

## Welcome to National Youth Leadership Training!

**Congratulations** on taking the next step in your training to become a better leader in your unit!

NYLT will be offered during the following dates in 2025:

- June 2 – 7 2025, at Camp Wisdom
- July 14 – 19 2025, at Camp James Ray
- December 26 – 31 2025, at Camp Wisdom

**Both Participants and Parents should read this packet entirely.**

National Youth Leadership Training (NYLT) is an exciting, action-packed program designed for councils to provide youth members with leadership skills and experience they can use in their home units and in other situations demanding leadership of self and others.

NYLT is a six-day course. Content is delivered in a troop and patrol outdoor setting with an emphasis on the immediate application of learning in a fun environment. NYLT will be different from Summer Camp Experiences you may have had in the past. We will be focusing on developing leadership and communication skills instead of camping and outdoor skills (though we will definitely be using those as well).

One thing separating National Youth Leadership Training from other leadership experiences is that this program will be delivered by older Scouts under the mentorship of adults. The staff is comprised of a dedicated group of volunteers who have been working together over the past 6-12 months preparing for this course.

**Please pay special attention to the information describing what forms are necessary for participation and what to bring and what to leave home.**

- Must be a registered member of a Scouting unit.
  - Must have a current Scouting America Health and Medical Record form with parts A, B, & C.
  - Scout BSA members must be at least 13 years of age.
    - Must have completed Introduction to Leadership Skills for Troops (ILST).
  - Venturers and Sea Scouts must be at least 14, or 13 and have completed eighth grade, and fall within the maximum age allowance for their program.
    - Must have completed Introduction to Leadership Skills for Crews or Ships.
    - It is recommended that they have had at least one year of camping experience.
- While NYLT is not an outdoor skills course, it is important that each participant have basic camping and outdoor cooking experience.

Your Course Director will be contacting you by email about a month before the course to welcome you. There will also be a parent information meeting scheduled about 1 week before the course to provide a forum for answering any additional questions you may have.

## Forms Checklist:

This information packet contains the forms or link to the forms you will need to **bring with you** when you check in to your course. Please be certain that you complete all the forms as it greatly speeds up the check-in process.

- **Unit Leader Approval / Attendee Honor Statement.** Scouts attending NYLT are required to obtain their Unit Leader's permission in order to attend. (Included in this packet)
- **Medical Form.** NYLT requires participants to complete parts A, B and C of the Annual Health and Medical Record form. The form can be found [here](#).
  - This form requires a health care professional's signature.
  - Include a photocopy of your insurance card – front and back.
  - For our staff to provide non-prescription medication (e.g., Advil) you will need to check the appropriate box on Part B.
  - If you require an immunization exemption, please download and complete this form: <https://filestore.scouting.org/filestore/pdf/680-451.pdf>
- **Medication.** Prescription medications will need to be brought to camp in their original containers with the Scout's name on the prescription. Non-prescription medications (e.g., over the counter allergy medications, vitamins, etc.) should have a label affixed with the Scout's name. All medications should be placed in a clear "Ziplock" style bag with an index card clearly identifying when each medication should be administered. Please be certain to designate AM or PM.
- **Dietary Needs.** If your Scout has special dietary needs (e.g. Halal, Kosher, Gluten, Vegetarian) make sure you reflect those on their Medical form and when registering online. We have had great success in accommodating many special dietary needs, but we need to know this information as soon as possible. If we cannot accommodate your needs, we will discuss other alternatives.
- **Parental Commitment to Transport.** This form indicates that if the staff determines that your Scout is unable to continue with the course then you will pick up your Scout within 8 hours.

## Unit Leader Approval / Attendee Honor Statement

Leadership development requires more than a single week's training experience. The reason for the Unit Leader / Attendee Honor Statement is to recognize that in order for the unit to benefit from the skills taught at NYLT, they will need to be practiced within the Scout's home unit.

**Bring this signed form with you on the day of check-in of your course.**

### Unit Leader Approval

I give my approval for \_\_\_\_\_ (participant name) to attend National Youth Leadership Training hosted by Circle Ten Council.

I certify that this Scout is at least 13 years old (14 years old for Crews and Ships), earned the rank of First Class (for Troops), holds a current Position of Responsibility and completed Introduction to Leadership Skill for Troops, Crews, Ships, before the start of their course.

