



Cub Adventure Camp 2026 Camper's Guide

Creepy Hollow



Heart of Virginia Council

Delivering the promise of scouting

VERSION: 08142026



Welcome Parents and Leaders!

Creepy Hollow is an amazing time to camp with your child in Central VA enjoying warm sunny days and cool crisp Autumn nights. Nothing is more refreshing and energizing after the rush of the start of the school year than falling asleep to a chorus of crickets and waking to a dewy dawn. Purchase a meal package and let someone else do the cooking or relax at your campsite and prepare your own meals, it is up to you! Enjoy our "Carnival Atmosphere" and rotate at your own pace throughout the activities which include:

- fishing
- BB guns
- scavenger hunts
- archery
- wrist rockets
- crafts
- field games
- Gross Nature
- science experiments
- BMX biking
- water balloon sling shots
- haunted activities
- non-scary activities
- hiking the camp trails to see the changing leaves, and so much more!

This is a true campout so beg, borrow, or buy a tent to pitch on our 200 acres. Get to know other scout parents at the fire pits and feel the Scouting Spirit rise with the campfire show where your scouts are the Stars! Both weekends of this event fill up quickly so don't wait till the last minute to register!

We can't wait to welcome you back to camp! 🎃

Yours in Scouting,

Heather Mulvihill

Cub Adventure Camp Program Director
NCS Certified Trainer



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Creepy Hollow Weekends

Saturday & Sunday: October 16-18, 2026

Saturday & Sunday: October 23-25, 2026

Black Pug Registration

Register to attend Cub Adventure Camp events at www.cubadventurecamp.net.

Cub Adventure Camp (CAC) manages its camp registrations using the Black Pug program. This is an online service used by our Council to manage events. You can register your Pack or family online through the Black Pug program at the camp website or through the Council’s online calendar.

If you register using the paper hold-a-space form, your information will be entered into the Black Pug system, and you will receive a Black Pug account. This will be assigned to the primary email address on the registration form. If you already have a Black Pug user ID you would like to use, please include it on the registration form.

You will need to log back into Black Pug periodically to update your registration and enter new information. ***It is very important that you log into your existing registration, DO NOT create a new registration – your payment history is linked to your reservation and your campsite request.*** If you know that your Pack plans to go to CAC, you should reserve a space for your Pack. Later, you can update the reservation with the exact number of people planning to attend camp and you can update information. When you know the names of all your participants at camp you can go into the system and enter your roster. Black Pug consolidates all individual reservations into Pack groups. Camp staff has no way of knowing whether you registered separately from others in your Pack, therefore plan to have one person check-in for your group using the Patrol Method. This set-up is to avoid your standing in a several hundred-person line to check-in.

Refund Policy

Cub Adventure Camp strives to provide the absolute best program possible. Food and supplies are ordered weeks in advance based on registration rates. There will be no refunds on cancellations of registrations after October 9, 2026. In the case of extenuating circumstances (i.e. sickness or illness with supporting documentation, death of an immediate family member, or military transfer), please contact pamela.miscikowski@scouting.org. Weather or changing one's mind will not be accepted. This is a rain or shine event.

General Camp Policies

To assure a smooth check-in for campers and an enjoyable camping experience for all, please make certain all adults attending camp have read this Guide and have a copy available for reference while in camp.

Guide Updates

1. Due to multiple foot injuries at camp, the following footwear has been banned from wearing while walking camp and should be contained to the showers:
 - Crocs
 - Open toed shoes of any kind, ex: Chacos or similar hiking sandals with open toes
 - Flip flops

Plan ahead of time to wear closed toed sneakers or hiking boots to protect your feet and ankles in a camp terrain setting.

