Cub Scout Summer Camp



Leader & Parent Guide

Blue Ridge Mountains Council Camp Powhatan July 25-28, 2024

Welcome Letter

Dear Camp Leaders and Parents,

Get ready for some roaring fun! We're thrilled to welcome you, your Cub Scouts, Webelos, and the AOL scouts to Cub Camp 2024, taking place from July 25th – 28th. This year, we're celebrating the spirit of friendly competition and teamwork with an exciting theme: Cub Camp Games – The Spirit of the Pack!

Just like the Olympics bring nations together in a spirit of sportsmanship, our Cub Camp Games will be all about having fun, learning new skills, and forging lasting bonds with fellow scouts. We'll have a variety of games planned throughout the camp, designed to challenge, inspire, and encourage teamwork.

Here's what awaits you at Cub Camp 2024:

Themed Activities and Games: Prepare for a whirlwind of exciting challenges that will test your scouts' creativity, problem-solving skills, and athleticism! We'll celebrate the Olympic spirit by focusing on friendly competition and fostering a sense of camaraderie amongst all participants.

Camping Adventures: What's Cub Camp without classic camping experiences? We'll have campfire sing-alongs, delicious camp meals, and opportunities for scouts to learn valuable outdoor skills.

Leadership Opportunities: We value your role as leaders, and we'll provide opportunities for you to collaborate and contribute to making this camp a resounding success.

More information will be sent out soon, including:

- Detailed camp schedule
- Packing list
- Health and safety guidelines

Mark your calendars and get ready for an unforgettable camp experience! Together, we'll transform Camp Powhatan into Cub Camp Games, fostering a spirit of teamwork, sportsmanship, and lasting memories. We can't wait to see you and your scouts there!

Yours in Scouting,

Jonathan Holman Cub Camp Director - July '24 The Cub Camp Leadership Team

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Guide Introduction

This camping experience is a family camp and all Cub Scouts, parents, siblings, Den Chiefs, and Pack leaders are welcome. All Cub Scouts and leaders must be registered.

Covid-19 Notice

The Blue Ridge Scout Reservation will follow local, state, and national guidance concerning any unforeseen changes to Covid-19 policy. In order to keep units and Cub Scouts informed and safe, we will provide clear and updated communication if there are any policy updates close to the start of Cub Scout Summer Camp. We do not currently expect to require any Covid policies such as face covering and social distancing, but we will continue to monitor the recommendations of health experts concerning the spread of the pandemic.

Contact Us:

Blue Ridge Mountains C	Council
Phone:	540-265-0656
Mailing Address:	PO Box 7606
	Roanoke, VA 24019
Office Location:	805 Winona Avenue
	Suite A
	Roanoke, VA 24015
Camp Powhatan	
Phone:	540-980-3787
Mailing Address:	2600 Max Creek Road
	Hiwassee, VA 24347

Dates & General Camp Information

Camp Dates

July 25-28, 2024 Webelos & Arrow of Light Cub Scouts July 26-28, 2024 Lion, Tiger, Wolf, & Bear Cub Scouts

Camp Location

Camp Powhatan, Blue Ridge Scout Reservation 2600 Max Creek Road Hiwassee, VA 24347

Camp Mailing Address

[Cub Scout Name, Pack Number] Camp Powhatan 2600 Max Creek Road Hiwassee, VA 24347

Other Important Dates

Early Bird Deadline: June 1st Last day of Registration: July 13th Online Leader's meeting: June 12th at 6:30 Dates for forms: Health: Bring with you - Day of. Diet / special needs: July 4th

Leadership

Camp Director: Jonathan Holman Holman Program Director: Gerad Sherman Gerad.S

Holmanjd@gmail.com Gerad.Sherman@gmail.com

Who Can Attend

This camping experience is a family camp and all Cub Scouts, parents, siblings, Den Chiefs, and Pack leaders are welcome. Attending adults may be registered leaders or parents/guardians in the pack. Every Cub Scout that attends must always be under the supervision of their own adult leadership. A minimum of two-deep leadership is always required. Lion and Tiger cubs must have a parent/guardian present with them at camp at all times.

