session	
Req. 5	Tie a bowline knot	Pack to complete independently	
Req. 6	Discuss fire safety and locate a safe area for a campfire	During session	
Req. 7	Build a teepee fire and extinguish it	During session	Pie tins for fire practice provided
Req. 8	Recite the Outdoor Code and Leave No Trace principles	Pack to complete independently	
Req. 9	Share what you did to follow the Outdoor Code and Leave no trace	Pack to complete independently	

Earth Rocks - <https://www.scouting.org/cub-scout-adventures/earth-rocks/>

Requirement		When	Supply Notes
Req 1	Examine three types of rocks	During session	Display poster and worksheet provided
Req 2	Examine a rock	During session	Magnifying glasses provided
Req 3	Test rocks for hardness	During session	Drill bits, nails, glass and pennies provided
Req 4	Grow a crystal	At home	Materials provided

AOL Personal Fitness - <https://www.scouting.org/cub-scout-adventures/personal-fitness/>

Requirement		When	Supply Notes
Req 1	Plan / prepare a snack	During Session	
Req 2	Track activity of greater than 30 minutes for 14 days	Cubs will track. @ home w/provided calendar. Hand out Fitness Log at station	Fillable Fitness Log , 70 copies provided
Req 3	Be active for 30 minutes	During session	
Req 4	Review health form	Parents to complete @ parent mtg	

AOL Knife Safety - <https://www.scouting.org/cub-scout-adventures/knife-safety/>

Requirement		When	Supply Notes
Req 1, 2, 3	Review knife safety rules	During session	20 knives provided
Req 2	Demonstrate safety circle	During session	
Req 3	Care and use of knife	During session	Sharpening tools provided
Req 4	Make a useful object using your knife	During session	Please request materials if desired For example, basswood blocks under \$1 each
Req 5	Select correct knife and demonstrate chop slice and mince	During session	

AOL Outdoor Adventurer - <https://www.scouting.org/cub-scout-adventures/outdoor-adventurer/>

Requirement		When	Supply Notes
Req 1	Scout 10 essentials	During session	
Req 2	Choosing camping gear and how to transport it	Complete in preparation for this event and review during session	
Req 3	Review SAFE Checklist	Complete in preparation for this event	
Req 4	Identify where you are camping on a map	During session	
Req 5	Participate in a campout	Complete as part of camp	
Req 6	Determine layout campsite / set up patrol gear	During session	
Req 7	Demonstrate food safety & kitchen sanitation	Den to complete independently	
Req 8	Discuss what went well, keeping in mind the Outdoor Code and LNT principles	Den to complete on the way home from camp	

AOL Into the Woods - <https://www.scouting.org/cub-scout-adventures/into-the-woods/>

Requirement		When	Supply Notes
Req 1	Complete a tree inventory	During session	Tree Inventory Worksheet , provided
Req 2	Determine if your tree is deciduous or evergreen	During session	
Req 3	Determine if your tree is native or was introduced	During session	
Req 4	Find out how your tree deals with wildfire	During session	
Req 5	Learn how wildlife uses your tree	During session	

Required Forms and Health and Safety

Every scout and adult attending need to complete and bring with them the following forms:

[Annual Health Medical Form Parts A and B only](#)

According to BSA Policy, all Scouts and participating adults must complete an Annual Health and Medical Record form (parts A&B only) for all Scouting activities. This is the health history form required for any short-term Scout activity. **IT IS THE RESPONSIBILITY OF THE UNIT** to obtain and maintain copies of these forms for members of their unit for all activities they conduct. Medical forms will be reviewed at check-in **and remain with the pack leader**.

Camping and Meal Planning

Troops are responsible for their own food, except for Saturday lunch. Lunch on Saturday will be provided by the volunteers and staff and is included in the cost of attending.

Be sure to check burn bans! Camp Pigott falls under the jurisdiction of the DNR, and you can find out if Pigott is under a burn ban by checking the following three websites, and follow whichever one is the most restrictive. We will do our best to let you know whether there will be a burn ban, but it is best to be prepared. Propane powered fire pits are always allowed.

- <https://burnportal.dnr.wa.gov/>
- <https://www.snohomishcountywa.gov/1144/Outdoor-Burning-Information>
- <https://pscleanair.gov/168/Air-Quality-Burn-Ban-Status>

Campsites will be assigned upon arrival to camp. Adirondacks and Stents may be available at some sites. Be prepared to tent camp. Picnic tables are available at the campsites; however, many are not covered. Bring popups/tarps.

