

Dear Scouters,

Welcome to the Leader Training Weekend. Whether you're attending Introduction to Outdoor Leadership Skills (IOLS) or Basic Adult Leader Outdoor Orientation (BALOO), this weekend is about building confidence, connecting with fellow leaders, and gaining the skills you need to deliver the promise of Scouting.

### Training Overview

- IOLS (*Introduction to Outdoor Leader Skills*): For troop-level adults, focuses on the outdoor leadership skills every first-class Scout should know, modeling teaching techniques you can use with your own Scouts.
- BALOO (*Basic Adult Leader Outdoor Orientation*): For Cub Scout adults (any registered adult 21+ approved by their chartered organization). A BALOO trained, registered adult is required on any Den or Pack overnight.

Both courses are hands-on and designed to prepare you for real-world Scouting situations. You'll practice skills like camping setup, cooking, tool and rope use, navigation, nature identification, and outdoor ethics. Instructors with special expertise will guide each session. This weekend is also a chance to meet like-minded Scouters, share experiences, and form friendships that may last a lifetime.

### Schedule: BALOO and IOLS Participants

Check in: Saturday 7:30 AM

Instruction will begin at 8:00 AM

Conclusion: Sunday, noonish

### Important Reminders:

- Bring your [BSA Health Form Parts A & B](#) to check in.
- **BALOO: Before coming to camp**, please complete the online BALOO learning module before arrival (approx. 35 minutes): Log into your my.Scouting account -> My Training -> Expanded Learning -> BALOO. When you finish, scroll up (or go back to) BALOO Prerequisite Training v2, and take a screenshot **including** your name (in the upper right), and email it to [LakeTrailsTraining@gmail.com](mailto:LakeTrailsTraining@gmail.com).
- Dietary & Allergies, other special needs: **make sure we know!**

### Final Note

Our goal is to make this weekend both educational and enjoyable. Come ready to learn, share, and try new skills. Most of all, remember that every skill you practice here directly strengthens your ability to lead Scouts with confidence.

We look forward to seeing you.

## What to Bring

If you don't own everything, **do NOT buy, BORROW!** After this weekend you may choose differently.

### ***BALOO Packing List***

Required:

- Cub Scout Six Essentials
  - first-aid kit
  - water bottle
  - flashlight (extra batteries)
  - trail food
  - sun protection
  - whistle
- Notebook, pen, pencil
- Tent, sleeping bag, sleeping pad/mattress
- Sturdy shoes (no crocs, no open toe)
- Change of clothes and sleepwear
- Mess kit (plate/bowl, fork, spoon, all unbreakable)
- Medical form
- Online BALOO certificate (if you did not email it)

Optional:

- Camp chair
- Personal hygiene kit (toothbrush, soap, towel, etc.)
- Camera/phone for photos
- Jacket, cap, gloves for comfort (layers are good!)
- Sunglasses

***IOLS Packing List*** For details, refer to a Scout book.

Required:

- Scout Ten Essentials
  - pocketknife
  - first-aid kit
  - extra clothing
  - rain gear
  - water bottle
  - headlamp or flashlight (extra batteries)
  - trail food
  - matches/fire starter
  - sun protection
  - map & compass
- Backpack with rain cover (garbage bag works)
- Sleeping bag, sleeping pad
- Eating tools (spoon, fork, plate, bowl, all unbreakable)
- Medical form
- Tent, ground cloth

Optional:

- Cup/mug for coffee/tea
- Clothing for cool nights and rain (layers!)
- Sunglasses