Registration & Fees

How to Register

Registration must be done using our Black Pug service:

https://scoutingevent.com/599-CubCamp24

We do not accept paper registration. You are encouraged to register as early as possible. Our discounted Early Bird pricing ends June 1, 2024! For assistance with the registration process, please contact Richard Cohen at 540.265.0656.

Camp Fees

- Early Bird pricing ends June 1, 2024	-
Webelos & Arrow of Light Cub Scouts (July 25-28)	\$185
Leaders/Adults (July 25-28)	\$85
Siblings (July 25-28)	\$60
Lion, Tiger, Wolf, Bear Cub Scouts (July 26-28)	\$165
Leaders/Adults (July 26-28)	\$85
Siblings (July 26-28)	\$60
- Standard pricing starts June 1, 2024	-
- Standard pricing starts June 1, 2024 Webelos & Arrow of Light Cub Scouts (July 25-28)	- \$193
	- \$193 \$95
Webelos & Arrow of Light Cub Scouts (July 25-28)	•
Webelos & Arrow of Light Cub Scouts (July 25-28) Leaders/Adults (July 25-28)	\$95
Webelos & Arrow of Light Cub Scouts (July 25-28) Leaders/Adults (July 25-28)	\$95
Webelos & Arrow of Light Cub Scouts (July 25-28) Leaders/Adults (July 25-28) Siblings (July 25-28)	\$95 \$68

Refund Policy

The Blue Ridge Scout Reservation strives to provide the very best program. Before camp starts, planning, purchasing, and staff are all set in place. Due to these types of commitments, it is not practical to give full refunds. Qualifying circumstances are defined by the Blue Ridge Scout Reservation Refund Policy and will be reviewed on a case-by-case basis by the council's Refund Committee and be granted at their discretion. Any person wishing to apply for a refund must fill out the Refund Request Form and submit the form more than 7 days prior to the start of the event. All accepted refunds are issued in mid-September.

More information can be found in the <u>BRMC Refund Policy and Request</u> <u>Form</u>.

The Blue Ridge Mountains Council reserves the right to cancel Cub Scout Summer Camp due to insufficient attendance, staffing constraints, or other extenuating circumstances. If this occurs, registrants will receive appropriate communication and refunds will be offered.

Camp Policies

Family camping

This camping experience is a family camp and all registered Cub Scouts, with their parents, siblings, and Pack leaders are welcome. Attending adults must be registered leaders or parents/guardians in the pack. Every Cub Scout that attends must always be under the supervision of their own adult leadership. A minimum of two-deep leadership is always required. Lion and Tiger cubs must have a parent/guardian present with them at camp at all times.

The Boy Scouts of America promotes a culture where each youth, volunteer, and employee feels a sense of belonging and builds communities where every person feels respected and valued. Leading by example and encouraging each other to live by the values expressed by the Scout Oath and Scout Law, we welcome families of all backgrounds to help prepare young people to serve as successful members and leaders of our nation's increasingly diverse communities.

Expectations for Adult Leaders

In keeping with BSA policy, two registered adult leaders 21 years of age or older are required at all Scouting activities. A registered female adult leader 21 years of age or over must be present for any activity involving female youth.

All leaders should expect to assist our staff in providing a safe and fun experience for the Cub Scouts. Discipline and conduct of all youth and leaders are the responsibility of the unit leaders/parents/guardians in camp. The camp leadership team is ready and willing to assist at any time with problems that might arise.

Youth Protection Policy

All unit leaders, parents, and guardians must have their BSA youth protection training completed before coming to camp. Any violations during camp of BSA Youth Protection must be immediately reported to the Camp Director.

Visitors

Please make sure that all visitors sign in at the Camp Welcome Center upon arrival, and sign out upon departure. Visitors may park in the parking lot, not at campsites. Visitors should eat prior to visiting camp, or bring their own food as camp food is only provided for paid campers.

Cell Service & Wi-Fi

Very limited cell service is available at Camp Powhatan. StarLink wifi may be available for adult leaders, but the internet can be slow and unpredictable depending on the weather. Wi-fi is NOT to be used by Cub Scouts.

