# **Welcome to National Youth Leadership Training!**

Congratulations on taking the next step in your training to become a better leader in your unit!

NYLT will be offered during the following dates in 2024:

- June 3 8, 2024, at Camp Wisdom
- July 15 20, 2024, at Camp James Ray
- July 26 31, 2024 at Camp Wisdom

#### Both Participants and Parents should ready this packet entirely.

National Youth Leadership Training (NYLT) is an exciting, action-packed program designed for councils to provide youth members with leadership skills and experience they can use in their home troops and in other situations demanding leadership of self and others.

NYLT is a six-day course. Content is delivered in a troop and patrol outdoor setting with an emphasis on immediate application of learning in a fun environment. National Youth Leadership Training will be different from Summer Camp Experiences you may have had in the past. We will be focusing on developing leadership and communications skills instead of camping and outdoor skills (though we will definitely be using those as well).

One thing separating National Youth Leadership Training from other leadership experiences is that this program will be delivered by older Scouts under the mentorship of adults. The staff is comprised of a dedicated group of volunteers who have been working together over the past 6 – 12 months preparing for this course.

Please pay special attention to the information describing what forms are necessary for participation and what to bring and what to leave home.

- Must be a registered member of a Scouting unit.
- Must have a current BSA Health and Medical Record form parts A, B, and C.
   As of March 1, 2019, Scouts BSA members (male and female) must be at least 13. They must have completed Introduction to Leadership Skills for Troops.
- Venturers and Sea Scouts (male and female) must be at least 14, or 13 and have completed eighth
  grade, and fall within the maximum age allowance for their program. They must have completed
  Introduction to Leadership Skills for Crews or Ships. It is recommended that they have had a at
  least one year of camping experience. While NYLT is not an outdoor skills course, it is important
  that each participant have basic camping and outdoor cooking experience.
- Have a unit leader recommendation.

Your course director will be contacting you by email about a month before the course to welcome you. There will also be a parent information meeting scheduled about 2 weeks before the course to provide a forum for answering any additional questions you may have.

# Forms Checklist:

This information packet contains the forms or link to the forms you will need to bring with you when you check in to your course. Please be certain that you complete all the forms as it greatly speeds up check-in.
□ Unit Leader Approval / Attendee Honor Statement. Scouts attending National Youth Leadership training are required to obtain their Unit Leader's permission in order to attend. Please fill out that form (included in this packet) and return it to <a 680-001_abc.pdf"="" filestore="" filestore.scouting.org="" healthsafety="" href="https://www.nylloudedcommons.org/nylloudedcommo&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;☐ Medical Form. National Youth Leadership Training requires participants to complete parts A, B, and C of the Annual Health and Medical Record. The Annual Health and Medical Record can be found here: &lt;a href=" https:="" pdf="">https://filestore.scouting.org/filestore/HealthSafety/pdf/680-001_ABC.pdf</a> . Please note:
<ul> <li>This form requires a health care professional's signature.</li> <li>Please be sure to include a photocopy of your insurance card – front and back.</li> </ul>
<ul> <li>For our staff to provide non-prescription medication (e.g., Advil), you will need to check the appropriate box on Part B.</li> </ul>
<ul> <li>If you require an immunization exemption, please download and complete this form: https://filestore.scouting.org/filestore/pdf/680-451.pdf.</li> </ul>
☐ <b>Medication</b> . Prescription medications will need to be brought to camp in their original containers with the Scout's name on the prescription. Non-prescription medication (e.g., over-the-counter allergy medication, vitamins) should have a label affixed with the Scout's name. All medication should be placed in a clear 'Ziplock' style bag with an index card clearly identifying when each medication should be administered. Please be certain to designate AM or PM.
□ <b>Dietary Needs</b> . If your Scout has special dietary needs (e.g., Halal, Kosher, Gluten, Vegetarian), make sure you reflect those on their Medical Form. Please also reach out to

# **Unit Leader Approval / Attendee Honor Statement**

Leadership development requires more than a single week's training experience. The reason for the Unit Leader Approval and Attendee Honor statement is to recognize that in order for the unit to benefit from the skills taught at NYLT, they will need to be practiced within the scout's home unit.

Please forward a copy of this form to: <a href="https://NYLTcircleten@gmail.com">NYLTcircleten@gmail.com</a>. You should retain the original and bring it with you to your course.