Your Adventure Station

Once you have registered for your station on BlackPug you will need to make a plan. What will you do and who will be involved? Your goal is to find a creative way to make your adventure station fun and active. We look forward to seeing what you come up with!

- Adventure sessions are 55 minutes long and cover multiple activity stations/requirements. Plan to fill this entire time, but do not go over.
- There are 6 sessions on Saturday. You will see between 8-12 scouts for each session.
- We ask that troops bring the materials with them for the station that they are running. If you require tools or other materials to be provided by the camp, email your request alpine.webwoods@gmail.com.

Keep in Mind:

- The motto of Cub Scouts is “Do Your Best”.
- These are cub scout activities, not merit badges. Cub Scouts do not need to master the requirements to be signed off. Give a quick introduction to the topic, let them try it, then move to the next topic.
- Hands on interactive sessions are key. Think back to summer camp, do you remember how the staff at camp kept everyone engaged in the discussion? Do not just talk at the cub scouts for 15 min, have them get up and move around.
- Adventure sessions should be focused on the adventure activities. You will have a chance to hand out flyers and recruit at the Troop Visit time in the afternoon, and at the Troop Expo on Sunday.

Troop Expo

This will be held in the dining hall on Sunday morning. You can set up any time after 9pm on Saturday. The Cub Scouts are required to visit troops on Sunday at the Troop Expo. Have something for the Cubs to take home so they know a little bit about your troop.

Information to share and include on your handout:

- Are you a boys only, girls only, family, or linked Troop?
- If linked, do you do activities together or separate?
- Do you have a date for Summer Camp? When and where are you going? What is your RSVP deadline?
- How does your troop support rank advancement?
- Do you use Scoutbook or another system for communication and advancement?
- How are your patrols structured? Who decides on patrol names?
- What type of community service do you participate in?
- What type of outings do you do? How are they decided?
- What is one piece of advice you would give Cub Scouts that are trying to decide to continue with Scouts BSA?

Saturday Campfire

Troops are expected to participate in the Campfire on Saturday night. This campfire is intended to be a model of what a campfire will look like at Scouts BSA Summer Camp. Remember that many of these Scouts may have never seen campfire program before. Remember that there is no heckling or inappropriate language at campfires. As an audience member, **be respectful** – it is the responsibility of the Troop adults to ensure this.

Each Troop will perform a skit in the campfire. Please have a few skit ideas in mind when you arrive and submit them for review at the Leader’s meeting on Friday evening.

Guideline for Skit/Songs

All skits must...

- be appropriate to all the audience (all ages!)
- display the standards and values that Scouts BSA organization strive to achieve
- uphold the foundation of the basic Scouting Mission Statement:
 - Scout BSA Mission: The mission of the Scouts BSA is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.
- honor the Scouting spirit of the Scout BSA Oath, Law and Promise values as responsible, participating citizens.

Skits with content about the following items will not be approved:

- bodily functions (potty language, underwear, toilet paper)
- alcohol, bars, drugs, or adult behavior
- violence (shooting, hitting, killing, suicide, war)
- embarrassing or demeaning anyone (even if they are “in on it”) or any group of people (religion, culture, race)
- involving water

Kerfuffle

Each Troop running an adventure station is expected to run a Kerfuffle station on Sunday. Troops will select their Kerfuffle station during registration. Troops do not need to bring materials for Kerfuffle - all Kerfuffle station instructions and materials will be provided by Trail to Troop Staff. Please review the instructions for your station and test the activity before the Kerfuffle. Materials will be available starting on Friday at check in.

Additional Volunteer Opportunities – Required to Achieve Honor Troop

Reverence and Reflection Presenters

One person from each troop will be asked to present one of the prayers, songs, or blessings for the Reverence and Reflection Service. Readings have been selected; all they need to do is show up and participate. The presenters will be finalized during the Friday Leaders meeting.

Pack Guides

Spend the morning with a pack. Show them where their campsite is after they check-in.

Flag Ceremonies

There will be four flag ceremonies over the course of the weekend: Saturday morning, Saturday night, Sunday opening, and Sunday closing. Troops can sign up to lead a flag ceremony at the Leader's Meeting on Friday night. Practice for flag ceremonies is available before flag ceremonies and throughout the day. If you volunteer to run a flag ceremony, please practice beforehand.

Gathering Songs

We will also ask for volunteers to come up and help with songs during gathering in the parade field. Songs will be limited to those in the songbook and should be performed as written. Troops will sign up to lead a song during the leader's meeting on Friday night.