Expectations for Conduct

The 12 points of the Scout Law guide our camps. All campers and staff conduct is judged by how it measures up against these guidelines. At camp, we cannot tolerate and will not permit activities that do not meet the criteria of the standard set forth in the Scout Law, we ask for your cooperation and understanding as adults in helping us maintain a high standard of moral and personal behavior.

Appropriate Attire

The field uniform should be worn when performing flag ceremonies and during campfires. Camp shirt or t-shirt w/shorts or pants are appropriate all other times. Closed-toed shoes are required, except when at the waterfront and when showering.

Buddy System

Cub Scouts should practice using the buddy system while at camp. Lion and Tiger Scouts must have parental supervision at all times. No person, Cub Scout or adult, should be alone while walking the trails and roads or in a campsite. Leaders are expected to enforce the buddy system and all Youth Protection protocols with their Cub Scouts.

Den Chiefs

Den chiefs are welcome to attend cub camp. Their costs will be the same as an adult leader.

Camp Safety

Tents

Campers will be able to use Camp Powhatan's two-person tents with cots for camp. Adirondack cabins are also available for an additional fee. To reserve an adirondack cabin, please call the council office. There are NO FLAMES allowed in the tents or adirondacks. If your pack chooses to have a campfire, please follow the fire safety guidelines.

Liquid Fuels

Propane fuel lanterns/stoves should only be used by adults or with adult supervision when cooking for adventure requirements. They are not allowed in tents under any circumstances. Bulk containers of fuel and unattached propane tanks must be stored in the fuel bin near the quartermaster.

Firewood

Due to invasive insect protocols, firewood may not be brought onto the property.

Alcohol, Smoking, Drugs, Fireworks, and Firearms

The use of any tobacco products, alcoholic beverages, and/or controlled substances is prohibited. Personal firearms and fireworks are strictly prohibited.

Pocket Knives

Pocket knives over four inches long or sheath knives are not permitted. Cub Scouts must have earned their Whittling Chip to carry a pocket knife. To purchase a pocket knife at the trading post Cub Scouts must have an adult leader/parent present.

Vehicles & Parking

The speed limit is 5 mph in camp and 15 mph on reservation roads leading to camp. For everyone's safety, please do not exceed the speed limits. Due to limited space, units may take one vehicle at a time to their campsite to unload camping gear upon arrival. Once gear has been dropped off, vehicles need to be moved to the parking lot. Handicapped exceptions are allowed with a permit from the camp office. The only exception to this rule is a Pack trailer may be parked at your campsite if space allows.

Food (Be Bear Aware) & Wildlife Safety

The Blue Ridge Scout Reservation is home to many different animals. Some of these animals are raccoons, skunks, coyotes, mice, and bears. For these animals, the Reservation is their home. We are the visitors. To keep both people and animals safe, we must respect and observe the rules for food safety. Do not feed the animals. Make sure that all food and smellables are stored in a secure location, ideally more than 100 ft from tenting areas. Do not leave dirty tables; wipe them down to reduce food smells. Place all trash by your campsite sign for evening trash pickup. If you cook in your campsite, clean up immediately after the meal and pour your gray water (strained to remove food particles) into a nearby sink and rinse the sink with clean water. Please do not scatter your gray water near camp or dump it in a latrine. The Ranger reserves the right to fine any violators of reservation policy.

The Blue Ridge Scout Reservation is home to only two medically significant venomous snakes, the Timber Rattlesnake and the Eastern Copperhead. Both are protected by state law and are an integral part of the ecosystem. If encountered, a staff member should be notified immediately for relocation. Do NOT attempt to capture, contain, or kill any snakes.

Trash pick-up

Trash will be collected nightly after 8 o'clock. Please place all trash in a trash bag and leave it by your campsite sign. A new bag will be left at the sign for you to use the next day. Trash bags can be obtained by going to the Quartermaster building.

Cleanliness & Sanitation

Showers and toilets are available to camp participants. These facilities must be kept clean. A Scout is Clean, so please clean up after yourself if you have made a mess. Trash bags are available, and evening trash pick-ups will be made. You can get cleaning supplies from the Quartermaster building.

Safety and Security

At Camp Powhatan we would like everyone to have a safe fun-filled camp experience. To help keep all our campers and guests safe, each attendee will be issued a nametag to wear. All staff members will be identifiable by wearing Staff hats, and special lanyards.