Unit Leader Approval		
I give my approval for (Participant Name) to attend National Youth Leadership Training program hosted by Circle Ten Council.  I certify that this scout is at least 13 years old one day before the course and has earned the rank of First Class (for Troops), and is expected to be in a leadership position in my Unit.		
Unit Leader Name (Signature):	Date	
Unit Leader Name (Printed)		
Phone to best reach you:		
Email:		
Attendee Honor Statement		
Oath and Scout Law during the National You	out, I promise that I will faithfully live according to the Scout of the Leader Training Course. I will represent myself and my unit new knowledge and skills to my fellow Scouts.	
I UNDERSTAND AND AGREE TO LIVE BY THE	CIRCLE TEN NYLT COURSE AND CAMP RULES.	
Participant Signature:	Date:	
Parent/Guardian Approval:	Date:	

## What to Bring / What to Leave Home

The staff will do everything we can to make your week as comfortable as possible. We want all participants to have a wonderful experience. This is Texas, and that means that weather can be varied and unpredictable. Participants need to come to the course ready for heat, cold, rain, extreme thunderstorms, etc. Tents should be able withstand heavy rain.

#### **Uniforms:**

National Youth Leadership Training is a national level leadership program. We will be in full uniform daily. This means you will need scout pants/shorts with your button-down uniform shirt. Jeans and athletic shorts are not acceptable. If you don't own uniform pants/shorts, please borrow them for the course. We will be providing each participant with two NYLT t-shirts and a hat.

#### Tent:

Each participant is required to bring a tent with them. While you may be attending NYLT with other Scouts from your troop or crew, you should plan on tenting alone, because you will be tenting with your NYLT patrol. Ideally this tent will be small / light enough for you to be able to carry it on your own. If you don't own a tent, please borrow one for the course.

#### Backpack (no trunks or duffle bags):

Each participant should be able to carry all of their gear with them. For this reason, we encourage Scouts to pack in a backpacking style backpack. We strongly discourage the use of duffle bags and trunks. If you don't own a tent, please borrow one for the course.

#### What to Leave Home:

NYLT is not an outdoor skills course so many of the items that would normally find their way to camp are unnecessary. We have found that others are a distraction. Here is our list of what you need to leave at home.

- Cell phones or electronics except your watch (If the Scout needs to talk to a parent, the course adults will have phones)
- Knives, hatchets, axes
- Fireworks or any flame producing material (we will give you what you need)
- Hiking poles or staves
- Food or drinks unless arranged with kitchen manager for special dietary needs
- Weapons of any kind or sort
- Tobacco, drugs, alcohol
- Rubik's cubes

Be prepared for a pack shakedown during check-in. Any contraband items found during check-in will be given to your parents before they leave. Any items found in your possession after check-in will be grounds to be sent home.

# **Personal Equipment Checklist**

Only the official Boy Scouts of America field uniform and accessories are acceptable. This includes Venturing, Ship and Explorer field uniforms. The field uniform will be worn throughout the week as directed by course staff (jeans and athletic style shorts are not permitted). Everyone should arrive in official uniform upon arrival to camp (see first 4 items on the required list). All badges and insignia must be properly placed on the field uniform. Be prepared for an overnight hike as well. At least one pair of shoes must be suitable for hiking. Place your name on all clothing and personal items. Any items that you do not own, please borrow.

REQUIRED - All Sessions:  Hiking Backpack (with hip belt) Backpacking Tent / Stakes Waterproof ground cloth BSA Field Uniform shirt BSA Field Uniform pants or shorts BSA uniform socks (3 pair minimum) BSA belt and buckle	REQUIRED – Spring and Winter Regardless of what the forecast says, please make sure you have warm gear for these sessions.  Wicking layer clothing (thermal shirt & pant) Insulating layer clothing (fleece) Barrier layer clothing (jacket/parka) Insulating socks (3) Beanie or sock hat for sleeping
<ul> <li>□ BSA or plain t-shirts (2 minimum)</li> <li>□ Hiking boots (waterproof)</li> <li>□ Athletic shoes – for daytime field activities</li> <li>□ Underwear (4 minimum)</li> <li>□ Rain suit or rain poncho</li> <li>□ Sleepwear</li> <li>□ Sleeping pad / Small pillow</li> </ul>	<ul> <li>□ Cold weather headgear</li> <li>□ Gloves or mittens</li> <li>□ Sleeping bag (zero- or 20-degrees rating)</li> <li>Borrow one if necessary. Summer weight bags are not allowed.</li> <li>REQUIRED – Summer</li> <li>□ Sleeping bag or light weight blanket</li> </ul>
<ul> <li>□ Toothbrush &amp; toothpaste</li> <li>□ Hand soap / body wash / shampoo</li> <li>□ Towel / washcloth / shower shoes</li> <li>□ Comb or brush</li> <li>□ Nalgene style Water bottle or similar</li> </ul>	☐ Swimsuit & towel ☐ Clothesline & clothespins ☐ Insect repellent (non-aerosol)  Optional (but recommended)
<ul> <li>(1- liter, not disposable)</li> <li>Small flashlight &amp; spare batteries</li> <li>Pen and/or pencils</li> <li>Watch (simple, not one that requires recharging)</li> </ul>	<ul> <li>☐ Sunscreen &amp; lip balm</li> <li>☐ Sunglasses</li> <li>☐ Camp stool or chair</li> <li>☐ Personal first aid kit</li> <li>☐ Religious material (e.g., Bible, Quran)</li> </ul>