2. Camp communications for emergencies and program changes. (Page 6)

Leader to Scout Ratio

Cub Adventure Camp (CAC) is a BSA Nationally Accredited camp owned and operated by the Heart of Virginia Council. Its staff and all participants, including Scouts and leaders, must be currently registered members of the Boy Scouts of America. This camp abides by National Camp Standards set by the BSA and follows all BSA policy found in "Guide to Safe Scouting." All Packs in camp must abide by two-deep leadership requirements. We encourage a ratio of one adult for every two Scouts and require a ratio of one adult for every four Scouts. All Packs must always have two 21+ year old BSA registered leaders in camp. There must be a registered female adult leader 21 years of age or over if youth girls are in attendance. Notwithstanding the minimum leader requirements, age and program appropriate supervision must always be provided. Parent/child pairs are welcome to attend CAC, or they may attend with a Pack. CAC can accommodate either option. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating based on race, color, national origin, sex, age, or disability.

BSA Youth Protection

BSA Youth Protection policies are strictly followed at camp. All adults attending camp need to have completed Youth Protection Training available at www.my.scouting.org. If you suspect that child abuse has occurred, report this suspicion immediately to the Camp Director.

Dietary Needs

If you decide to include the meal plan in your registration, all meals are served in Navas Lodge, our Camp Dining Hall, and approved by a dietician. Due to the nature of this event, we are unable to accommodate dietary restrictions or food substitutions. If you have dietary restrictions or medical allergies, please review the menu below to decide if the meal plan option will be suitable for you and your family. Meals are designed to replenish the heavy caloric expenditure that camping requires. The Dining Hall is air-conditioned; meals are served by our kitchen staff 3 times a day. Hot coffee, water, bread, apples and bananas, and peanut butter and jelly are available in the Dining Hall 24 hours a day.

Meal Plan:

Saturday	Lunch	Chicken patty or hot dogs, chips, salad bar, cookies
	Dinner	Chicken tenders, mashed potatoes, green beans, fruit cup, salad bar
Sunday	Breakfast	Bacon, egg and cheese croissant, rosemary potatoes, cheesy grits, cereal, milk, juice

**All Dietary needs and restrictions must be communicated to the Head of Kitchen
2 weeks prior to the event.**

Camp Communications

Join our event "GroupMe" for announcements, messages, and program changes throughout the weekend. You can always remove yourself after the event!



Vehicles in Camp

Please help us keep your children safe by adhering to these rules:

Vehicle Speed – Drivers must exercise EXTREME caution when operating motor vehicles on camp property. IN-CAMP SPEED LIMIT IS 5 (five) MPH (the speed of a walking person). Cubs are here to have fun in a vehicle free environment. Failure to adhere to the following requests will result in towing and/or a fine from the Goochland County Fire Department.

- Vehicles are only allowed in camp to drop off and pick up gear during check-in and check-out times and must be immediately moved to the Upper Parking Lot.
- Do not stop to set up camp.
- The camp road is closed to vehicles by **noon on SATURDAY**.
- Vehicles will be allowed back in camp **at 8 a.m. after breakfast starts SUNDAY**.
- We encourage the consolidation of camp gear to one car to cut down on traffic in the camp.
- Camp pull-carts are available to allow transportation of camp gear outside of driving hours.
- **Vehicles must stay on roads or on gravel parking areas. DO NOT drive into a campsite or across the grass (shallow septic pipes).**
- No one under 18 is allowed to operate a vehicle at Cub Adventure Camp.
- Absolutely no one is allowed to ride in the bed of a truck.
- Vehicles are required to park in the Upper lot by the Welcome Pavilion.
- No cars may be parked in a campsite overnight without a Camp Parking permit, (see **Handicapped Parking** below)
- All roads must always remain open for Emergency Vehicles.
- The Lower lot is for Camp staff parking and Emergency vehicle access.
- **After check-in, the only vehicles that will be seen in camp during sessions are Ranger trucks (pickups) and camp vehicles marked with camp signs on the doors that carry extra Council vehicle insurance.**

Handicapped Parking

Requests for special parking passes for medical conditions will be made on a case-by-case basis. Special passes must be requested in advance and will be issued on the day of the event. Every reasonable effort will be made to accommodate those with physical disabilities or special needs.