Leaving Camp Property:

Campers are not allowed to leave camp during the camping period without approval of their leader and the Camp Director. In cases of medical emergency, the camp Health Lodge staff will coordinate emergency transport for patients. With prior approval of parents and the leader, a Cub Scout may leave camp with a responsible adult, but must check out and back in at the Welcome Center. Leaders must also check out at the Camp Office before leaving camp for any reason. They also must check in when they return. Remember: two-deep leadership must be maintained at all times.

Emergency Procedures

At check-in, camp emergency procedures will be explained and participants will take part in a mock emergency drill. In the event of an actual emergency, please notify a member of the camp staff immediately. Please do not attempt to deal with the emergency yourself, regardless of the situation. If the situation seems at all dangerous, the priority is to evacuate all Scouts, leaders, and families from the area to safety, and notify the proper authorities.

Leaders will likely need to group their youth and adults at their designated location and give an accurate accounting when called on.

Camp Health

Medical Forms

Everyone who attends camp must complete and turn in a BSA Annual Health and Medical Record prior to camp. Parts A, B1, and B2 will be required for all participants. Anyone who comes to camp without a proper medical form, complete with signatures, will not be allowed to participate in camp programs. You can find a copy of the BSA medical form at: https://filestore.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf

Medical Services at Camp

Medical services at Camp Powhatan can be obtained by going to the Health Lodge. The Health Lodge is located above the Dining Hall and is staffed by a registered Health professional. The Health Lodge is open 24 hours a day, 7 days a week.

The Health Lodge provides a variety of medical services, including:

- First aid
- Treatment of minor injuries and illnesses
- Dispensing prescription medications
- Emergency care
- Referrals to local hospitals and clinics

If you are feeling sick or injured, please go to the Health Lodge immediately. Do not attempt to self-treat. The staff at the Health Lodge is trained to provide the best possible care for you.

Special Needs Accommodations

The Blue Ridge Mountains Council will do everything in its power to accommodate participants with special needs, such as a physical handicap that limits mobility or the need for a CPAP machine. We ask that any unit with a participant needing special accommodations contact us to submit necessary documentation.

- If electricity is needed, please bring a 100 ft outdoor extension cord in addition to contacting us.
- If an individual in your unit needs to use a golf cart for in-camp mobility please contact us to submit necessary documentation.

- Use of service animals is permitted but pets are not. Service animals must be leashed at all times. Please contact us prior to arrival to submit necessary documentation for service animals.

Special dietary requests should be made at least 3 weeks prior to camp attendance. Please note that most allergies can be accommodated for but dislikes and texture aversions are not considered special dietary needs. Units may bring supplemental food as long as it is always stored in bear proof storage. Be sure that all leaders are aware of any participant's food allergies and other health concerns.

Contagious Disease

The Blue Ridge Mountains Council takes the safety and welfare of its staff and participants very seriously. If anyone in your unit has experienced nausea, vomiting, diarrhea, or fever-like symptoms during the week prior to camp starting, please ask them to stay home. The Health Officers may quarantine entire units, as well as campsites, if they suspect a risk of contagion.

Prescription Medications

The Blue Ridge Mountains Council requires that all prescription and over the counter medications be stored under lock, except when in the controlled presence of health care staff or other adult leaders responsible for the administration and/or dispensing of medications. Emergency medications such as inhalers, epi pens, and nitroglycerin should be maintained on the patient's person. Refrigerated medications may be stored at the health lodge. All medication should be in a container issued by a pharmacist with the medication name and strength, the dose, and dose frequency clearly marked on the container.

Arrival and Departure

Check-in

Please plan to arrive at Camp Powhatan between 9:00am-11:30am on your check-in day. Staff will not be able to check-in camp attendees early. If you arrive late please go to the Welcome Center to check-in. At check-in, you will receive your campsite assignment. All unpaid fees and Health Forms must be turned in at check-in Each camper, including adults, must be present to check-in. Each unit will receive a copy of our camp "Competition Guide (Blue Book)" containing important forms and schedules for you to reference and use throughout camp. The books will need to be turned back in during check-out.