**I believe this Scout is mature enough for the course to be effective and will use the skills learned at NYLT back in their home unit.**

Unit Leader Name: \_\_\_\_\_

Unit Leader signature and Date: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email address: \_\_\_\_\_

### Attendee Honor Statement

On my honor as a Scout, I promise that I will faithfully live according to the Scout Oath and Scout Law during the National Youth Leadership Training Course. I will represent myself and my unit with honor and do all I can to pass along my new knowledge and skill to my fellow Scouts.

I UNDERSTAND AND AGREE TO LIVE BY THE CIRCLE TEN COUNCIL NYLT COURSE AND CAMP RULES.

Participant Name and Date: \_\_\_\_\_

Parent/Guardian Approval and Date: \_\_\_\_\_

## **What to Bring / What to Leave Home**

The staff will do everything we can to make your week as comfortable as possible. We want all participants to have a wonderful experience. This is Texas, and that means that weather can be varied and unpredictable. Participants need to come to the course ready for heat, cold, rain, extreme thunderstorms, etc. Tents should be able to withstand heavy rain.

### **Uniforms:**

National Youth Leadership Training is a national level leadership program. We will be in full uniform daily. This means you will need Scout pants/shorts with your Field uniform shirt. Jeans and athletic shorts are not acceptable. If you don't own uniform pants/shorts, please borrow them for the course. We will be providing each participant with two NYLT Activity shirts and a hat.

### **Tent:**

Each participant is required to bring a tent with them. While you may be attending NYLT with other Scouts from your unit, you should plan on tenting alone, because you will be tenting with your NYLT patrol. Ideally this tent will be small / light enough to be able to carry it on your own. If you don't own a tent, please borrow one for the course.

### **Backpack (no trunks or duffle bags):**

Each participant should be able to carry all of their gear with them. For this reason, we encourage Scouts to pack in a backpacking style backpack. We strongly discourage the use of duffle bags and trunks. If you don't own a backpacking backpack, please borrow one for the course. Having a day pack (school backpack) to carry personal items like water bottles, raingear, etc. are allowed.

### **What to Leave at home:**

NYLT is not an outdoor skills course so many of the items that you normally find their way to camp are unnecessary. We have found that others are a distraction. Here is our list of what you need to leave at home.

- Cell phones and other electronic devices, except a normal watch (no smart watches).
  - If a Scout needs to talk to a parent, the course leaders will have cell phones.
- Knives, hatchets, axes
- Fireworks or any flame producing material
- Hiking poles or staves
- Food or drinks unless arranged by our Kitchen Manager for dietary needs
- Weapons of any kind
- Tobacco, vapes, drugs or alcohol
- Rubik's cubes and other fidgety items

## NYLT Participant Packet

Be prepared for a pack shakedown during check-in. Any items listed above found during check-in will be given to your parents before they leave. Any items found in your possession after check-in will be grounds to be sent home. Items found after check-in will be collected by the adult leadership with your name on it and returned at the end of course to the parent.

### Personal Equipment Checklist

Only the official Scouting America field uniform and accessories are acceptable. The field uniform will be worn throughout the week as directed by the course staff (jeans and athletic style shorts are not permitted). **Everyone should arrive in official uniform upon arrival to camp.** All badges should be properly placed on the field uniform. Be prepared for an overnight hike as well. At least one pair of shoes must be suitable for hiking. Place your name on all clothing and personal items. Any items you do not own, please borrow.

#### REQUIRED - All Sessions:

- ☐ Hiking Backpack (with hip belt)      ☐ Backpacking Tent / Stakes      ☐ Waterproof ground cloth
- ☐ Official Field Uniform shirt      ☐ Official Field Uniform pants or shorts      ☐ Hiking boots
- ☐ Official uniform socks (3 pair minimum)      ☐ Official belt and buckle      ☐ Athletic shoes
- ☐ Underwear (4 minimum)      ☐ Troop Activity shirt or plain t-shirts (2 minimum)
- ☐ Rain suit or rain poncho      ☐ Sleepwear      ☐ Sleeping pad / Small pillow
- ☐ Toothbrush & toothpaste      ☐ Hand soap / body wash / shampoo
- ☐ Towel / washcloth / shower shoes      ☐ Comb or brush      ☐ Small flashlight & spare batteries
- ☐ Nalgene style Water bottle or similar (1- liter, not disposable)      ☐ Pen and/or pencils
- ☐ Watch (simple, not one that requires recharging)

#### REQUIRED – Winter

Regardless of what the forecast says, please make sure you have warm gear for any kind of weather.