Wrist Bands and Visitors

All campers are issued wristbands at check-in and must wear them during their stay at Cub Adventure Camp. Visitors must check-in at the Camp Administration Building and are issued a wristband at that time. Anyone (except Staff) found in camp without a wristband will be escorted to the Camp Administration Building immediately. Staff are trained to immediately escort people found in camp without a wristband to the Camp Director. If your wristband becomes lost or damaged while in camp you may receive a replacement at the Admin. Building.

Alcohol, Tobacco, Firearms, and Knives

- No alcoholic beverages or harmful/illegal drugs are allowed in camp. Failure to comply with this policy will be grounds for removal from camp and possible banning from future camp events.
- Per BSA policy, smoking, use of any tobacco products (to include chewing tobacco and vape devices) or marijuana is prohibited in buildings throughout the camp and in the presence of Scouts. The designated adult smoking area is the Upper Parking Lot.
- Personal firearms, large sheath knives, and large folding knives are not allowed at camp.
- CAC provides BB guns for campers to use at the BB range with staff supervision. Individuals are not permitted to bring personal BB guns.
- CAC provides Archery bows for campers to use at the Archery range with staff supervision. Individuals are not permitted to bring personal bows.
- Fireworks are not permitted on Camp property.
- Drones are not permitted on Camp property without prior authorization.

Health Forms, Injuries and Medicines

All campers, adults, and youth, are required to submit a BSA Annual Health and Medical Record at check-in. The most current form is available at www.cubadventurecamp.net. Attendees are required to complete parts A and B1 & B2. Completion of Part C is strongly encouraged, but not required.

- **PLEASE DO NOT BRING ORIGINAL COPIES OF HEALTH FORMS.**
- **PLEASE DO NOT SEND HEALTH FORMS BY MAIL OR EMAIL.**
- **ALL HEALTH FORMS NOT PICKED UP AT DEPARTURE WILL BE DESTROYED.**

CAC employs a Camp Health Officer who stays on-site and is available 24 hours per day in the Health Lodge. The Camp Health Lodge is fully stocked to handle almost any emergency and EMS response time to camp is less than five minutes.

Adult Leaders and Parents have the option of keeping prescription medications in their sleeping quarters under lock and key or keep them at the Health Lodge and allow the Health Officer to dispense them. A locked refrigerator is available in the Health Lodge for medicine requiring refrigeration.

Non-Emergency After-Hours Help

Help is available at the Administration front counter 24 hours a day. Phone numbers for the Camp Director, Program Director and Health Officer are on the wall behind the front counter.

Camp Contact Information

The camp phone number is reserved for camp business and emergency use only. The number is 804-554-9495.

Inclement Weather

This is a rain or shine event. In case of inclement weather, activities may be interrupted by dangerous lightning. If this occurs take shelter in the nearest large wooden structure and avoid being out in the open. The Fishing Ship and Castle Pool Complex are not safe options. The Dining Hall, Admin. Building and Welcome Pavilion feature lightning protection. Staff is trained to take their groups to designated shelters. It is strongly suggested that Leaders and Parents take “Weather Hazards” training prior to arrival at camp. The camp is equipped with an Emergency/Tornado Siren.

Campfires

- Elevated fireplaces are not allowed.
- A campfire must always be monitored by adults.
- A fire water bucket must be present at all campfires.
- Campfires must be cool to the touch before being left unattended.
- No liquid fuels, candles, gas lanterns, stoves or open flames of any kind are allowed in sleeping quarters.
- All liquid petroleum must be used by adults and stored outside tents.
- Where charcoal and charcoal lighter fluid is used, the lighter fluid must be used by adults and stored out of tents.
- The road and gravel paths are not acceptable campfire locations.

If you cannot locate an unused firepit, join another group and make friends. If you see others without a firepit, please ask them to join you. A Scout is Friendly.

