



BLENDED WILDERNESS FIRST AID CERTIFICATION

Meets BSA requirements for High Adventure Bases (Philmont, Seabase, etc.)

This course requires the student to complete prerequisites.

Designed for those who need more flexibility, our blended learning course combines both in-person and online coursework for a total time commitment of 8 hours in-person and 8 hours of online work. The certificate includes both Wilderness First Aid and CPR/AED.

WHEN: Saturday November 7, 2026, 9:00 am – 5:00 pm

WHERE: In-person skills course is at the
Old Point Comfort Yacht Club (next door to the Deadrise restaurant)
102 McNair Drive, Fort Monroe, Hampton, VA
GPS: 37.002529, -76.314390
Contact Norm Effinger, nte@cox.net, 757-714-1348

PREREQUISITES:

- Minimum age 14. Young people should bring proof of age.
- **Online portion of BSA Wilderness First Aid Navigate Course.** Must print and show the online course completion certificate at the start of the in-person session. This course takes about 8 hours to complete. Course is available from ECSI for a fee (about \$40) at this web link:
<https://www.ecsinstitute.org/catalog/productdetails/9781284224719>

COST:

- Approximately \$40 for the online portion, ordered separately online from ECSI, see link above.
- \$100 for the in-person session is due at registration on the CVC Black Pug website - <https://scoutingevent.com/595>.

HOW TO REGISTER:

Signup for the in-person skills course via Black Pug site. Valid email address for the student is required to deliver your certificate upon completion. **Registration deadline is October 31, 2026.**

WHAT TO BRING

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground while playing the role of both rescuer and patient. Bring a pack with stuff you might have for a day hike in a remote area. Suggestions below:

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| ☐ Snacks and lunches | ☐ Light hiking boots or sturdy shoes |
| ☐ Notebook and pencil or pen | ☐ Clothing for weather the conditions, |
| ☐ Outdoor work gloves | ☐ Camp chair for classroom time |
| ☐ Personal bottle of hand sanitizer | ☐ Old Sleeping bag or blanket |
| ☐ Watch with a second hand | ☐ Pocketknife |
| ☐ Sunglasses | ☐ Plastic tarp or groundsheet (min 6'X6') |
| ☐ Water bottle | ☐ Sleeping pad |
| ☐ Headlamp | ☐ Personal first aid kit (Band-Aids etc) |
| ☐ Sunscreen | ☐ Trekking poles (useful option) |
| ☐ Insect Repellent | ☐ Backpack |
| ☐ Waterproof top and bottom | ☐ Compact saw |