

PERSONAL EQUIPMENT LIST

Winter Camping

Remember "make do" is sometimes better than spending money

Check off Qty Item:

CLOTHING

- _____ 1 Pack - Large capacity with provisions for strapping on skis or snowshoes.
- _____ 2 Wool hats - Mask type is hard to beat. 1 for sleeping; 1 for daily use.
- _____ 1 Wool Scarf - 3 ft is all that's needed.
- _____ 1 Hooded wind breaker - tightly woven to repel wind and snow.
- _____ 2 Wool sweaters or shirts - large enough to wear over each other and be tucked into pants.
- _____ 1 pair wool or polypropylene long underwear - Cotton waffle weave is not acceptable due to cotton content.
- _____ 1 Insulated parka - down or Fiber filled. Hooded.
- _____ 1 Pair Wool Pants - Heavy wool if possible. NO BLUE JEANS !!
- _____ 1 Pair Wind or Rain Pants - Sized to go over long underwear and wool pants.
- _____ 2 Pair Light Wool Poly pro liner socks.
- _____ 2 Pair heavy wool socks.
- _____ 2 Pair wool liner gloves.
- _____ 2 Pair heavy wool mittens.
- _____ 1 Pair mitten shells - wind and snow shedding finish. If leather, should be water proofed.
- _____ 1 Pair of boots. Boots with heavy wool felt liners are the best.
- _____ 1 Extra heavy wool felt liners.
- _____ 1 Rain Jacket - Its does RAIN in the winter.

STAY AWAY FROM COTTON CLOTHING !!!!

(Wool or Polypropylene will pay for itself very quickly if you live in Vermont)

EATING

- _____ 1 Mug - with handle, unbreakable, preferably insulated.
- _____ 1 Bowl - unbreakable (plastic; not metal)
- _____ 1 Spoon (plastic; not metal)
- _____ 1 Knife (folding only)
- _____ 1 Mess Kit. (Metal mess kits should be used to cook in only. Food cools down too fast in metal. Metal cups will burn lips in cold weather.

TOILET KIT

- _____ 1 ea Toothbrush, Toothpaste, Wash cloth. Soap, Hand towel.
- _____ 1+ Large terry cloth Bath towel. Some toilet paper.

MISCELLANEOUS

- _____ 1 Flashlight - alkaline batteries, lead acid go dead when cold.
- _____ 1 Chapstick, or Carmex, Blistex - similar - or Vaseline
- _____ 1 20 ft. Nylon Cord to tie up tarps.

_____	2 Small candles - Plumber's or emergency type
_____	2 1 liter Water Bottles - Store upside down to keep ice out of opening
_____	1 Extra pair of bootlaces.
_____	6 6 ft. pieces of Nylon string.
_____	1 Compass
_____	1 six foot (2m) walking stick
_____	1 Personal First Aid Kit
_____	1 Pencil and Note pad. IF taking notes on weekend a larger notebook should be taken. Ball points don't like to write in the cold.
_____	1 Sleeping Bag in a waterproof bag. Extra Wool Blankets can increase the rating of your sleeping bag if used correctly.
_____	1 Ground cloth. Must be waterproof and won't crack or rip in cold weather.
_____	1 Closed Cell Foam Pad.
_____	1 Waterproof case with strike anywhere matches.
_____	3 Handkerchiefs
_____	1 Pair of sunglasses
_____	1 Tent
_____	1 Sled
_____	1 Foldable/collapsible shovel - for making snow shelter