Lost & Found

A “Lost and Found” box is located at the Camp Administration Building front counter. Found items should be brought there and put in the box. Labeling items with a Scout’s name and Pack number will assist in identification and return. In general, valuable personal items should not be brought to camp. The camp carries no insurance on personal items. All items left at the end of the campout will be donated to charity within a week of the camp.

Firewood

- Collect firewood locally in camp; DO NOT bring firewood from elsewhere. This prevents the spread of insects and diseases that can damage our forest.
- NO cutting or trimming of live trees. Please collect dead and downed timber and do not bring chainsaws. Use the downed, dead wood that is around camp.
- Ask the Camp Commissioner for firewood if you cannot find downed timber. Look in the firewood kiosks for firewood found at each campsite.

Uniforms, Footwear and Clothing Attire

Field dress is encouraged to be worn at the evening flag retreat. Class B shirts are suggested for daytime activities. We ask that all campers wear close-toed shoes (including parents and visitors) while at camp to prevent foot injuries. See the Suggested Packing List on page 14.

Buddy System and Lost Camper

Scouts should use the buddy system while in camp. No scout should go anywhere by him/herself! Cubs and their adult partner should remain together or with a fellow youth scout. Cubs should always be in sight of an adult. Staff is trained to contact the Administration office to notify of a lost camper. Program areas are notified of the situation and will immediately check their group. Sleeping areas are checked. If the scout is still not found, Rangers will lock down the camp, the Emergency Siren will sound, and all campers are to immediately report to the Flag Plaza. Staff is also trained to escort lone campers to either their campsite or activity area. Should those areas not contain their group, radio contact is made with Camp Leadership to help locate their group.

Wildlife and Animals

CAC is in a heavily wooded area of Goochland County in Central VA. We do have wild animals and snakes that roam freely throughout the area. Our skunks are very used to having humans in their home for several months of the year and food will attract them. Do not store food, including bags of candy in your tents. You will regret it. Please do not interact with or feed wildlife. We leave them alone and they will leave us alone. All campsite trash should be placed nightly in the dumpster behind the Dining Hall.

Lake Boisseau is where our fishing activities are located and where two snapping turtles call the lake home. “Big Kahuna” and “Little Kahuna” love to eat fish bait—who doesn’t love a free meal? Should your scout manage to hook one of the turtles, please DO NOT lift the turtles into the Pirate ship. Notify the Fishing Instructor who will cut them free from the hook.

Only Certified Service Animals are permitted on property. Please leave pets at home.

Event Times and Quiet Hours

Scheduled events, including meals and flag ceremonies, will start on time whether all campers are present or not. Should you be late to daily Opening and Closing flags, please stop where you and respectfully observe in silence.

Quiet hours are 10 PM to 7 AM. Campers should be quiet and in their campsites. Sound travels very far very easily and is magnified in the woods at night. Please have consideration for other campers.

Check-In Process

All individual registrations are combined by Pack Number into one registration. Please coordinate with your camp leadership to arrive by a scheduled time so we can cut down the Check-In line to group check-in. Please coordinate with your campers where you will be setting up your campsite. This is a non-structured camp out and Camp Leadership will not be tracking where Unit campsites are.

Check-In

To ensure a smooth check-in and allow you to have maximum time to set up your campsite please have the following ready at check-in located at the Welcome Pavilion:

- Everyone in your group checking in together
 - We need to confirm the names and numbers of all campers registered to the event; if we are left waiting for a late arrival, it will delay access to your campsite.
- A roster with names and contact numbers for all adults in your group ([see page 15](#))
- Copies of Health Forms A, B1 & B2 filled out for every Scout, parent, and leader.
- All materials needed to complete any financial transactions.

Upon arrival at the Welcome Pavilion, you will be greeted by the Camp Director, Program Director, and Health Officer who will:

- Double-check your registration roster and receive your list of contact numbers.
- Issue your wristbands.
- Receive your Health Forms.

Should you arrive after Check-In time, please proceed directly to the Admin. Building following the path to the right of the Welcome Pavilion. You will be checked-in there and receive further instructions. NOTE: Arrival after the Check-In window will result in the hauling of your camping gear to your campsite with a provided camp pull- cart.