- ☐ Wicking layer clothing (thermal shirt & pant)      ☐ Insulating layer clothing (fleece)
- ☐ Barrier layer clothing (jacket/parka)      ☐ Insulating socks (3)      ☐ Beanie or sock hat for sleeping
- ☐ Cold weather headgear      ☐ Gloves or mittens      ☐ Sleeping bag (zero- or 20-degrees rating)  
Borrow one if necessary.

## NYLT Participant Packet

### **REQUIRED – Summer**

- ☐ Sleeping bag or light weight blanket      ☐ Swimsuit & towel      ☐ Clothesline & clothespins
- ☐ Insect repellent (non-aerosol)

### **Optional (but recommended)**

- ☐ Sunscreen & lip balm      ☐ Sunglasses      ☐ Camp stool or chair
- ☐ Personal first aid kit      ☐ Religious material (e.g., Bible, Quran)

**Medication.** Prescription medications will need to be brought to camp in their original containers with the Scout's name on the prescription. Non-prescription medication (eg. Over the counter allergy medication, vitamins) should have a label affixed with the Scout's name. All medication should be placed in a clear 'Ziplock' style bag with an index card clearly identifying when each medication should be administered. Please be certain to designate AM or PM.

## NYLT Course Rules

The Scout Oath and Scout Law profile the general rules for expected behavior by all NYLT Staff and participants.

- ALWAYS practice and exhibit the Scout Oath.
- Proper uniforming will be observed by staff and participants. This includes Scouting America licensed pants/shorts and socks. Even though Venturing and Sea Scouts allow jeans, Scouting America pants/shorts will be required for the course.
- Each participant MUST complete the full week to graduate. No exceptions. If you cannot attend the full week, please register for one of the other 5 sessions provided this year.

Some items we probably shouldn't have to call out specifically, but we will:

- No drugs, alcohol, smoking, vaping, or chewing tobacco.
- No defecating in the woods. Please do this in toilets only. (Yes, we have to say so)
- No fireworks.
- No sheath knives or axes.
- No cutting on live trees (practice Leave No Trace at all times).
- No swimming in the lake (for summer courses, swim time will be provided).
- No electronic devices, including cell phones and radios.
- No lighters or matches.
- No sandals or open toed shoes Shower shoes ONLY USED WHEN IN THE SHOWER!
- No barefoot walking in camp.
- No food in tents or campsite. Dispose of food in trash receptacles. Do not put trash down the latrines.
- No travel outside of campsite or program areas without a buddy or buddies per YPT rules.

### Boundary Lines for Camp James Ray & Camp Wisdom:

Stay inside fenced area of camp properties and do not cross any public road surface unless accompanied by an adult and if the program dictates. No one should be in the water unless the program dictates and proper safety afloat procedures are followed. No swimming is allowed in the lakes at these camps.

### Session Boundaries:

As there will be multiple sessions occupying the camp at the same time, each session will have a designated area within the camp. The boundaries of the course sessions will be explained by the course staff at the beginning of the course. Participants are to remain within the boundaries of their course session, and not visit program areas, campsites, etc. of the other sessions during the course. Interaction with staff and participants of other sessions is not permitted.

## **NYLT is a Special Place**

The Staff and Participants of National Youth Leadership Training strive to live by the Scout Oath and Law.

We bring together Scouts from Scout BSA Troops (Boy and Girl), Venturing Crews, and Sea Scouts Ships for six days. Our ongoing mission is to share the concepts of what a leader must BE, what a leader must KNOW, and what a leader must DO.

We create a learning and living environment where everyone should feel safe, secure and comfortable in developing their skills.

We do this in several ways:

- We set the example for ourselves and others by always behaving as a Scout should. We live the Scout Oath and Law each moment of each day, to the best of our abilities.
- We refuse to tolerate any kind of inappropriate put-downs, name calling, physical aggression, bullying behavior, or hazing.
- Racial, sexual, or ethnic jokes or slurs will be avoided and will not be tolerated. We are all on the course to learn and have fun, but not at someone's expense. An offender of this rule may find themselves being prematurely sent home! Be forewarned!
- No "purpling" (mixing pink and blue). No dating, no flirting (yes, this too we have to say). This will be cause to be sent home early.
- We communicate our acceptance of each participant and each other through expression of concern and by showing our appreciation whenever possible.
- We create an environment based on learning and fun. We seek the best from each participant, and we do our best to help each person achieve it.
- Youth Protection Rules are STRICTLY ENFORCED. Know them and know what is expected of the youth and adults on course.

Any questions or comments can be sent to the Circle Ten NYLT Leadership Team at

[NYLTCircleTen@gmail.com](mailto:NYLTCircleTen@gmail.com)