

# PERSONAL EQUIPMENT LIST

## Winter Camping

Remember "make do" is sometimes better than spending money

**Check off**   **Qty**   **Item:**

### **CLOTHING**

- |       |   |  |
|-------|---|--|
| _____ | 1 | Pack - Large capacity with provisions for strapping on skis or snowshoes.                                |
| _____ | 2 | Wool hats - Mask type is hard to beat. 1 for sleeping; 1 for daily use.                                  |
| _____ | 1 | Wool Scarf - 3 ft is all that's needed.  |
| _____ | 1 | Hooded wind breaker - tightly woven to repel wind and snow.  |
| _____ | 2 | Wool sweaters or shirts - large enough to wear over each other and be tucked into pants.                 |
| _____ | 1 | pair wool or polypropylene long underwear - Cotton waffle weave is not acceptable due to cotton content. |
| _____ | 1 | Insulated parka - down or Fiber filled. Hooded.  |
| _____ | 1 | Pair Wool Pants - Heavy wool if possible. NO BLUE JEANS !!   |
| _____ | 1 | Pair Wind or Rain Pants - Sized to go over long underwear and wool pants.                                |
| _____ | 2 | Pair Light Wool Poly pro liner socks.  |
| _____ | 2 | Pair heavy wool socks.   |
| _____ | 2 | Pair wool liner gloves.  |
| _____ | 2 | Pair heavy wool mittens.   |
| _____ | 1 | Pair mitten shells - wind and snow shedding finish. If leather, should be water proofed.                 |
| _____ | 1 | Pair of boots. Boots with heavy wool felt liners are the best.   |
| _____ | 1 | Extra heavy wool felt liners.  |
| _____ | 1 | Rain Jacket - Its does RAIN in the winter.   |

### **STAY AWAY FROM COTTON CLOTHING !!!!**

**(Wool or Polypropylene will pay for itself very quickly if you live in Vermont)**

### **EATING**

- |       |   |  |
|-------|---|--|
| _____ | 1 | Mug - with handle, unbreakable, preferably insulated.  |
| _____ | 1 | Bowl - unbreakable (plastic; not metal)  |
| _____ | 1 | Spoon (plastic; not metal)   |
| _____ | 1 | Knife (folding only)   |
| _____ | 1 | Mess Kit. (Metal mess kits should be used to cook in only. Food cools down too fast in metal. Metal cups will burn lips in cold weather. |

### **TOILET KIT**

- |       |      |   |
|-------|------|---|
| _____ | 1 ea | Toothbrush, Toothpaste, Wash cloth. Soap, Hand towel. |
| _____ | 1+   | Large terry cloth Bath towel. Some toilet paper.      |

### **MISCELLANEOUS**

- |       |   |   |
|-------|---|---|
| _____ | 1 | Flashlight - alkaline batteries, lead acid go dead when cold. |
| _____ | 1 | Chapstick, or Carmex, Blistex - similar - or Vaseline         |
| _____ | 1 | 20 ft. Nylon Cord to tie up tarps.                            |

_____	2	Small candles - Plumber's or emergency type
_____	2	1 liter Water Bottles - Store upside down to keep ice out of opening
_____	1	Extra pair of bootlaces.
_____	6	6 ft. pieces of Nylon string.
_____	1	Compass
_____	1	six foot (2m) walking stick
_____	1	Personal First Aid Kit
_____	1	Pencil and Note pad. IF taking notes on weekend a larger notebook should be taken. Ball points don't like to write in the cold.
_____	1	Sleeping Bag in a waterproof bag. Extra Wool Blankets can increase the rating of your sleeping bag if used correctly.
_____	1	Ground cloth. Must be waterproof and won't crack or rip in cold weather.
_____	1	Closed Cell Foam Pad.
_____	1	Waterproof case with strike anywhere matches.
_____	3	Handkerchiefs
_____	1	Pair of sunglasses
_____	1	Tent
_____	1	Sled
_____	1	Foldable/collapsible shovel - for making snow shelter