Trading Post Hours

Subject to change. Check on the Trading Post door for posted hours to confirm Opening and Closing hours.

Suggested Time: Saturday 10:00am-7:30pm
8:30pm-9:30pm

Saturday Schedule

9:00am-11:45am	Check-In at the Welcome Pavilion
11:20am	Morning Flags at the Crutchfield Flag Plaza,
	Daily announcements will be made. Please be on time!
11:30am	Lunch for those with Meal Plans in the Navas Lodge Dining Hall
<u>11:45am</u>	<u>Gate will be closed and locked to traffic.</u>
12:00pm-5:00pm	Program areas open
5:45pm	Evening Flag Retreat in the Crutchfield Flag Plaza
6:00pm	Dinner for those with Meal Plans in the Navas Lodge Dining Hall
6:15pm	Last chance to sign-up for the Campfire Program and last chance for the Costume Contest in the Trading Post
7:30pm	Campfire Program in the Amphitheater
8:30pm	Start of Haunted Activities and non-scary movie in the Dining Hall
9:30pm	All activities are closed, commence quiet time at 10pm

Sunday Schedule

7:45am	Morning Flags
8:00am	Breakfast for those with Meal Plans in the Navas Lodge Dining Hall
<u>8:00am</u>	<u>Gate is open for camp traffic</u>
9:00am	Interfaith Chapel Service at the Welcome Pavilion
10:00am	Camp should be empty

Unless there is a medical need, vehicles are not permitted in camp for those campers checking out early, Wagons are provided for the hauling of gear. Campers leaving early must stop by the Admin. Building on the way to their cars and sign out in the camper logbook annotating the name, unit number, time, and amount of people checking out. You may not check- out and stay on property, for example: sign out and then attend the closing show.

Campfire Show

Everyone at camp is encouraged to wear costumes and perform in the Campfire show on Saturday evening. Sign-ups are accepted at the Admin. front counter. Please adhere to the Scout Oath and Law when choosing performance material, avoiding references to guns, abuse of food and water (a scout is thrifty and clean), potty humor, etc. Sign-ups will be closed at 6:15 pm to allow us to prepare and organize the show. We regret that we will not be accepting walk-on performances during the actual Campfire show to contain the length of the show; allowing for Haunted Events to commence and end on time.

Flag Ceremony

Staff conducts the morning and evening flag ceremonies, with the assistance of Cub Scouts. We can accommodate **6 Scouts per ceremony**. Leaders may sign up their Scouts for participation at the front counter in the Administration Building. We ask that participating Scouts arrive 15 mins. early for instruction by Staff. Should you be late to daily Morning and Evening flags, please stop where you are and respectfully observe in silence.

Chapel Service

9:00am Sunday

Interfaith Chapel Service at the Welcome Pavilion

Camp Sleeping Quarters and Facilities

Creepy Hollow is a tenting event. Camp housing reservations are not available.

Shower and Bathroom Facilities

- Castle (Pool Complex) shower rooms
- Western Fort shower rooms
- Primitive latrines can be found in Baloo, Yurts, Mountain Cabins, and Mowgli
- Flush toilets are available at Navas Lodge Dining Hall, the Welcome Pavilion, Castle Pool Complex, and the Western Fort

Leader Organization Checklist

Please be ready to turn in a 3-ring binder, labelled with your unit number, at Check-in containing the following:

- Copies (not originals) of all Health Forms for your group
 - Each individual Health Form in a separate sheet protector sleeve
 - Alphabetized by last name
- A roster of all campers (see page 15)
- ✓ Have your campers spoken with food services or the Camp Director regarding dietary needs and restrictions prior to arriving at camp?

Suggested Packing List

A Cub Scout uniform is required for camping at Cub Adventure Camp. Sturdy shoes that are suitable for hiking will be useful. Labeling items with a Scout's name or initials and Pack number will assist in identification and return of lost items. In general, valuable personal items should not be brought to camp. The camp carries no insurance on personal items. All items left at the end of the summer will be donated to charity.