**Medication.** Prescription medications will need to be brought to camp in their original containers with the Scout's name on the prescription. Non-prescription medication (e.g., over-the-counter allergy medication, vitamins) should have a label affixed with the Scout's name. All medication should be placed in a clear 'Ziplock' style bag with an index card clearly identifying when each medication should be administered. Please be certain to designate AM or PM.

#### **NYLT Course Rules**

The Scout Oath and Scout Law profile the general rules for expected behavior by all NYLT staff and participants.

- ALWAYS practice and exhibit the Scout Oath.
- Proper uniforming will be observed at all times by staff and participants. This includes BSA licensed
  pants/shorts and socks. Even though Venturing and Sea Scouts allow jeans BSA pants will be
  required for the course.
- Each participant MUST complete the full week to graduate. No exceptions. If you cannot attend the full week, please register for one of the other 5 sessions provided this year.

Some items we probably shouldn't have to call out specifically, but we will:

- No drugs, alcohol, smoking, vaping, or chewing tobacco.
- No defecating in the woods. Please do this in toilets only (yes, we have to say so).
- No fireworks.
- No sheath knives or axes.
- No throwing knives or shovels.
- No cutting on live trees (practice Leave No Trace at all times).
- No swimming in the lake (for summer courses, swim time will be provided).
- No electronic devices, including cell phones and radios.
- No lighters or matches.
- No sandals or open toed shoes. Shower shoes ONLY USED WHEN IN THE SHOWER!
- No barefoot walking in camp.
- No food in tents or campsites. Dispose of food in trash receptacles. Do not put trash down the latrines.
- No travel outside of campsite or program areas without a buddy or buddies per YPT Rules.

### **Boundary Lines for Camp James Ray & Camp Wisdom:**

Stay inside fenced area of camp properties and do not cross any public road surface unless accompanied by an adult and program dictates. No one should be in the water unless the program dictates and proper safety afloat procedures are followed. No swimming is allowed in the lakes at these camps.

#### **Session Boundaries:**

As there will multiple sessions occupying the camp at the same time, each session will have a designated area within the camp. The boundaries of the course sessions will be explained by the course staff at the beginning of the course. Participants are to remain within the boundaries of their course session, and not visit program areas, campsites, etc. of the other sessions during the course. Interaction with staff and participants of other sessions is not permitted.

# **NYLT** is a Special Place

The Staff and Participants of National Youth Leadership strive to live by the Scout Oath and Law.

We bring together Scouts from BSA Girl Troops, BSA Boy Troops, Venturing Crews, and Sea Scout Ships for six days. Our ongoing mission is to share the concepts of what a leader must BE, what a leader must KNOW, and what a leader must DO.

We create a learning and living environment where everyone should feel safe, secure, and comfortable in developing their skills.

We do this in several ways:

- We set the example for ourselves and others by always behaving as a Scout should. We live the Scout and Venture Oath and Scout Law each moment of each day, to the best of our abilities.
- We refuse to tolerate any kind of inappropriate put-down, name calling, physical aggression, bullying behavior, or hazing.
- Racial, sexual, or ethnic jokes or slurs will be avoided and will not be tolerated. We are all at the
  course to learn and have fun, but not at someone's expense. An offender of this rule may find
  himself-herself being prematurely sent home! Be forewarned!
- No "purpling" (mixing pink and blue). No dating, no flirting (yes, this too we have to say). This will be cause to be sent home early.
- We communicate our acceptance of each participant and each other through expression of concern and by showing our appreciation whenever possible.
- We create an environment based on learning and fun. We seek the best from each participant, and we do our best to help each person achieve it.
- Youth Protection Rules and STRICTLY ENFORCED. Know them and know what is expected of the youth and adults on course.

Any questions or comments can be sent to the Circle Ten NYLT Leadership Team at NYLTCircleTen@gmail.com