Check-out

Before leaving camp, please take time to clean your campsite and the adjoining bathhouse. Check-out will be at the Shower palace office. All campers must be checked-out by 9am on Sunday July 28th.

Lost and Found Property

During camp, any lost item turned in will be collected and held at the Trading post. Items found will be returned to their owners at the discretion of the Trading Post Manager. After camp, items will be taken to the council office in Roanoke and held for one week before being disposed of.

What to Bring

Personal Gear

Each Scout, leader, parent, and guardian is responsible for their own personal gear. Your gear should be clearly marked with your name for identification.

Recommended items include:

1 complete Scout Field Uniform (Class A) 1 Foot Locker with padlock/key Sleeping Bag and/or blanket

1 Sleeping pad (optional)

1 Pillow

2 towels

1 washcloth

4-5 t-shirts

4-5 pants/shorts (at least one pair of long pants)

4-5 pair of socks

4-5 pair of underwear

1-2 swimsuits/swim trunks & beach towel

1 rain jacket

1 jacket

2 pairs of shoes (no open toed shoes or crocs)

1 pair of water shoes/shower shoes

1 hat

Personal hygiene products (shampoo, soap, deodorant, comb,

toothbrush/paste, etc.)

A small backpack to carry

Sunscreen

Insect repellent

Water bottle

Cub Scout handbook

Personal snacks/drinks

Flashlights with extra batteries

Pencil and paper

Spending Money

Ziplock containers

Games

Prescribed Medications (if applicable, in original containers)

Camp chair

Fishing pole & tackle box

DO NOT bring: electronics, phones, digital games, pets, firearms, fireworks, or sheath knives. Leave these at home.

When to wear your Field Uniform

Scouting Field Uniforms should be worn when performing flag ceremonies and at campfires. During the day, Scouts do not need to wear their uniform, but are encouraged to wear camp or Scouting shirts as their Activity Uniform.

Program Areas

Handicraft

Cub Scouts will build/decorate a useful craft to take home.

Nature

Cub Scouts will work on requirements for their World Conservation/ Champions of Nature Adventures.

Scoutcraft

Cub Scouts will build a competition piece and compete in a summer time derby!

Shooting Sports

Cub Scouts can participate in BB gun shooting and Archery with our qualified instructors. The Cub Scouts will learn the safety aspects of using firearms and the bows and arrows. Safety and discipline is a MUST on the BB range and the Archery range.

Waterfront

All Cub Scouts, leaders and adults will have the opportunity to participate in swimming. Fishing will also be allowed to all participants during their free times. Please do not fish in the swimming area.

Special Programs

In the evenings, Cub Scouts can participate in a range of competitions and activities.

Schedule

Leader's Meeting

There will be a scheduled Leader Welcome Meeting/Roundtable at 1:00pm on Friday, July 26 at the OA Shelter. Please make sure at least one leader from each pack is present. This will ensure that your pack has all the necessary information for a safe and fun time at camp.

Facilities

Shower Palace

Camp Powhatan has several individual shower rooms and restrooms. Each shower is its own room with a changing bench. The restrooms are single person use with sinks and potable water.

Quartermaster Shop

The Quartermaster shop is where you can find trash bags, rakes, shovels, or any other implement of camp improvement you can imagine. If you find that your section of camp needs a scrubbing, this is where you would find your cleaning supplies.

Welcome Center

The Welcome center will be available for people to record their check in and check out status after regular check in hours. Additionally there will be WiFi available to the leaders and parents at this location. As bandwidth is limited, we recommend using the WiFi service only as needed.

Trading Post

Visit Camp Powhatan's Trading Post to purchase merchandise, necessities, and treats. Campers are responsible for bringing extra money if they would like to buy something from the Trading Post. See Competition Guide (Blue

book) for Trading Post open hours. The Trading Post has the ability to accept credit cards as well as cash.

Dining Hall and Special Needs

Before each meal, packs will line up in the parade field for flags and/or announcements. Packs may sign up to participate in flag ceremonies at camp by informing the Program Director. Cub Scouts and Leaders should wear their field uniforms for evening flags/evening meals. Packs should assist with cleaning up the tables when they have completed their meal.

Map of Camp