The following is a list of equipment that will be useful for camping at CAC. Check off each item as you lay out your equipment pack.

Camping Equipment

- ☐ Tent
- ☐ Sleeping bag
- ☐ Pillow
- ☐ Air mattress or pad (optional)
- ☐ Personal first aid kit
- ☐ Flashlight with fresh batteries
- ☐ Rain tarp
- ☐ Mosquito net

- ☐ Medicine (given to your leader)
- ☐ Extra plastic bag for wet clothes

Day Bag

- ☐ Water bottle
- ☐ Hat
- ☐ Sunscreen
- ☐ Insect repellent
- ☐ Hand sanitizer
- ☐ Personal first aid kit

Clothes Bag

- ☐ Cub Scout field dress uniform
- ☐ Class B activity uniform
- ☐ Poncho or raincoat
- ☐ Warm jacket
- ☐ Pajamas or sweatshirt, sweatpants
- ☐ Underwear
- ☐ **Durable closed-toe shoes, extra shoelaces** (flip-flops and Crocs are only permitted in the shower area)
- ☐ Extra socks, shoes, other clothing

Extras

- ☐ Pocket knife (Bear rank and above)
- ☐ Camera
- ☐ Binoculars
- ☐ Sunglasses
- ☐ Fishing gear (if you would like to use your own)
- ☐ Fan
- ☐ Outdoor extension cord for electricals
- ☐ Cash for the Trading Post

Toilet Kit

- ☐ Toothpaste and toothbrush
- ☐ Comb
- ☐ Soap in a waterproof container
- ☐ Shower shoes
- ☐ Shampoo
- ☐ Wash cloth and towel
- ☐ Baby powder for anti-chafing

Not Allowed In Camp

- ☐ Personal BB guns
- ☐ Large sheath knives
- ☐ Large folding knives
- ☐ Portable air conditioners (in housing areas)

Camping Unit Roster

Dates: _____ Site: _____

Unit Type: _____ Unit #: _____ Council: _____

District: _____

Leader: _____ Cell: _____ Email: _____

Assistant: _____ Cell: _____ Email: _____

Step 1		Step 2				Step 3		Step 4				
No.	Last Name	First Name	BSA Registered Youth	Non BSA Registered Youth	BSA Registered Adult	Non BSA Registered Adult <i>Parent / Guardian</i>	Current YPT?	Adult Position or Youth Grade	Food Allergies / Dietary Needs	Emergency Contact Name	Emergency Contact Phone	Parents, please indicate the line #(s) associated with your child(ren)
1			☐	☐	☐	☐	☐					
2			☐	☐	☐	☐	☐					
3			☐	☐	☐	☐	☐					
4			☐	☐	☐	☐	☐					
5			☐	☐	☐	☐	☐					
6			☐	☐	☐	☐	☐					
7			☐	☐	☐	☐	☐					

Please list additional adults or Scouts on the additional sheet provided, making as many copies as you need. This roster **must** be completed at check-in or before entering camp. All adults listed on this roster will be in attendance all weekend unless otherwise noted. I have been given a copy of the camp rules and regulations and I will inform all Scouts and adults of these rules and enforce them while in camp.

Camp Leader's Signature _____

Date _____

Unit Type: _____ Unit #: _____ Council: _____ District: _____

	Step 1		Step 2				Step 3		Step 4			
No.	Last Name	First Name	BSA Registered Youth	Non BSA Registered Youth	BSA Registered Adult	Non BSA Registered Adult <i>Parent / Guardian</i>	Current YPT?	Adult Position or Youth Grade	Food Allergies / Dietary Needs	Emergency Contact Name	Emergency Contact Phone	Parents, please indicate the line #(s) associated with your child(ren)
			☐	☐	☐	☐	☐					
			☐	☐	☐	☐	☐					
			☐	☐	☐	☐	☐					
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