WHAT YOU SHOULD KNOW DURING CAMP

- Camp Rules
- Schedule of Events
- Check-In Procedures
- Setting Up Your Station
- AOL/Webelos Passport Signoff
- Leaders Meeting Friday 8pm

Camp Rules

Camp rules follow the Scout Law and common sense. Here are the details:

1. No camper is allowed to leave camp after check-in without a release from the camp leader. They must be accompanied by an authorized adult while out of camp, and must sign out at the camp office before departing. Campers leaving early must be released to authorized persons only.
2. Do not cut or climb trees.
3. Campers must stay out of other campsites/cabins unless invited.
4. All fires must be tended, fireguard charts must be posted and followed.
5. No open flames of any kind in tents or sleeping huts.
6. All liquid fuels must be stored in the camp fuel locker in clearly marked containers. Liquid fuels must be used under adult supervision only.
7. No fireworks may be kept or used in camp. Those with fireworks will be sent home.
8. No personal firearms or sheath knives allowed.
9. No intoxicating beverages or illegal drugs are allowed on Scout property.
10. No dish washing in the washstands or latrines.
11. Please leave your campsite, cabin, and latrine area better than you found it.
12. Hand tools (such as axes, saws, shovels) must be used with adult supervision. Power tools may be used by qualified adults only.
13. No pets allowed in camp at any time.
14. Check in camp Friday before 8:00 pm at the Dining Hall.
15. You are responsible for the behavior of your group and must provide adequate supervision.

Camp Check-in Procedures

Check-in will be in the dining hall. Please park in the parking lot.

The unit leader will confirm that all scouts have completed the Medical Form Part A & B and will be given their campsite assignment.

There may be a possibility to drive gear/materials up to your station/campsite if you arrive at camp between 4 and 5pm on Friday. No cars will be allowed in camp after 5pm Friday.

Emergency Procedures

In the event of an emergency, any individual with a cell phone should immediately call 9-1-1 and provide appropriate information and follow all directions from the Operator. A different person should call the Program Director (Gillian Suhre, 262-716-8460) and the Camp Director (Don Baeder, 360-568-6295) immediately and inform them of the situation, location, actions being taken and follow any instructions given. In an emergency, you will hear a bell or siren, indicating that everyone should gather at the parade field, if the parade field is compromised, go to the parking lot.

Fire Safety & Prevention

Campfires are permitted only in the fire pit in your campsite and should never be left unattended. Proper methods to extinguish fires must be available at all times. When the fire is out cold, stack partially burnt wood near the pit for future use. Water buckets (filled with water) and fire tools must be conveniently placed near any campfire site.

Limited wood is available at camp but may not be dry/seasoned. Feel free to bring your own wood and kindling if you are local, from the west side of the mountains.

Be sure to check burn bans! Camp Pigott falls under the jurisdiction of the DNR, and you can find out if Pigott is under a burn ban by checking the following three websites and follow whichever one is the most restrictive. We will do our best to let you know whether there will be a burn ban, but it is best to be prepared. Propane powered fire pits are always allowed.

- <https://burnportal.dnr.wa.gov/>
- <https://www.snohomishcountywa.gov/1144/Outdoor-Burning-Information>
- <https://pscleanair.gov/168/Air-Quality-Burn-Ban-Status>

Setting up Your Adventure Station

- You will have time Saturday morning before opening flags to set up your station.
- Troops should attend the flag ceremony.
- All stations should have a radio. Please bring one for your Troop.

AOL/Webelos Passports

Do your best to complete the activities listed in the adventure requirements. Your goal is to do a minimum of introduction, and a brief discussion of each requirement. Time is short for the stations and Webelos/AOL attention span is even shorter. These are not like Merit Badge requirements; we give a lot of grace to Cub Scouts and their abilities; sign the passport for the requirements your troop completed for each scout. Remember, the Cub Scout motto is to "Do Your Best".

Anyone in your troop can sign off Scouts' passports at the end of the session. Pack Guides can also sign off if there is a volunteer in that role.

SPL and SM Leaders Meeting

Friday 8 PM – 9 PM

SPLs and SMs, or event adult leader will attend to go over the schedule of events.

- Review Orientation Packet/Check-In Volunteers
- Emergency meeting location
- Review Activity Stations + sign collection
- Honor Troop Assignments + Skit Assignments
- Flag ceremony and gathering song sign ups
- Reverence and Reflection Service presenters
- Pack Guides
- Lunch Adult Volunteers
- AOL/Webelos Passports
- Troop Expo
- Signing off on Honor Pack – Only sign off if a Cub brings it to you, not an adult leader
- Radio Channel Info
- Next Year's Date
- Review and trial run Kerfuffle stations
- 9-9:30 Saturday Leader Meeting – check in for Sunday activities