HIGH 28-30 2025 KNOLL TRAIL VEEKEND

Join us for a weekend of skill building and Scouting spirit!



Hiwassee, VA 24347

ARRIVAL & CHECK IN

- Check-in at the Camp Ottari Welcome Center on Friday evening, March 28.
- Every participant must have a BSA Medical History Form (Parts A & B). A physician's signature is not required.
- · We recommend eating before arrival as no meal will be provided Friday evening.

CAMPING & TRAIL CONDITIONS

- · You will camp at Camp Ottari on Friday night.
- · The camp is still winterized, so bring enough water for Friday night and Saturday's hike.
- Pit latrines are available.

BACKPACKING CREW REQUIREMENTS

- · Minimum crew size: 2 adults & 4 youth.
- Maximum crew size: 12 participants.
- If you don't have a full crew, let us know—we may be able to place individuals into an
 existing crew.

PROGRAM ACTIVITIES

- Hike to Blue Ridge Mountaineer via challenging mountain trails.
- .50-caliber black powder rifle shooting
- Tomahawk throwing (tentative)
- Blacksmithing using a coal-fired forge (Participants must wear natural-fiber outer clothing (such as cotton or wool) to prevent melting near the forge.)

MEALS & FOOD

- Water is available from a creek at the outpost—bring a water filter to purify drinking water.
- Saturday dinner is provided (a warm, cooked meal).
- You must bring two breakfasts and one trail lunch.
- · A guide to summer High Knoll trail meals is included for reference.
- Most crews prefer non-cook meals for breakfast and lunch.
- We recommend removing packaging and portioning food into 4-person packs for the trail.

PACKING LIST

- Backpack with a padded hip strap & waterproof cover (a tough plastic bag works)
- · Stuff sacks or plastic bags for organizing gear
- · Backpacking tent with a waterproof ground cloth
- Sleeping bag in a stuff sack (consider placing it inside a plastic bag for extra protection)
- · Sleeping pad
- Sleep clothes (only for sleeping—keep them dry!)
- · Hiking boots (well broken-in)
- · Camp shoes or wading shoes
- Two pairs of socks per day (smooth inner liner + thicker outer sock) Avoid cotton; merino wool
 preferred.
- Underwear
- · Non-cotton T-shirts
- Long-sleeved shirt (one natural-fiber shirt for blacksmithing)

- · Lightweight hiking pants
- Warmer pants for camp (avoid polyester near forge)
- Wool cap
- · Fleece vest
- · Fleece or wool jacket
- · Waterproof jacket
- Gloves
- Deep bowl
- Spoon
- Cup
- · Canteens (at least two)
- · Food for two breakfasts & one lunch
- Pocketknife
- Flashlight + extra batteries
- Compass
- · Bandanas or handkerchiefs
- Lip balm
- Small towel
- Hand sanitizer
- · Lighter or matches
- · Some toilet paper
- · Personal medications & hygiene products
- Water filter (or other purification method)
- · Extra toilet paper
- · Camp shovel or trowel

NOTE

- · Sheath knives are not needed.
- Cell phone service is spotty, but phones can be used as cameras.